



ANNUAL REPORT  
2009



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*The central values of the Finnish Antidoping Agency FINADA are ethicality, justice, quality and expertise. The mission of FINADA is to promote healthy and clean sports by carrying out high-quality doping testing along with expanding and developing anti-doping education in co-operation with stakeholders. FINADA's activities support an*

*ethical basis for all sports. FINADA contributes to international sports activities by promoting equal sports between various countries and by harmonising antidoping codes and practices.*

*FINADA aims for the highest quality in all of its activities. In 2009, preparations were made for recertification under the ISO*

*9000:2008 quality management system, with a particular focus on process management, risk elimination and organisational functionality.*

*Several new initiatives were proposed under the Clean Win programme for FINADA and its stakeholders. The programme also received extensive, positive media publicity.*

# ANNUAL REPORT 2009

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# ADMINISTRATION

The Finnish Antidoping Agency FINADA comprises five members: the Finnish Sports Federation, the Finnish Olympic Committee, the Finnish Paralympic Committee, the Finnish Society of Sports Medicine, and the Finnish Government, represented by the Ministry of Education and Culture

## GENERAL MEETINGS

FINADA's statutory spring meeting was held on 28 April 2009 in Helsinki.

The spring meeting dealt with statutory matters including the adoption of the financial statements and annual report for 2008.

All five members were represented at the spring meeting.

FINADA's statutory autumn meeting was held on 25 November 2009 in Helsinki.

The autumn meeting dealt with statutory matters including the ratification of the action plan and budget for 2010. The autumn meeting also confirmed Finland's Antidoping Code which entered into force on 1 January 2010.

All five members were represented at the autumn meeting.

## BOARD

FINADA's Board convened 11 times during the year under review. Kari-Pekka Tiitinen, Professor of Labour Law, served as Chair and Tuula Lybeck, Ministerial Adviser, as Deputy Chair. (Members of the Board are listed in Appendix 1.)

The Board and FINADA's office staff held a planning meeting in Ypäjä, on 15–16 June 2009, reviewing the activities carried out in 2009, outlining the operational and financial guidelines for 2010, and planning a strategy revision.

In 2009, the Board paid particular attention to financial management and the implementation of the doping control strategy and the Clean Win programme.

Finland's Antidoping Code and FINADA's rules were translated into English during the year and reported to the World Anti-Doping Agency (WADA). After minor revisions, WADA confirmed Finland's Antidoping Code to be in line with the World Anti-doping Code. FINADA adopted these revisions at its meeting on 25 November 2009.

Among private sector companies, FINADA had a collaboration agreement with the Fazer Group, with whom FINADA cooperated within the framework of the Clean Win programme. In legal matters, FINADA had a co-operation agreement with Hannes Snellman Attorneys at Law Ltd.

## SUPERVISORY GROUP

The composition and activities of the Supervisory Group were reorganised in 2009. (Members of the Supervisory Group are listed in Appendix 1.) Under Finland's new Antidoping Code and FINADA's rules, the Supervisory Group is responsible for:

- considering matters and deciding in each case whether it constitutes an antidoping rule violation;
- issuing a written statement on a sanction which should be imposed in cases where the Supervisory Group finds that the case constitutes an antidoping rule violation;
- resolving appeals concerning decisions relating to exemptions and other administrative decisions; and
- resolving any other disputes arising from the interpretation and application of the Code.

The Supervisory Group carries out its duties on an independent basis and has its own secretary. In the case of an antidoping rule violation, the final decision will be made by the athlete's sports federation.

The Supervisory Group consists of nine members knowledgeable of (competitive) sports. The Chair and other two members must hold a degree that is required for holding a judicial office, three members must be licensed physicians and three members must be specialists with in-depth knowledge of (competitive) sports.

FINADA's office staff processes doping test results before they are reviewed by the Supervisory Group.

Besides antidoping rule violations, the new Supervisory Group reviewed an increasing number of requests for opinion to support decision-making at FINADA's office and in sports federations. All in all, the Supervisory Group reviewed six antidoping rule violations and issued three opinions relating to the interpretation of Finland's Antidoping Code.

## THERAPEUTIC USE EXEMPTION COMMITTEE

FINADA's Therapeutic Use Exemption Committee (TUEC) convened 10 times during the year under review with Matti Lehesjoki, Colonel (Medical Corps), as Chair. (Members of the Therapeutic Use Exemption Committee are listed in Appendix 1.) Further information on exemptions can be found in the section Therapeutic Use Exemptions.

## QUALITY MANAGEMENT

In 2009, FINADA continued its active work for further improving the quality of doping control on both the national and international level. Maintaining a high quality throughout the entire doping control process is of key importance for FINADA's activities.

The quality management system is a management tool which allows FINADA to efficiently plan, implement and monitor its administration and doping control activities. The goal is to ensure process compliance and continuous improvement by means of monitoring, evaluation and development of activities.

FINADA's quality management system has been certified by DNV Certification Oy/Ab. The system fulfils the requirements of the ISO 9001:2000 quality management standard, the World Anti-Doping Code (WADC), and WADA's international standards. In 2009, DNV carried out an annual audit at the FINADA office and at a doping control session, and found the system to comply with the requirements. Requirements complying with the revised World Anti-Doping Code, effective as of 1 January 2009, and WADA's international standards were implemented in the various areas of doping control.

Work aimed at extending FINADA's quality certification to cover antidoping training activities also started at the end of 2009.

The management system of FINADA's doping control activities was revised to comply with the updated requirements and to further improve its efficiency as a doping control planning, monitoring and reporting tool.

In addition to DNV audits, FINADA carries out internal audits annually. The purpose is to ensure system compliance and functionality. Audits also serve as a tool for continuous development. In 2009, FINADA carried out six internal audits, all of which targeted actual doping control sessions. The audits showed that the competence of doping control officers and the performance of doping tests are at a high level and in compliance with international requirements. The audit results will be used in training doping control officers and in the further development of operations.

At the end of 2008, FINADA introduced the IMS Process management system which is a tool for specifying and managing FINADA's processes. Migration to the system continued in 2009. The system improves process and document management and increases the efficiency of methods for operational feedback, reporting, and measurement.

## OFFICE

FINADA's office employed nine full-time employees in 2009. (Office staff is listed in Appendix 1.)

*” In 2009, the Board paid particular attention to financial management and the implementation of the doping control strategy and the Clean Win programme. ”*

# DOPING CONTROL AND TESTING

## DOPING CONTROL

In 2009, FINADA carried out 2,128 doping tests in Finland and abroad. A total of 1,810 tests (in 2008: 1,586) were carried out under FINADA's national testing programme. A total of 144 (56) of the tests conducted by FINADA were blood tests.

FINADA carried out 328 (293) international in-competition and out-of-competition tests in Finland and abroad at the request of international and national federations and WADA, of which 196 were carried out in-competition and 124 out-of-competition.

The number of in-competition tests carried out under the national testing programme was 902 (792) while the number of out-of-competition tests was 908 (794). Tests were carried out in a total of 80 disciplines which is the same number as in 2008. The most tested disciplines in FINADA's testing programme were athletics with 191 tests (176), skiing with 204 tests (164), and ice-hockey with 168 tests (127).

There were six antidoping rule violations in 2009 in American football (2), cycling (2), military

sports, and powerlifting. (Doping test statistics, Appendix 2.) Tests commissioned and conducted by international federations also revealed antidoping rule violations by three Finnish athletes (senior sports, powerlifting and weightlifting).

As in previous years, the testing of Finnish top-ranked athletes in various disciplines was targeted at both out-of-competition testing and in-competition testing. Tests were carried out both in Finland and abroad. Following the entry into force of the updated World Anti-Doping Code on 1 January 2009, testing was increasingly targeted at athletes included in either the registered testing pool or the national testing pool. Because of the Olympic Games in Vancouver, testing was also targeted at Finnish ice hockey players in the NHL.

2009 saw a significant increase in the number of blood tests carried out by FINADA. In June, FINADA began carrying out hGH (human growth hormone) blood tests. FINADA also carried out blood tests at the request of international federations and WADA. FINADA has also started planning an ath-

lete profiling system for the purpose of monitoring athletes' medical values and identifying exceptional changes in them.

Athlete whereabouts monitoring – the testing pool system – enables targeted testing out-of-competition and serves as a tool for doping control management and implementation. Management of the whereabouts system requires employee resources to ensure efficient whereabouts monitoring and dissemination of instructions and advice to athletes. Because of the increase in target testing and the number of tests, there is also a need to train three or four new doping control officers. New testing staff are needed in the Turku and Rovaniemi areas in particular.

In 2009, there were a total of 27 doping control officers trained and authorised by FINADA operating all over Finland. The annual training seminar for doping control officers and doping control assistants was held in Helsinki on 17–18 January 2009. The training focused on changes to testing activities and the new challenges these involve, as well as the feed-

back from testing audits. The opportunity to share experiences and best practices with other doping control officers is also an important element of the seminar.

#### THERAPEUTIC USE EXEMPTIONS

The new International Standard for Therapeutic Exemptions, which entered into force on 1 January 2009, brought changes to the practices concerning asthma medication in particular. The aim of the International Standard for Therapeutic Use Exemptions is to create a uniform global practice for various organisations in granting Therapeutic Use Exemptions. FINADA's education and communications staff informed athletes and other stakeholders of the revised exemption practices during the year.

In 2009, athletes applied for some 500 Therapeutic Use Exemptions in advance, most of which were for asthma medication. This increased the workload of both the office staff and the Therapeutic Use Exemption Committee. Further information on the Therapeutic Use Exemption Committee can be

found in the section Administration.

The World Anti-Doping Agency WADA updated its International Standard for Therapeutic Use Exemptions at the end of 2009. The new standard took effect on 1 January 2010. Thus FINADA faced the challenging task of informing athletes and stakeholders of further changes before the year-end.

#### RESULTS MANAGEMENT

FINADA is responsible for results management for testing carried out at the request and under the authorisation of FINADA, or where FINADA has observed another potential antidoping rule violation.

#### TEST RESULTS AND OTHER POTENTIAL ANTIDOPING RULE VIOLATIONS

In the case negative test result, FINADA identifies the athletes by means of doping control forms and the laboratories' doping control result forms. FINADA will not notify athletes of negative test results.

In the case of an adverse analytical finding, or

if FINADA has probably cause to consider another antidoping rule violation has occurred, FINADA issues a request for statement to the athlete or another person immediately upon receiving the test result, having first verified that the athlete has not been granted a therapeutic use exemption for the use of the prohibited substance in question, for example. The athlete's sports federation, the Supervisory Group and any other relevant parties as referred to in the Code will also be informed of the finding. Once FINADA has received a statement from the athlete and, if necessary, the B sample has been analysed, the matter will either be submitted to the Supervisory Group or deemed not to constitute an antidoping rule violation. The relevant international federation and WADA will be informed of each case.

#### PROCESSING OF WHEREABOUTS FAILURES

FINADA monitors the whereabouts information of the athletes included in its registered testing pool and processes any failures under the International Standard for Testing.

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# EDUCATION

FINADA organised several education and training sessions on antidoping issues in co-operation with sports federations, sports-oriented educational institutions, and sports organizations. Education was primarily targeted at young athletes, top-ranked athletes, and coaches. In 2009, FINADA organized a total of 127 educational sessions, reaching an audience of more than 5,000 people involved in sports (education sessions, Appendix 3).

The antidoping activities of sports federations were developed by means of antidoping education sessions targeted at different groups and by developing the federations' antidoping programmes. In the second half of the year, FINADA compiled a set of

criteria for antidoping programmes which will be launched at the beginning of 2010.

Co-operation with sports-oriented educational institutions was reinforced by providing training for sports institute personnel in antidoping issues. Comprehensive antidoping training was provided at different levels of study including coaching studies as well as in coach training sessions commissioned by various federations.

As for antidoping education, the Clean Win programme (see Communications) focused on developing the antidoping activities of the pilot federations participating in the programme. Clean Win antidoping information stands were also set up at various events

involving the disciplines represented by the pilot federations (FINADA's information stand events, Appendix 4). The purpose of the information stands was to provide athletes and their support personnel, as well as spectators, with information on antidoping issues.

A seminar for the FINADA education officers was held in Espoo in connection with the doping control officer seminar in January. Three new education officers were trained during the second half of the year. Nineteen of FINADA's education officers organised several antidoping education sessions nationwide.

Together with the Communications department, FINADA's Education department produced antidoping materials (see Communications).

## COMMUNICATIONS

The list of Prohibited Substances and Prohibited Methods in Sports was published at the beginning of the year, both on the FINADA website and in printed format. The printed guidelines for therapeutic use exemptions, including the appendix on the Prohibited Substances and Prohibited Methods in Sports, were also updated at this time. The guide was also published on FINADA's website.

FINADA published four newsletters for both sports federations and for doping control officers during the year, as well as two testing pool newsletters for athletes included in the testing pools.

An antidoping seminar for sports federations was held on 15 September. The issues discussed included doping control, education, and communications, as well as the processing of adverse analytical findings from the perspective of both FINADA and the sports federations.

FINADA published approximately 40 newsletters during the year, either on the organisation's website, in the Antidoping Passport system, and, where required, on the Clean Win website. Newsletters were also distributed to those registered in the electronic information distribution system.

In October, FINADA's Education and Communications departments organised a two-day meeting for the Nordic education and communications forum on the utilisation of social media in antidoping activities. Other issues discussed included antidoping programmes for sports enthusiasts and sponsoring of antidoping activities. The participants also discussed the opportunities of increasing Nordic co-operation by means of joint projects, for example.

### THE CLEAN WIN PROGRAMME

Launched in 2008, the Clean Win programme promotes clean sports by encouraging an open discussion about doping. The programme promotes clean athletes and fair play values. It encourages top-level athletes and young active athletes to play fair. FINADA and Fazer want to highlight those athletes who compete in an ethically sustainable manner: honouring their sport, competitors and themselves. The programme challenges sports organisations, athletes, their associates, and all Finns who follow sports, to play fair.

The pilot federations participating in the

programme act as pioneers, developing their own antidoping programmes and new working methods for Antidoping work. In the second half of the year, FINADA compiled a set of evaluation criteria applicable to the federations' antidoping programmes. The set may be developed further for the purpose of using it as a tool in the results-based budgeting by the Ministry of Education and Culture.

In 2009, Ski Sport Finland and the Finnish Ski Association joined the pilot federations involved in the Clean Win programme. Each federation named an athlete for the Clean Win team of stars who will act as role models for fair play for young athletes. The star team is captained by Tapio Korjus.

The Clean Win federations and star athletes are:

Ski Sport Finland: **Sanni Leinonen**  
Finnish Ski Association: **Anssi Koivuranta**  
Finnish Judo Association: **Jani Kallunki**  
Football Association of Finland:

**Women's national football team**  
**Men's national floorball team**

Finnish Floorball Federation: **Men's national floorball team**

Finnish Figure Skating Association: **Laura Lepistö**  
Finnish Tennis Association: **Jarkko Nieminen**  
Finnish Swimming Association: **Hanna-Maria Seppälä**

Basic information on the programme and the star team is available on the programme website ([www.puhtaastiparas.fi](http://www.puhtaastiparas.fi)) which was launched in 2008. During the year under review, the interactive functionality of the website was developed further. Video clips were added to the site in which the star team members share their views on clean sports and fair play. English and Swedish versions of the website were also published. A total of 11 articles on clean sports and fair play were published in the Viestikapula ('baton') blog in 2009 and included articles by Minna Kauppi, Tarmo Ropponen, Jari Litmanen, Olli-Pekka Karjalainen and Ilkka Kanerva.

In 2009, the Clean Win information stand was set up in some 20 events (FINADA's information stands, Appendix 4) including Suomen Urheilugaala

evening, the European figure skating championships, Stafettkarnevalen, the Pohjola Cup in football, European Youth Olympic Festivals, World Cup Levi, and Ruka Nordic Opening. Antidoping issues were promoted at the events actively and with high visibility. Antidoping education was also provided for various parties in connection with the events. For example, lectures held during the Pohjola Cup in football reached an audience of almost 400 athletes.

### CLEAN WIN PROGRAMME HIGHLIGHTS

The second 'Clean Win – the Antidoping Act of the year' award was granted to the Clean Win stars at the Finnish sports gala evening held in January 2009. The grand jury found that the athletes involved have, without any recompense, given a face to clean sports.

The 2009 Stafettkarnevalen, a relay competition between Swedish schools in Finland, was declared by the organisers to be an event promoting clean sports and fair play. The Clean Win stars participated in the relay race for upper secondary-level girls on 23 May at the Helsinki Olympic Stadium. The Clean Win information stand was also set for the event.

The European Youth Olympic Festivals (EYOF) were the most important international event of the year. It was also the opening event for the 'Healthy and clean athlete will succeed' tour. At EYOF, the Clean Win programme collaborated with the Healthy Athlete programme launched by the UKK Institute and Varala Sports Institute. The purpose of the Healthy Athlete programme is to promote coaching and training which supports the good health of young athletes and children involved in sports. The programme information stand was set up at various competition sites during the festivals. Information on the programme was also provided in a seminar aimed at team managers and in a poster exhibition in the athletes' village.

At the end of the year, Varala Sports Institute was the first Finnish sports institute to declare itself as an institute promoting clean sports and fair play. Varala also handed over the golden relay baton intended to tour all of the other sports institutes in Finland and passed on the challenge of fair play to the Kuortane Sports Institute, Pääkaupunkiseudun urheiluakatemia and the sports-oriented upper secondary school Sammon urheilulukio.





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*” FINADA works actively on an international level towards the global harmonisation of antidoping rules and activities and for improving the equality of athletes in competition and top-level sports. ”*

# INTERNATIONAL ACTIVITIES

FINADA works actively on an international level towards the global harmonisation of antidoping rules and activities and for improving the equality of athletes in competition and top-level sports.

**THE WORLD ANTI-DOPING AGENCY (WADA)**  
In 2009, WADA's important project was to evaluate the compliance of the antidoping systems in different countries with the WADA Code and Standards. There are still relatively large differences between countries even though progress has been made all over the world.

Another significant project concerned the development of regional antidoping agencies and related education. In such development projects, several small countries establish a joint antidoping agency, which will then be responsible for antidoping activities in all of its member countries. There are currently 15 such agencies encompassing over 122 countries. FINADA organised training for doping control officers in Montenegro on two different occasions during the year.

## THE EUROPEAN COUNCIL

In 2009, the Monitoring Group for the European Council Anti-Doping Convention focused on the application of the World Anti-Doping Code and International Standards in Europe. Data privacy has emerged as a particularly problematic issue. According to the position of the European Council, the International Standard for the Protection of Privacy and Personal Information is inadequate. Disclosure of information by WADA to third parties is considered to be the key problem. This affected the work of a number of antidoping organisations (including FINADA) in the sense that they will not be able to join the electronic Anti-Doping Administration and Management System managed by WADA until the system satisfies the requirements of European standards on data privacy. Negotiations between the European Council and the European Union with WADA are still ongoing.

In 2009, FINADA attended the meetings of the Monitoring Group of the European Council and co-ordinating group for WADA issues, as well as the Educational Committee seminar and a co-ordinating meeting for therapeutic use exemptions.

## THE UNITED NATIONS EDUCATIONAL, SCIENTIFIC AND CULTURAL ORGANIZATION (UNESCO)

The UNESCO International Convention against Doping entered into force on 1 February 2007.

A Conference of Parties is convened biennially. From the perspective of WADA, it is important that nations are committed to supporting and developing its activities by signing the Convention at a governmental level. By the end of 2009, a total of 130 countries had ratified the Convention. UNESCO continues to actively promote commitment to the Convention. The organization has also carried out a few educational antidoping projects.

## ASSOCIATION OF NATIONAL ANTI-DOPING ORGANISATIONS (ANADO)

The Association of National Anti-Doping Organisations (ANADO) is gaining an increasingly prominent role. By the end of 2009, the number of members had increased to over 50. Finland sits on the Board of ANADO.

ANADO's principal tasks included member services (website, newsletters, quality development, seminars, and mentoring), developing collaboration particularly with WADA but also with other bodies in the sports sector, and developing testing and educational services.

Together with WADA, ANADO organised a seminar for national antidoping agencies and international federations in Dublin, Ireland, on 16–17 April 2009 and a seminar for members in Auckland, New Zealand, on 12–13 November 2009. In connection with the latter, a seminar on legal issues was organised in co-operation with the New Zealand Anti-Doping Agency on 11 November 2009. FINADA participated in both meetings.

ANADO's training activities focused on the key issues of development in the national antidoping agencies in the following areas: communications and education, testing, quality enhancement, ICT system construction, the establishment of educational programmes, and the revision of the World Anti-Doping Code and the International Standards. ANADO has testing agreements with WADA and several international federations.

## INTERNATIONAL ANTI-DOPING ARRANGEMENT (IADA)

The International Anti-Doping Arrangement (IADA) is a governmental collaboration body of the world's leading high-quality antidoping countries and their national antidoping agencies. IADA is an intergovernmental alliance in which national antidoping agencies are strongly involved. The member countries are Australia, Canada, Denmark, Finland, the Netherlands, New Zealand, Norway, South Africa, Sweden, and the United Kingdom.

The IADA Steering Committee convenes once or twice a year. Representatives of both governments and antidoping agencies participate in the meetings. The Steering Committee acts as IADA's Board, making decisions concerning strategies and action plans. IADA and its member countries have an impact on the decision-making at WADA, and actively promote the development of codes and standards.

Finland chaired the IADA and run the Secretariat in 2009–2010. The Ministry of Education and Culture holds the IADA Chair, while FINADA acts as the body responsible for preparatory work on various issues and as the Secretariat.

The issue of a new IADA agreement for the period 2011–2016 will be discussed during Finland's chairmanship. Dialogue between governments and antidoping agencies, as well as well as impacting on WADA matters, are seen as important tasks for IADA. The exchange of information between countries carrying out high-quality antidoping activities is also important. Encouraging discussion will also be a key issue in the new IADA agreement.

## NORDIC CO-OPERATION

Nordic co-operation is important for the development of FINADA's activities and the joint efforts at international lobbying. Annual meetings address organisational solutions, funding, codes, testing, education, and research. The 2009 meeting was held in Oslo, Norway, on 25–26 March 2009. Nordic co-operation is implemented on several levels of antidoping activities, as codes and standards are applied and education and communications projects are being developed.

## THE EUROPEAN UNION

The European Commission established an intergovernmental EU Working Group on Anti-Doping in 2008. The Ministry of Education and Culture is responsible for coordinating this work in Finland. The Working Group prepares antidoping issues for the meetings of the Member States' Sport Ministers and Directors. In 2009, the European Union's areas of competence were extended to cover sports, and antidoping issues will have a prominent place on the Commission's agenda. FINADA and the Ministry of Education and Culture prepare matters in co-operation with the antidoping activities of the EU.

## OTHER CO-OPERATION

Estonian doping control officers attended FINADA's training seminars for doping control officers (FINADA's International Representation, Appendix 4).

## RESEARCH AND REPORTS

## DEVELOP- MENT PROJECTS

FINADA aims to promote antidoping research by organising negotiations, providing information on funding options, and where necessary, supporting the launch of various minor projects.

WADA has allocated USD 6,000,000 for international antidoping research in biomedicine and USD 200,000 for research in behavioural and social sciences.

United Medix laboratories have been responsible for key research projects in the field with WADA funding. The scope of the research was the development of analysis methods.

United Medix Laboratories are currently carrying out two research projects funded by WADA and three projects with funding from other sources.

### ANTIDOPING PROJECT FOR SPORTS ENTHUSIASTS

In 2009, FINADA participated as a coordinating specialist body in the antidoping project for sports enthusiasts, funded by the Ministry of Education and the Ministry of Social Affairs and Health. The project will be carried out by the A-Clinic Foundation. During the year, training was provided for the expert team, projects carried out in the other Nordic countries were reviewed, and an Internet-based response service system was developed. The Dopinglinkki service was launched in January 2010.

# FINANCES

## IMPORTANT EVENTS DURING THE FINANCIAL YEAR AND AFTER

The finances of FINADA are based on operational assistance and aid granted for separate projects by the Ministry of Education. No initiation or membership fees apply to members. The Ministry of Education operational assistance for 2009 was €1,690,000. Additional project-related aid was granted by the Ministry as follows:

- The Clean Win programme, €40 000
- The antidoping programme for sports enthusiasts, €120,000 (of which 50% from the Ministry of Education and 50% from the Ministry of Social Affairs and Health)
- IADA Secretariat expenses/development of testing, €110,000
- IT management in the period 2009–2010, €40,000

FINADA's accounts for 2009 show a surplus of €109,015. In bookkeeping, the tests carried out in international competitions show a surplus of approximately €15,000. Doping control in international competitions is carried out as part of the regular duties of the FINADA staff. The costs were thus included in the administrative personnel costs.

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## FINADA BODIES AND STAFF

**BOARD 2008–2009**

<b>Chair</b>	<b>Deputy Member</b>
Professor of Labour Law KARI-PEKKA TIITINEN Finnish Olympic Committee	Sports Director KARI NIEMI-NIKKOLA Finnish Olympic Committee
<b>Deputy Chair</b>	
Ministerial Adviser TUULA LYBECK Ministry of Education	Attorney-at-law PIA EK Ministry of Education
<b>Members</b>	
Counsellor for Cultural Affairs MIRJA VIRTALA Ministry of Education	Senior Advisor HANNU TOLONEN Ministry of Education
Professor, Chief Physician OLLI J. HEINONEN Ministry of Education	Senior Advisor MARI MIETTINEN Ministry of Education
Secretary General JUKKA PEKKALA Finnish Sports Federation	Secretary General MICHAEL OKSANEN Finnish Sports Federation
Docent, Chief Physician OLAVI AIRAKSINEN Finnish Society of Sports Medicine	Director, Docent TOMMI VASANKARI Finnish Society of Sports Medicine
<b>Permanent Expert Member</b>	
Health Care Entrepreneur MARJUT ROLIG Finnish Olympic Committee, Athletes' Commission	

**THERAPEUTIC USE EXEMPTION COMMITTEE**

<b>Chair</b>
Colonel, Medical Corps Defence Command Logistics Division, Chief of Medical Sector MATTI LEHESJOKI
M.D., Specialist in Sports Medicine MIIKA HERNELAHTI Until 14 October 2009
Licentiate in Medicine HARRI HELAJÄRVI From 30.9.2009
M.D., Specialist in Sports Medicine KATJA MJÖSUND
M.D., Docent in Pharmacology PEKKA RAUHALA

**SUPERVISORY GROUP 1 JANUARY – 27 APRIL 2009**

<b>Chair</b>
Master of Laws PEKKA ILMIVALTA
<b>Members</b>
Licentiate in Laws NIKO MATIKAINEN
Licentiate in Medicine HEIKKI LAAPIO
Docent, Chief Physician HEIKKI TIKKANEN

**SUPERVISORY GROUP 28 APRIL 2009 – 2010**
**JURIST MEMBERS**

<b>Chair</b>
Master of Laws (Trained on the bench) PEKKA ILMIVALTA
<b>I Vice Chair</b>
Licentiate of Laws (Trained on the bench) NIKO MATIKAINEN
<b>II Vice Chair</b>
Master of Laws (Trained on the bench) and Master of Science (Economics and Business Administration) MARKUS MANNINEN

**MEDICAL MEMBERS**

Licentiate in Medicine HEIKKI LAAPIO
PhD, MD, Docent HEIKKI TIKKANEN
Ph.D., M.D., Specialist in Psychiatry ESA MERIRINNE

**SPORTS SPECIALISTS**

Doctor of Philosophy (Economics), senior teacher JAN ERIK KRUSBERG
Master of Arts VALENTIN KONONEN
Bachelor of Sport and Health Sciences MAIJA INNANEN
Secretary Master of Laws (Trained on the bench) KATJA TUKIAINEN

**OFFICE**

Secretary General PIRJO RUUTU	Quality Manager MARJORIT NURMI
Medical Director (part-time) TIMO SEPPÄLÄ	Education Manager SAMULI RASILA
Assistant, Doping Control MAARIT HIRVASVUOPIO Until 16 January 2009	Pharmacist, Doping Control ANNA SIMULA On a leave of absence from 8 June – 7 August 2009
Assistant, Doping Control OUTI LOUNIO From 9 March 2009	acting substitute ANNA HEINILÄ 25 May – 31 August 2009
Doping Control Manager KATJA HUOTARI Until 11 September 2009	Information Manager SUSANNA SOKKA
Acting Doping Control Manager PEKKA PITKÄLÄ From 1 September 2009	Testing Coordinator JANNE VÄRE Until 21 October 2009
Office Manager MAARIT JUVONEN	Testing Coordinator ANNA HEINILÄ From 12 October 2009

## DOPING TEST STATISTICS

## URINE AND BLOOD TESTS CONDUCTED BY THE FINADA IN 2009

Sport	Tests		
	Urine	Blood	
American football	62	6	68
Biathlon	29	16	45
Fitness	22	0	22
Skiing	159	45	204
Football	109	2	111
Judo	22	0	22
Ice hockey	168	0	168
Canoeing	20	11	31
Basketball	79	0	79
Handball	30	0	30
Volleyball	84	0	84
Wrestling	34	0	34
Weightlifting	30	0	30
Finnish baseball	20	0	20
Speedskating	25	13	38
Cycling	23	1	24
Floorball	86	0	86
Orienteering	47	11	58
Triathlon	20	2	22
Aquatics	35	3	38
Powerlifting	80	8	88
Gymnastics	23	0	23
Athletics	171	20	191
<b>Total</b>	<b>1,378</b>	<b>138</b>	<b>1,516</b>
Team sports	62	0	62
Individual sports	226	6	232
<b>Total</b>	<b>1,666</b>	<b>144</b>	<b>1,810</b>

In 2009, FINADA carried out a total of 2,128 doping tests in Finland and abroad, covering 77 sports. A total of 1,810 tests were carried out under FINADA's national testing programme. A total of 144 of the tests conducted by FINADA were blood tests.

	National federation	FINADA	International federation/WADA	Tests, total
Out-of-competition tests	6	908	118	1,032
In-competition tests	8	902	186	1,096
Tests, total	14	1,810	304	2,128

Sport	6	Prohibited substance/violation
American football	2	Cannabis
Cycling	2	ATD, boldenone
Military sports	1	Cannabis
Powerlifting	1	Methandienone

International federation/WADA	3	Prohibited substance/violation
Weightlifting	1	Methandienone
Senior sports	1	Anabolic steroids
Powerlifting	1	Diuretics

## EDUCATION EVENTS

DATE	PLACE	COMMISSIONED BY	TARGET GROUP	PARTICIPANTS
3.1.	Tampere	Finnish Wrestling Federation	Coaches	100
3.1.	Seinäjäki	Finnish Speed Skating Association	Athletes	10
9.1.	Sotkamo	Sotkamo Upper Secondary School (sports-oriented)	Young athletes	50
13.1.	Helsinki	Mäkelänrinne Upper Secondary School (sports-oriented)	Young athletes	35
16.-17.1.	Espoo	Finnish Antidoping Agency FINADA	Education officers	20
17.1.	Helsinki	Football Association of Finland	Coaches	20
18.1.	Helsinki	Football Association of Finland	Coaches	20
18.1.	Kuortane	Finnish Athletics Federation	Young athletes	100
25.1.	Helsinki	Football Association of Finland	Coaches	20
25.1.	Helsinki	Football Association of Finland	Coaches	20
28.1.	Lieto	Finnish Athletics Federation	Young athletes	27
31.1.	Pajulahti	Finnish Powerlifting Federation	Young athletes	15
31.1.	Oulu	Finnish Swimming Association	Coaches	40
31.1.	Tampere	Football Association of Finland	Coaches	20
1.2.	Kokkola	Football Association of Finland	Coaches	30
2.2.	Tampere	University of Tampere	Medical students	50
7.2.	Helsinki	Equestrian Federation of Finland	Athletes	10
9.2.	Kuortane	Sports Academy of Southern Ostrobothnia	Young athletes	40
10.2.	Varala	Varala Sports Institute / VAT	Coaches	16
10.2.	Jyväskylä	University of Jyväskylä	Sports students	20
12.2.	Varala	Varala Sports Institute / LOP	Students	22
14.2.	Ypäjä	Equestrian Federation of Finland	Athletes	40
15.2.	Eerikkilä	Football Association of Finland	Coaches	20
15.2.	Kotka	Finnish Divers' Federation	Athletes	15
1.3.	Kisakallio	Finnish Gymnastics Federation	Young athletes	45
2.3.	Helsinki	Mäkelänrinne Upper Secondary School (sports-oriented)	Young athletes	30
2.3.	Vierumäki	Sport Institute of Finland	Students	18
6.3.	Ypäjä	Equestrian Federation of Finland	Coaches	30
10.3.	Lahti	Finnish Athletics Federation	Young athletes	30
13.3.	Ylitornio	Ylitornio Upper Secondary School and students	Students	200
15.3.	Pajulahti	Finnish Tennis Association	Coaches	9
16.3.	Tampere	Sampo Upper Secondary School (sports-oriented)	Young athletes	64
5.3.	Varala	Varala Sports Institute / LPT	Students	20
12.2.	Varala	Varala Sports Institute / LPT	Students	22
25.3.	Kuortane	Finnish Volleyball Association	Athletes	17
25.3.	Kuopio	Finnish Athletics Federation	Young athletes	17
1.4.	Helsinki	Finnish Athletics Federation	Young athletes	115
4.4.	Tampere	Finnish Athletics Federation	Young athletes	35
7.4.	Helsinki	Football Association of Finland	Sports club activists	20
8.4.	Tampere	University of Tampere	Medical students	50
15.4.	Janakkala	Finnish Athletics Federation	Young athletes	50
15.4.	Kuortane	Kuortane Sports Institute / LPT	Students	17
16.4.	Kuortane	Kuortane Sports Institute / LPT	Students	16
17.4.	Kuortane	Kuortane Sports Institute / LPT	Students	18
20.4.	Turku	University of Turku	Medical students	50
23.4.	Varala	Varala Sports Institute / LPT	Students	27
23.4.	Pajulahti	Finnish Olympic Committee	Coaches	15
23.4.	Pajulahti	Pajulahti Sports Institute / VAT	Coaches	25
24.4.	Varala	Varala Sports Institute / LOK	Students	27
25.4.	Tampere	American Football Association of Finland	Sports club activists	20
29.4.	Turku	University of Turku	Medical students	50
29.4.	Jyväskylä	University of Jyväskylä	Sports students	60
29.4.	Turku	Aurajoki Upper Secondary School (sports-oriented)	Young athletes	31
7.5.	Helsinki	Mäkelänrinne Upper Secondary School (sports-oriented)	Young athletes	27
7.5.	Helsinki	Haaga-Helia University of Applied Sciences	Students	25
8.5.	Sotkamo	Finnish Ski Association	Athletes	28
9.5.	Turku	Finnish Floorball Federation	Coaches	36
14.5.	Jyväskylä	Voionmaa Upper Secondary School (sports-oriented)	Young athletes	100
15.5.	Vierumäki	Ski Sport Finland	Athletes	10
15.5.	Rovaniemi	Lappi Sports Academy	Young athletes	40
20.5.	Vierumäki	Finnish Olympic Committee	Young athletes	40
22.5.	Varala	Finnish Sports for All Association Kunto ry	PT students	10



25.5.	Vierumäki	Ski Sport Finland	Athletes	12
25.5.	Vantaa	Myrämäki Rotary Club	Athletes	24
5.6.	Mikkeli	Finnish Biathlon Association	Young athletes	40
10.6.	Kisakallio	Finnish Canoe Federation	Young athletes	25
14.6.	Pajulahti	Finnish Triathlon Association	Athletes	17
16.6.	Vaasa	Football Association of Finland	Young athletes	400
25.6.	Pajulahti	Finnish Paralympic Committee	Young athletes	14
25.6.	Pajulahti	Finnish Speed Skating Association	Young athletes	20
6.7.	Vuokatti	Finnish Biathlon Association	Young athletes	70
9.7.	Rovaniemi	Finnish Ski Association	Young athletes	50
11.7.	Pajulahti	Finnish Olympic Committee / EYOF	Young athletes	120
20.7.	Tampere	Finnish Olympic Committee / EYOF	Coaches	13
31.7.	Pajulahti	Finnish Dance Sport Association	Athletes	30
31.7.	Pajulahti	Finnish Dance Sport Association	Young athletes	25
3.8.	Pajulahti	Finnish Badminton Association	Young athletes	25
3.8.	Pajulahti	Finnish Badminton Association	Young athletes	30
5.8.	Kisakallio	Finnish Gymnastics Federation	Coaches	20
7.8.	Varala	Finnish Gymnastics Federation	Young athletes	35
11.8.	Helsinki	Finnish Figure Skating Association	Valmentajat	30
18.8.	Kouvola	Kouvola Sports Academy	Young athletes	115
25.8.	Jyväskylä	JYPht	Athletes	80
26.8.	Vierumäki	Finnish Figure Skating Association	Athletes	25
26.8.	Kuopio	Sports Academy of Northern Savo	Young athletes	235
5.9.	Helsinki	Sotilaspenkkipunnerrus	Board	9
5.9.	Kisakallio	Finnish Ringette Association	Athletes	60
5.9.	Kisakallio	Finnish Ringette Association	Young athletes	60
5.9.	Kisakallio	Finnish Ringette Association	Young athletes	50
12.9.	Kisakeskus	Finnish Gymnastics Federation	Athletes	35
16.9.	Helsinki	Marigold Ice Unity	Athletes	25
16.9.	Lahti	Päijät-Häme Sports Academy	Young athletes	95
17.9.	Helsinki	Mäkelänrinne Upper Secondary School (sports-oriented)	Young athletes	32
18.9.	Kisakallio	Finnish Gymnastics Federation	Athletes	64
21.9.	Tampere	Finnish Basketball Association / Heads Up	Athletes	10
24.9.	Vantaa	Finnish Basketball Association / Heads Up	Athletes	12
28.9.	Kuortane	Sports Academy of Southern Ostrobothnia	Young athletes	100
30.9.	Kouvola	Finnish Basketball Association / Heads Up	Athletes	12
31.0.	Vierumäki	Finnish Swimming Association	Young athletes	30
4.10.	Pajulahti	Joint training for martial arts associations	Athletes	43
5.10.	Forssa	Finnish Basketball Association / Heads Up	Athletes	15
7.10.	Vierumäki	Finnish Olympic Committee	Journalists	40
23.10.	Vierumäki	Finnish Olympic Committee	Young athletes	45
24.10.	Kisakeskus	Finnish Kendo Association	Athletes	40
28.10.	Varala	Varala Sports Institute / LOK	Students	42
29.10.	Varala	Varala Sports Institute / VAT	Coaches	13
31.10.	Jyväskylä	Finnish Swimming Association	Coaches	9
31.10.	Pajulahti	Finnish Karate Federation	Athletes	34
31.10.	Seinäjoki	Finnish Speed Skating Association	Athletes	20
3.11.	Eerikkilä	Finnish Floorball Federation	Young athletes	39
6.11.	Espoo	Sport Elite	Athletes	9
8.11.	Vuokatti	Finnish Ski Association	Coaches	8
9.11.	Rovaniemi	Ounasvaara Upper Secondary School	Young athletes	30
10.11.	Helsinki	Mäkelänrinne Upper Secondary School (sports-oriented)	Young athletes	28
13.11.	Rovaniemi	Ounasvaara Upper Secondary School (sports-oriented)	Young athletes	20
13.11.	Kuortane	Finnish Bowling Federation	Coaches	22
15.11.	Eerikkilä	Football Association of Finland	Coaches	19
16.11.	Tampere	Sampo Upper Secondary School (sports-oriented)	Young athletes	36
24.11.	Kuortane	Kuortane Sports Institute / VAT	Coaches	10
29.11.	Turku	Finnish Cheerleading Association	Coaches	23
29.11.	Vierumäki	Finnish Antidoping Agency FINADA	Education officers	3
4.12.	Kuortane	Finnish Athletics Federation	Coaches	27
9.12.	Helsinki	Helsingin Urheilulääkäriasema	Physicians	10
11.12.	Turku	Aurajoki Upper Secondary School (sports-oriented)	Young athletes	28
13.12.	Helsinki	Mäkelänrinne Upper Secondary School (sports-oriented)	Young athletes	26
30.12.	Tampere	Finnish Judo Association	Athletes and coaches	60
30.12.	Tampere	Finnish Judo Association	Young athletes	60
		<b>Total</b>		<b>5,012</b>

## FINADA'S INFORMATION STANDS AT SPORTS EVENTS IN 2009

DATE	PLACE	DURATION	EVENT	DISCIPLINE
12.1.	Helsinki	1 day	Finnish Sports Gala	Clean Win
20.–25.1.	Helsinki	2 days	European Figure Skating Championships	Figure skating
31.1.–1.2.	Oulu	2 days	Finnish National Championships, short track	Swimming
9.–10.5.	Turku	2 days	U19 World Championships	Floorball
23.5.	Helsinki	1 day	Staffetkarnevalen	Clean Win
26.–28.6.	Helsinki	2 days	Unicef Aquatic Games	Swimming
16.6.	Vaasa	1 day	Vaasa Pohjola Cup	Football
10.–11.7.	Naantali	2 days	Davis Cup	Tennis
20.–24.7.	Tampere	5 days	European Youth Olympic Festivals (EYOF)	Clean Win
6.8.	Helsinki	1 days	Judo summer camp	Judo
9.–11.10.	Vantaa	2 days	Finlandia Trophy	Figure skating
31.10.–1.11.	Jyväskylä	2 days	Finnish Open for Unicef	Swimming
7.11.	Vantaa	1 day	Finnish Open	Judo
14.–15.11.	Levi	2 days	World Cup Levi	Alpine skiing
24.11.	Helsinki	1 day	IPP Open	Tennis
28.–29.11.	Kuusamo	2 days	Ruka Nordic Opening	Skiing
18.–20.12.	Jyväskylä	2 days	Finnish National Championships, figure skating	Figure skating

FINADA'S INTERNATIONAL REPRESENTATION	
THE WORLD ANTI-DOPING AGENCY (WADA)	
WADA co-operation meeting with international sports federations and national antidoping agencies	KATJA HUOTARI MARJORIT NURMI PIRJO RUUTU
WADA's Foundation Board	MARJORIT NURMI PIRJO RUUTU
WADA's doping control officer training in Montenegro	MARJORIT NURMI TARU LINNA PEKKA PITKÄLÄ
WADA media seminar	SUSANNA SOKKA
THE EUROPEAN COUNCIL	
Monitoring Group for the European Council Anti-Doping Convention	PIRJO RUUTU
Co-ordinating meeting for WADA issues	PIRJO RUUTU
Working Group on Education	SUSANNA SOKKA
Meeting of Therapeutic Use Exemption Committee Chairs (Joint meeting between WADA and the European Council)	KATJA MJØSUND
ASSOCIATION OF NATIONAL ANTI-DOPING ORGANISATIONS (ANADO)	
General meetings, Board and seminars	PIRJO RUUTU SAMULI RASILA ANNA SIMULA JANNE VÄRE
INTERNATIONAL ANTI-DOPING ARRANGEMENT (IADA)	
Executive Committee	MARJORIT NURMI PIRJO RUUTU
NORDIC CO-OPERATION	
Meeting between Secretaries General	KATJA HUOTARI PIRJO RUUTU
Nordic meeting Education and communications	SAMULI RASILA SUSANNA SOKKA
EUROPEAN ATHLETIC ASSOCIATION	
Delegates	PEKKA PITKÄLÄ TEUVO VALTANEN
OTHER	
The Ministry of Education's Antidoping co-operation with Russia	SUSANNA SOKKA

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Finnish Antidoping Agency

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