



FINNISH ANTIDOPING  
AGENCY FINADA

ANNUAL REPORT  
2003





## FINNISH ANTIDOPING AGENCY FINADA

*The values of FINADA are as follows:*

- *ethics*
- *fairness*
- *quality, and*
- *expertise.*

The Finnish Antidoping Agency (FINADA) is a non-profit organisation with most of its funding allocated by the Ministry of Education from the National Lottery funds.

FINADA promotes antidoping activities in sports and is in charge of doping control in Finland. FINADA works in close co-operation with sports and antidoping organisations.

FINADA's vision is to be a nationally and internationally established, reliable and competent antidoping organisation. Athletes and sports organisa-

tions are committed to clean sports.

FINADA's mission is to promote healthy and clean sports by conducting high-quality doping controls, and by expanding and developing antidoping education in co-operation with its partners and stakeholders.

FINADA contributes to international antidoping work by promoting equality in sports between different countries and by harmonising antidoping codes and practices.



## ANNUAL REPORT 2003

<b>CHAIRMAN'S REVIEW</b>	4
<b>ADMINISTRATION</b>	6
FINADA'S MEETINGS	6
THE BOARD	6
SUPERVISORY GROUP OF FINADA	6
WORKING GROUPS	6
OFFICE	6
<b>DOPING CONTROL</b>	7
TESTING	7
QUALITY SYSTEM	7
ANTIDOPING PASSPORT AND MANAGEMENT SYSTEM	7
<b>EDUCATION</b>	8
<b>INTERNATIONAL ACTIVITIES</b>	8
WORLD ANTI-DOPING AGENCY WADA	8
UNESCO – THE UNITED NATIONS EDUCATIONAL, SCIENTIFIC AND CULTURAL ORGANIZATION	9
COUNCIL OF EUROPE	9
ASSOCIATION OF NATIONAL ANTI-DOPING ORGANIZATIONS ANADO	9
INTERNATIONAL ANTI-DOPING ARRANGEMENT IADA	9
NORDIC CO-OPERATION	9
<b>COMMUNICATIONS</b>	10
<b>ANTIDOPING CODE AND LEGISLATION</b>	11
<b>RESEARCH</b>	12
ON-GOING PROJECTS	12
<b>FINANCES</b>	13
KEY EVENTS DURING THE FINANCIAL YEAR	13
AN ESTIMATE OF FUTURE DEVELOPMENT	13
<b>APPENDICES</b>	14
APPENDIX 1 ORGANISATION AND STAFF	14
APPENDIX 2 STATISTICS ON DOPING CONTROL	15
APPENDIX 3 PUBLICATIONS	16
APPENDIX 4 EDUCATION PROVIDED BY FINADA	17
APPENDIX 5 INTERNATIONAL ACTIVITIES	18
APPENDIX 6 INCOME STATEMENT AND BALANCE SHEET	20

### PUBLISHER:

© FINNISH ANTIDOPING AGENCY FINADA  
 RADIOKATU 20, FI-00240 HELSINKI  
 TEL. +358 9 3481 2020, FAX +358 9 148 5195  
 INFO@ANTIDOPING.FI  
 WWW.ANTIDOPING.FI

LAYOUT: KIMMO SAIRA

PHOTOGRAPHS BY: ANTERO AALTONEN, PENTTI PEKKALA,  
 ILKKA ÄRRÄLÄ

TRANSLATION: VALTASANA OY

PRINTED BY: LAHTI PRINT, 2004

## CHAIRMAN'S REVIEW

2003 marked a milestone in global antidoping work in many ways. On 3–5 March 2003, WADA hosted a World Conference on Anti-Doping in Sport in Copenhagen. The conference adopted a World Anti-Doping Code, based on which the International Olympic Committee (IOC), National Olympic Committees, international sport federations and national antidoping agencies have drafted or will draft their own antidoping instruments. This will further harmonise international antidoping work, doping control activities and sanctions imposed for doping violations.

The FINADA board accepted the World Anti-Doping Code in its meeting on 22 May 2003.


Thanks to thorough preparations commenced

in 2002, the FINADA board was able to endorse the Finnish Antidoping Rules, to come into force on 1 January 2004. All key elements of the Code have been derived from the WADA Code.

2003 also saw the discovery of tetrahydrogestrinone (THG). It shocked the entire sports world and will have a far-reaching effect on the future of sports. Firstly, THG is the first doping agent specifically designed for top athletes. Secondly, its discovery in the United States forced the country to seriously address antidoping issues. In fact, even President George W. Bush emphasised the threat doping poses to American sports and called for a crack-down on doping in his State of the Union address.

In 2003, more doping tests were conducted in Finland than ever before. The first erythropoietin (EPO) screenings from blood samples were carried out early 2003. FINADA conducted a total of 50 EPO screenings in 2003. Despite the increased number of doping tests, the number of adverse analytical findings remained low. Of the 2,278 tests conducted in Finland, four samples proved positive. The tests were increasingly targeted at national and international top athletes. It seems that the wide-ranging antidoping work conducted in recent years has borne fruit.

By and large, FINADA managed to achieve its objectives for 2003. Priorities included doping control, education and communications in Finland and



*“2004 is an Olympic year, which means greater and more targeted doping control worldwide.”*



*Helsinki, 22 March 2004.*  
OLLI PUNTILA  
*Chairman of the board*

exerting greater influence in international activities.

In 2003, FINADA published two antidoping guides, one for young athletes and another for their parents. In addition to ordinary media contacts, FINADA and the Sports Museum of Finland organised an exhibition on antidoping. The title of the exhibition was "Wrongpositive? From doping to antidoping", which is an apt description of its content.

2004 is an Olympic year, which means greater and more targeted doping control worldwide. It is not yet known whether a growth hormone test will be available before the Athens Olympic Games. However, samples can be analysed after the events thanks to the decision to freeze them. This forces those who are considering taking growth hormone

to think twice since there is a possibility of latter apprehension.

In 2004, FINADA will conduct even more tests in Finland. It is in charge of all testing and sport federations no longer order tests. Instead, they are expected to designate antidoping resources to education and communications.

The almost daily news of antidoping violations worldwide erodes sports audiences' faith in clean sport, although we have hopefully seen the worst in doping. Global control and determined antidoping activities in an increasing number of sport super powers will pave the way for clean sports.





## ADMINISTRATION

2003 was FINADA's second year of operation. The Finnish Antidoping Agency comprises five members: the Finnish Sports Federation, the Finnish Olympic Association, the Finnish Paralympic Association, the Finnish Society of Sports Medicine and the Government of Finland represented by the Ministry of Education.

### FINADA'S MEETINGS

FINADA's regular spring meeting was held on 30 April 2003 at the premises of the Finnish Sports Federation in Helsinki.

The spring meeting dealt with statutory matters. It confirmed financial statements of FINADA and the annual report for the first year of operation and discussed the specified budget, accepted by the FINADA board, for 2003.

All members of FINADA were represented in the spring meeting.

The regular autumn meeting was held on 19 November 2003 at the premises of the Finnish Sports Federation in Helsinki.

The autumn meeting dealt with statutory matters: it confirmed the plan of action and budget for 2004 and appointed the members to the board for the term 2004–2005. The members of the board for 2002–2003 and the new board for 2004–2005 are introduced in Appendix 1.

All members of FINADA were represented in the autumn meeting.

### THE BOARD

The FINADA board convened 9 times during the year under review.

The board arranged a strategy meeting on 16–17 June with the Supervisory Group and the office staff at the Sports Institute of Finland in Vierumäki.

### SUPERVISORY GROUP OF FINADA

The Supervisory Group of FINADA convened 7 times during the year under review. The members of the Supervisory Group are listed in Appendix 1.

### WORKING GROUPS

Three working groups established by the board operated during the year under review:

- a working group on education
- a working group on antidoping rules
- a working group on research.

The members of the working groups are listed in Appendix 1.

The working group on education was assigned to draft an educational strategy. It convened 4 times during the year under review. The FINADA board adopted the educational strategy prepared by the

working group in its meeting on 18 March 2003.

The working group on antidoping rules was assigned to revise FINADA's Antidoping Rules and to monitor the drafting of the World Anti-Doping Code (WADC) of the World Anti-Doping Agency (WADA) and issue opinions and comments in relation to it.

The Foundation Board of WADA adopted the World Anti-Doping Code (WADC) in conjunction with the Conference on Anti-Doping in Sport arranged in Copenhagen on 5 March.

In its meeting on 13 October, the FINADA board confirmed a revised national antidoping instrument under the title the Finnish Antidoping Rules. The Finnish Antidoping Rules entered into force on 1 January 2004.

The working group on research prepared the research strategy. The group convened once during the year under review.

FINADA has actively promoted ethical work in sports organisations in the ethics committee of the Finnish Sports Federation.

### OFFICE

During the year under review, the FINADA office employed seven full-time and one part-time worker. The employees of the office are listed in Appendix 1.



*“The purpose of the quality management system is to harmonise global doping control as extensively as possible.”*



## DOPING CONTROL

The number of doping tests was the highest ever. FINADA initiated certification of a quality system for doping control. It is scheduled to be completed during spring 2004. The year also saw the introduction of a management system for doping control, including the Antidoping Passport. Blood sample tests were introduced as EPO screenings and the THG analysis became a part of routine doping control.

### TESTING

In 2003, a record-breaking number of tests totalling 2,278 (2,159 in the previous year) were conducted in Finland. Tests conducted by FINADA's accounted for 1,314 (1,201) of the total and sport federations partly funded 521 (548) tests. International in-competition tests, tests conducted by international sport organisations or tests carried out elsewhere than at WADA competitions totalled 311 (410). FINADA carried out 797 (775) out-of-competition and 517 (426) in-competition tests. Of tests conducted by sport federations, 78 (99) were out-of-competition and 443 (449) were in-competition. 136 (148) international tests were conducted out of competition and 175 (262) in competition. The Berek Kit sample collection equipment continued to be used in tests. Doping control statistics for 2003 can be found in Appendix 2.

WADA conducted a total of 132 doping tests on athletes training in Finland, 91 of whom were Finns.

Adverse analytical findings among Finnish athletes totalled six, one in underwater rugby, weightlifting, football, mini-golf, skiing and orienteering each. The adverse analytical findings in skiing and orienteering were reported abroad. The four remaining findings accounted for 0.22% of the 1,835 doping tests conducted by FINADA and Finnish sports federations.

FINADA and sport organisations conducted 80% of all tests.

FINADA conducted the WADA tests and tests of international sport federations on WADA's or the relevant federation's request.

At the Under-17s Football World Championships, FIFA tested 132 players whose samples were analysed by the United Laboratories Ltd (Yhtyneet Laboratoriot Oy).

The majority of the tested were international top athletes. The introduction of blood sampling in the form of EPO screenings was significant. A total of 67 of such tests were conducted (FINADA 50 and WADA 17), with 28 in skiing, 10 in biathlon, 10 in cycling, 7 in athletics, 6 in orienteering, 4 in triathlon and 2 in swimming. No adverse analytical findings were made.

THG analysis also became a routine part of doping analysis in 2003. 53 samples were tested for THG

in retrospect. There were no adverse analytical findings.

FINADA organised a training course for doping control officers (DCO) on 1–2 February in Vaasa. On 12–13 April, a course was given to doping control assistants. Three regional meetings were held in Helsinki, Oulu and Tampere in September. DCOs and their regular assistants from all regions took part in the meetings. All training sessions focused on issues that had emerged during testing. The aim was to further improve DCOs and their assistants' professional skills and raise their awareness of antidoping issues to ensure that their knowledge and skills meet the certification requirements of the quality system.

### QUALITY SYSTEM

Between 1999 and 2003, Finland drew up a quality system for doping control which adheres to the standards determined in ISO 9001:2000 and the International Standard for Doping Control (ISO Pass 18873). The aim was to create an effective, high-quality and well-documented doping control system and to effectively manage and continuously improve control procedures. The purpose of the quality management system is to harmonise global doping control as extensively as possible.

Key aims include:

- implementing a quality system pervading all sectors and educating and informing all parties concerned;
- auditing the different sectors of the national quality system and take corrective action when needed;
- management of quality documentation;
- external evaluation and certification of the quality system, and
- maintaining and improving international co-operation on the quality system.

During the year under review, the administrative system and doping testing were audited internally. The management was reviewed once.

FINADA concluded an agreement on external evaluation with Det Norske Veritas. The quality system for doping control has been in place for two years in Finland. The quality management system was set up during 2003. At the end of 2003, FINADA was deemed ready for external evaluation (certification), which is scheduled take place at the beginning of 2004.

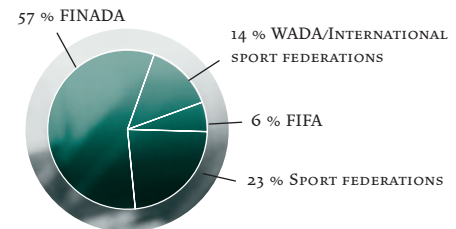
### ANTIDOPING PASSPORT AND MANAGEMENT SYSTEM

The number of athletes in the Antidoping Passport scheme increased in 2003. The new athletes included

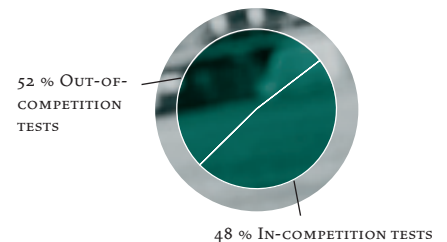
those receiving training support in summer sports under the Finnish Olympic Committee and some athletes receiving training support in a non-Olympic sport. At the end of 2003, some 250 athletes had registered as Antidoping Passport holders. Preliminary plans for introducing the Antidoping Passport in team sports were made at the end of the year. A representative will be designated for each team and given a password to the respective team website. The representatives enter the composition of the team and management contact information and update information on the whereabouts and training locations of the team on the site.

FINADA developed its own management system during the year. The management system includes information on doping control planning, sent doping test requests, deviation reports in doping control, conducted tests, records and log files. The management system was completed at the end of the year. Doping control activities and the management of athletes' Antidoping Passports are thus integrated into a single system. The system will be further improved during 2004.

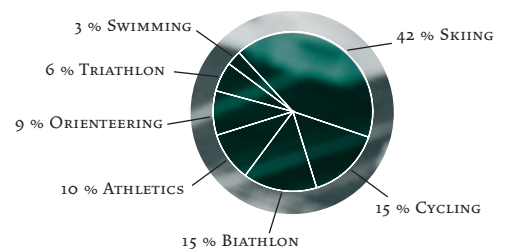
### DOPING TESTS IN FINLAND, 2003



### THE DISTRIBUTION OF DOPING TESTS IN FINLAND, 2003



### EPO-SCREENINGS, 2003



## EDUCATION

In 2003, FINADA established its educational activities and completed its educational strategy for 2003–2005.


FINADA participated in a total of 114 educational seminars as lecturers during the year, reaching over 3,500 athletes, coaches, managers and others involved in sports. Young athletes, who were chosen as the main target group on the basis of the educational strategy, are clearly the largest educational target group. FINADA offered education in co-operation with sports schools, sports organisations and associations, the Olympic Committee, the Paralympic Committee and the Finnish Defence Forces.

FINADA arranged two two-day seminars for its own instructors in May and February. At the beginning of the year, the instructors received their new educational kits comprising material that was updated throughout the year.

FINADA produced antidoping material for athletes and those involved in sports during the year under review. “Puhtaasti eteenpäin – Nuoren urheilijan antidopingopas” (An antidoping guide for young athletes) and “Puhtaasti kasvattaa – Antidopingopas urheilijan nuoren vanhemmille” (An antidoping guide for young athletes’ parents) were published to raise athletes’ and their parents’ awareness of doping and antidoping work. The antidoping guide for young athletes’ parents was also published in Swedish.

FINADA gathered antidoping material at their new website to serve sports organisations and educational establishments.

The list of antidoping materials prepared in 2003 is in Appendix 3 and the list of seminars can be found in Appendix 4.



*“Young athletes, who were chosen as the main target group on the basis of the educational strategy, are clearly the largest educational target group.”*

## INTERNATIONAL ACTIVITIES

The aim of FINADA’s international activities is to promote the harmonisation of antidoping rules and work worldwide. To this end, FINADA actively participates in the activities of numerous organisations and assists other countries in building their antidoping systems.

Information on the activities of international organisations and FINADA’s representatives in international activities can be found in Appendix 5.

### WORLD ANTI-DOPING AGENCY WADA

FINADA took part in the finalising and adoption of the World Anti-Doping Code (WADC) drafted by WADA. FINADA and the Ministry of Education prepared their own opinions on the content of the WADC in an inter-ministerial coordination group chaired by the Ministry of Education and including representatives of the Ministry for Foreign Affairs,

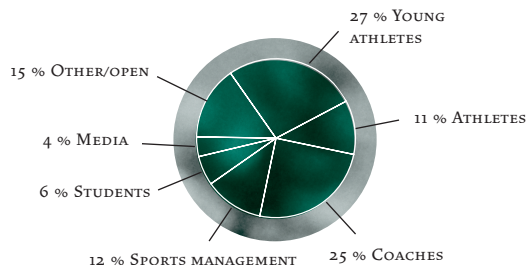
Ministry of Justice, Ministry of Social Affairs and Health and FINADA. Furthermore, experts, sports organisations, the Ministry of Education and FINADA discussed antidoping issues in a separate forum.

FINADA has actively contributed to the WADA’s educational programme. The programme was adopted by the WADA board in autumn and made one of WADA’s key priorities. FINADA and the organising bodies of the 2005 World Athletics Championships began negotiations on education and communications co-operation with WADA as a part of WADA’s education and communications programme.

FINADA participated actively in WADA’s Independent Observer (IO) programme. The IO programme was established to impartially observe and report on all aspects of the doping control programme at major international sport competitions.



**EDUCATIONAL SEMINARS BY TARGET GROUP IN 2003**



*"Puhtaasti eteenpäin – Nuoren urheilijan antidopingopas" (An antidoping guide for young athletes) and "Puhtaasti kasvattaen – Antidopingopas urheilijan nuoren vanhemmille" (An antidoping guide for young athletes' parents) were published to raise athletes' and their parents' awareness of doping and antidoping work.*



WADA is working intensively to improve the global antidoping administration and management system (ADAMS). FINADA introduced the Finnish Antidoping Passport to WADA on 16 June.

**UNESCO – THE UNITED NATIONS EDUCATIONAL, SCIENTIFIC AND CULTURAL ORGANIZATION**  
Together with the Finnish Ministry of Education, FINADA has actively made proposals concerning the contents of the UNESCO International Convention on Anti-Doping in Sport.

**COUNCIL OF EUROPE**

FINADA took part in the Monitoring Group of the Anti-Doping Convention and its advisory groups. The Council of Europe has made a substantial contribution to the drafting of the UNESCO International Convention on Anti-Doping in Sport.

By consulting with the Baltic countries, FINADA participated in the Commitment project

designed to monitor the Council of Europe Anti-Doping Convention in different countries.

**ASSOCIATION OF NATIONAL ANTI-DOPING ORGANIZATIONS ANADO**

FINADA participated in the foundation of a new co-operation and lobbying organisation, ANADO (Association of National Anti-Doping Organizations). In the constitutive meeting, FINADA's representative was given a seat on ANADO's Executive Committee. ANADO's purpose is to strengthen and maintain regular communication and facilitate development work between national antidoping organisations. ANADO has an important role in negotiations concerning the testing agreements concluded between national antidoping agencies and WADA.

**INTERNATIONAL ANTI-DOPING ARRANGEMENT IADA**

IADA and WADA closely co-operated in developing

the International Standard for Doping Control in relation to WADC. IADA's priorities include the development of a quality system for doping. Both FINADA and the Ministry of Education are involved in IADA. So far, ten countries have joined IADA. South Africa, the most recent member joined in 2003.

**NORDIC CO-OPERATION**

The Nordic meeting 2003 was held in Copenhagen in August. The issues on the agenda included reviews of national statistics and central projects, doping control in gyms, international joint projects, adoption of WADC and its implications to the quality system, WADA's antidoping administration and management system and the Antidoping Passport, tests carried out by WADA, and ANADO, the new antidoping organisation.

On 2 December, the FINADA office had the opportunity to introduce its antidoping work to a delegation from the Swedish Ministry of Justice.



## COMMUNICATIONS

In the year under review, the main communications project was the revision of the website. The website was expanded and functions increased. The new features of the website launched at the beginning of 2004 include a printable material kit published by FINADA, training overheads and electronic mailing lists to which public subscription is possible. In connection with the website revision, the Antidoping Passport system was integrated to partly function via the same updating system. The Antidoping Passport site was also renewed.

At year-end, the FINADA published 'Kielletyt lääkkeineet ja menetelmät urheilussa 2004' (Prohibited Substances and Prohibited Methods in Sports 2004, available on the web in English), with a print of 70,000. The publication will be circulated to sport federations, sports schools and other stakeholders.

FINADA arranged a briefing for sport federations under the topic 'EPO in sports' on 19 May. In addition, sport federations received a quarterly bulletin and topical news and articles which the federations are free to publish in their bulletins and web sites.

FINADA arranged two educational seminars for the media. The theme of the seminar on 19 May was EPO in sports featuring Timo Seppälä, Antti Leinonen (United Laboratories Ltd) and Teuvo Valtanen who discussed the use, analysis and testing of

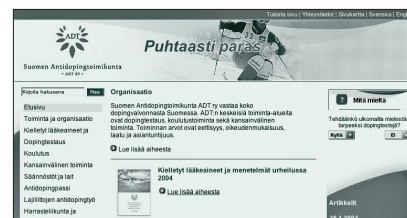
EPO in sports. The theme of the autumn seminar on 15 October was the revised Finnish Antidoping Rules, with Juha Viertola as the keynote speaker.

Media collaboration included MTV3's Elixir TV show. FINADA had the opportunity to introduce antidoping work in four different episodes. In 2004, the film material will be used in FINADA's educational video.

FINADA began to collaborate with the Finnish Recreational Sports Federation, Kunto ry. In cooperation with gyms and health centres, FINADA developed antidoping work and a related antidoping commitment agreement for gyms that promote clean recreational sports and athletics, maintain and develop high-quality activities that preclude abuse of, trafficking in or advertising prohibited substances in sports. The gyms undertake to expel or otherwise prevent training by members who violate antidoping rules or promote the use of doping agents. The first gym to sign the Clean recreational sports initiative was Lauttasaaren Liikuntakeskus in Helsinki on 30 October. FINADA and Finnish Recreational Sports Federation published a brochure "Puhtaasti kuntoillen – Opas puhtaaseen kuntoliikuntaan" (A guide to clean recreational sports, available only in Finnish).

FINADA and the Sports Museum of Finland implemented an exhibition with antidoping work as

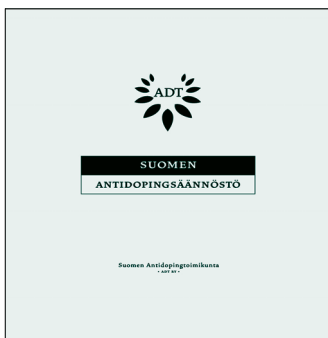
its theme. The title of the exhibition held on 25 Nov–22 Feb was Wrong positive? From doping to antidoping. The organisers received exhibition material from sport federations, WADA, Customs Laboratory, United Laboratories and Mäkelänrinne Upper Secondary School specialising in sports. The exhibition was opened by the MP Suvi Lindén and it attracted a total of 3,500 visitors. Three antidoping lectures open to the public were also arranged during the exhibition.





*“In the year under review, the main communications project was the revision of the website.”*

## ANTIDOPING CODE AND LEGISLATION



The FINADA board adopted the World Anti-Doping Code (WADC) in its meeting on 22 May 2003.

Besides FINADA, the key Finnish sports organisations such as the Finnish Olympic Committee, the Finnish Paralympic Committee and the Finnish Sports Federation have adopted the WADA Code.

The working group on antidoping rules set by the FINADA board prepared a proposal for the new national antidoping instrument, the Finnish Antidoping Rules. The FINADA board requested authorities, sports organisations and experts to review the draft. FINADA received a total of 39 statements. On the basis of these statements, the group on antidoping rules completed its proposal for the Finnish Antidoping Rules and submitted it

to the FINADA board. The FINADA board endorsed the Finnish Antidoping Rules on 13 October and decided that they would take force on 1 January 2004. By means of the Finnish Antidoping Rules, the WADC will be enforced in Finland.

On 20 August, the FINADA board, on the request of the Ministry of Labour, issued a statement on the proposals made by the working group on data protection in relation to monitoring of employees. FINADA proposed that sports and employment contracts in sports concerning athletes' doping control should not be governed by proposed legislation. In the Government bill to the Parliament, athletes' employment contracts were excluded from the scope of the legislation.





## RESEARCH

Although FINADA does not engage in research on antidoping, it monitors and supports antidoping research carried out by universities and other research institutes.

### ON-GOING PROJECTS

Docent Timo Seppälä, D.Med.Sc., supervised the doctoral dissertation of Tuomo Karila, D.Med.Sc. (Karila T.: Adverse effects of anabolic androgenic steroids on the cardiovascular, metabolic and reproductive systems of anabolic substance abusers. Kansanterveyslaitos (National Public Health Insti-

tute) A 12/2003, 2003, 66 pp.).

FINADA has monitored two projects of the United Laboratories and the Department of Pharmacy of the University of Helsinki, funded by TEKES, the National Technology Agency of Finland. The first project focuses on the development of new analysis methods while the second studies the production of synthetic reference compounds.

On 1 August 2001, a three-year project Steroid glucuronides, development of liquid chromatography/mass spectrometric LC/MS analysis in the detection of doping in sport funded by the EU was launched. The aim is

to produce new synthetic reference compounds and development of related methods. Besides United Laboratories, the Department of Pharmacy of the University of Helsinki and the Olympic Athletic Centres of Athens and Cologne participate in the project. Research results have been reviewed in international conferences and several of them have been published in their entirety.



## FINANCES

FINADA had adequate financial resources in 2003.

### KEY EVENTS DURING THE FINANCIAL YEAR

The finances of FINADA are based on basic government funding and funding granted for special projects. Membership in FINADA is not subject to an initial or membership fee. In 2003, the Ministry of Education allocated EUR 1,204,000 for FINADA operations. Furthermore, EUR 224,332.01 in basic government funding that was not used in 2002 and part of the special government funding was transferred to the 2003 financial year. The Income statement and

the Balance sheet are appended (Appendix 6).

The good financial standing of FINADA has enabled vigorous development of antidoping measures in 2003. The focus was on the production and development of training and communications material.

### AN ESTIMATE OF FUTURE DEVELOPMENT

FINADA's financial standing is also enabling the development of antidoping work also in 2004. The financial framework of operations in forthcoming years will be determined on the basis of the funding

granted by the Ministry of Education. As of the beginning of 2004, the entire Finnish doping control system was transferred under FINADA. This enables the targeting of doping control in accordance with FINADA's risk analyses and doping control strategy. The trend in general cost level will have, however, a greater impact than before on the costs of FINADA's doping control.

Organised sports in Finland have recognised FINADA's activities and its significance. FINADA's financial resources can be expected to remain at least on the current level.



*“The good financial standing of FINADA has enabled vigorous development of antidoping measures in 2003.”*



## APPENDICES

### ORGANISATION AND STAFF

BOARD 2002–2003	SUPERVISORY GROUP 2002–2003	WORKING GROUP ON ANTIDOPING RULES
<p><b>CHAIR:</b></p> <p>Senior Lawyer <b>OLLI PUNTILA</b> Finnish Olympic Committee</p> <p><b>VICE CHAIR:</b></p> <p>Senior Advisor, Cultural Affairs <b>MIRJA VIRTALA</b> Ministry of Education</p> <p><b>MEMBERS:</b></p> <p>Senior Physician, MD <b>OLLI J. HEINONEN</b> Ministry of Education</p> <p>Attorney-at-Law <b>HILKKA SALMENKYLÄ</b> Ministry of Education</p> <p>Member of Parliament <b>TUIJA BRAX</b> Finnish Sports Federation</p> <p>Docent in Sports Physiology Senior Physician, MD <b>TOMMI VASANKARI</b> Society of Sports Medicine</p> <p><b>PERMANENT EXPERT MEMBER:</b></p> <p>Master of Arts, IT Entrepreneur <b>VALENTIN KONONEN</b> Finnish Olympic Committee, Athletes' Commission</p>	<p><b>CHAIR:</b></p> <p>Specialist in Sports Medicine and Orthopaedics, MD <b>TAPIO KALLIO</b></p> <p><b>MEMBERS:</b></p> <p>Counsellor of Legislation <b>EERO J. AARNIO</b></p> <p>Colonel, MD <b>HEIKKI LAPIO</b></p> <p>Chief Physician, MD <b>OUTI LAPATTO-REINILUOTO</b></p>	<p>Senior Lawyer <b>OLLI PUNTILA</b>, Chair FINADA board</p> <p>Counsellor of Legislation <b>EERO J. AARNIO</b></p> <p>Attorney-at-Law <b>PEKKA ILMIVALTA</b></p> <p>CEO <b>ANTTI PIHLAKOSKI</b></p> <p>Attorney-at-Law <b>HILKKA SALMENKYLÄ</b></p> <p>Medical Director, MD <b>TIMO SEPPÄLÄ</b> FINADA</p> <p>Secretary General <b>JUHA VIERTOLA</b>, Secretary FINADA</p>
BOARD 2004–2005	WORKING GROUP ON EDUCATION	OFFICE
<p><b>CHAIR:</b></p> <p>Senior Lawyer <b>OLLI PUNTILA</b> Finnish Olympic Committee</p> <p><b>VICE CHAIR:</b></p> <p>Senior Advisor, Cultural Affairs <b>MIRJA VIRTALA</b> Ministry of Education</p> <p><b>JÄSENET:</b></p> <p>Senior Physician, MD <b>OLLI J. HEINONEN</b> Ministry of Education</p> <p>Attorney-at-Law <b>HILKKA SALMENKYLÄ</b> Ministry of Education</p> <p>Director of Sport Policy <b>KERSTIN EKMAN</b> Finnish Sports Federation</p> <p>Docent in Sports Physiology Senior Physician, MD <b>TOMMI VASANKARI</b> Society of Sports Medicine</p> <p><b>PERMANENT EXPERT MEMBER:</b></p> <p>Health care entrepreneur <b>MARJUT ROLIG</b> Finnish Olympic Committee, Athletes' Commission</p>	<p>Senior Advisor, Cultural Affairs <b>MIRJA VIRTALA</b>, Chair FINADA board</p> <p>Training Centre Pajulahti, Director <b>SEPPO HAAVISTO</b></p> <p>Senior Assistant <b>KALERVO ILMANEN</b></p> <p>Director of Education <b>PEKKA NIKULAINEN</b></p> <p>Coaching and Education Director <b>MATTI VIRTANEN</b></p> <p>Director of Youth Sport <b>TANJA KARI</b></p> <p>Development Director <b>TEEMU JAPISON</b></p> <p>PhD, MD <b>KATJA PELTOLA</b></p> <p>Director, International Affairs and Development <b>PIRJO KROUVILA</b> FINADA</p> <p>Education Manager <b>KATJA HUOTARI</b>, Secretary FINADA</p>	<p>Secretary General <b>JUHA VIERTOLA</b></p> <p>Director, International Affairs and Development <b>PIRJO KROUVILA</b></p> <p>Medical Director, MD <b>TIMO SEPPÄLÄ</b> (part-time)</p> <p>Quality Coordinator <b>MARJORIT NURMI</b> (on child-care leave as of 5 Feb 2002)</p> <p>Education Manager <b>KATJA HUOTARI</b> (substitute for Nurmi's child-care leave as of 18 Feb 2002)</p> <p>Information Manager <b>SUSANNA SOKKA</b></p> <p>Doping Control Manager <b>TEUVO VALTANEN</b></p> <p>Doping Control Assistant <b>KARITA KAMMONEN</b> (fixed term, as of 26 Sep 2002)</p> <p>Assistant <b>MAARIT JUVONEN</b> (on alternation leave 7 Jan 2003–31 Dec 2003)</p> <p>Substitute Assistant <b>SOHVI UOTILA</b> (7 Jan 2003–31 Dec 2003)</p>
	WORKING GROUP ON RESEARCH	
	<p>Senior Physician, MD <b>OLLI J. HEINONEN</b>, Chair FINADA board</p> <p>Senior Assistant <b>KALERVO ILMANEN</b></p> <p>Senior Physician, MD <b>URHO KUJALA</b></p> <p>Responsible Chemist <b>ANTTI LEINONEN</b></p> <p>Specialist, MD <b>HEIKKI TIKKANEN</b></p> <p>Medical Director, MD <b>TIMO SEPPÄLÄ</b> FINADA</p> <p>Director, International Affairs and Development <b>PIRJO KROUVILA</b>, Secretary FINADA</p>	



## STATISTICS ON DOPING CONTROL

	TESTS				WADA/INTERNATIONAL SPORT FEDERATION/OTHER		
		Out-of-competition	In-competition	Total	Out-of-competition	In-competition	Total
American football	62	30	32	62			
Archery	6		6	6			
Athletics	324	183	51	234	9	81	90
Aviation sports	3		3	3			
Badminton	8	4	3	7	1		1
Bandy	16		16	16			
Baseball	2		2	2			
Basketball	63	23	40	63			
Biathlon	44	14	10	24	20		20
Billiards	3		3	3			
Boot throwing	1		1	1			
Bowling	7		7	7			
Boxing	15	3	9	12	3		3
Canoeing	31	12	12	24	7		7
Chess	0						
Climbing	3		3	3			
Curling	6		4	4	2		2
Cycling	23	5	18	23			
Dance	4		4	4			
Darts	3		3	3			
Dogsled racing	0						
Fencing	6		6	6			
Field hockey	4		4	4			
Figure skating	13	5	8	13			
Finnish baseball	15	7	8	15			
Finnish darts	2		2	2			
Finnish Gymnastics, Aerobics and Fitness Association SVoLi (team gymnastics rhythmic)	11	1	10	11			
Fitness	12	6	6	12			
Floorball	58	30	28	58			
Soccer	104	28	76	104			
Frisbee	2		2	2			
Goalball (Finnish Federation of the Visually Impaired)	4		4	4			
Golf	6	2	4	6			
Gymnastics, apparatus gymnastics	13		11	11	2		2
Handball	19	9	10	19			
Ice hockey	281	105	72	177	28	76	104
ITF-Taekwondo	2		2	2			
Judo	25	8	17	25			
Karate	15	5	10	15			
Kickboxing	2		2	2			
Military sports	18		2	2		16	16
Mini golf	2		2	2			
Modern Pentathlon	4	4		4			
Rally	8	5	3	8			
Motor sport	19	4	15	19			
Nordic skiing	204	81	89	170	34		34
Orienteering	67	25	38	63	4		4
Paralympic sports	5	3	2	5			
Pétanque	2		2	2			
Powerboat racing	4		4	4			
Powerlifting	159	109	48	157		2	2
Riding	10		10	10			
Ringette	8		8	8			
Rinkball	8	4	4	8			
Rowing	16	10	6	16			
Sailing	19	3	12	15	4		4
Shooting	17		17	17			
Snowboarding	8		8	8			
Speed skating	16	8	6	14	2		2
Sports diving	4	4		4			
Squash	11		11	11			
Swimming	54	12	38	50	4		4
Table tennis	4		4	4			
Taekwondo	24	16	6	22	2		2
Taido	4	4		4			
Tennis	6		6	6			
Triathlon	27	17	10	27			
Veteran sports	8		8	8			
Volleyball	79	39	40	79			
Weightlifting	76	39	33	72	4		4
Wrestling	37	8	19	27	10		10
<b>Total</b>	<b>2,146</b>	<b>875</b>	<b>960</b>	<b>1,835</b>	<b>136</b>	<b>175</b>	<b>311</b>

A total of 2,278 doping tests were conducted 1 Jan–31 Dec 2003. Tests conducted by FINADA and sport federations totalled 1,835. FINADA also conducted 311 in- and out-of-competition tests at international events.

The number of EPO tests amounted to 67 (FINADA 50 and WADA 17) in the following sports: skiing 28, biathlon 10, cycling 10, athletics 7, orienteering 6, triathlon 4 and swimming 2.

Fédération Internationale de Football Association (FIFA) conducted 132 doping tests at the Under-17s Football World Championships.

COMMISSIONER	SPORT FEDERATION	FINADA	WADA OR INTERNATIONAL SPORT FEDERATION
Out-of-competition	78	797	136
In-competition	443	517	175
<b>Tests, total</b>	<b>521</b>	<b>1314</b>	<b>311</b>

#### POSITIVE CASES IN TESTS CONDUCTED BY FINADA OR SPORT ORGANISATIONS

Sport Diving	1	Anabolic steroids
Powerlifting	1	Diuretics
Soccer (warning)	1	Cannabinoids
Mini golf (warning)	1	Beta blocker
<b>Total</b>	<b>4</b>	

#### POSITIVE CASES IN TESTS CONDUCTED BY WADA OR INTERNATIONAL SPORT FEDERATION

Nordic skiing	1
Orienteering (warning)	1
<b>Total</b>	<b>2</b>

## APPENDIX 3

### PUBLICATIONS

#### FINADA'S PUBLICATIONS:

SEPPÄLÄ T., SOKKA S., VALTANEN T. (EDS.): *Kielletyt lääkeaineet ja menetelmät urheilussa 2004*. (The Prohibited Substances and Prohibited Methods in Sports 2004)

SOKKA S., SAARILAHTI L., HUOTARI K. (EDS.): *Puhtaasti eteenpäin – Nuoren urheilijan antidopingopas*. (An antidoping guide for young athletes, only in Finnish).

#### FINADA'S BROCHURES:

*Puhtaasti kasvattaen – Antidopingopas urheiluvan nuoren vanhemmille* (An antidoping guide for young athletes' parents, available in Finnish).  
*Puhtaasti kuntoillen – Opas puhtaaseen kuntoilukuntaan* (A guide to clean recreational sports,

only available in Finnish).

*Ren uppfostran – Antidopingguide för föräldrar till unga idrottare* (An antidoping guide for young athletes' parents, in Swedish).

#### SCIENTIFIC ARTICLES:

MÄNTYSAARI M., KARILA T., SEPPÄLÄ T.: Cardiovascular findings in power athletes abusing anabolic androgenic steroids. *Int Rev Arm Forces Med Serv* (2003) 75: 12–15.

KARILA TAM., KARJALAINEN JE., MÄNTYSAARI MJ., VIITASALO MT., SEPPÄLÄ TA.: Anabolic androgenic steroids produce dose-dependent increase in left ventricular mass in power athletes, and this effect is potentiated by concomitant use of growth hormone. In: *J Sport Med* (2003) 24: 337–343.

#### OTHER PUBLICATIONS:

FREDBERG U., SEPPÄLÄ T., DAMSGAARD R., KJAER M.: Ergogenic aids (doping) and pharmacological injury treatment. In "Textbook of Sport Medicine" edited by KJAER M. et al. Blackwell Science, Thomson Press (India), Hong Kong 2003, pp 278 – 298.

SEPPÄLÄ T.: Doping. In: *Pharmaca Phennica 2004/III*, eds. PEITTOLA S. et al., Lääketietokeskus Oy, Helsinki 2003, pp. 2815–2818.

SEPPÄLÄ T.: Anaboliset aineet (Anabolic agents). In: "Päihdelääketiede", eds. SALASPURO M. et al., Duodecim, Helsinki 2003, pp. 483–489.

## EDUCATION PROVIDED BY FINADA

DATE	TARGET GROUP	NO. OF PARTICIPANTS	DATE	TARGET GROUP	NO. OF PARTICIPANTS
9 Jan	Mäkelänrinne Upper Secondary School specialising in sports	25	6 Jun	Football Association of Finland, board members of the league	15
10 Jan	Kuopio Upper Secondary School (Klassika), Vocational School of North Savo	120	6 Jun	Finnish Paralympic Committee, swimming team	15
11 Jan	Football Association of Finland, coaches	22	6 Jun	Finnish Triathlon Association, coaches	11
29 Jan	Eastern Finland Sports Institute	20	7 Jun	Finnish Orienteering Federation, athletes	27
23 Jan	Finnish Tennis Association, coaches	20	8 Jun	Finnish Canoe Federation, young athletes	18
1–2 Feb	FINADA DOC seminar	45	9 Jun	Ringette VG-62, athletes	20
6 Feb	Football Association of Finland, background team of Finland's national team		10 Jun	Seminar on antidoping rules, sport federations	23
9 Feb	Football Association of Finland, coaches	20	19 Jun	Sports School (Finnish Defence Forces), conscripts	66
11 Feb	Mäkelänrinne Upper Secondary School specialising in sports	5	5 Jul	Finnish Judo Association, athletes	30
18 Feb	University of Jyväskylä, undergraduates majoring in coaching (Faculty of Sport and Health Sciences)	30	9 Aug	Finnish Olympic Committee, experts of sports medicine	10
19 Feb	Reflection synchronized skating team (based in Espoo)	23	9 Aug	Finnish Handball Association, young athletes and new coaches	10
19 Feb	Kymenlaakson Liikunta	22	12 Aug	Voionmaa Upper Secondary School	120
20 Feb	Vuokatti Upper Secondary School specialising in sports	40	13 Aug	Varala Sports Institute, apprenticeship trainees	16
3 Mar	Finnish Dance Sport Association, training groups	60	26 Aug	Finnish Sport Federation, regional management	20
10 Mar	Finnish Ice Hockey Association, education for instructors	7	26 Aug	Finnish Sport Federation, regional managers responsible for youth and education	30
12 Mar	Sports legislation seminar, sports organisations	50	27 Aug	Finnish Ice Hockey Association, coaches	14
13 Mar	Pajulahti Sports Centre, students	20	29 Aug	Finnish Ski Association, young athletes	18
13 Mar	Pirkanmaa Vocational Skills Centre, young athletes	35	29 Aug	Ounasvaara Upper Secondary School specialising in sports	29
13 Mar	Sampo Upper Secondary School	21	30 Aug	Finnish Dance Sport Association, junior national team	22
15 Mar	American Football Association of Finland, national team (junior national team)	70	30 Aug	Sports society Liikkukaa ry!, athletes and coaches	20
23 Mar	Football Association of Finland, coaches	16	4 Sep	Finnish Ski Association, young athletest	40
25 Mar	Finnish Sport Federation, member meeting	20	9 Sep	City of Varkaus	10
25 Mar	Kuninkaanhaka Upper Secondary School	26	15 Sep	Mäkelänrinne Upper Secondary School specialising in sports	20
26 Mar	Finnish Ice Hockey Association, coaches	16	19 Sep	AKK-Motorsport, rally training group	12
28 Mar	Bar Association of Helsinki	40	21 Sep	Finnish Snowboard Association, FSA, coaches	15
31 Mar	Yksityisalojen lakimiehet ry (Private Lawyers)	15	23 Sep	Finnish Olympic Committee, Athens Olympic team	100
5 Apr	Finnish Yachting Association, coaches	10	23 Oct	Finnish Ski Association, young athletes	20
8 Apr	Finnish Sports Federation, Northern Savo	12	3 Oct	Finnish Ski Association, young athletes	18
10 Apr	Finnish Orienteering Federation, coaching managers and elected officials	10	7 Oct	Sotunki Upper Secondary School	90
12 Apr	FINADA seminar for DCO assistants	60	7 Oct	University of Jyväskylä, students majoring in physical education	100
12 Apr	American Football Association of Finland, members of the federation	31	8 Oct	Finnish Student Health Service, personnel in student health care	50
16 Apr	University of Helsinki, students of sports legislation	5	8 Oct	Sports School (Finnish Defence Forces), conscripts	61
16 Apr	Finnish Ice Hockey Association, coaches	15	10 Oct	Finnish Ski Association, young athletes	40
24 Apr	Finnish Ice Hockey Association, coaches	15	13 Oct	Sports Academy of Central Finland	40
25 Apr	Finnish Gymnastics and Fitness Association (SVoLi), development groups	20	14 Oct	Finnish Olympic Committee, coaches	60
25 Apr	Pohjois-Karjalan hiihto (Northern Karelian skiing association), district skiers	120	15 Oct	Sports media, antidoping code briefing	17
28 Apr	University of Kuopio, students of medicine	52	15 Oct	Finnish Coaching Association Valmentajat ry	10
29 Apr	Mäkelänrinne Upper Secondary School specialising in Sports	21	17 Oct	Sports media	45
9 May	Seminar for sports institutions	100	21 Oct	Kuninkaanhaka Upper Secondary School	23
9 May	Finnish Volleyball Association, seminar for instructors/coaches	70	22 Oct	Finnish Coaching Association Valmentajat ry	30
10 May	Finnish Paralympic Committee, national team (athletics)	15	23 Oct	Finnish Olympic Committee, young athletes	30
12 May	Finnish Orienteering Federation, coaching managers and elected officials in ski orienteering	6	23 Oct	Finnish Coaching Association Valmentajat ry	50
15 May	Finnish Olympic Committee, young athletes	35	25 Oct	Finnish Ski Association, young athletes	19
16 May	Kotka Vocational Institution	30	25 Oct	Finnish Coaching Association Valmentajat ry	40
16 May	Pajulahti Sports Centre, special vocational qualification in sports	12	26 Oct	Finnish Paralympic Committee, team managers, medical service, head coaches	15
17 May	Finnish Gymnastics and Fitness Association SVoLi, team gymnastics	35	30 Oct	Seminar on antidoping rules, sport federations	50
19 May	EPO seminar, media	9	31 Oct	Santa Claus' Sports Institute, coaches	65
19 May	EPO seminar, sport federations	40	3 Nov	Kastelli Upper Secondary School specialising in sports	80
23 May	Finnish Ice Hockey Association, coaches	25	3 Nov	Finnish Swimming Association, junior national team	25
23 May	Finnish Tennis Association, a seminar for coaches	10	5 Nov	Sports Centre Kisakeskus, professional coach qualification	17
23 May	Finnish Orienteering Federation, coaching managers and group coaches	7	5 Nov	Varala Sports Institute, special vocational qualification in coaching	16
24 May	Finnish Athletics, coaches and athletes	125	11 Nov	Vuokatti Upper Secondary School specialising in sports	18
			14 Nov	Finnish Triathlon Association, coaches	8
			20 Nov	Eurosport, journalists	20
			20 Nov	Finnish Judo Association, seminar for instructors	4
			22 Nov	FINADA's seminar for instructors	20
			22 Nov	Equestrian Federation of Finland, federation management and coaches	12
			23 Nov	Finnish Federation of Sleddogs Sportsmen, athletes and coaches	10
			25 Nov	Finnish Coaching Association Valmentajat ry	80
			7 Dec	Finnish Golf Union, athletes	28
			12 Dec	Finnish Athletics, coaches	15
			28 Dec	Finnish Judo Association, athletes and coaches	100



## INTERNATIONAL ACTIVITIES

## INTERNATIONAL ORGANISATIONS; FINADA'S INTERNATIONAL REPRESENTATIONS

## WORLD ANTI-DOPING AGENCY WADA

The Ministry of Education represents Finland on WADA's Foundation Board. Brian Mikkelsen, Danish Minister for Culture and Sports, holds the seat reserved for Europe on the WADA Board of Directors. Peter Tallberg has a seat in the Finance and Administration Committee and Pirjo Krouvila in the Ethics and Education Committee.

Drafting and adopting the World Anti-Doping Code was WADA's greatest challenge. At the Copenhagen conference (3–5 March), the World Anti-Doping Code was broadly accepted by governments and international sport federations.

The Council of Europe, the Association of National Anti-Doping Agencies (ANADO) and the International Anti-Doping Arrangement (IADA) arranged an international education seminar on the contents of WADC.

WADA's Ethics and Education Committee held three meetings; the meeting on 20–21 June was held at the WADA headquarters in Montreal. The new chair, Andrea Barthwell of the United States, proposed that the Committee draw up a new plan of action and establish its budget. These proposals were adopted in the meeting of the Foundation Board of WADA in autumn.

Key projects include:

- Drawing up training models in collaboration with the Council of Europe.
- Joint projects within the framework of the European Year of Education through Sports.
- Developing training materials to be integrated into the WADA website, further developing the True Game with the aim of reaching a wider audience.
- Translating WADA's training materials into different languages, with focus on the Spanish-speaking regions.
- Developing ethical evaluation of the organisation
- Training and communications projects for athletes (Outreach)

WADA is currently developing a global antidoping administration and management system (ADAMS).

FINADA conducted WADA's testing within

the framework of joint agreement Drugs Free Sports Consortium (Australia, Canada, Norway). The Copenhagen conference on 2 March discussed closer co-operation. Towards the end of the year, WADA began direct negotiations on doping control co-operation with antidoping agencies in various countries, aiming at concentrating the overall planning and strategic management in WADA's office.

## UNESCO – THE UNITED NATIONS EDUCATIONAL, SCIENTIFIC AND CULTURAL ORGANIZATION

UNESCO initiated negotiations with various countries on a global convention on the basis of the Council of Europe Anti-Doping Convention. Such a convention would enable the commitment of governments to WADA's activities. At the meeting of the EU Ministers of Sports on 2–3 October, the EU Member States announced their commitment to the convention. Since WADA is a private foundation, governments are currently unable to commit themselves to WADA's activities. Finland has had an active role in making content proposals to the UNESCO convention through the Legal Affairs Committee of the Council of Europe.

## COUNCIL OF EUROPE

In Finland, FINADA and the Finnish Ministry of Education coordinate antidoping co-operation within the Council of Europe.

FINADA takes part in the work of the Monitoring Group of the Anti-Doping Convention and its advisory groups. Richard Cruzka from Poland is the Chair and Klaus Müller from Germany is the Vice Chair for the Monitoring Group. The Chair also leads the coordination group of the monitoring group consisting of chairpersons from various advisory groups. The group prepared annual meetings of the monitoring group and was in contact with WADA, the International Olympic Committee and international sport federations.

The themes in the meetings of the Monitoring Group of the Anti-Doping Convention included WADC and the drafting of an inter-governmental model convention to make governments committed to WADA's activities. The Council of Europe's has played a significant role as an expert in furthering international antidoping work.

The Council of Europe arranged an additional ad hoc meeting that made a decision on the representative of the Council on the Foundation Board of WADA. So far, the representative has served as the Chair of the Monitoring Group. The meeting decided to establish a separate working group dealing with issues related to WADA for the Council of Europe. The members of the group must come from the Council's Member States proper and representation is subject to vote. Later the group nominated Vycheslav Fetisov, Russian Minister of Sports, to represent the group in the Foundation Board of WADA.

Monitoring the CE Anti-Doping Convention will take place at different levels in different countries. The countries with more advanced antidoping activities will launch a full evaluation mechanism involving written reports and audits to the target country which serve as a framework for the country's comprehensive report on the antidoping activities. Another method is 'consultative auditing' in which the target country is assisted in developing its antidoping work within the meaning of the convention.

*The Advisory Group on Education* (under the leadership of the Netherlands) began to develop a model for antidoping education in co-operation with WADA. Furthermore, Finland and Norway presented their educational system to the advisory group. The United Kingdom has developed a medicine database accessible to other countries.

*The Advisory Group on Legal Issues* (under the leadership of Germany) was involved in developing intra-governmental agreement templates and issued statements on the WADC.

*Advisory Group on Technical Issues* (under the leadership of Denmark) has developed a database introducing antidoping systems in different countries. The database summarises antidoping work carried out in the participatory countries. The group considered incorporating the database into its Commitment project.

*The Advisory Group on Research* (under the leadership of Portugal) charted scientific knowledge in the field. It has collected information on medical limits of different substances and monitored the development of analysis methods. The group has actively forwarded opinions on the Prohibited List of IOC and WADA.

#### ASSOCIATION OF NATIONAL ANTI-DOPING ORGANIZATIONS ANADO

Established in 2003, the Association of National Anti-Doping Organizations (ANADO) is a new organisation dealing with antidoping issues. It is a co-operation organisation of national Anti-Doping agencies. The 25 member organisations represent all continents. The aim is to supervise the interests of member organisations, facilitate the exchange of information and arrange seminars on topical issues. The foundation meeting took place on 28 April and served simultaneously as the general assembly.

ANADO submitted statements on the development and implementation of WADC by gathering opinions from the agencies of countries that have joined ANADO. It also focused on co-operation and exerted influence on the activities of other international antidoping organisations, developed communications and co-operation between national antidoping agencies. The aim was also to negotiate issues related to supervision of interests, such as insurance and equipment acquisition matters. With the help of WADA experts, ANADO arranged a seminar for members on the implementation on WADC. At the end of the year, the work was mainly focused on negotiations on WADA's testing agreement.

#### INTERNATIONAL ANTI-DOPING ARRANGEMENT IADA

The principal purpose of the International Anti-Doping Arrangement IADA is to develop a quality system meeting criteria set by WADC. IADA is chaired by Sweden in 2003–2004. Developing different sections of the quality system and creating best practices in national antidoping work were IADA's priorities. IADA and WADA concluded co-operation agreements related to these projects. IADA will continue to develop models of best practice.

The quality system is also being processed towards a full ISO standard. ISO 9001:2000 and International Standard for Doping Control (ISO pass 18873) are currently in use. Enhancing IADA communications was one of the projects in 2003. IADA's website will be opened in 2004 as part of the Swedish Riksidrotts Förbundet website.

#### EUROPEAN UNION

The Ministry of Education is in charge of EU-related sports issues in Finland. Within this context, gaining authority over sports has been a key priority on the EU agenda. This would enable joint decision-making in the EU on issues related to WADA. Without authority, the EU cannot finance sports or antidoping projects. Although sports issues are

addressed in various contexts, a forum worth mentioning is the broadly-based EU division established by the Ministry of Education in which the sports representatives expressed their views about their relationship with the EU and were informed about EU issues. This forum convened on 26 March at the Ministry of Education.

#### NORDIC CO-OPERATION

Nordic co-operation is crucial to the development of FINADA's branches and promotion of joint international lobbying. In developing quality systems for doping control in particular, Nordic countries have exchanged information actively. Nordic countries also disseminate their good antidoping work to other countries to be used as a model for high-quality co-operation. The Nordic countries boast a globally unique doping control arrangement that reflects the reliability of doping control.

The Nordic meeting in 2003 was held in Copenhagen in August. The meeting discussed national statistics and central projects, doping control in gyms, international joint projects, implementation of the WADC and its implications to the quality system, WADA's antidoping administration and management system, the Antidoping Passport, tests conducted by WADA, and ANADO, a new antidoping organisation.

#### INTERNATIONAL SEATS OF FINADA

<b>WORLD ANTI-DOPING AGENCY WADA</b>		<b>ASSOCIATION OF NATIONAL ANTI-DOPING ORGANIZATIONS ANADO</b>	
WADA World Conference	Olli Puntila Juha Viertola Pirjo Krouvila	Foundation meeting and general assembly	Pirjo Krouvila
		Autumn meeting	Juha Viertola
WADA Ethics and Education Committee	Pirjo Krouvila	Executive Committee	Pirjo Krouvila
<b>UNESCO – THE UNITED NATIONS EDUCATIONAL, SCIENTIFIC AND CULTURAL ORGANIZATION</b>		<b>INTERNATIONAL ANTI-DOPING ARRANGEMENT IADA</b>	
UNESCO, the intergovernmental meeting of experts on the preliminary draft of the International Convention Against Doping in Sport	Juha Viertola	Executive Committee	Pirjo Krouvila
<b>COUNCIL OF EUROPE</b>		<b>NORDIC CO-OPERATION</b>	
The Monitoring group of the Council of Europe Anti-Doping Convention (Monitoring Group)	Pirjo Krouvila	Nordic meeting	Pirjo Krouvila Juha Viertola
WADA Coordination Forum	Pirjo Krouvila		
WADA Coordination Forum	Juha Viertola		
Education Committee	Pirjo Krouvila		
Legal Issues	Juha Viertola		
Consulting Baltic countries	Juha Viertola		

INCOME STATEMENT	1 JAN–31 DEC 2003	20 NOV 2001– 31 DEC 2002	BALANCE SHEET	31 DEC 2003	31 DEC 2002
<b>ORDINARY OPERATIONS</b>			<b>ASSETS</b>		
INCOME			FIXED ASSETS		
Other income	14,632.00	6,459.97	Intangible assets		
INCOME	14,632.00	6,459.97	IT user rights	1.00	1.00
EXPENSES			Tangible assets		
Personnel costs			Machinery and equipment	28,657.31	13,140.62
– Wages and salaries	-412,672.77	-370,295.51	FIXED ASSETS, TOTAL	28,658.31	13,141.62
– Social security costs			CURRENT ASSETS		
• Pension costs	-69,494.95	-65,736.18	Stocks		
• Other social security costs	-12,131.25	-12,033.07	Goods	14,636.05	9,955.00
Social security costs	-81,626.20	-77,769.25	Receivables		
Personnel costs	-494,298.97	-448,064.76	Accounts receivable	15,458.55	14,833.71
Depreciation	-14,328.65	-5,165.40	Other receivables	3,410.14	5,479.18
Other expenses			Accrued income	102,611.65	31,421.58
– Rents and charges	-40,842.78	-35,362.17	Receivables	121,480.34	51,734.47
– External services	-446,314.69	-547,752.42	Cash and bank	140,057.09	315,905.38
– Travel and accommodation expenses	-116,183.02	-74,328.12	CURRENT ASSETS, TOTAL	276,173.48	377,594.85
– Raw materials	-116,687.62	-59,719.17	<b>ASSETS</b>	<b>304,831.79</b>	<b>390,736.47</b>
– Other operating expenses	-106,076.98	-63,827.30	<b>LIABILITIES AND EQUITY</b>		
Other expenses, total	-826,105.09	-780,989.18	CAPITAL AND RESERVES		
EXPENSES, TOTAL	-1 334 732.71	-1 234,219.34	Surplus from the previous financial years	7,364.10	0.00
<b>Ordinary operations, deficit</b>	<b>-1 320,100.71</b>	<b>-1 227,759.37</b>	Surplus from the financial year	36,953.38	7,364.10
FUND RAISING			CAPITAL AND RESERVES, TOTAL	44,317.48	7,364.10
INCOME			LIABILITIES		
Income from advertising	4,540.00	0.00	Current liabilities		
FUNDRAISING, TOTAL	4,540.00	0.00	Accounts payable	27,850.99	48,177.22
<b>Deficit</b>	<b>-1,315,560.71</b>	<b>-1,227,759.37</b>	Other liabilities	28,485.39	14,160.93
INVESTMENTS AND FINANCIAL INCOME			Accrued expenses	204,177.93	321,034.22
INCOME			<b>Current liabilities</b>	<b>260,514.31</b>	<b>383,372.37</b>
Interest income	7,666.33	5,685.60	<b>LIABILITIES AND EQUITY</b>	<b>304,831.79</b>	<b>390,736.47</b>
INVESTMENTS AND FINANCIAL INCOME, TOTAL	7,666.33	5,685.60			
<b>Deficit</b>	<b>-1,307,894.38</b>	<b>-1,222,073.77</b>			
EXTRAORDINARY ITEMS					
EXTRAORDINARY INCOME	4,980.04	1,678.50			
EXTRAORDINARY ITEMS, TOTAL	4,980.04	1,678.50			
<b>Deficit</b>	<b>-1,302,914.34</b>	<b>-1,220,395.27</b>			
GENERAL FUNDING					
BASIC GOVERNMENT FUNDING					
Transferred from the previous financial year	224,332.01	0.00			
Basic government funding	1,204,000.00	1,204,000.00			
./. transferred to the next financial year	-110,000.00	-224,332.01			
<b>Basic government funding, total</b>	<b>1,318,332.01</b>	<b>979,667.99</b>			
SPECIAL GOVERNMENT FUNDING					
Transferred from the previous financial year	22,987.86	0.00			
Special government funding	41,506.05	405,759.24			
./. transferred to the next financial year	-42,958.20	-22,987.86			
./. spent on investments	0.00	-134,680.00			
Special government funding, total	21,535.71	248,091.38			
GENERAL FUNDING, TOTAL	1 339,867.72	1,227,759.37			
<b>Surplus from the financial year</b>	<b>36,953.38</b>	<b>7364.10</b>			