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05 October 2012

Mr. Lyall Douglas Unit 4, No 13 Mona Avenue Germiston 1400

Dear Mr. Douglas

Re: Adverse Analytical Finding-Sample Number 2635500

Your correspondence dated 01 September 2012 refers:

That you, Lyall Douglas:

- Acknowledge the Adverse Analytical Finding (AAF) for the presence of 11-nor-delta9-tetrahydrocannabinol-9-carboxylic acid (the concentration is about 800ng/ml which is above the World Anti-Doping Agency decision limit of 18ng/ml), a metabolite of Cannabis, subsequent to your urine sample (2635500) being collected during an in-competition test on the 22 July 2012 at 16:25 after your event at the South African Wushu Championships.
- 2. Waived your right to have your "B" sample analysed;
- Waived your right to a hearing in terms of Article 8.3.4 of the South African Institute for Drug-Free Sport (SAIDS) Anti-Doping Rules 2009 and accept all consequence in terms of the 2009 SAIDS Anti-Doping Rules resultant from the AAF;
- 4. Acknowledge that you have ingested the specified substance, 11-nor-delta9-tetrahydrocannabinol-9-carboxylic acid (Marijuana/Cannabis) recreationally;
- 5. Assert that there was no intention on your part to enhance your sport performance or to mask the use of any prohibited substance through the use of marijuana.

The South African Institute for Drug-Free Sport finds you guilty of a transgression in terms of Article 2.1 of the SAIDS Anti-Doping Rules 2009 and that you will serve a period of ineligibility of Six (6) Months as of the date of notification of the AAF, i.e. 22 August 2012. Furthermore, any position attained or medals and prize money earned at the event at which you were tested will be forfeited. Accordingly, you are prohibited from competing in any organised sport until and including the 21 February 2013.

In terms of your ineligibility, I would like to refer you to Article 10.10 Status During Ineligibility of the SAIDS Anti Doping Rules. No Athlete or other Person who has been declared Ineligible may, during the period of Ineligibility, participate in any capacity in an SASCOC Team, Competition or activity (other than authorized anti-doping education or rehabilitation programs) authorized or organized by any Signatory,



Signatory's member organizations, including a National Sports Federation or a club or other member organization of a Signatory's member organization, including a National Sports Federation, or in Competitions authorized or organized by any professional or amateur league or any international or national level Event organization.

Furthermore, can you please read the section section at the end and if you agree with the contents of this correspondence, complete and e-mail or fax to Fahmy Galant at the following details: fahmy@drugfreesport.org.za and/or 086 242 7077(fax to e-mail) by Tuesday, 16 October 2012.

In conclusion I would like to remind you that this decision has the right to be appealed by the persons entitled to do so as per *Article 13 "Sanctions"* of the SAIDS Anti-Doping Rules 2009. <u>Please note that you have twenty-one (21) days after receipt of this correspondence to lodge your appeal. The appeal fee is R1000.00</u>

Adv. Nicolas Kock
Legal Counsel

I, Lyall Douglas, accept the decision recorded above as rendered by the South African Institute for Drug-Free Sport.

Lyall Douglas
Print Name

Signature

Date