

2012 August 17

Dear Colleagues:

INADO Update #3

London 2012 Paralympic Summer Games

Hope you and your NADO or RADO had a great (i.e., very quiet) Olympic Games.

Now is your last chance to prepare yourselves and your nation's Paralympic Teams for London. If you have not already, consider these steps:

- Review the Anti-Doping Guide for the Games. A copy is attached with this Update. Make sure your Team's Chef de Mission and Chief Medical Officer have copies – and read them!
- Provide your Team's Chef de Mission with a 24/7 contact at your NADO or RADO during the period of the Games. If there is a TUE or anti-doping issue, your Chef de Mission or Chief Medical Officer will need your advice.
- Have a plan in your NADO in case of such a call. What is the division of responsibilities between the NADO and the National Paralympic Committee (and the Team's Chef de Mission)? If an anti-doping rule violation is asserted, who will give scientific or legal advice? Who will represent the athlete at a hearing? Who will speak to the media?
- Review each of your athletes' medication and supplement use, or make sure the Team's Chief Medical Officer has done so or will do so as soon as possible. In the doping control station is a very poor time to first learn of an athlete's medication or supplement use. Have your athletes discontinue problematic products immediately and consider if such athletes should withdraw.
- For each athlete, prepare a list of all medications and supplements they use. Make sure the athletes have it with them at all times. This will get them in and out of doping control more quickly. No one wants to wait on the Team's bus at night, at dinner time, in the dark, while a team mate in the doping control station phones half way around the world to get the full name and correct spelling of a medication they took recently (and believe me this happens at every single Games).
- Remind your people to visit the WADA Outreach Booth in the Athletes' Village.

Let me know your other preparations and I will spread the good word prior to the Games.

INADO Innovation

NADOs lead global anti-doping efforts through innovation. Here are two new and practical NADO initiatives to protect athletes against doping:

- Russia is the world's biggest nation. It stretches across nine time zones. Here is how RUSADA is reaching sportsmen and women throughout this vast geography: <http://playtrue.wada-ama.org/news/rusada-reaches-remote-regions-with-distance-learning-program/>
- *Coach Clean* is an interactive e-Learning programme designed to give coaches the knowledge and understanding to help guide athletes in clean sport. *Coach Clean* has been developed by Sports Coach UK and UKAD as an anti-doping course exclusively relating to the coach's role. Go to: <http://www.sportscoachuk.org/resource/coach-clean>

WADA Code/Standards Review

A short review of some of the issues raised by three significant proposals for the 2015 WADA Code:

- The abolition of the B Sample;
- The introduction of mandatory four year bans (Article 10.6); and
- An Olympic ban (Article 10.15)

B Sample

- The B sample is rarely necessary: false positives are rare, and removing the B Sample process does not prevent re-analysis, just the B Sample collection process
- The costs of collecting and transporting the B Sample would be avoided
- The process is not replicated in criminal proceedings

But

- The process underpins Athlete confidence in the process and their perception of its fairness
- Removing the B Sample may increase Laboratory conservatism
- The cost savings are marginal and not worth the reputational risk

Four Year Bans

- Heavy sanctions are welcomed for serious dopers
- The Code needs to make it easier for meaningful bans to be imposed
- Heavy bans will encourage the provision of intelligence

But

- Mandatory four year bans are legally suspect
- The provision is very prescriptive
- Refusing and failing to comply will increase?

Olympic Ban

- Strong anti-doping deterrent
- Integrity of Competition

But

- Mandatory ban is discriminatory and legally vulnerable
- Removes harmonisation of sanction across sport

What do you think?

Here is the link to WADA's very recent reminder about the Code and International Standards review:

http://playtrue.wada-ama.org/news/code-review-reminder-for-wada-stakeholders/?utm_source=rss&utm_medium=rss&utm_campaign=code-review-reminder-for-wada-stakeholders

Miscellaneous

- FINADA has just published a summary of an interesting legal thesis on anti-doping and criminal law: <http://www.antidoping.fi/view.cfm?page=0D93D9DA-DB40-40A6-8D1F-BCF350599C83&articleid=03a8fe34-e0c4-4f6d-b6bd-627882db315e>
- Are all bets off when silver becomes gold? When silver is upgraded to gold because of doping, what becomes of betting on the medals? Here's what is happening in New Zealand as a result of the Ostapchuk disqualification at the London Olympics: http://www.nzherald.co.nz/nz/news/article.cfm?c_id=1&objectid=10827036
- The doping exposé of former professional road cyclist Tyler Hamilton (*The Secret Race: Inside the Hidden World of the Tour de France*) will be released on September 18 – Lance Armstrong's birthday! http://velonews.competitor.com/2012/08/news/hamilton-coyle-to-expose-doping-practices-in-new-book_234516
- French runner Fatima Yvelain tested positive for EPO after a half-marathon. According to a posting on tumblr.com, she claimed heavy rainfall on the day of race had caused water to stream over hidden medical waste somewhere near the course. As she ran, the EPO-laced rainwater splashed onto her shorts, thus contaminating her urine when she later provided a sample at the doping control: <http://inrng.tumblr.com/post/29472905178/itsrainingepo>. The explanation was not accepted by the French Athletics Association: <http://www.vo2.fr/actualite/athletisme-dopage-fatima-yvelain-controlee-positive-a-lepo-14082012-5616.html>

Look Ahead

- The iNADO Board has its first in-person meeting in London on August 28th. Here is the Agenda:
 1. Welcome and Adoption of the Agenda
 2. Membership
 3. Program Activities
 - Code Group

- Science Group
 - Resources (Netherlands Anti-Doping Knowledge Center)
 - Website
 - Quality System
 - 4. Partnerships
 - WADA
 - IADA
 - Council of Europe (Monitoring Group)
 - 5. Coming Events
 - iNADO: AGM March 2013 (Lausanne); ExGM November 2013 (South Africa); AGM March 2014 (Lausanne)
 - Other: IADA August 2012 (London); USADA Scientific Symposium Oct 2012 (Atlanta); SAD Intelligence & Investigation Course Oct 2012 (Bern); Monitoring Group + WADA Pharma Conference Nov 2012 (Paris); World Anti-Doping Conference Nov 2013 (South Africa); SADAN Code Implementation Conference Jan 2014 (Netherlands)
 - 6. Strategic Plan 2012-2015
 - 7. Operational Plan 2012-2013
 - Performance Indicators
 - iNADO Quality System (annual peer review/organisational audit by member NADO)
 - 8. Organisational Policies (including financial management and disclosure)
 - 9. Budget
 - 10. Board membership and staggered terms
 - 11. Office Location
 - 12. Any other business
 - 13. Next meeting
- I will report to you the results as quickly as possible. They will include adoption of a Strategic Plan and a first Operational Plan, agreement on the first Budget, adoption of internal operating policies, including financial policies, and a decision on the location of the iNADO office. Stay tuned.

Concluding Words

- Never hesitate to contact me if you need assistance. Let me know what is happening in your country and in your organisation. Tell me how iNADO can help you do a better job.

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