



Finnish Antidoping Agency FINADA

Annual Report 2010



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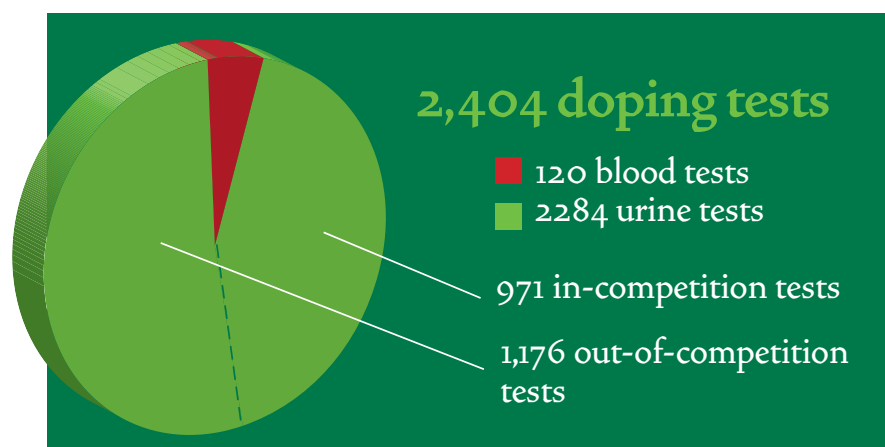
FINADA aims to contribute to the development of global antidoping work and support antidoping activities in countries where they are still at a relatively early stage.

Introduction

FINADA's goal is to contribute to the strengthening of the ethical foundation of all sports and support the good reputation of sport. A crucial tool for reaching this goal has been the highly successful Clean Win programme, which has been met with a strong commitment by many of Finland's top athletes and sports federations. Promoting co-operation with various parties in the field of sports is one of FINADA's key objectives for the coming years.

FINADA has also achieved strong growth in the area of doping control and testing. The number of tests has increased significantly from previous years, while the testing strategy and quality have simultaneously been developed to correspond with all international rules and standards. New testing methods have also been adopted.

At the international level, FINADA aims to not only contribute to the development of global antidoping work, but also to support antidoping activities in countries where they are still at a relatively early stage. A new joint agreement between ten IADA member countries was concluded with the co-operation of the Ministry of Education and Culture during Finland's term as host of the IADA Secretariat in 2009–2010. The member countries draft new policies and launch new initiatives to develop antidoping work. FINADA has also participated in training doping control officers in co-operation with WADA in countries that are relatively new to anti-doping work.



FINADA in figures in 2010

Busy year of testing

- 2,404 doping tests in 2010
- 2,284 urine tests in Finland and abroad in 86 disciplines
 - 2,259 doping tests under FINADA's national testing programme
 - 2,147 urine tests, comprising 971 in-competition and 1,176 out-of-competition tests
 - 145 in-competition and out-of-competition tests carried out at the request of national and international federations or WADA
- 120 blood tests, of which 112 under FINADA's national testing programme

Spreading the message of clean sport

- 105 antidoping education and training sessions with a total of 3,500 participants
- Clean Win stands at 25 sporting events with total spectator numbers in the tens of thousands
- 57 newsletters and press releases

Strong international influence

During the year, FINADA participated in dozens of international conferences and events, hosted the Secretariat of the international IADA agreement and trained doping control officers as part of WADA's regional activities.

The audit results indicate that doping control officers and the performance of testing are at a high level and meet international standards.

Administration

Board

FINADA's Board convened 10 times during the year under review. The Chair of the Board was Kari-Pekka Tiitinen, Professor of Labour Law and the Vice-Chair was Tuula Lybeck, Ministerial Adviser. Jukka Pekkala resigned from the Board on 1 September 2010 and Petri Heikkinen was elected as his replacement from 1 January 2011 onwards (Members of the Board, Appendix 1).

The Board and FINADA's office staff held a joint planning meeting on 22–23 June at Kaisankoti Centre in Espoo. The focus of the meeting was on drafting guidelines for the agency's operations and finances in 2011 and conducting an environmental analysis for FINADA's strategy. The meeting also covered the opportunities presented by social media from FINADA's perspective.

During the year, the Board paid particular attention to financial management, the implementation of the doping testing strategy and the Clean Win programme. The Board also emphasised the significance of international involvement and consulting in several meetings.

The Finnish antidoping codes and practices were revised at the autumn meeting held on 30 November 2010. The revisions, which pertain to doping violations by Finnish athletes at international events, entered into force on 1 January 2011.

FINADA also cooperated with a private company, the Fazer Group, under a collaboration agreement within the framework of the Clean Win programme. In legal matters, FINADA had a cooperation agreement with Hannes Snellman Attorneys at Law Ltd.

Supervisory Board

Under Finnish antidoping codes and practices and FINADA's rules, the Supervisory Board's tasks are:

- to determine whether a case constitutes a doping violation

- if the Supervisory Board finds that a case is a doping violation, to issue a written statement on the consequences that should follow
- to resolve complaints made in response to decisions on therapeutic use exemptions and other administrative decisions; and
- to resolve other disputes arising from the interpretation and application of the anti-doping codes and practices.

The Chair of the Supervisory Board in 2010 was General Counsel Pekka Ilmivalta and the Secretary was District Court Judge Katja Tukiainen. Esa Meririnne (medical expert) and Niko Matikainen (legal expert) resigned from the Supervisory Board in 2010. Olli Norros (legal expert) and Jenni Leppävuori (medical expert) were appointed as their replacements. The members of the Supervisory Board are listed in Appendix 1. The Supervisory Board convened 9 times during the year.

The results of doping tests are processed by the FINADA office before being forwarded to the Supervisory Board.

In 2010, the Supervisory Board processed both doping violations and complaints regarding therapeutic use exemptions. In total, the Supervisory Board handled 12 cases related to doping violations and two complaints regarding therapeutic use exemptions during the year.

Therapeutic Use Exemption Committee

FINADA's Therapeutic Use Exemption Committee convened 9 times during the year (members of the Therapeutic Use Exemption Committee, Appendix 1). The Chair of the Committee was Matti Lehesjoki, Colonel (Medical Corps). Miikka Hermelahti resigned from the Therapeutic Use Exemption Committee in 2010 and Harri Helajärvi was appointed as his replacement. For more information on therapeutic use exemptions, please refer to the section on that subject matter.

Quality management

In 2010, FINADA continued to work actively to develop the quality of doping control both at the national and international levels. Maintaining high quality throughout the entire doping control process is of key importance to FINADA's activities.

The quality management system is a management tool that FINADA uses for the purposes of administrative and doping control planning, implementation and monitoring. The goal is to use the monitoring, assessment and development of operations to ensure process compliance and continuous improvement.

FINADA's quality management system has been certified by DNV Certification Oy/Ab. The system fulfils the requirements of the ISO 9001:2008 quality management standard, the World Anti-Doping Code (WADC) and WADA's international standards. In 2010, DNV carried out a periodic audit of the quality management system at both the ADT office and at a testing event and found that the system is compliant with standards.

In addition to DNV's audits, FINADA carries out annual internal audits to ensure system compliance and functionality. The audits also serve as a tool for continuous development of the system.

In 2010, FINADA carried out nine internal audits, seven of which were conducted with actual doping control situations and two at the FINADA office. The audit results indicate that doping control officers and the performance of testing are at a high level and meet international standards. In addition to the audits on its own activities, FINADA carried out an audit of Yhtyneet Medix Laboratoriot Oy's doping testing laboratory.

The results of the audits are used in training doping control officers and developing the agency's operations further.

Office

FINADA's office employed nine full-time employees in 2010 (Office staff, Appendix 1).

Doping control and testing

Doping testing

In 2010, FINADA carried out 2,404 doping tests (compared to 2,128 in the previous year) in Finland and abroad. Of the total number, 2,259 (in 2009: 1,810) were carried out under FINADA's national testing programme. Of these, 112 were blood tests (144 in the previous year).

FINADA carried out 145 (328 in the previous year) in-competition and out-of-competition tests at the request of national and international federations and WADA in Finland and abroad. Of these, 94 were in-competition tests and 51 were out-of-competition tests.

The number of in-competition urine tests carried out under the national testing programme was 971 (902 in the previous year) and the number of out-of-competition tests was 1,176 (912 in the previous year). Tests were carried out in 86 disciplines (80 in 2009). The most tested disciplines in FINADA's testing programme were athletics with 225 tests (191 in the previous year), ice hockey with 154 (168), cross-country skiing with 119 (104) and powerlifting with 129 (88).

The majority of the doping tests was carried out on a targeted basis, with the tested athletes named in advance. Targeted testing was used in both in-competition and out-of-competition tests. The national testing programme was implemented both in Finland and abroad. Finnish athletes were tested by Finnish doping control officers as well as foreign doping control officers at FINADA's request.

Athlete whereabouts monitoring, known as the testing pool system, enables targeted out-of-competition testing and serves as a key tool for doping control management and implementation. Management of the athlete whereabouts system requires employee resources to ensure efficient monitoring of the whereabouts of athletes in the testing pool as well as the dissemination of instructions and advice to athletes.

In 2010, there were a total of 25 doping control officers trained and authorised by FINADA operating across Finland. A new doping control officer began working in Turku in autumn 2010, while the training of four other new doping control officers was set to continue in 2011. The annual train-

ing seminar for doping control officers was held in Hämeenlinna on 6–7 February 2010.

FINADA doping control officers also acted in a training role in WADA seminars for countries in Central Asia, held in Kazakhstan and Armenia. WADA organises training seminars around the world to assist national antidoping organisations in launching their operations. The seminars focus on training new doping control officers and thereby activate local testing operations.

Therapeutic use exemptions

The beginning of 2010 saw the adoption of WADA's revised International Standard for Therapeutic Use Exemptions with certain amendments, in particular to therapeutic use exemptions pertaining to asthma medications. The aim of the International Standard for Therapeutic Use Exemptions is to create a uniform global practice for various organisations in granting therapeutic use exemptions. FINADA communicated the revised rules on therapeutic use exemptions to athletes and other stakeholders.

FINADA received approximately 250 applications for therapeutic use exemptions in 2010. As in previous years, the majority of the applications pertained to asthma medications. The total number of applications received was lower than in previous years due to the fact that the use of some inhaled Beta-2 agonists was allowed without a therapeutic use exemption in 2010. For more information on the activities of the Therapeutic Use Exemption Committee, please refer to the section on Administration.

Processing test results

FINADA is responsible for processing the results of doping tests when the test has been carried out at FINADA's request, authorised by FINADA, or when FINADA otherwise detects doping violations.



Test results and other possible violations of doping rules

In the event of a negative test result, FINADA determines the identity of the athletes who gave a negative doping test based on doping control records and the laboratory reports of the results of the doping test. The athlete is not informed of negative results for tests carried out by FINADA.

In the event that the result of the laboratory analysis is positive, or if FINADA has other reasons to believe that a doping violation has occurred, FINADA will submit a request for clarification to the athlete or other person concerned immediately upon receiving the test results, after determining whether the athlete has an exemption to use the prohibited substance. Information on the positive result is also submitted to the athlete's federation, the Supervisory Board and other parties as specified in the antidoping codes and practices. When FINADA has received a response from the athlete and, if applicable, analysed the B-sample, the case is either forwarded to the Supervisory Board or determined to not constitute a doping violation. The cases are always reported to WADA and the international federation for the discipline in question.

Processing breaches of rules regarding athlete whereabouts

FINADA carries out monitoring activities related to the whereabouts of athletes in FINADA's registered testing pool and processes cases of athletes failing to report their whereabouts in accordance with the International Testing Standard.



The purpose of the exhibition stands was to provide athletes and their support personnel, as well as spectators, with information on antidoping issues.

Education

FINADA was active in organising education and training sessions on antidoping issues in co-operation with sports federations and organisations, sports-oriented educational institutions and sports academies. Education was primarily targeted at young athletes, top-ranked athletes and coaches. There were a total of 108 education or training events in 2010, with a total audience of approximately 3,000 (Education events, Appendix 3).

The agency agreed on co-operation with sports-oriented educational institutions to increase the amount of antidoping education at different levels. New antidoping educators were also trained for sports institutes. A broad range of antidoping education was organised at sports institutes at different levels of education and coaching studies as

well as in training for coaches commissioned by sports federations.

A seminar for FINADA trainers was held at Kuortane Sports Institute in April. The main theme of the education and training activities and the seminar for trainers was participatory learning. One new trainer completed training during the year. In addition, eight coaches at Vierumäki Sports Institute received antidoping training. At the national level, a total of 19 trainers ran antidoping training and education sessions.

In the latter part of 2010, an education quality process was initiated with the aim of bringing the agency's educational activities under the quality system in 2011.

The Clean Win programme (see Communications) focused on developing

the antidoping activities of the pilot federations participating in the programme. Clean Win information stands were also set up at various events involving the disciplines represented by the pilot federations (Clean Win tour, Appendix 4). The purpose of the information stands was to provide athletes and their support personnel, as well as spectators, with information on antidoping issues. The Japan Anti-Doping Agency visited Finland and participated in the Clean Win event at the alpine skiing World Cup in Levi.

FINADA's education team also produced antidoping materials during the year in co-operation with the communication function. (see Communications).

Communications

The list of Prohibited Substances and Methods in Sports was published at the beginning of the year, both on the FINADA website and in printed format. The printed guidelines for Therapeutic Use Exemptions and Prohibited Substances and Methods in Sports were also updated at the same time. The guide was also published on the FINADA website.

FINADA published newsletters for sports federations and doping control officers four times during the year. Two newsletters for athletes in the testing pool were also published.

Antidoping events for sports federations were organised on 27 April and 29 October. The agenda of the April event covered current affairs related to testing, testing pools and education as well as instructions to federations on matters related to antidoping codes and practices. The October event focused on antidoping codes and practices as well as responsibilities between the different parties involved. The event also covered the revisions to the list of Prohibited Substances and Methods in Sports for the new year as well as application instructions for the Clean Win tour.

An antidoping event for the media was held on 27 May in co-operation with Yhtyneet Medix Laboratoriot Oy. The event covered the entire testing process from planning and implementation to laboratory analyses. Representatives of the media participated in a doping test demo and a laboratory tour, which also gave them the opportunity to add to their photo archives.

During the year, FINADA published approximately 60 newsletters and press releases on the agency's website, on the online Antidoping Passport system and, where necessary, on the website of the Clean Win programme. News communications were also delivered to members of the agency's electronic information dissemination network.

At the end of the year, a user survey was conducted among visitors to the www.antidoping.fi website and a summary of press exposure in 2009 and 2010 was prepared.

The Clean Win programme

Started in 2008, the Clean Win programme promotes clean sports by encouraging open discussion on doping. It honours clean athletes and the values of fair play. The programme encourages top-class athletes and active young people to get involved in

clean sport. FINADA and Fazer wish to shine the spotlight on those athletes who perform in an ethically sustainable manner: respecting their sport, their competitors and themselves. This programme invites Finnish sports fans, sporting organisations, the friends and relatives of athletes and athletes themselves to get involved in fair play.

The programme started with the involvement of the Clean Win pilot federations who act as antidoping pioneers by developing their own antidoping programmes and new ways of doing antidoping work. At the end of the year, FINADA devised a set of assessment criteria for the antidoping programmes of sports federations for use as part of the evaluation behind Ministry of Education and Culture's performance-based funding.

The sports federations and star athletes involved in the Clean Win programme are:

Ski Sport Finland:

SANNI LEINONEN

Finnish Ski Association:

ANSSI KOIVURANTA

Finnish Judo Association:

JANI KALLUNKI

Finnish Ski Association / Cross-country skiing:

AINO-KAISA SAARINEN

Football Association of Finland:

WOMEN'S NATIONAL FOOTBALL TEAM

Finnish Floorball Federation:

MEN'S NATIONAL FLOORBALL TEAM

Finnish Figure Skating Association:

LAURA LEPISTÖ

Finnish Tennis Association:

JARKKO NIEMINEN

Finnish Swimming Association:

HANNA-MARIA SEPPÄLÄ

The captain of the Clean Win Stars is javelin-thrower Tapio Korjus.

In 2010, the Clean Win information stand completed a tour of some 25 events (Clean Win tour, Appendix 4): including the Suomen Urheilugaala national sports gala, the European Junior Championships in Diving, Swimming and Synchronised Swimming, the Volleyball Power Cup, the Finnish Championships in Athletics, the World Cup in Levi, the Ruka Nordic Opening and the Floorball World Championships. FINADA's antidoping work was actively and prominently on display at the events.

Highlights of the Clean Win programme

In January 2010, the Clean Win Antidoping Act of the Year award was given out for the third time at Suomen Urheilugaala, a national sports gala event. The 2010 recipient of the award was the European Youth Olympic Festival. The grand jury found that the major event for young people successfully promoted clean sports and that antidoping work was taken into consideration in all aspects of the event.

At the beginning of the year, the KalPa ice hockey team declared itself as the first clean sports team in the Finnish Elite League and issued a fair play challenge to all other teams in the league. The team from Kuopio passed the Golden Baton to the rest of the league and the players from all the teams signed the Clean Win petition. In the summer, the Golden Baton reached the Finnish Women's Football League and in the autumn it was the Volleyball Championship League's turn.

Fazer Group's support for the programme was celebrated on 2 December at Mäkelänrinne Swimming Centre, Helsinki. The event featured a relay to promote clean sports and fair play with five participating teams of six members each: politicians, sports decision-makers, media representatives, corporate representatives and students from the Metropolitan Area Sports Academy. Swimming world champion Hanna-Maria Seppälä formed the sixth relay team by herself. The format of the relay was 6 x 25 metres freestyle and the winner, as expected, was Hanna-Maria Seppälä. Also at the event, cross-country skier Aino-Kaisa Saarinen was unveiled as the newest member of the Clean Win Stars and Timo Haukilahti, Sports Counselor for the Ministry of Education and Culture, received the first-ever Clean Win award of recognition for his valuable contributions to antidoping efforts.

The Clean Win antidoping information stand also played a prominent role at the Floorball World Championships in December as the result of co-operation between the International Floorball Federation, the World Anti-Doping Agency (WADA) and the Finnish Floorball Federation. Among the visible results of the co-operation were video clips with antidoping messages featuring athletes, advance advertising as well as green and gold "Say NO to Doping" floorball balls. The activities during the Championships reached athletes, their support networks as well as spectators.



Started in 2008, the Clean Win programme promotes clean sports by encouraging open discussion on doping.

International activities

FINADA has an active role on the international stage. The aim is to promote harmonisation of antidoping rules and activities and thereby put athletes on equal footing in competitive and high-level sports.

The World Anti-Doping Agency (WADA)

In 2010, WADA assessed the compliance with codes and practices of the antidoping operations of all countries governed by international antidoping rules. Finland was included in the assessment. WADA found that Finnish antidoping activities are in compliance with its codes and practices.

The Annual WADA Symposium with Anti-Doping Organisations was organised in Lausanne on 13–14 April 2010, with FINADA representatives on hand. FINADA also monitored the meeting of WADA's Foundation Board in Montreal on 21 November 2010.

One of WADA's most significant projects during the year was the development of regional equality between the antidoping operations of different countries. In the

regional project, several small countries join forces in establishing one antidoping agency responsible for antidoping activities in all of the member countries. There are 15 such offices at present, covering over 122 countries. FINADA's Board has supported FINADA experts in participating in this project to increase regional equality. FINADA experts trained doping control officers in Kazakhstan, Armenia and South Africa in 2010.

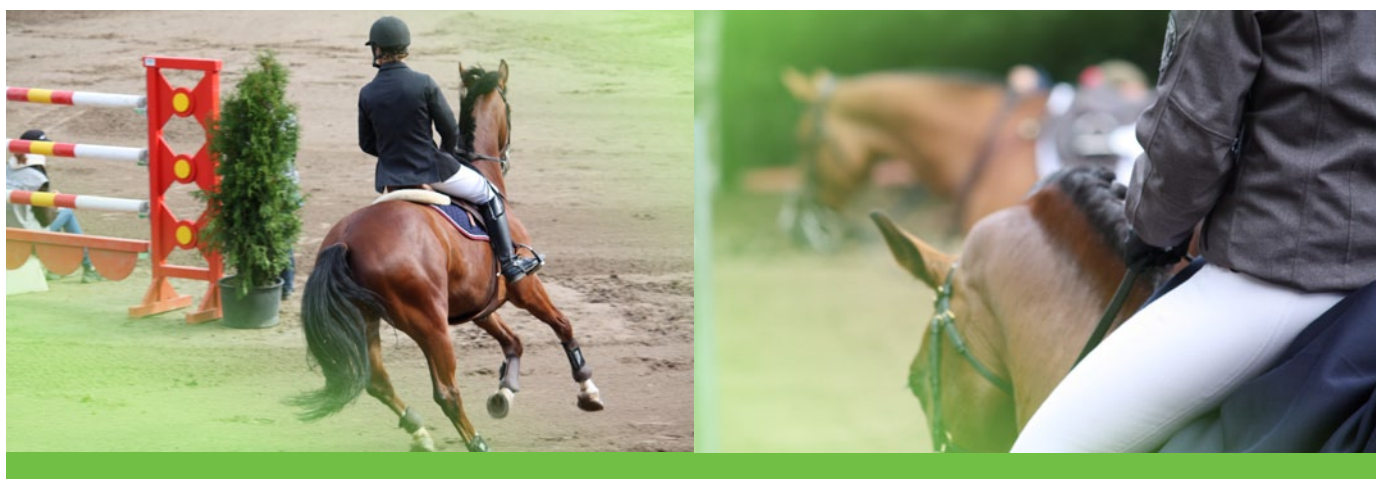
The European Council

In 2010, the Monitoring Group for the European Council Anti-Doping Convention focused on the development of the convention's monitoring system and improving co-operation at the European level in exercising influence in WADA affairs. The European Union has had jurisdiction in the field of sport since 2009. It has also been highly active in exercising its influence on antidoping matters. The European Council and the European Union have sought co-operation at the European level in 2010 to ensure that Europe can exercise influence in WADA

affairs consistently and uniformly.

Privacy protection remains a key issue. In the view of the European Council and the EU, the WADA Standard for the Protection of Privacy and Personal Information is inadequate. The problem lies in the release of information by WADA to third parties. This has affected the work of a number of antidoping organisations, including FINADA, in the sense that they are not able to join the ADAMS electronic doping control system managed by WADA until the system satisfies the requirements of European standards on data privacy. The European Council and the EU continue to conduct negotiations on these issues with WADA.

In 2010, FINADA participated in meetings of the Monitoring Group for the European Council Anti-Doping Convention and the Coordination Group for WADA Affairs as well as a meeting of the Legal Working Group and the Education Working Group. Finland is the Chair of the Working Group responsible for developing the monitoring of the European Council Convention.



WADA found that Finnish antidoping activities are in compliance with its codes and practices.

Nordic co-operation is important for the development of FINADA's activities and the joint efforts in international lobbying.

The United Nations Educational, Scientific and Cultural Organisation (UNESCO)

The UNESCO International Convention Against Doping entered into force in Finland and internationally on 1 February 2007. A Conference of Parties is convened biennially. From the perspective of WADA, it is important that nations are committed to supporting and developing its activities by signing the Convention at the governmental level. By the end of 2010, a total of 153 countries had ratified the Convention. UNESCO continues to actively promote commitment to the Convention. The organisation has also carried out educational antidoping projects.

Association of National Anti-Doping Organisations (ANADO)

At the end of 2010, the Association of National Anti-Doping Organisations had over 50 members. Its principal tasks include member services (website, newsletters, quality development, seminars and mentoring), developing collaboration particularly with WADA but also with other bodies in the sports sector, and developing testing and educational services.

ANADO organised a training-related seminar in Bucharest, Romania on 8–9 April 2010 and a seminar and general assembly in Colorado Springs in the United States on 3–5 November 2010. FINADA participated in both meetings.

ANADO's training activities focused on the key issues of development in the national antidoping agencies in the following areas: communication and training, testing, quality improvement, ICT system construction, the

establishment of educational programmes, and the revision of the World Anti-Doping Code and the International Standards.

During 2010, ANADO suffered significant financial losses from testing services and the organisation's future was in jeopardy at the turn of the year.

International Anti-Doping Arrangement (IADA)

The International Anti-Doping Arrangement (IADA) is a governmental collaboration body of the world's leading high-quality antidoping countries and their national antidoping agencies. IADA is an intergovernmental alliance with strong involvement by national antidoping agencies. The member countries are Australia, Canada, Finland, Denmark, the Netherlands, New Zealand, Norway, South Africa, Sweden and the United Kingdom. The IADA Steering Committee convenes once or twice a year. Representatives of both governments and antidoping agencies participate in the meetings. The meetings decide on strategies and action plans. IADA and its member countries exercise active influence on WADA's decision making and the development of the WADA Code and Standards.

Finland chaired the IADA and served as the location for its Secretariat in 2009–2010. The Ministry of Education and Culture acted as IADA's Chair, while FINADA assumed a preparatory role and functioned as the Secretariat.

During Finland's term as Chair, a new IADA Agreement for 2011–2014 was drafted and approved. One of IADA's key tasks is promoting the exchange of information between governments and antidoping

agencies as well as exercising influence on WADA affairs. The exchange of information and experiences between countries engaged in high-quality antidoping work is also significant.

IADA meetings were held in Strasbourg on 2 May 2010, in conjunction with the European Council meeting, and in Montreal on 17–18 November 2010, in connection with WADA meetings.

Nordic co-operation

Nordic co-operation is important for the development of FINADA's activities and the joint efforts in international lobbying. Annual meetings address organisational solutions, funding, codes, testing, education and research. The 2010 meeting was held in Espoo, Finland on 26–27 August 2010. Nordic co-operation is carried out at several levels of antidoping work, including the application of codes and standards and the development of education and communication projects.

The European Union

The European Commission established an intergovernmental EU Working Group on Anti-Doping in 2008. The Ministry of Education and Culture is responsible for coordinating this work in Finland. The Working Group prepares antidoping issues for the meetings of the Member States' Sport Ministers and Directors. The EU was granted jurisdiction in the field of sport in 2009, and antidoping issues have been high on the Commission's agenda. FINADA co-operates with the Ministry of Education and Culture in preparing matters for EU antidoping affairs.

Research and reports

FINADA aims to promote antidoping research by organising negotiations, providing information on funding options and, where necessary, supporting the launch of various minor projects.

WADA allocates USD 6,000,000 of its annual budget for international antidoping research in biomedicine and USD 200,000 for research in behavioural and social sciences.

Yhtyneet Medix Laboratoriot Oy has been responsible for WADA-funded research projects in the field of antidoping in Finland. The focus of the laboratory's research has been on the development of analysis methods. Yhtyneet Medix Laboratoriot Oy is presently carrying out two WADA-funded research projects along with two projects with funding from other sources.

Three research projects were launched in conjunction with the antidoping programme focused on recreational athletes (see Development Projects). In addition, negotiations were carried out on a Nordic co-operation project to study public attitudes regarding doping in the Nordic countries.

Development projects

Recreational athletes' antidoping project

FINADA is involved in an expert role in coordinating a recreational athletes' antidoping project funded by the Ministry of Education and Culture and the Ministry of Social Affairs and Health. The A-Clinic Foundation is in charge of the practical implementation of the project. In 2010, FINADA trained an expert cooperation with A-Clinic Foundation, studied similar projects in other Nordic countries and developed an Internet-based question and answer system. The doping link web portal was launched in January 2010.



Finances

Important events during and after the financial year

The finances of FINADA are based on the operational assistance and aid granted for separate projects by the Ministry of Education and Culture. No joining or membership fees apply to members. In 2010, the Ministry of Education and Culture granted FINADA operational assistance at the amount of EUR 2,400,000. Of the total amount, EUR 100,000 was allocated to expenses related to hosting the IADA Secretariat. FINADA received project funding as follows:

- The Clean Win programme, EUR 40,000
- Recreational athletes' antidoping programme EUR 183,568 (funded jointly by the Ministry of Education and Culture and the Ministry of Social Affairs and Health)
- IT administration for the period 2009–2010, EUR 40,000
- athlete profiling, EUR 69,022.

FINADA's accounts for 2010 show a surplus of EUR 401,867.91. The surplus was the result of lower-than-expected testing costs, the delay in launching an athlete profiling project and the lower-than-expected costs related to the management of the IADA Secretariat.

The finances of FINADA are based on the operational assistance and aid granted for separate projects by the Ministry of Education and Culture.

Appendices

Appendix 1

FINADA bodies and staff

Board 2010–2011

Chair

Professor of Labour Law
KARI-PEKKA TIITINEN
Finnish Olympic Committee

Deputy Member

Sports Director
KARI NIEMI-NIKKOLA
Finnish Olympic Committee

Vice-Chair

Ministerial Adviser
TUULA LYBECK
Ministry of Education and Culture

Attorney-at-Law
PIA EK
Ministry of Education and Culture

Members

Senior Advisor
HANNU TOLONEN
Ministry of Education and Culture

Planning Officer
MINNA PAAJANEN
Ministry of Education and Culture

Professor, Chief Physician
OLLI J. HEINONEN
Ministry of Education and Culture

Senior Advisor
MARI MIETTINEN
Ministry of Education and Culture

Director of External Relations
JUKKA PEKKALA
Finnish Sports Federation*

Secretary General
MICHAEL OKSANEN
Finnish Sports Federation

Docent, Chief Physician
OLAVI AIRAKSINEN
Finnish Society of Sports Medicine

Director, Docent
TOMMI VASANKARI
Finnish Society of Sports Medicine

Permanent Expert Member

SARI MULTALA
Finnish Olympic Committee,
Athletes' Commission

*until 19 August 2010, replaced by Petri Heikkinen from 1 January 2011 onwards

Supervisory Board

28 April 2009–31 December 2010

JURIST MEMBERS

Chair

Master of Laws
PEKKA ILMIVALTA

First Vice-Chair

Licentiate of Laws
NIKO MATIKAINEN

Second Vice-Chair

Master of Laws (Trained on the bench) and Master of Economics
MARKUS MANNINEN

DOCTORAL MEMBERS

Licentiate of Medicine
HEIKKI LAAPIO

Doctor of Medicine, docent
HEIKKI TIKKANEN

Doctor of Medicine, Psychiatrist
ESA MERIRINNE, until 30 June 2010

SPORTS SPECIALISTS

Doctor of Philosophy (Economics), senior teacher
JAN ERIK KRUSBERG

Master of Arts
VALENTIN KONONEN

Bachelor of Sport and Health Sciences
MAIJA INNANEN

SECRETARY

Master of Laws
KATJA TUKIAINEN

Therapeutic Use Exemption Committee

Chair

Colonel, Medical Corps
Chief of Medical Sector, Army Command Finland
MATTI LEHESJOKI

Licentiate of Medicine, Specialist in Sports Medicine
HARRI HELAJÄRVI

Doctor of Medicine, Specialist in Sports Medicine
KATJA MJÖSUND

Doctor of Medicine, Docent in Pharmacology
PEKKA RAUHALA

Office

Secretary General
PIRJO RUUTU

Office Manager
MAARIT JUVONEN

Doping Control Manager
KATJA HUOTARI
1 November 2010–31 December 2010
Testing Expert

Temporary Doping Control
Manager
PEKKA PITKÄLÄ
1 September 2009–31 December 2010

Quality Manager
MARJORIT NURMI

Pharmacist, Doping Control
ANNA SIMULA

Doping Control Coordinator
ANNA HEINILÄ

Doping Control Assistant
OUTI LOUNIO
until 1 June 2010

Coordinator of Doping Control
Operations
JANNE VÄRE
from 1 September 2010 onwards

Education Manager
SAMULI RASILA

Information Manager
SUSANNA SOKKA

Medical Director (part-time)
TIMO SEPPÄLÄ

Appendix 2

Doping test statistics 2010

Urine and blood tests conducted by the Finnish Antidoping Agency (FINADA) in 2010 under the national testing programme.

Sport	Tests				
American football	93	Fitness	58	Skiing	240
Aquatics	60	Floorball	85	Speed skating	30
Athletics	225	Football	112	Tennis	21
Bandy	24	Gymnastics	36	Triathlon	26
Basketball	80	Handball	55	Volleyball	84
Biathlon	35	Ice hockey	154	Weightlifting	55
Boxing	21	Judo	24	Wrestling	45
Canoeing	21	Orienteering	60	Total	2005
Cycling	48	Powerlifting	129		
Disabled sports	42	Ringette	27	Other team sports	34
Diving	38	Rowing	27	Other individual sports	220
Finnish baseball	31	Shooting	26	Total	2259

Other team sports:

Baseball, curling, and rinkball.

Other individual sports:

Archery, autosport, badminton, boot throwing, bowling, climbing, dance sport, darts, fencing, figure skating, golf, ITF-Taekwondo, karate, kickboxing, military sports,

modern pentathlon, motorsport, pétangue, power press, riding, sailing, senior sports, snowboarding, squash, table tennis, taekwondo, taido, and Thai boxing.

Summary

In 2010, FINADA carried out 2,404 doping tests in Finland and abroad. A total of 2,259 tests were carried out under FINADA's national testing programme. A total of 112 of the tests were blood tests.

	FINADA	National federation	International federation/WADA	Tests, total
Out-of-competition tests	1248	7	44	1299
In-competition tests	1011	2	92	1105
Tests, total	2259	9	136	2404

Antidoping rule violations

Sport	Prohibited substance or other violation	Sanction
athletics	S5: Diuretics and other masking agents	3 months
basketball	S.1.1.a: Anabolic substances	2 years
beach volley	S9: Glucocorticosteroids	warning
fitness	S5: Diuretics and other masking agents	2 years
fitness	Avoiding doping tests	2 years
floorball	S3: Beta-2 agonists	warning
handball	S8: Cannabinoids	6 months
power benchpress	S.1.1.a and S.1.1.b: Anabolic substances and S.6.a: Stimulants	2 years
power benchpress	S.1.1.a and S.1.1.b: Anabolic substances	2 years
powerlifting	S.6.b: Stimulants	2 months
powerlifting	S.1.1.b: Anabolic substances	1,5 years
powerlifting	S9: Glucocorticosteroids	warning

Appendix 3

Education events

Date	Place	Commissioned by	Target group	Participants
10.1.	Pajulahti	Finnish Tennis Association	Coaches	12
16.1.	Helsinki	Football Association of Finland	Coaches	45
17.1.	Helsinki	Football Association of Finland	Coaches	35
28.1.	Vierumäki	Equestrian Federation of Finland	Coaches	25
31.1.	Eerikkilä	Football Association of Finland	Coaches	20
1.2.	Tampere	University of Tampere (Faculty of Medicine)	Students	50
13.2.	Hollola	OK Orient (Orienteering)	Athletes	19
13.2.	Kouvola	Finnish Divers' Federation	Athletes	10
16.2.	Helsinki	Mäkelänrinne Upper Secondary School (sports-oriented)	Young athletes	24
16.2.	Vierumäki	Coaching students	Coaches	13
16.2.	Jyväskylä	Coaching students	Coaches	20
26.2.	Tampere	Sampo Upper Secondary School (sports-oriented)	Young athletes	36
12.3.	Kisakallio	Finnish Boating Association	Young athletes	60
12.3.	Kuortane	Finnish Athletics	Athletes	25
13.3.	Espoo	Finnish Boating Association	Officials	50
14.3.	Varala	Finnish Gymnastics Federation Svoli	Athletes	39
19.3.	Espoo	Sport Elite	Athletes	8
25.3.	Jyväskylä	FC JJK	Athletes	30
26.3.	Kuortane	Finnish Athletics	Athletes	70
29.3.	Helsinki	Brändö Upper Secondary School	Students	12
29.3.	Vierumäki	Sports managers	Sports managers	15
5.4.	Vuokatti	Finnish Divers' Federation	Athletes	20
8.4.	Helsinki	Veikkausliiga	Coaches	30
10.-11.4.	Kuortane	FINADA	Trainers	18
15.4.	Helsinki	Mehiläinen Medical Center	Doctors	6
19.4.	Helsinki	Mäkelänrinne Upper Secondary School (sports-oriented)	Young athletes	30
22.4.	Helsinki	FINADA	Sports Federations	50
26.4.	Turku	University of Turku (Faculty of Medicine)	Students	50
29.4.	Jyväskylä	University of Jyväskylä	Students	60
30.4.	Turku	Turku Sport Academy	Athletes	30
8.5.	Tampere	Finnish Judo Association	Coaches	10
7.5.	Vierumäki	Finnish Olympic Committee	Young athletes	35
7.5.	Vierumäki	Finnish Orienteering Federation	Coaches	25
10.5.	Kuortane	Finnish Volleyball Association	Athletes	15
12.5.	Tampere	University of Tampere (Faculty of Medicine)	Students	15
14.5.	Vierumäki	Finnish Olympic Committee	Young athletes	35
19.5.	Helsinki	American Football Association of Finland	Athletes	25
20.5.	Rovaniemi	Ounasvaara Upper Secondary School (sports-oriented)	Students	30
22.5.	Espoo	Finnish Floorball Federation	Coaches	22
22.5.	Vierumäki	Coaching Degree Programme	Coaches	12
22.5.	Tampere	Finnish Sport For All Association	Personal Trainer	19
27.5.	Helsinki	FINADA	Media representatives	20
28.5.	Kuortane	Finnish Paralympic Committee	Athletes	25
8.6.	Pajulahti	Finnish Speed Skating Association	Young athletes	14
11.6.	Espoo	Sport Elite	Athletes	15
9.6.	Siilinjärvi	Finnish Shooting Sport Federation	Young athletes	50
17.6.	Pajulahti	Football Association of Finland	Young athletes	50
19.6.	Pajulahti	Football Association of Finland	Young athletes	50
22.6.	Pajulahti	Football Association of Finland	Young athletes	50
22.6.	Pajulahti	Football Association of Finland	Young athletes	50
5.7.	Vuokatti	Finnish Biathlon Association	Young athletes	50

20.7.	Kisakallio	Finnish Olympic Committee	Young athletes	20
30.7.	Pajulahti	Finnish Dance Sport Association	Athletes	30
30.7.	Pajulahti	Finnish Dance Sport Association	Young athletes	50
6.8.	Pajulahti	Badminton Finland	Athletes and coaches	55
7.8.	Tampere	Finnish Powerlifting Federation	Young athletes	25
14.8.	Vierumäki	Finnish Figure Skating Association	Athletes	25
22.8.	Jyväskylä	Finnish Gymnastics Federation	Athletes	30
4.9.	Varala	Finnish Armwrestling Federation	Athletes	25
4.9.	Tampere	Finnish Divers' Federation	Athletes	48
5.9.	Kisakallio	Finnish Gymnastics Federation Svoli	Athletes	60
5.9.	Vuokatti	Finnish Ski Association / Cross-country skiing	Coaches	25
8.9.	Lahti	Päijät-Häme Sports Academy	Young athletes	100
10.9.	Espoo	Sport Elite	Athletes	6
17.9.	Varala	Finnish Volleyball Association	Coaches	50
20.9.	Vierumäki	Haaga-Helia University of Applied Sciences	Coaches	18
23.9.	Helsinki	Mäkelänrinne Upper Secondary School (sports-oriented)	Young athletes	27
2.10.	Pajulahti	Finnish Paralympic Committee	Coaches	60
3.10.	Kisakallio	Finnish Gymnastics Federation	Athletes	70
8.10.	Helsinki	Synchronised skating, Marigold Ice Unity	Athletes	25
11.10.	Vaasa	Kuortane Sports Academy	Students	10
12.10.	Piispala	Vöyri Upper Secondary School (sports-oriented)	Young athletes	50
14.10.	Jyväskylä	University of Jyväskylä	Students	40
16.10.	Jämi	Sleddog Sport Finland	Athletes	50
17.10.	Pietarsaari	Jeppis Power 2000 (Powerlifting)	Athletes	40
23.10.	Helsinki	Finnish Powerlifting Federation	Officials	20
4.11.	Lahti	Finnish Basketball Association	Athletes	30
5.11.	Vierumäki	Finnish Olympic Committee	Young athletes	35
8.11.	Rovaniemi	Lapland Sports Academy	Young athletes	15
9.11.	Rovaniemi	Ounasvaara Upper Secondary School (sports-oriented)	Young athletes	25
10.11.	Eerikkilä	Football Association of Finland	Young athletes	80
12.11.	Vierumäki	Finnish Olympic Committee	Young athletes	20
12.11.	Pori	Satakunta Sports Academy	Young athletes	102
12.11.	Rovaniemi	Ounasvaara Upper Secondary School (sports-oriented)	Young athletes	20
12.11.	Kankaanpää	Kankaanpään Urheilijat (Orienteering)	Athletes	14
13.11.	Kuortane	Finnish Bowling Federation	Coaches	20
14.11.	Eerikkilä	Football Association of Finland	Coaches	30
17.11.	Helsinki	Helsingin Urheilulääkäriasema (Helsinki Centre for Sports Medicine)	Doctors	10
18.11.	Helsinki	Mäkelänrinne Upper Secondary School (sports-oriented)	Young athletes	25
19.11.	Espoo	Sport Elite	Athletes	10
19.11.	Helsinki	Finnish Dance Sport Association	Coaches	15
20.11.	Vierumäki	Finnish Canoeing Association	Young athletes	27
20.11.	Kangasniemi	Finnish Curling Association	Athletes	40
25.11.	Kuortane	Kuortane Upper Secondary School (sports-oriented)	Young athletes	40
30.11.	Kuortane	Kuortane Upper Secondary School (sports-oriented)	Coaches	10
4.12.	Sipoo	Equestrian Federation of Finland	Athletes	19
4.12.	Pajulahti	Disability Sports in Finland VAU	Athletes	25
10.12.	Kuortane	Finnish Gymnastics Federation	Athletes	20
10.12.	Turku	Turku Region Sports Academy	Athletes	30
12.12.	Seinäjäki	Football Association of Finland	Coaches	20
13.12.	Kouvola	Kouvola Sports Academy	Young athletes	90
17.12.	Helsinki	Pohjois-Haaga Upper Secondary School	Young athletes	130
21.12.	Märsky	Mäkelänrinne Upper Secondary School (sports-oriented)	Young athletes	30
29.12.	Tampere	Finnish Judo Association	Athletes and coaches	60
29.12.	Tampere	Finnish Judo Association	Athletes and coaches	40

Appendix 4 FINADA information stands at sporting events in 2010

Suomen Urheilugaala	11.1.	Helsinki	
Ice Power Cup	30.1.	Tampere	Finnish Judo Association
Hopeasompa Finals	20.–21.2.	Helsinki	Finnish Ski Association / Cross-country skiing
Finnish National Championships in Powerlifting	27.–28.2.	Äänekoski	Finnish Powerlifting Federation
Finnish National Championships in Synchronised Skating	27.–28.2.	Espoo	Finnish Figure Skating Association
Sports Academy Day	12.3.	Helsinki	Finnish Olympic Committee
Finnish Junior Championships	26.–28.3.	Turku	Finnish Tennis Association
Top Athletes' Day	19.5.	Helsinki	Finnish Olympic Committee
Finnish National Championships in Team Gymnastics	22.–23.5.	Vantaa	Finnish Gymnastics Federation
Baltic Sea Open Championships	29.–30.5.	Vantaa	Finnish Judo Association
Volleyball Power Cup	9.–13.6.	Seinäjäoki	Finnish Volleyball Association
European Junior Swimming Championships	14.–18.7.	Helsinki	Finnish Swimming Association
Finnish National Championships in Athletics	5.–8.8.	Kajaani	Finnish Athletics
Paralympics Day	20.8.	Helsinki	Finnish Paralympic Committee
Finnish National Championship Final in American Football	4.9.	Vantaa	American Football Association of Finland
Volleyball League Cruise	27.–28.9.	Helsinki	Finnish Volleyball Association
Finlandia Trophy	8.–10.10.	Vantaa	Finnish Figure Skating Association
GP Swim Meet in Espoo	30.–31.10.	Espoo	Finnish Swimming Association
Euro Floorball Tour	6.–7.11.	Vantaa	Finnish Floorball Federation
Tähtitarha Football Camp	10.11.	Eerikkilä	Football Association of Finland
World Cup Levi	13.–14.11.	Levi	Ski Sport Finland
IPP Open	23.11.	Helsinki	Finnish Tennis Association
Ruka Nordic Opening	26.–28.11.	Ruka	Finnish Ski Association / Cross-country skiing
Clean Win Swimming Event	2.12.	Helsinki	FINADA
World Floorball Championships	8.–11.12.	Helsinki	Finnish Floorball Federation

Appendix 5

FINADA's International Representation

The World Anti-Doping Agency WADA

WADA co-operation meeting with international federations and national antidoping agencies	Marjorit Nurmi Pirjo Ruutu
WADA's Foundation Board, in supervisory roles	Marjorit Nurmi Pirjo Ruutu
Training of doping control officers in Central Asia and Eastern Europe as part of WADA's regional activities	Taru Linna Marjorit Nurmi Pekka Pitkälä Marko Salminen
Out-reach Vancouver Paralympics	Susanna Sokka

The European Council

Monitoring Group for the European Council Anti-Doping Convention	Pirjo Ruutu Marjorit Nurmi
Co-ordinating meeting for WADA issues	Pirjo Ruutu
Working Group for Developing Monitoring Activities	Pirjo Ruutu
Meeting of the Working Group on Education	Susanna Sokka

Association of National Anti-Doping Organisations ANADO

General assembly, Board and seminars	Pirjo Ruutu Marjorit Nurmi Anna Simula
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International Anti-Doping Arrangement IADA

Steering Committee	Marjorit Nurmi Pirjo Ruutu
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Nordic co-operation

Secretary Generals' Meeting	Koko toimisto
Nordic meeting	
Education and information	Samuli Rasila Susanna Sokka
Athlete's Biological Passport Workshop	Katja Huotari Marjorit Nurmi

Others

European Athletic Association, delegate	Pekka Pitkälä
Vancouver Olympics/Seminar for Organisations	Pirjo Ruutu
Training days for doping control officers of the South African Institute for Drug-Free Sport (SAIDS)	Marjorit Nurmi



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