

2012 September 8

Dear Colleagues:

INADO Update #4

Welcome from London. I am here as a member of the International Paralympic Committee's (IPC) Anti-Doping Committee. More on the Games in a moment.

Membership

There are currently 12 members (money in the bank or in process): Dopingautoriteit Nederlands, UKAD, ASADA, JADA, USADA, DFSNZ, SAIDS, CCES, ADN, ADD, Singapore AD and NADA Germany. Likely to join in 2013, if not sooner, are AFLD, FINADA, Swiss AD, Swedish Sport Confederation, Poland NADO, Romanian NADO, Lithuanian NADO, Luxembourg and Cyprus ADA. Also useful discussions with CHINADA, NADA Austria and the Irish Sports Council. I am of course pursuing other NADOs to directly encourage early membership. If you have not heard from me, you will. Each additional member adds strength and influence to iNADO.

iNADO Board Meeting August 28th

As you know, the iNADO Board met August 28th. The Board consists of David Kenworthy (UKAD) (Chair), Aurora Andruska (ASADA), Travis Tygart (USADA), Doug MacQuarrie (CCES) and Patrick Goh (Singapore AD). Here are key outcomes:

- iNADO will locate in Bonn, Germany this Fall. There were a number of considerations going into this decision:
 - The NADA Germany provided great encouragement to locate in Bonn. iNADO will likely locate in the building next door to NADA's. iNADO may use the same outside service providers as NADA uses currently for financial administration and IT support. The iNADO offices will also be close to the IPC. Indeed, cooperation with the IPC relating to staff (maybe "sharing" a person through part-time employment at both organisations), and perhaps sharing premises in the future, is a useful possibility.
 - Bonn is a low cost operating environment for iNADO and place to live for me.
 - In light of events requiring my travel in 2012, 2013 (South Africa) and 2014, this European location will save on travel dollars as compared to remaining in Canada. This will partially offset office costs.
 - Locating in Bonn sends a positive political sign to the NADO community. It removes a barrier to membership for some because it is another signal of the clean break we have made with ANADO and the new direction we are pursuing.
- The draft budget was approved with only minor adjustments. An Audit Committee was appointed. Auditors have already been engaged (the UK firm Townend).

- The draft Strategic Plan was approved in principle. The most important outstanding matter is to add a Vision Statement. I believe it should be along the lines of: “NADOs Building Better Anti-Doping” / “NADOs Making Anti-Doping Better”. What do you think? Please let me know. A second set of changes will relate to RADOs and to reflect their formal involvement as a “work in progress” contingent on future consultations between iNADO and WADA. In the meantime, NADO and RADO colleagues will hear from me and, I hope, benefit from iNADO as individuals, without distinction.
- The draft Operational Plan was approved in principle. It will of course require adjustment to reflect changes to the Strategic Plan. It will prioritise activities. It will include performance indicators.
- The iNADO Policies were approved in principle. For example, they will include the Institute’s financial policies, and conflict of interest and the confidentiality requirements for Board members, for me and for future employees.
- The first AGM will be held in Lausanne in conjunction with the WADA ADO Symposium next March. At that time there will be elections to the Board; all current Board members will step down. We will seek membership approval to increase the number of Board members from 6 to 8 (which requires an amendment to the Articles of Association through a special resolution of the membership at the AGM). Please make allowance for attending the AGM in your planning for 2013, whether your NADO is a member or you will attend to observe.
- The website (iNADO.org) will be launched in October. It is under construction. It will provide you access to the Strategic Plan, the Operational Plan, the Budget, and the iNADO Policies. And much more.

I would be happy to answer your questions or to discuss any of this.

London 2012 Paralympic Summer Games

The London organising committee (LOCOG) has done a tremendous job. Our UKAD colleagues have made a major contribution, for example as Doping Control Station Managers, DCOs and Chaperone team leaders, and conducting out-of-competition pre-Games testing. I hope to have lessons-learned from the Games to share with members before Christmas. Any NADO from a country hosting a major multi-sport games or world championships will benefit from the experiences of our colleagues from Great Britain.

Some personal observations:

- The London Paralympics are all about sporting excellence. Of course the athletes have had to deal with disabilities. They do that very, very well. As the South African sprinter Oscar Pistorius put it recently, when he grew up he did not think of himself as disabled; rather, he simply had a different set of shoes than his brother and his friends (his with legs attached). What has been so inspiring in London is the skill of the athletes, the fierceness of the competition, the dozens of new world records, the mutual respect Paralympians have for each other, and, above all, the

deafening roar of the sell-out crowds. What a competition!

- Many National Paralympic Committees (NPCs) arrived in London still not familiar with the IPC Anti-Doping Code, the LOCOG Anti-Doping Guide, TUE procedures, and hearing procedures. By that I mean the Chefs de Mission, Chief Medical Officers, Coaches and the athletes themselves. This causes headaches and serious problems at a Games. It badly serves the athletes. We have already announced one ADRV where a coach provided left-over supplements (which he had bought for his wife) to his athlete. In this day and age, hard to believe. NADOs can help NPCs better prepare for IPC events. Please make that part of your strategic and operational planning.
- Some NPCs do not have good working relationships with their NADOs. Please reach out to your NPCs and help raise the level of knowledge of their staffs, volunteers and above all their athletes.

Look Ahead

The Code and the International Standards Review. I hope you are well into your own national consultations and analysis. I hope you are sharing issues and ideas with colleagues in other NADOs, and planning to make your comments to WADA in this phase of the process by the deadline of October 10th. In the coming weeks, iNADO will provide analysis and proposals to assist you to make your contribution to improving the Code and the International Standards. In the meantime, as some of you have already, please let me know what are the issues – and the solutions – that are important to your NADO.

Concluding Words

- Never hesitate to contact me if you need assistance. Let me know what is happening in your country and in your organisation. Tell me how INADO can help you do a better job.

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