

2014 September 30

INADO Update #52

Anti-Doping Resources (and other Matters)

Dear Colleagues:

This iNADO Update features a variety of anti-doping resources that can assist your NADOs and RADOs improve their programmes.

WADA Webinar on Code Implementation for NADOs and RADOs

WADA is launching a series of webinars to help stakeholders with the implementation of the 2015 World Anti-Doping Code.

NADOs and RADOs are invited to join a webinar on October 8, 2014 at 10:00 Eastern Standard Time (Montreal time), on "How to Develop and Implement more effective Testing Programs (for NADOs and RADOs)." In this first webinar, Stuart Kemp, WADA's Deputy Director, Standards & Harmonization, will walk NADOs and RADOs through the key steps of implementing and developing a more effective Testing Program. Tim Ricketts, WADA's Director, Standards & Harmonization, and Rob Koehler, WADA's Director, Education & NADO/RADO Relations, will also be on hand for any questions immediately following the presentation.

WADA will also host a dedicated International Federations (IFs) and Major Event Organizations (MEOs) webinar on the same topic on October 22, 2014.

Register for WADA Webinar at: https://attendee.gotowebinar.com/register/2758512307381736705. If you have any questions please contact: communications@wada-ama.org

Revised NADO Websites

Several NADOs have recently revised their websites:

- Anti-Doping Norway: http://www.antidoping.no/
- SLOADO (Slovenia): http://www.sloado.si/
- JADCO (Jamaica): http://www.jadco.gov.jm/
- Sport Authority of Thailand: http://dcat.in.th/?lang=en

There is much useful information on the websites of other NADOs. It is worth reviewing them to see what can be of use to your organisation. For example, the new SLOADO website links to the medical inquiry databases of many other NADOs: http://www.sloado.si/kategorija/preveri-zdravila. This is a useful resource when preparing teams for foreign training or competition.



iNADO Intelligence & Investigations Resources

iNADO Members now have access to a new and growing collection of intelligence and investigations resources (iNADO I&I Resources) in the Members' Section of the iNADO website: http://inado.org/members-section.html

The iNADO I&I Resources will include presentations, tribunal cases on non-analytical ADRVs based on intelligence and investigations, reports and other material that will help you understand and make better use of intelligence and investigations in your own programmes to protect clean sport.

The Anti-Doping Knowledge Centre (www.doping.nl)

Many of you already use this world-leading collection of anti-doping materials. It continues to grow with scientific articles, prevention and education videos, national and international doping tribunal decisions (including most of the CAS decisions on doping cases) from all over the world, as well as WADA documents of all sorts. The search engine is robust and easy to use. For example, you can search doping tribunal decisions by tribunal members, thereby learning who has decided which important cases. While all entries have an English abstract or summary, material in many different languages is available.

iNADO encourages you to link to the Anti-Doping Knowledge Centre on your own website, and to use it in all your anti-doping research whether scientific, legal, educational or otherwise.

WADA Athlete Guide

WADA has released its new Athletes Reference Guide to the 2015 World Anti-Doping Code: https://www.wada-ama.org/en/media/news/2014-09/wada-publishes-first-ever-athlete-reference-guide-to-the-code#.VCJ7rBaTBEM

The WADA Athlete Committee led and directed the project. The document will help athletes the world over better understand the anti-doping framework, rules and regulations. The Guide provides an explanation of athletes' roles and responsibilities, details of what constitutes an anti-doping rule violation, information on the Prohibited List and supplements, and details on matters ranging from the whereabouts rules to Therapeutic Use Exemptions, among other topics.

The Athlete Reference Guide should also be a useful document for other audiences, such as parents, coaches, and other Athlete Support Personnel, government officials, and the media. For anyone coming into the anti-doping field for the first time, the Athlete Reference Guide would be a useful starting point to learn about anti-doping and the protection of clean athletes.

Upcoming Anti-Doping Conferences

The iNADO Members of Romania and of Bulgaria are each hosting an anti-doping conference, in October and in November respectively. These are important professional development opportunities for your



staff. iNADO will be there, as will many of your colleagues. Please participate.

- "A Modern Approach to Anti-Doping Policies," International Conference of the National Anti-Doping Agency of Romania, Bucharest, October 15 – 17, 2014, <u>www.conference2014.anad.gov.ro</u>
- "Do It Alone," First National Anti-Doping Conference of the Bulgarian Anti-Doping Centre, Sofia, November 28 29, 2014, http://antidoping-bg.com/

Follow iNADO on Facebook

For frequent postings of interest to the NADO and RADO community, please follow and "like" iNADO's Facebook page: https://www.facebook.com/inado.org.

TDSSA Approved

At its meeting of September 20, 2014, the WADA Executive Committee approved the Technical Document of Sport-Specific Analysis (TDSSA). The official version will be released shortly. A major change from the final draft was that insulin has been taken out of the TDSSA for the time being (but remains a Prohibited Substance).

Tim Ricketts has provided the attached document summarising WADA's response to anti-doping organisation comment on the final draft. It is very helpful to have such a summary of WADA's consideration of stakeholder comment on such an important new document.

Please note that the Minimum Levels of Analysis (MLAs) for sports and disciplines with Athletes with an impairment are still under development. For these sports and disciplines, the TDSSA Drafting Group has proposed draft MLAs for two categories of prohibited substance analyses: Erythropoiesis Stimulating Agents (ESAs) (e.g. recombinant erythropoietins & their analogues); and Growth Hormone (GH) and Growth Hormone Releasing Factors (GHRFs).

Consultations are continuing with IFs and especially the IPC. Complete draft MLAs for these sports and disciplines will be circulated widely to WADA stakeholders for comment next month. They will be put to the WADA Executive Committee meeting in November 2014 for approval.

Progress for the Trinidad & Tobago Anti-Doping Organisation

The TTADO continues to develop, now with its first budget allocation by the government in the draft 2014-2015 budget estimates: http://www.guardian.co.tt/sport/2014-09-28/romany-supports-anti-doping-initiative. Congratulations to Judith Josephs and her team on this milestone.

WADA Seeking Input on ADAMS

As you may already know, WADA has extended the deadline for stakeholders to offer feedback on the current Anti-Doping Administration and Management System (ADAMS), to October 15, 2014. The



consultation – which is part of WADA's development of the new ADAMS 2016 system – offers stakeholders an opportunity to submit suggestions that will help build the new, improved ADAMS. Stakeholders should submit suggestions to: http://suggestions.wada-ama.org

ADAMS is a central tool for many NADOs and RADOs. If you have proposals for improvements, please make them to WADA.

Change in Cycling

Here is a comment on the state of anti-doping in cycling by a pro rider/journalist. It suggests that the culture of men's road race cycling is changing but there is still work to be done: http://www.theroar.com.au/2014/09/23/doping-are-the-blinkers-back-on/

At the recent UCI Congress, President Brian Cookson talked about the importance of change in cycling:

"To grow we have to have a sport where a parent can bring their child, and know that their son or daughter can go all the way to the top if they have the ability and dedication. Without having to lie, without having to cheat, without having to do things that will risk their health; without having to spend the rest of their lives looking over their shoulder. If we cannot do that as the world governing body, then we have failed our members and our sport."

For the full remarks, see:

http://www.uci.ch/mm/Document/News/NewsGeneral/16/71/68/183rdUClCongress-Presidentspeech-Sept.252014 Neutral.pdf

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iNADO is the Institute of National Anti-Doping Organisations. It promotes best practices by NADOs and RADOs, and is their collective voice.