

DECISION

No. 9/15.07.2014

Ref. to **National Anti-Doping Agency** *versus* **Runar Heltne**,
Coach at Dinamo Bucharest Sport Club, Athletics Section

Issued by

**THE HEARING COMMISSION FOR THE ATHLETES AND THEIR
SUPPORT PERSONNEL WHO VIOLATED THE ANTI-DOPING RULES**

With the following structure:

Chairperson

IOAN DOBRESU

Members:

Iulia-Monica ACATRINEI

Valentina ALEXANDRESCU

Gabriela ANDREIASU

Doina MELINTE

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Irina TURCU

Graziela Elena VAJIALA

Secretary of the Hearing Commission: Gabriela ANDREIASU

The Hearing Commission for the athletes and their support personnel who violated the anti-doping rules, named hereinafter “the Hearing Commission”, convened on 16.06.2014, at 10h00, at the official seat of the National Anti-Doping Agency, named hereinafter “the Agency”, in Bucharest, 37 – 39 Basarabia Blvd., District 2 for the hearing of the coach RUNAR HELTNE from Dinamo Bucharest Sport Club, as support personnel of the athletes Ursu Sergiu and Anca Margareta Heltne, residing in Bucharest, 2C Alea Postavarul Bl. C4A, Sc. A, et. 2, Ap. 7, District 3, holds the following:

On the grounds of article 33 paragraph (1) of the Law no. 227/2006 regarding prevention and fight against doping in sport, republished, the Hearing Commission held a hearing procedure for the coach Runar Heltne, support personnel of the athletes Ursu Sergiu and Anca Margareta Heltne, for committing the deed provided by article 2 paragraph (2) letter h) of the above mentioned law.

When preparing the hearing procedure, the Hearing Commission took into account the following:

- ✓ The statements given by the athlete Ursu Sergiu during the hearing meetings on 22.05.2014 and 16.06.2014;
- ✓ The statements given by the athletes Gag Andrei, Bartha Levente and Toader Eliza, heard as witnesses in the case of the athlete Ursu Sergiu;
- ✓ The statements given by Runar Heltne in the two cases already managed by the Hearing Commission of the athletes Ursu Sergiu and Anca Margareta Heltne, completed by the decisions 7/16.06.2014, respectively 8/16.06.2014;
- ✓ The presence of the metabolites 17 β -HYDROXIMETHYL-17 α -METHYL-18-NORANDROSTA-1,4,13-TRIEN-3ONE; 4-CHLOR-17-HYDROXIMETHYL-17-METHYL-18-NOR-5 β -ANDROST-13-EN-3-OL; 4-CHLOR-17-HYDROXIMETHYL-17-METHYL-18-NOR-5 β -ANDROSTA-1,13-DIEN-3-OL in the sample of the athlete Anca Margareta Heltne. The presence of these metabolites indicates the administration of

METHANDIENONE, as well as the prohibited substance DEHYDROCHLORMETHYL-TESTOSTERONE, both included in Section S1.1.a “Exogenous Androgenous Anabolic Steroids”;

- ✓ The presence of metabolite 4 CHLOR-17-HYDROXIMETHYL-17-METHYL-18-NOR-5 β ANDROST-13-EN-3-OL in the sample of the athlete Ursu Sergiu. The presence of this metabolite indicates the administration of the prohibited substance DEHYDROCHLORMETHYL-TESTOSTERONE, included in Section 1.1.a, “Exogenous Androgenous Anabolic Steroids”;
- ✓ The fact that the athlete Anca Margareta Heltne has been previously suspended for violating the anti-doping rules in 2010, when she was also trained by Runar Heltne.

Brief history of the case:

On 14.03.2014, the athlete Anca Margareta Heltne was notified in view of attending the Hearing Commission meeting. On this occasion, the athlete admitted the analytic result and provided substantial assistance to the Hearing Commission by disclosing how the prohibited substance entered her body. Thus, the athlete declared she entered the website www.steroizi-shop.com and ordered the products DIANABOL from Genesis and TURINABOL from Balkan Pharm.

On 11.04.2014, the athlete was convened again for the Hearing Commission meeting and requested ANAD to conduct some investigations aiming to prove her statements and detect other anti-doping rules violations. The athlete referred to the athlete Ursu Sergiu, from sport discipline *shot put* - whose case was managed and the athlete has been suspended from sport activity. Anca Heltne provided a substantial assistance to the Commission by giving relevant information that determined ANAD to inform the prosecution bodies with the aim of detecting some networks trafficking prohibited substances.

On 22.05.2014, the athlete Ursu Sergiu attended the meeting of the Hearing Commission and admitted he used the prohibited substance detected in his sample. At the same time, he stated that on 5 October 2013, he traveled to Thessaloniki,

Greece where the athletes Anca Heltne, Bartha Levente and Gag Andrei were training. They were training under the supervision of the coach Runar Heltne.

The coach Runar Heltne was also present at the Hearing Commission meeting on the same date and he stated he was contacted in October 2013 by the athlete Ursu Sergiu, asking him to train with his team. Moreover, Runar Heltne financially supported the athlete Ursu Sergiu, as he considered him to be an athlete who could perform in his sport discipline. After the training in Thessaloniki, the team traveled to Cyprus. The coach's statement also reveal that the athlete Ursu Sergiu had informed the Sport Club Dinamo Bucharest of the fact he was training in Spain, while the coach Runar Heltne officially announced on 8 January 2014 that the athlete Ursu Sergiu was training with him in Cyprus. Until 8 January 2014, the official coach of the athlete was Musat Constantin.

At the same time, the coach stated he didn't administered or recommended him any prohibited substance, but he mentioned that in 2013, the athlete Ursu Sergiu collaborated with the physician Osean Vasile, and the treatment administered during the training in Thessaloniki was prescribed by this physician. As it results from his statement, the athlete was using Testolent.

The members of the Hearing Commission requested all athletes trained by Runar Heltne, respectively Gag Andrei affiliated with MSC Arad, Bartha Levente affiliated with ASC Steaua Bucharest and Eliza Toader affiliated with MSC Bucharest to provide their whereabouts and to submit to doping control as soon as possible. At the same time, the Hearing Commission established the necessity to hear them, as witnesses, at the next meeting.

On 16.06.2014, the members of the Hearing Commission held the fact that ANAD tested the abovementioned athletes and their results were negative. On this occasion, the Commission heard the three witnesses separately. Their statements revealed that during their staying in Thessaloniki, the coach Heltne didn't advise them to use any prohibited substance or medicine. Moreover, Heltne Runar covered their accommodation and meals expenses during the entire period. Bartha Levente was the only witness who saw Ursu Sergiu while administering 500ml glucose through perfusion, without being helped by another person. During the same period

of time, Bartha Levente saw him injecting himself insulin, in the morning, with small needles, while the vials were labeled with ACTRAPID.

These statements were also reinforced by the coach Runar Heltne, who also mentioned that Bartha Levente informed him of the fact that the athlete Ursu Sergiu was administering himself perfusions and hypodermal injections with insulin. The Hearing Commission also held the fact that Runar Heltne rarely visited their room, but he observed several times how Ursu Sergiu was administering himself the perfusions.

The Hearing Commission for athletes and their support personnel who violated the anti-doping rules, after reviewing the documents in the case file, the statements given during the hearing meetings, the fact that the athlete Ursu Sergiu didn't prove his statements according to which Runar Heltne encouraged him to use prohibited substances for enhancing his sport performance, the fact that Anca Heltne purchased on the internet the supplements containing prohibited substances without consulting with Runar Heltne, and provided substantial assistance in detecting other anti-doping rules violations and tracking some networks trafficking prohibited substances, as well as the relevant national and international legal provisions:

DECIDES

No ineligibility of the coach Runar Heltne from Dinamo Bucharest Sport Club, on the grounds that there aren't sufficient evidences to prove the assistance, encouragement or any other form of complicity regarding the violation of article 2 letters a)-g) of the Law no. 227/2006 regarding prevention and fight against doping in sport, republished.

The current decision shall be communicated to coach Runar Heltne, Dinamo Bucharest Sport Club, Romanian Athletics Federation, Ministry for Youth and Sport, Romanian Olympic and Sport Committee, International Association of Athletics Federations and World Anti-Doping Agency.

The current Decision may be appealed in 21 days from its communication, to the Appeal Commission besides National Anti-Doping Agency.

Pursuant to the provisions of Article 36, paragraph (4) of the Law no. 227/2006 regarding prevention and fight against doping in sport, republished with subsequent amendments, the above mentioned institutions are required to maintain the confidentiality of the information received, until the public disclosure of the case.

**CHAIRPERSON,
IOAN DOBRESCU**

Drawn up by

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