

2012 December 4

## INADO Update #12

Dear Colleagues:

### **Membership**

Since the last Update, Antidoping Switzerland has joined iNADO. Welcome to Matthias and to his team. Antidoping Switzerland joins the other 22 founding iNADO members covering all five Olympic Regions:

- Dopingautoriteit (Netherlands)
- UKAD (United Kingdom)
- ASADA (Australia)
- JADA (Japan)
- USADA (United States)
- DFSNZ (New Zealand)
- SAIDS (South Africa)
- CCES (Canada)
- ADN (Norway)
- ADD (Denmark)
- NADA Germany
- Singapore AD
- AFLD (France)
- NADA Austria
- NADA Romania
- NADC Barbados
- FINADA (Finland)
- Irish Sports Council
- PRADO (Puerto Rico)
- QADC (Qatar)
- BSADA (Bermuda)
- AEA (Spain)

Please encourage other NADOs to join to increase iNADO in 2013 to our influence and to broaden efforts to share best practices and to raise standards.

### **iNADO Development**

iNADO has opened its office in Bonn at Kurt-Schmacher-Strasse 2, 53113 Bonn, Germany.

The iNADO Board has approved the Institute's first Strategic Plan and Operational Plan. Both will be posted on the iNADO website, which will go live next week. Stay tuned for that announcement.

### **2013 iNADO AGM and Work Sessions, March 18**

Our first AGM and Work Sessions will take place Monday March 18, 2013, in Lausanne, Switzerland, the day before the WADA ADO Symposium. The day will be open to existing iNADO members, and to non-member NADOs and to RADOs as observers. The day will include Work Sessions free of charge to iNADO members, and at a fee to non-members. Please reserve this date.

I am developing the programme for March 18<sup>th</sup>. The AGM itself will focus on elections for iNADO's first elected Board of Directors. The members of the current self-appointed Board will step down, although many may stand for election. There will be a CEO/COO Forum for senior management to discuss strategic issues of interest. There will be a parallel session for non-CEOs and for non-member NADO and RADO representatives, likely focussing on finding and using free and publicly available sources of anti-doping information.

The bulk of the day will focus on the Armstrong case and the lessons that can be learned from it, such as:

- How NADOs should to analyse the Armstrong case to improve their national programmes
- How to conduct non-analytical cases
- Planning effective public communications strategies for major anti-doping prosecutions (and how to deal with an avalanche of media interest)
- What governments and other funders need to know and understand about the Armstrong case
- How to manage such a major case and still keep you regular NADO operations functioning smoothly
- Cooperation between NADOs and other ADOs for major anti-doping prosecutions

### **2013 WADA ADO Symposium, March 19-20**

Many if not most of you will now have received an invitation from WADA to the ADO Symposium in Lausanne, Switzerland, March 19-20, 2013. The online registration platform can be accessed at [lausanne-tourisme.ch/WADA2013](http://lausanne-tourisme.ch/WADA2013). Please note that the deadline for hotel reservations is February 5, 2013 and registration for the Symposium will close on March 5, 2013. For further information, please contact Sibylle Villard, European Regional Office Coordinator, [Sibylle.Villard@wada-ama.org](mailto:Sibylle.Villard@wada-ama.org), +41 21 343 43 40. iNADO hopes to see all of you there.

### **Draft 2015 World Anti-Doping Code: Version 2.0 Released for Comment**

Yesterday WADA released for comment version 2.0 of the Draft 2015 World Anti-Doping Code. This third and final stakeholder consultation phase runs through to March 1, 2013. As part of the Code Review Process, WADA is also launching the second and final consultation phase for the International Standards for review and comment. See: [http://playtrue.wada-ama.org/news/publication-of-second-draft-of-2015-code/?utm\\_source=rss&utm\\_medium=rss&utm\\_campaign=publication-of-second-draft-of-2015-code](http://playtrue.wada-ama.org/news/publication-of-second-draft-of-2015-code/?utm_source=rss&utm_medium=rss&utm_campaign=publication-of-second-draft-of-2015-code)

iNADO will begin reviewing these documents and provide by month's end summaries of significant changes (or not), and issues of interest to the NADO/RADO community.

### **Armstrong**

All NADOs should consider how the Armstrong case impacts their own national programmes. The steps you should take at a minimum are:

- Follow-up investigations on your country's cyclists or coaches implicated by the USADA Reasoned Decision.
- Review of your testing programmes to address the doping control avoidance techniques described in the Reasoned Decisions.
- Start to create your intelligence and investigations (I&I) capacity, or enhance your current I&I work. Include working with government sponsors and other stakeholders to educate them on the importance of using I&I to prevent and to discover doping.

ASADA has recently issued a call for Australian cyclists to come forward:

[http://www.asada.gov.au/publications/media/media\\_releases/asada\\_release\\_121115\\_cycling\\_investigation.pdf](http://www.asada.gov.au/publications/media/media_releases/asada_release_121115_cycling_investigation.pdf)

In your follow-up on Armstrong, do not forget to consider your Paralympic cyclists:

<http://www.insidethegames.biz/paralympics/summer-sports/cycling/1011883-italian-paralympic-cyclist-at-centre-of-doping-row-after-link-to-armstrong-doctor>

### **NADO to NADO Cooperation**

iNADO member UK Anti-Doping (UKAD) and soon-to-be-member the Polish Commission Against Doping in Sport (PANDA) recently held joint team meetings: <http://www.ukad.org.uk/news/article/polish-national-anti-doping-organisation-visits-uk>

According to UKAD CEO Andy Parkinson, the two NADOs shared experiences in these important areas:

- Polish Anti-Doping Programme
- UK Anti-Doping Organisational Structure & Finances
- Education Programmes & Initiatives
- Intelligence Programmes & Information Sharing
- Testing Programme, TDP & RTPs
- Profiling Programmes
- Results Management
- Conclusions & Future Collaboration

This sort of cooperation can be tremendously beneficial for both parties. As well as sharing best practices, it builds mutual trust and confidence. PANDA Director Michał Rynkowski summarised the value of these sessions:

“Indeed it was a fruitful meeting which showed how important is “face to face” communication between NADO staffs. For the Polish NADO the most important outcome is that we are reassured in which direction we should further develop our anti-doping program and how we should reorganize our NADO to make the Polish fight against doping more efficient than it is today. Of course we will have to build our own path but based on the experience of organizations which already have greater background than we.

“Also what for me is important is that this meeting showed that each NADO deals with similar problems and obstacles. A good example can be transportation of blood samples and, in general, testing. The last thing is the approach of your staff – which usually does not like changes. Sometimes it is better to show them how things work in other organizations so that they can experience it for themselves, and be convinced themselves that changes are necessary.”

For more on PANDA go to: <http://www.antydoping.pl/en/>. For more on UKAD, go to: <http://www.ukad.org.uk/>

### **EC/Danish Report: Strategy for Stopping Steroids**

The recent WADA ExCo and Foundation Board meetings highlighted a significant European Commission report: Strategy for Stopping Steroids. This is an important source for better understanding the use of steroids in the wider sport environment in which elite athletes live and often train, as well as sources of supply.

iNADO member Anti Doping Denmark was responsible for coordinating the report. The different partners (the NADOs of Denmark, the Netherlands, Sweden, Poland and Cyprus) collected data and wrote their own contributions. To summarise:

“The report illustrates the current situation and the work performed in relation to all aspects of fitness doping – from production and trafficking to young men’s focus on the muscular body and prevention to health risks and treatment of users in the five participating countries: Denmark, the Netherlands, Sweden, Poland and Cyprus. The report adopts a comprehensive view, and the participants have endeavoured to base the report on the latest statistical data and current information about focus areas, activities and strategies within anti-doping work. In addition, the report contains descriptions of current legislation in the field.

For a copy of the report, go to:

<http://www.antidoping.dk/da/ServiceMenu/DownloadCenter/Publikationer/Strategy%20for%20Stopping%20Steroids.aspx>

### **Supplements**

A news report that reminds all of us that you can never be sure if a supplement contains prohibited substances:

[http://www.mercurynews.com/health/ci\\_22006480/san-jose-supplement-company-admits-federal-court-mislabeled](http://www.mercurynews.com/health/ci_22006480/san-jose-supplement-company-admits-federal-court-mislabeled)

### **Concluding Words**

Never hesitate to contact me if you need assistance. Let me know what is happening in your country and in your organisation. Tell me how iNADO can help you do a better job.

Joseph de Pencier, J.D.  
Chief Executive Officer  
[jcdep@me.com](mailto:jcdep@me.com)  
+1.613.850.7553 (m)

**iNADO is the Institute of National Anti-Doping Organisations. It promotes best practices by NADOs and RADOs, and is their collective voice.**