



Finnish Antidoping Agency
FINADA

ANNUAL REPORT 2011

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INTRODUCTION

During the past year, FINADA has experienced strong growth in its activities. The number of tests has nearly doubled in the last two years and at the same time the qualitative requirements for tests have increased. In addition, new methods have been adopted. All this has been a major challenge for both FINADA's office and doping control officers. It has been great to see that people are willing to put in extra effort for a good cause. Commitment is at an excellent level and feedback from athletes tells us that they are satisfied with our work. This is a good foundation on which to build.

The steps taken in education and communications have also been remarkable. Models for antidoping activities have been prepared for sports federations, in cooperation with the Finnish Figure Skating Association and the Football Association of Finland. At the same time, general criteria have been defined, on the basis of which sports federations can prepare and execute an effective antidoping programme. In addition, a system for monitoring the execution of such programmes is being prepared.

Antidoping activities of sports federations have also been supported strongly through the Clean Win programme. We are very grateful for the valuable support provided by the Ministry of Education and Culture and Fazer for the programme. The programme information stand has completed a tour of 24 sporting events and provided athletes and other interested parties with information on antidoping activities. FINADA's goal is to contribute to the strengthening of the ethical foundation of all sports and the good reputation of sport.

At an international level, FINADA, in cooperation with several parties, has exercised influence in reforming the World Anti-Doping Code and training doping control officers in other countries. The aim of international activities is to harmonise rules and practices related to clean sport all over the world.



INTRODUCTION

FINADA
in figures
in 2011

The number of tests has nearly doubled since 2009

- 3,286 doping tests in 2011
- 3,126 doping tests under FINADA's national testing programme
 - of these, 1,404 were *in-competition* and 1,722 were *out-of-competition* tests
 - in addition, 160 *in-competition* and *out-of-competition* tests carried out at the request of national and international federations or WADA

Spreading the message of clean sport

- 89 antidoping education and training sessions with a total of 2,800 participants
- Clean Win stands at 24 sporting events with total spectator numbers in the tens of thousands
- 51 newsletters and press releases
- 10 blog entries



ADMINISTRATION

Board

FINADA's Board convened eight times during the year under review. The Chair of the Board was Kari-Pekka Tiitinen, Professor of Labour Law, and the Vice-Chair was Tuula Lybeck, Counsellor of Government, Legal Affairs. The composition of the Board is presented in [Appendix 1](#).

The Board and FINADA's office staff held a joint planning meeting on 15 June 2011 at Solvalla Sports Institute in Espoo. The focus of the meeting was on drafting guidelines for the agency's operations and finances in 2012 and on defining proportional weights for various fields with respect to FINADA's strategy. Leena Paavolainen gave a presentation on the transformation process of high-level sports to the Board and the office staff.

The focus of the Board's activities was on monitoring finances and operations, particularly with regard to doping testing as the number of doping tests increased considerably when compared to the two previous years. In addition, the Board established guidelines for finances and operations in the coming years and made decisions related to employee resources. The number of employees has been increased both in the office and in tasks regarding legal matters. The workload grew as a result of the considerable increase in the number of tests.

The Finnish antidoping code and practices were revised and updated at the autumn meeting on 1 December 2011. In addition, a new Chair was elected to substitute Professor Kari-Pekka Tiitinen who resigned from his position. Pekka Ilmivalta, Master of Laws, took up the position of Chair on 1 January 2012. The Supervisory Board also had a new Chair appointed. Esa Schön, Licentiate of Laws, was elected Chair of the Supervisory Board, and the expertise in the Supervisory Board was enhanced by electing two deputy members. These changes came into force on 1 January 2012.

FINADA also cooperated with a private company, the Fazer Group, under a collaboration agreement within the framework of the Clean Win programme. In legal matters, FINADA had a cooperation agreement with Hannes Snellman Attorneys at Law Ltd.



ADMINISTRATION

Supervisory Board

Under Finnish antidoping codes and practices and FINADA's rules, the Supervisory Board's tasks are:

- to determine whether a case constitutes a doping violation
- to issue a written statement on the consequences that should follow, if the Supervisory Board finds that a case is a doping violation
- to resolve complaints made in response to decisions on therapeutic use exemptions and other administrative decisions; and
- to resolve other disputes arising from the interpretation and application of the antidoping codes and practices.

The Chair of the Supervisory Board in 2011 was Pekka Ilmivalta, Master of Laws, and the Secretary was Katja Tukiainen, Master of Laws. The revision of Finnish antidoping codes and practices increased the number of experts in the Supervisory Board by two deputy members. These deputy members are Saara Raitala, Attorney at Law, and Esa Liimatainen, Doctor. The members of the Supervisory Board are listed in Appendix 1. The Supervisory Board convened nine times during the year.

The results of doping tests are processed by the FINADA office before being forwarded to the Supervisory Board.

In 2011, the Supervisory Board processed both doping violations and complaints regarding therapeutic use exemptions. In total, the Supervisory Board handled 14 cases related to doping violations and one complaint regarding therapeutic use exemptions during the year.

Therapeutic Use Exemption Committee

FINADA's Therapeutic Use Exemption Committee convened eight times during the year. The Chair of the Committee was Matti Lehesjoki, Colonel (Medical Corps). For more information on therapeutic use exemptions, please refer to the section "Therapeutic use exemptions". The members of the Therapeutic Use Exemption Committee are listed in [Appendix 1](#).

ADMINISTRATION

Quality management

In 2011, FINADA continued to work actively to develop the quality of doping control both at national and international levels. Maintaining high quality throughout the entire doping control process is of key importance to FINADA's activities. The goal is to use the monitoring, assessment and development of operations to ensure process compliance and continuous improvement.

FINADA's quality management system has been certified by DNV Certification Oy/Ab. The system fulfils the requirements of the ISO 9001:2008 quality management standard, the World Anti-Doping Code (WADC) and WADA's international standards. In 2011, DNV carried out a period audit of the system at both the FINADA office and at a testing event and found that the system is compliant with standards.

In addition to the annual external audit by DNV, FINADA carries out annual internal audits to ensure system compliance and functionality. The audits also serve as a tool for continuous development of the system.

In 2011, FINADA carried out twelve internal audits, eleven of which were conducted with actual doping control situations and one at the FINADA office. The audit results indicate that doping control officers and the performance of testing are at a high level and meet the requirements of WADA's International Testing Standard well.

Office

In 2011, FINADA's office employed ten full-time employees and three part-time employees (medical and legal matters). The office staff is listed in [Appendix 1](#).



DOPING CONTROL AND TESTING

Doping testing

In 2011, FINADA carried out 3,286 doping tests (compared to 2,404 in the previous year) in Finland and abroad. Of the total number, 3,126 (in 2010: 2,259) were carried out under FINADA's national testing programme. Of these, 123 were blood tests (112 in the previous year). The number of tests exceeded the target of 2,700 doping tests set in the action plan.

FINADA carried out 160 (145 in the previous year) in-competition and out-of-competition tests at the request of national and international federations and WADA. Of these, 96 were in-competition tests and 64 were out-of-competition tests.

The number of in-competition urine tests carried out under the national testing programme was 1,404 (971 in the previous year) and the number of out-of-competition tests was 1,599 (1,176 in the previous year). Tests were carried out in 90 disciplines (86 in 2010). The most tested disciplines in FINADA's testing programme were ice hockey with 281 tests (154 in the previous year), athletics with 235 (225), cross-country skiing with 203 (119) and powerlifting with 182 (129). The doping test statistics can be found in [Appendix 2](#).

FINADA also took blood samples for athletes' personal profile, i.e. the so-called Athlete Biological Passport (ABP) system.

In addition, FINADA began freezing doping samples. According to the code, the samples can be stored for eight years. Freezing makes it possible to re-analyse samples as analysis methods develop, for instance. According to the World Anti-Doping Code, an athlete can be punished at a later date as well if the sample is discovered to be positive in re-analysis, even if the sample was reported negative in the first analysis.

The majority of the out-of-competition doping tests were carried out on a targeted basis, with the tested athlete named in advance. Targeted tests are carried out in individual and team sports, both in and out of competition. For in-competition tests, tested athletes were often selected either on the basis of their placing in the competition or drawn randomly. The national testing programme was implemented both in Finland and abroad. Finnish athletes were tested by Finnish doping control officers as well as foreign doping control officers at FINADA's request.

DOPING CONTROL AND TESTING

The testing pool

The testing pool system, i.e. the collection and monitoring of athletes' contact and whereabouts information, enables targeted out-of-competition testing and serves as a key tool for doping control management and implementation. In 2011, approximately 200 athletes from some 30 disciplines were in FINADA's individual sports testing pools. In addition, FINADA maintains the so-called team pool system in which team-specific training information is collected from top-level teams. In 2011, the pool consisted of teams from seven disciplines. As for national teams, FINADA requests this information from the sports federation in question.

Management of the athlete whereabouts system requires employee resources to ensure the comprehensive dissemination of instructions and advice to athletes, teams and federation representatives as well as the best possible monitoring and utilisation of whereabouts information.

In 2011, there were a total of 30 doping control officers trained and authorised by FINADA operating across Finland. During the year four new doping control officers were authorised. The annual training seminar for doping control officers was held in Jyväskylä on 6-7 February 2011. FINADA doping control officers also trained doping control officers in the WADA seminar for countries in Southeast Asia, held in Indonesia. Training was carried out in cooperation with doping control officers from UK Anti-Doping. WADA organises training seminars around the world to assist national antidoping organisations in launching their operations. The seminars focus on training new doping control officers and thereby activate local testing operations.

Therapeutic use exemptions

The aim of WADA's International Standard for Therapeutic Use Exemptions is to create a uniform global practice for various organisations in granting therapeutic use exemptions. During the year, FINADA communicated the rules on therapeutic use exemptions to athletes and other stakeholders in cooperation with the education and communication functions.

In 2011, FINADA received approximately 200 applications for therapeutic use exemptions. As in previous years, the majority of the applications pertained to asthma medications. For more information on the activities of the Therapeutic Use Exemption Committee, please refer to the section "[Administration](#)".



DOPING CONTROL AND TESTING

Processing test results

FINADA is responsible for processing the results of doping tests when the test has been carried out at FINADA's request, authorised by FINADA, or when FINADA otherwise detects doping violations pertaining to its jurisdiction.

In the event that the result of the laboratory analysis is positive or another antidoping rule violation has potentially taken place, FINADA is responsible for a preliminary assessment according to the codes and practices, for deciding whether the case will be presented to the Supervisory Board as a potential antidoping rule violation and for informing the parties determined in the antidoping codes and practices. In 2011, FINADA handled altogether 22 cases, of these 14 were antidoping rule violations. In one case, the athlete in question had a valid therapeutic use exemption, and in six cases, the athlete in question was entitled, on the basis of a national level determination, to demonstrate after the event that a medical reason existed for the use of substances include in the list of prohibited substances and methods.

In connection with Juha Lallukka's potential antidoping rule violation, it was suspected that FINADA's office staff leaked the information on the analysis date and time of Lallukka's B sample to media. The Board of FINADA ordered an independent investigation on the matter from Pekka Orasmaa, Master of Laws. As a result of the investigation, it was discovered to be highly unlikely that FINADA's staff would be guilty of leaking the information.

Antidoping rule violations for 2011 are listed in [Appendix 2](#).



EDUCATION

FINADA was active in organising education and training sessions on antidoping issues in cooperation with sports federations and organisations, sports-oriented educational institutions and sports academies. Education was primarily targeted at young athletes, top-ranked athletes and coaches. There were a total of 89 education or training events in 2011, with a total audience of 2,800. Education and training events are listed in [Appendix 3](#).

In 2011, cooperation with sports federations, antidoping programmes of federations and the content of education and training events were developed in particular. A set of antidoping criteria for sports federations was published in October (please refer to the section "[Communications](#)"). Sports federations were encouraged to include antidoping education and training in their athlete and coach education and training activities.

Cooperation with sports-oriented educational institutions was continued in coach education and training in order to enable sports institutes to organise antidoping education and training for athletes, coaches and students together with FINADA. Free antidoping education and training was offered to sports-oriented educational institutions and sports academies at the upper secondary level.

The "Prohibited Substances and Methods in Sports" publication and the "Therapeutic Use Exemptions and Prohibited Substances and Methods in Sports" appendix were distributed at education and training events. At the beginning of the year, the training slide set was updated. Slides are available for different target groups in three languages (Finnish, Swedish and English).

A seminar for FINADA trainers was held in Naantali in October. Two new trainers completed training during the year. At a national level, a total of 20 trainers ran antidoping training and education sessions.

In its training and education activities, the Clean Win programme (see [Communications](#)) focused on the development of the antidoping activities of the pilot federations participating in the programme. Clean Win information stands were also set up at various events involving the disciplines represented by the pilot federations. The tour calendar can be found in [Appendix 4](#). The purpose of the information stands was to provide athletes and their support personnel, as well as spectators, with information on antidoping issues.



COMMUNICATIONS

In January 2011, the list of Prohibited Substances and Methods in Sports was published both on the FINADA website and in printed format. The printed guidelines for Therapeutic Use Exemptions and Prohibited Substances and Methods in Sports were also updated. The guide was also published on the FINADA website.

FINADA published newsletters for sports federations and doping control officers four times during the year. Two newsletters for athletes in the testing pool were also published.

An antidoping event for sports federations was organised on 16 October. The event included presentations on the set of criteria for the antidoping programmes of sports federations as well as on the revised antidoping programmes of the Football Association of Finland and the Finnish Figure Skating Association.

Another theme was the reform of the World Anti-Doping Code and the Finnish antidoping codes and practices.

On 16 September, a mini-symposium called “Dopinganalytiikan uudet näkymät” (New Outlooks on Doping Analytics) was organised in cooperation with United Medix Laboratories and the University of Helsinki. The speakers of the event included Professor Mario Thevis from the Cologne Doping Control Laboratory, Professor Günter Gmeiner, Head of the Austrian Doping Control Laboratory, and Doctor Marjo Kolmonen from the Hjelt Institute of the University of Helsinki. The event was free and open to all and attracted several dozen opinion-leaders in the field, as well as students and media representatives.

During the year, FINADA published more than 50 press releases on the agency’s website www.antidoping.fi and, where necessary, on the website of the Clean Win programme www.puhtaastiparas.fi. In addition, some of the releases were published on the online Antidoping Passport system. The releases were also posted electronically to the FINADA website. The overall revision project of the FINADA website was started in 2011 and it will continue in 2012.

Towards the end of the year, a study was carried out on the visibility of FINADA and doping-related matters in the Finnish media and social media.



COMMUNICATIONS

The Clean Win programme

Started in 2008, the Clean Win programme promotes clean sport by encouraging open discussion on doping. FINADA and Fazer shine the spotlight on ethical and fair athletes. This programme invites Finnish sports fans, sporting organisations, the friends and relatives of athletes and athletes themselves to get involved in fair play.

The Clean Win programme cooperates closely with sports federations. At the end of 2011, FINADA devised a set of assessment criteria for the antidoping programmes of sports federations for use as part of the evaluation behind the Ministry of Education and Culture's performance-based funding.

The sports federations and star athletes involved in the Clean Win programme are:

- Ski Sport Finland:
Sanni Leinonen
- Finnish Ski Association:
Anssi Koivuranta
- Finnish Judo Association:
Jani Kallunki
- Finnish Ski Association
/ Cross-country skiing:
Aino-Kaisa Saarinen
- Football Association of Finland:
women's national football team
- Finnish Floorball Federation:
men's national floorball team
- Finnish Figure Skating Association:
Laura Lepistö
- Finnish Tennis Association:
Jarkko Nieminen

The captain of the Clean Win Stars is javelin-thrower
· Tapio Korjus.

In 2011, the Clean Win information stand completed a tour of 24 events, including the Finnish Sports Gala, the World Synchronized Skating Championships, Your Move and the Olympic Combat Event. FINADA's antidoping work was actively and prominently on display on the tour. The Clean Win tour calendar can be found in [Appendix 4](#).

Highlights of the Clean Win programme

In January 2011, the Clean Win Anti-doping Deed of the Year award was given out for the fourth time at the Finnish Sports Gala. The 2011 recipient of the award was Power Cup and the Finnish Volleyball Association.

The message of fair play promoted by the Clean Win programme travelled through championships leagues, too. In 2010, the golden baton of clean sport was passed on to all teams in the Finnish national ice hockey league, the women's national football league and the national volleyball league, and in 2011, the challenge was accepted by the national Finnish baseball league and the national floorball league. In 2011, the challenge campaign for international sporting events organised in Finland included the World Synchronized Skating Championships and the Enduro World Championships for Teams.



INTERNATIONAL ACTIVITIES

FINADA has an active role on the international stage. Its aim is to ensure that antidoping rules and activities are consistent and athletes have an equal right to clean sports in all parts of the world.

The World Anti-Doping Agency (WADA)

In 2011, WADA started the reform of the World Anti-Doping Code. During the year, the Council of Europe and the European Union prepared statements for WADA with regard to this reform. Finnish representatives from the Ministry of Education and Culture and FINADA exercised influence actively in the content of the statements. The new World Anti-Doping Code will be approved at the World Congress in South Africa in late 2013, and the new Finnish antidoping codes and practices will enter into force on 1 January 2015.

The Annual WADA Symposium with Anti-Doping Organisations was organised in Lausanne on 22-23 March 2011, with FINADA representatives on hand.

One of WADA's most significant projects during the year was the development of regional equality between the antidoping operations of different countries. In the regional project, several small countries join forces in establishing one antidoping agency responsible for antidoping activities in all of the member countries. There are 15 such agencies at present, covering over 122 countries. FINADA's Board has supported FINADA experts in participating in this project to increase regional equality. FINADA's experts trained doping control officers in Indonesia in 2011.



INTERNATIONAL ACTIVITIES

The United Nations Educational, Scientific and Cultural Organisation (Unesco)

The UNESCO International Convention Against Doping entered into force in Finland and internationally on 1 February 2007. A Conference of Parties is convened every two years. From the perspective of WADA, it is important that nations are committed to supporting and developing its activities by signing the Convention at governmental level. By the end of 2011, a total of 169 countries had ratified the Convention. UNESCO continues to actively promote commitment to the Convention. The organisation also has a separate voluntary fund and has carried out educational antidoping projects. Representatives from the Ministry of Education and Culture and FINADA also participated in the monitoring meeting for the UNESCO Convention organised on 14–16 November 2011.

Council of Europe (COE)

In 2011, the Monitoring Group for the Council of Europe's Anti-Doping Convention focused on the development of Convention's monitoring system and improving cooperation at a European level in exercising influence in WADA affairs. A particular target for exercising influence was the reform of the World Anti-Doping Code. In 2011, a statement was prepared with regard to revising 46 paragraphs in the Code.

In 2011, FINADA participated in meetings of the Monitoring Group for the COE's Anti-Doping Convention and the Coordination Group for WADA affairs as well as a meeting of the Advisory Group for Legal Affairs. Finland has the Chair of the Advisory Group for Commitment.

The European Union

In 2011, the Council of the European Union established a working group to prepare antidoping issues. Both the Ministry of Education and Culture and FINADA have representatives in this working group, which prepares antidoping issues assigned to it for the Sport Council. Prominent topics have included the reform of the World Anti-Doping Code and data protection issues related to the processing of athletes' data.

In addition, FINADA participates in the Ministry of Education and Culture's national working group coordinating the EU's sports and youth issues.



INTERNATIONAL ACTIVITIES

International Anti-Doping Arrangement (IADA)

The International Anti-Doping Arrangement (IADA) is a governmental collaboration body of the world's leading high-quality antidoping countries and their national antidoping agencies. IADA is an intergovernmental alliance with strong involvement by national antidoping agencies. The member countries are Australia, Canada, Finland, Denmark, the Netherlands, New Zealand, Norway, South Africa, Sweden and the United Kingdom.

IADA convenes once or twice a year. Representatives of both governments and antidoping agencies participate in the meetings. The aim of IADA and its member countries is to exercise active influence on WADA's decision making and the development of the WADA Code and Standards.

In 2011-2012, Canada chairs IADA and serves as the location for its Secretariat. During Finland's term as Chair (2009-2010), a new IADA Agreement for 2011-2014 was drafted and approved. One of IADA's key tasks is promoting the exchange of information between governments and antidoping agencies as well as exercising influence on WADA affairs. The exchange of information and experiences between countries engaged in high-quality antidoping work is also significant.

An IADA meeting was held in Paris on 12-13 November 2011, in conjunction with a UNESCO meeting.

Nordic cooperation

Nordic cooperation is important for the development of FINADA's activities and the joint efforts in international lobbying. Annual meetings address organisational solutions, funding, codes, testing, education and research. The 2011 meeting was held in Reykjavik, Iceland on 19-20 May 2011. Nordic cooperation is carried out at several levels of antidoping work, including the application of codes and standards and the development of education and communication projects.



RESEARCH AND REPORTS

FINADA aims to promote antidoping research by organising negotiations, providing information on funding options and, where necessary, supporting the launch of various minor projects.

WADA allocates USD 6,000,000 of its annual budget for international antidoping research in biomedicine and USD 200,000 for research in behavioural and social sciences.

United Medix Laboratories Ltd has been responsible for WADA-funded research projects in the field of antidoping in Finland. The focus of the laboratory's research has been on the development of analysis methods. United Medix Laboratories Ltd is presently carrying out two WADA-funded research projects along with two projects with funding from other sources.

Three research projects were launched in conjunction with the antidoping programme focused on recreational athletes. An extensive study on the use of doping substances was published on 22 November 2011.

Tuulia Nuuhkarinen, a student of bioanalytics at the Savonia University of Applied Sciences, carried out a quantitative study on specific gravity values of urine samples taken in doping tests as her thesis, in cooperation with FINADA and United Medix Laboratories Ltd. The results of the study have been used in testing quality assessment and as a basis for further development of specific gravity measurement practices and instructions given to athletes in tests.

FINADA regularly asks athletes for feedback on doping tests it has carried out, with the aim of improving the quality and functionality of doping testing as well as uncovering any problematic areas. In 2011, the doping testing assessment survey was carried out by giving a questionnaire to all tested athletes during four individual months. The responses were processed anonymously. Athletes were asked to assess the practical execution of doping tests (presentation of the notification of the doping test, information and instructions provided during the test, the sample sealing procedure, ease of use and reliability of doping test equipment, test premises, reliability of the doping test and general atmosphere during the test) as well as the behaviour of doping control officers (expertise, attitude, friendliness, trustworthiness and communications and language skills).

More than 90 per cent of the athletes rated both the practical execution and the behaviour of doping control officers either good or excellent. In addition to doping testing, athletes were requested to assess FINADA's operations in general (sufficiency of doping testing, FINADA's organisation and its information materials). The majority considered that there are enough doping tests being carried out, and more than 90 per cent of the respondents rated FINADA's operations and information materials either good or excellent. In addition, the athletes had an opportunity to give free-form feedback and suggest improvements to FINADA. FINADA has utilised the feedback in training of doping control officers and further development of testing activities.



DEVELOPMENT PROJECTS

Recreational athletes' antidoping project

FINADA is involved in an expert role in coordinating a recreational athletes' antidoping project funded by the Ministry of Education and Culture and the Ministry of Social Affairs and Health. The A-Clinic Foundation is in charge of the practical implementation of the project. In 2011, an internet service was developed and marketed, similar projects in other countries were explored and a certification system for gyms and related monitoring activities were developed in cooperation with Kunto ry. FINADA is responsible for the management of the project's funding and participates in the management group of the project.



FINANCES

Important events during and after the financial year

The finances of the Finnish Antidoping Agency FINADA are based on the operational assistance and aid granted for separate projects by the Finnish Ministry of Education and Culture. No joining or membership fees apply to members. In 2011, the Ministry of Education and Culture granted FINADA operational assistance at the amount of EUR 2,750,000. Of the total amount, EUR 80,000 was allocated to the recreational athletes' antidoping project.

FINADA received project funding as follows:

- The Clean Win programme, EUR 40,000
- The revision project of the FINADA website, EUR 60,000
- The recreational athletes' antidoping project, EUR 80,000 (the share funded by the Finnish Ministry of Social Affairs and Health) and EUR 23,045 (carried over from the previous year)
- IT administration, EUR 10,873
- athlete profiling, EUR 69,022
- laboratory equipment, EUR 178,000.

FINADA's accounts for 2011 show a deficit of EUR 173,786.72. The budget for 2011 approved by the Board states an EUR 245,000 deficit. This results from the fact that the 2011 expenses include EUR 250,000 paid back to the Ministry of Education and Culture for the surplus accrued in 2010. FINADA's balance sheet remains at a healthy level and shows equity amounting to EUR 457,724.28.



APPENDICES



APPENDIX 1

FINADA bodies and staff

Board 2010–2011

Chair:

- Professor of Labour Law
Kari-Pekka Tiitinen
Finnish Olympic Committee

Vice-Chair:

- Master of Laws, Counsellor of
Government, Attorney at Law
Tuula Lybeck
Ministry of Education and Culture

Deputy Member:

- Sports Director
Kari Niemi-Nikkola
Finnish Olympic Committee
- Attourney at Law
Pia Ek
Ministry of Education and Culture

Members:

- Senior adviser
Hannu Tolonen
Ministry of Education and Culture
- Professor, Chief Physician
Olli J. Heinonen
Ministry of Education and Culture
- Master of Laws, Director,
External Affairs
Petri Heikkinen
Finnish Sports Federation
- Docent in Physiatics, Chief Physician
Olavi Airaksinen
Finnish Society for Sports Medicine

Permanent Expert Member:

- Sari Multala
Finnish Olympic Committee,
Athletes' Commission

- Master of Social Sciences,
Secretary General
Minna Paajanen
Ministry of Education and Culture

- Master of Sport and Health Sciences,
Senior Advisor
Mari Miettinen
Ministry of Education and Culture

- Secretary
Michael Oksanen
Finnish Sports Federation

- Director, Docent
Tommi Vasankari
Finnish Society for Sports Medicine



APPENDIX 1

FINADA bodies and staff

Supervisory Board 2011-2012

Jurist Members

Chair

- Master of Laws,
Pekka Ilmivalta

First Vice-Chair:

- Master of Laws and
Master of Economics
Markus Manninen

Second Vice-Chair:

- Doctor of Laws
Olli Norros

Deputy Members

- Attorney at Law
Saara Raitala,
as of 1 December 2011

Doctoral Members

- Licentiate of Medicine
Heikki Laapio
- Doctor of Medicine, Docent
Heikki Tikkanen
- Licentiate of Medicine
Jenni Leppävuori

Deputy Member

- Doctor of Sport and Health Sciences,
Licentiate of Medicine,
Esa Liimatainen,
as of 1 December 2011

Sports Specialists

- Doctor of Philosophy (Economics),
senior teacher Jan Erik Krusberg
- Master of Arts
Valentin Kononen
- Bachelor of Sport and Health Sciences
Maija Innanen

Secretary

- Master of Laws,
Katja Tukiainen

Therapeutic Use Exemption Committee

Chair:

- Colonel, Medical Corps
Chief of Medical Sector,
Army Command Finland
Matti Lehesjoki
- Licentiate of Medicine,
Specialists in Sports Medicine
Harri Helajärvi
- Doctor of Medicine,
Specialist in Sports Medicine
Katja Mjøsund
- Doctor of Medicine,
Docent in Pharmacology
Pekka Rauhala



APPENDIX 1

FINADA bodies and staff

Office

Secretary General

- Pirjo Ruutu

Office Manager

- Maarit Juvonen

Doping Control Manager

- Katja Huotari
until 4 December 2011

Temporary Doping Control Manager

- Marjorit Nurmi
as of 5 December 2011

Quality Manager

- Marjorit Nurmi
4.12.2011 asti

Pharmacist

- Anna Simula

Doping Control Coordinator

- Anna Heinilä

Doping Control Coordinator

- Janne Väre

Secretary

- Titta Villanen
as of 14 March 2011

Education Manager

- Samuli Rasila

Information Manager

- Susanna Sokka

Medical Director

(part-time)

- Timo Seppälä

Doping test statistics



APPENDIX 2

Urine and blood tests conducted by the Finnish Antidoping Agency (FINADA) in 2011 under the national testing programme

Sport	Tests	Sport	Tests
Alpine skiing	20	Nordic combined	39
American football	94	Orienteering	51
Athletics	235	Power benchpress	28
Badminton	25	Powerlifting	182
Bandy	45	Ringette	32
Basketball	104	Rowing	28
Biathlon	42	Sailing	20
Boxing	51	Shooting	32
Cross-country skiing	203	Ski jumping	37
Cycling	59	Ski orienteering	21
Disabled sports	31	Speed skating	50
Figure skating	26	Swimming	53
Finnish baseball	48	Taekwondo	22
Fitness	43	Tennis	23
Flatwater	40	Triathlon	40
Floorball	173	Underwater rugby	31
Football	173	Volleyball	110
Handball	89	Weightlifting	78
Ice hockey	281	Wrestling	78
Judo	44	Total	2,751
Karate	26	Other team sports	83
Kickboxing	22	Other individual sports	292
		Total	3,126

In 2011, FINADA carried out 3,286 doping tests in Finland and abroad. A total of 3,126 tests were carried out under FINADA's national testing programme. A total of 123 of these tests were blood tests.

Muut joukkuelajit: beach volley, cheerleading, curling, futsal, joukkuevoimistelu, kaukalopallo, liitokiekko, maahockey, muodostelmaluistelu ja vesipallo

	FINADA	national federation	international federation / WADA	tests, total
out-of-competition tests	1722	4	60	1786
in-competition tests	1404	3	93	1500
tests, total	3126	7	153	3286

Other team sports: aesthetic group gymnastics, beach volley, cheerleading, curling, field hockey, futsal, rinkball, synchronised skating, ultimate and water polo

Other individual sports: Aeronautical sports, archery, artistic gymnastics, automobile sports, billiards, boot throwing, bowling, chess, climbing, dance, darts, diving, fencing, finswimming, freestyle skiing, golf, ITF-Taekwondo, military sport, mixed martial arts, modern pentathlon, motorboat sports, motor sport (enduro, snowmobile, motocross, road racing, speedway, trial), mountain bike orienteering, rhythmic gymnastics, riding, senior sport, snowboarding, sport aerobics, squash, synchronised swimming, table tennis, taido, wildwater canoeing



APPENDIX 2

Urine and blood tests conducted by the Finnish Antidoping Agency (FINADA) in 2011 under the national testing programme.

Antidoping rule violations

Sport	Prohibited substance or other violation	Sanction
Bandy	S8: Cannabinoids	warning
Boot throwing	Refusing to sample collection	2 years
Canoeing	S.1.1.b: Anabolic agents	2 years
Karate	S3: B2 agonists	warning
Kickboxing	S5: Diuretics and other masking agents	warning
Motor sport	S8: Cannabinoids	1 year
Rinkball	S3: B2 agonists	warning
Powerlifting	S.1.2: Other anabolic agents	6 years / II sanction
Powerlifting	S1.1.b: Anabolic agents	2 years
Senior sports	S1.1.b: Anabolic substances and S5: Diuretics and other masking agents	8 years / II sanction
Water polo	S1.1.b: Anabolic agents	2 years
Weightlifting	S6: Stimulants	2 years
Weightlifting	Usage and possession	2 years

One case is still pending.



APPENDIX 3

Education events 2011

Education events

Date	Place	Commissioned by	Participants	Target group
4 Jan.	Lahti	The sports school of the Finnish Defence Forces	60	Young athletes
8 Jan.	Tampere	Finnish Wrestling Federation	40	Coaches
12 Jan.	Vierumäki	Sports Institute of Finland	7	Coaches
14 Jan.	Kuortane	Finnish Athletics	40	Coaches
27 Jan.	Oulu	Oulu Region Academy of Sport	45	Young athletes
27 Jan.	Tampere	Finnish Divers' Federation	20	Athletes
28 Jan.	Jyväskylä	University of Jyväskylä, Faculty of Sport and Health Sciences	30	Coaches
29-30 Jan.	Jyväskylä	FINADA	80	Doping control officers
29 Jan.	Pori	Finnish Powerlifting Federation	12	Athletes
31 Jan.	Helsinki	Rotary Club of North-Western Helsinki	20	
31 Jan.	Tampere	University of Tampere, Faculty of Medicine	30	Students
6 Feb.	Pajulahti	Cycling Union of Finland	15	Athletes
13 Feb.	Eerikkilä	Football Association of Finland	25	Coaches
13 Feb.	Pajulahti	Finnish Tennis Association	8	Coaches
18 Feb.	Kuortane	Kuortane Sports Institute	30	Students
8 March	Helsinki	Mäkelänrinne Upper Secondary School (sports-oriented)	30	Young athletes
11 March	Helsinki	Sport Elite	15	Athletes
20.3.	Helsinki	Finnish Sport Physiotherapist Association	25	Students
25 March	Pajulahti	Finnish Athletics	30	Athletes
28 March	Tampere	Sampo Upper Secondary School (sports-oriented)	32	Young athletes



APPENDIX 3

Education events 2011

31 March	Turku	Swimming clubs of the Turku region	90	Athletes
1 April	Helsinki	Football Association of Finland	15	Coaches
3 April	Vierumäki	Finnish Powerlifting Federation	25	Athletes
4 April	Mariehamn	Ålands Idrottsförbund	40	Athletes
8 April	Pajulahti	Finnish Athletics	30	Athletes
8 April	Turku	Sport Academy of Turku Region	30	Young athletes
8 April	Kuortane	Finnish Athletics	20	Athletes
10-11 April	Kuortane	FINADA	17	Trainers
10 April	Helsinki	Finnish Cheerleading Federation	20	Coaches
14 April	Vierumäki	Finnish Figure Skating Association	20	Athletes
18 April	Helsinki	Football Association of Finland	15	Coaches
20 April	Turku	University of Turku, Faculty of Medicine	30	Students
27 April	Helsinki	Football Association of Finland	14	Coaches
28 April	Jyväskylä	University of Jyväskylä, Faculty of Sport and Health Sciences	60	Students
2 May	Helsinki	Mäkelänrinne Upper Secondary School (sports-oriented)	30	Young athletes
4 May	Vierumäki	Finnish Olympic Committee	30	Coaches
6 May	Kuortane	Finnish Athletics	130	Young athletes
13 May	Vierumäki	Finnish Orienteering Federation	25	Coaches
14 May	Pajulahti	Finnish Triathlon Association	19	Young athletes
14 May	Varala	Finnish Sport for All Association	14	Students



APPENDIX 3

Education events 2011

15 May	Kisakallio	Finnish Rowing Federation	25	Athletes
17 May	Helsinki	American Football Association of Finland	25	Coaches
19 May	Tampere	Sampo Upper Secondary School (sports-oriented)	26	Young athletes
8 June	Pajulahti	Finnish Speed Skating Association	12	Young athletes
8 June	Eerikkilä	Coaching Degree Programme	20	Coaches
8 June	Siilinjärvi	Finnish Shooting Sport Federation	40	Young athletes
10 June	Helsinki	Sport Elite	15	Young athletes
22 June	Helsinki	Helsinki Athletics Cheerleaders	40	Young athletes
28 June	Vuokatti	Finnish Ski Association	60	Young athletes
4 July	Vuokatti	Finnish Biathlon Association	80	Young athletes
6 July	Rovaniemi	Aino-Kaisa Saarinen Summer Ski Camp	50	Young athletes
2 Aug.	Pajulahti	Badminton Finland	21	Young athletes
2 Aug.	Pajulahti	Badminton Finland	30	Athletes
7 Aug.	Kisakallio	Finnish Gymnastics Federation	60	Athletes
9 Aug.	Lahti	The sports school of the Finnish Defence Forces	30	Young athletes
12 Aug.	Kuortane	Finnish Volleyball Association	46	Coaches
20 Aug.	?	Finnish Weightlifting Union	17	Athletes
21 Aug.	Varala	Finnish Judo Association	14	Coaches
4 Sept.	Vierumäki	Coaching Degree Programme	15	Coaches
2 Sept.	Kisakallio	Finnish Gymnastics Federation	50	Athletes
4 Sept.	Vuokatti	Finnish Ski Association	6	Coaches
9 Sept.	Helsinki	Sport Elite	15	Young athletes



APPENDIX 3

Education events 2011

16 Sept.	Helsinki	Laajasalo College	10	Journalists
19 Sept.	Helsinki	Finnish Floorball Federation	15	Coaches
20 Sept.	Helsinki	Mäkelänrinne Upper Secondary School (sports-oriented)	30	Young athletes
23 Sept.	Turku	Sport Academy of Turku Region	40	Young athletes
23 Sept.	Kuortane	Finnish Bowling Federation	22	Coaches
8 Oct.	Vierumäki	Finnish Olympic Committee	27	Young athletes
1 Oct.	Jyväskylä	Finnish Sport Physiotherapist Association	16	Students
11 Oct.	Rovaniemi	Ski Sport Finland	12	Young athletes
13 Oct.	Lahti	Päijät Häme Sports Academy	50	Young athletes
11 Oct.	Helsinki	Päihde- ja Mielenterveyspäivät event	30	
17 Oct.	Vierumäki	Sports managers	16	Students
21 Oct.	Helsinki	Finnish Olympic Committee	20	Doctors
22 Oct.	Kisakallio	Finnish Canoe Federation	25	Young athletes
24 Oct.	Jyväskylä	University of Jyväskylä, Faculty of Sport and Health Sciences	30	Students



APPENDIX 3

Education events 2011

26 Oct.	Helsinki	FINADA	50	Sports federations
26 Oct.	Tampere	Swimming Club of Tampere	57	Young athletes
26 Oct.	Helsinki	Finnish Figure Skating Association	20	Officials
2 Nov.	Kuopio	Sports Academy of Northern Savo	120	Young athletes
7 Nov.	Sotkamo	Sotkamo Upper Secondary School (sports-oriented)	70	Young athletes
13 Nov.	Eerikkilä	Football Association of Finland	20	Coaches
14 Nov.	Helsinki	Mäkelänrinne Upper Secondary School (sports-oriented)	30	Young athletes
25 Nov.	Espoo	Sport Elite	15	Young athletes
3 Dec.	Pajulahti	Finnish Karate Federation	28	Athletes
4 Dec.	Varala	Finnish Gymnastics Federation	20	Athletes
4 Dec.	Turku	Football Association of Finland	20	Coaches
8 Dec.	Vuokatti	Finnish Ski Association	13	Young athletes
10 Dec.	Kuortane Turku Vuokatti Kuortane	Finnish Gymnastics Federation	30 2801	Athletes



APPENDIX 4

FINADA information stands at sporting events in 2011

FINADA information stands at sporting events in 2011

Finnish Sports Gala	10 January	Helsinki
World Junior Speed Skating Championships	25-27 February	Seinäjoki
Finnish National Championships in Weightlifting	5-6 March	Rovaniemi
Lahti Ski Games	11-13 March	Lahti
Hopeasompa (skiing event)	11-13 March	Vuokatti
Finnish National Junior Biathlon Championships	26-27 March	Hämeenlinna
World Synchronized Skating Championships	8-9 April	Helsinki
Finnish National Championships in Gymnastics	15-17 April	Jyväskylä
European Junior Badminton Championships	16-17 April	Vantaa
European Squash Team Championships	28 April	Espoo
Finnish National Curling Championships for Mixed Teams	7 May	Peurunka
Your Move	27-29 May	Helsinki
Power Cup	10-12 June	Lahti
Finnish Baseball East-West Games	22-24 July	Kouvola
International Six Days Enduro, World Championships for Teams	1-13 August	Kotka
Fazer 120 years	3 September	Vantaa
Finland-Sweden Athletics International	9 September	Helsinki
Davis Cup	16-17 September	Espoo
Sinettiseminaari (seminar)	8 October	Helsinki
Finland-Estonia qualification game in women's football	22 October	Helsinki
Olympic Combat Event	5-6 November	Vantaa



APPENDIX 5

FINADA's International Representation

The World Anti-Doping Agency WADA

WADA cooperation meeting with international federations and national antidoping agencies

- Katja Huotari
- Marjorit Nurmi
- Pirjo Ruutu

WADA's regional development

- Marjorit Nurmi

Training of doping control officers in Southeast Asia

- Pekka Pitkälä
- Marko Salminen

Council of Europe (COE)

Monitoring Group for the COE's Anti-Doping Convention

- Pirjo Ruutu

Coordinating meeting for WADA issues

- Pirjo Ruutu

Advisory Group for Commitment

- Pirjo Ruutu

Advisory Group on Education

- Samuli Rasila
- Susanna Sokka

International "Human rights and doping" conference

- Marjorit Nurmi

The European Union

Sport Council of the European Union, Antidoping Working Group

- Pirjo Ruutu

UNESCO: Monitoring Group for the International Convention Against Doping

- Pirjo Ruutu

International Anti-Doping Arrangement IADA

Steering Committee

- Pirjo Ruutu

Nordic cooperation

Secretary Generals' Meeting

- Pirjo Ruutu
- Katja Huotari
- Maarit Juvonen

Others

European Athletic Association, delegate

- Pekka Pitkälä

London Olympics: Training for doping control officers

- Marjorit Nurmi
- Pekka Pitkälä



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