

2015 November 25

## **iNADO Update #65**

**New Member | New WADA Director General | Independent Commission Report**  
**New Documentary on Doping in East Germany | New Legal Guide**  
**New Study on the Risks of Supplements | New ADKC Resources**

Dear Colleagues:

November has been a momentous month in the protection of clean sport. Much that is new. The release of the first Report of WADA's Independent Commission marks a fundamental development in the oversight of anti-doping organisations and their programmes. And a grim reminder of the continuing impacts of doping on athletes is a new documentary film on East German doping victim, Andreas Krieger. See more below on each.

### **New iNADO Member: Costa Rica**

iNADO continues to grow. It now has 54 Member NADOs with the recent addition of the Comisión Nacional Antidopaje Costa Rica, our first from Central America. iNADO welcomes it into our community of Members. We encourage new Members to join now for 2016 (and begin enjoying the benefits of Membership in 2015 at no fee). For an up-to-date membership application and fee schedule, contact: [info@inado.org](mailto:info@inado.org).

### **Olivier Niggli Appointed as WADA's New Director General**

As most of you know, at the WADA ExCo on November 17<sup>th</sup>, Olivier Niggli was named as WADA's new Director General, to succeed David Howman: <https://www.wada-ama.org/en/media/news/2015-11/wada-appoints-olivier-niggli-as-new-director-general>. iNADO warmly congratulates Olivier and wishes him every success. He will assume command at an auspicious time. iNADO continues to support WADA as the leading organisation in anti-doping and protecting clean athletes and very much looks forward to working with Olivier in his new capacity.

### **Summary and Comment on WADA Foundation Board Meeting November 18, 2015**

iNADO Updates #64.1 and 64.2 summarised the documents for last week's WADA ExCo and Foundation Board meetings. Here is a link to the WADA media release summarising them: <https://www.wada-ama.org/en/media/news/2015-11/foundation-board-media-release-wada-strengthens-anti-doping-worldwide>. And here is a thoughtful external summary of the key aspects and implications of the Foundation Board meeting: <http://www.sportsintegrityinitiative.com/foundation-board-meeting-time-for-wada-2-0/>.

### **First Report of the WADA Independent Commission**

For those who have not read it, the first Report of the Independent Commission is mandatory for all anti-doping practitioners: <https://www.wada-ama.org/en/resources/world-anti-doping-program/independent-commission-report-1>. The Executive Summary runs the first 48 pages of this 335 page Report. Please review at least that portion of the document.

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A second Report is expected by year's end. It will include information currently under embargo due to ongoing criminal investigations based on information gathered by the Independent Commission and provided to Interpol. It will focus on the IAAF.

The iNADO Board of Directors issued a statement praising the work of the Independent Commission and urging follow-up measures:

(Colorado Springs, November 16, 2015)

**Media Release: iNADO Urges Action to Protect Clean Sport**

On the eve of the World Anti-Doping Agency Executive Committee and Foundation Board meetings, the Board of Directors of the Institute of National Anti-Doping Organisations (iNADO) met in Colorado Springs and urged continued efforts to protect clean athletes world-wide. iNADO Chair David Kenworthy said:

- ☐ We applaud the work of the Independent Commission investigating doping in the sport of Athletics, focusing on Russia. We thank the World Anti-Doping Agency (WADA) for creating and assisting the Independent Commission.
- ☐ The corruption of anti-doping uncovered by the Independent Commission is a tragedy for sport and for clean athletes everywhere. It reinforces the need for anti-doping work to be conducted independent of sport organisations and without government interference.
- ☐ The ARAF – Russia's national federation for athletics – and its athletes must be suspended from the 2016 Rio de Janeiro Summer Olympic Games. The corruption in Russian Athletics deserves no less. ARAF has not demonstrated that they are capable of sending a clean team to Games. A strong deterrent message must be sent that national federations cannot participate in the highest levels of competition when anti-doping has been intentionally subverted. The actions by the ARAF, which deliberately flouted the rules of sport, have tainted all Russian athletes in the sport of Athletics.
- ☐ The Independent Commission relied on whistleblowers to disclose corruption. Anti-doping rules need to be amended as an urgent matter to do more to encourage and protect whistleblowers in sport.
- ☐ iNADO urges WADA to accelerate the work of its independent Compliance Review Committee, and to fund that work at least to the level of anti-doping research spending each year.
- ☐ iNADO is concerned with the current gap in testing in all Russian sports, and iNADO's global network of Member National Anti-Doping Organisations (NADOs) is available to collaborate with WADA and with International Federations to conduct testing in Russia

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and of Russian athletes in all sports.

### **German Doping Victims: New Documentary Film**

This documentary was created by iNADO Member NADA Germany, in cooperation with iNADO Member USADA. Together with former East German shot putter Andreas Krieger of Germany's Doping Victim Organization (DOH), they have produced a moving documentary film about Andreas' life, focusing on the systematic doping he was subjected to as well as his search for his gender identity. With English subtitles: [www.andreas-krieger-story.org](http://www.andreas-krieger-story.org). For more on the DOH: <http://www.no-doping.org/>.

"If I could keep people from doping by sharing my story, that would be great." Andreas Krieger, a board member of Germany's DOH, is fulfilling this goal by telling his personal life story in a gripping, first-of-its-kind documentary. The film, entitled *Andreas Krieger: Heidi's Farthest Throw*, traces Krieger's past as a professional female shot putter in what was then communist East Germany. Heidi Krieger was subjected to systematic doping in a sports environment that focused more on medals than the well-being of the athletes. In the film, Krieger also describes his long and painful search for his gender identity. As a man, he now uses the name Andreas.

"My decision to find my gender identity was taken from me," says Krieger. "In some ways, they played God without including me or asking me. They decided without me and didn't care what would become of me." As part of his work with Germany's Doping Victim Organization, Andreas Krieger is actively involved in doping prevention.

"The clean sport community applauds Andreas for the bravery he has shown in sharing his story with us," says USADA CEO Travis Tygart. "Anyone who has the opportunity to meet with former East German athletes, and to hear their stories, is reminded that we must do whatever we can to protect athletes from those who would prey on them for their own gain."

"It is important for us to learn from the past," says NADA Germany chairwoman Andrea Gotzmann. "We are very pleased to present this film with Andreas Krieger. We want to work together to protect young athletes. With the documentation of his story, we hope to encourage them to think about the issue and to proactively and decidedly say 'No' to doping."

"Prevention doesn't only impact athletes, politicians, coaches, and parents. It's a societal problem," according to Andreas Krieger. The film will be integrated into the prevention programs of NADA and USADA. [You are welcome to make use of it for your own education and prevention campaigns.](#)

### **New Legal Guide**

Marjolaine Viret of the World Anti-Doping Code Commentary Project has published a new book: *Evidence in Anti-Doping at the Intersection of Science & Law*: <https://mادميمي.com/p/cfaae6?fe=1&pact=34573639041>. According to the description:

This book is a comprehensive, practice-oriented guide to the evidentiary regime under the 2015 World Anti-Doping Code (WADC) including the functioning of the Athlete Biological Passport. It is the first to show how the interplay between science and law affects the collection and evaluation of evidence in anti-doping, and how paradigm shifts in anti-doping strategies may

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modify evidentiary assumptions implicit to the WADC regime.

...

The emphasis of the book is on international doping cases and it relies predominantly on awards of the Court of Arbitration for Sport published up to Spring 2015. Written by an experienced Swiss lawyer it provides an insight into the Swiss legal system and its importance for the legal practice in doping matters.

### **New Dutch Study Linking Doping Risk to Sports Supplements**

iNADO Member the Netherlands Dopingautoriteit has published a study of the presence of prohibited substances in high-risk sports supplements available from Dutch web shops: "Upper Limit of the Doping Risk Linked to Sports Supplements." Another reminder that every NADO and RADO must provide its athletes and athlete support personnel with sound advice on navigating the dangers of supplement use. See:

[http://www.dopingautoriteit.nl/media/files/2015/Upper limit of the doping risk linked to sports supplements 20151120 DEF.pdf](http://www.dopingautoriteit.nl/media/files/2015/Upper_limit_of_the_doping_risk_linked_to_sports_supplements_20151120_DEF.pdf).

### **New at the Anti-Doping Knowledge Centre ([www.doping.nl](http://www.doping.nl))**

Every anti-doping practitioner should consult the ADKC whenever doing scientific or legal research, or seeking models and resources for education and prevention programmes. It is the largest fully accessible collection of anti-doping materials in the world. Its search engine is robust and easy to use.

New resources include two tribunal decisions from Canada in the sport of cycling. They illustrate application of the 2015 WADC's provisions on "prompt admission," "degree of fault" and "seriousness of the violation." Only minor reductions from the basic four year sanction awarded. See:

*Novia* <http://www.doping.nl/filter/doc:3538/SDRCC%202015%20CCES%20vs%20Daniel%20Novia> and *Picard* <http://www.doping.nl/filter/doc:3535/SDRCC%202015%20CCES%20vs%20Dominic%20Picard>.

Please contribute your resources – tribunal decisions, scientific research, education and prevention materials – to the ADKC in whatever language. Contact: <http://www.doping.nl/contact>.

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**iNADO is the Institute of National Anti-Doping Organisations. It promotes best practices by NADOs and RADOs, and is their collective voice.**