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iNADO Update #67

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Does Winning Lead to Cheating? | New ADKC Resources | Join iNADO**

Dear Colleagues:

In the afterglow of the JADA Asian Seminar (thank you JADA!), we look forward to more professional development activities next month. Please take advantage of them to improve your NADO or RADO.

2016 iNADO Workshop

All NADOs and RADOs are invited to attend the 2016 iNADO Workshop, March 13th, Lausanne, Switzerland. Over 80 participants from dozens of NADOs, RADOs and IFs are already registered.

As always, our programme focuses on practical matters that can improve NADO and RADO anti-doping programmes. This year topics will include pre-Games anti-doping education and testing, TDP risk assessment, office and IT security, intelligence and investigations interviewing skills, and working with International Federations. Learn about NADO-NADO cooperation projects, including a new documentary on one of Germany's doping victims from the 1980s. Our programme complements that of the WADA ADO Symposium, which takes place at the same venue the three days following the iNADO Workshop.

The iNADO Workshop will give you the opportunity to network with your peers from other NADOs, RADOs and IFs, and to share problems and solutions with other anti-doping practitioners. We look forward to welcoming you there. Non-Members and IFs are charged a modest fee to help support the costs of the Workshop. For registration information, including the revised programme, go to: <http://www.inado.org/about/2016-workshop-agm.html>.

Antidoping Switzerland Open House

Antidoping Switzerland will open its doors the day after the WADA ADO Symposium in Lausanne. It will take place on Thursday, March 17 from 9:30 till 15:00 in our office rooms in Ittigen, Switzerland. Interested people should contact Director Matthias Kamber (matthias.kamber@antidoping.ch or +41(0)31 359 74 47) to book a spot and for advice how to reach Antidoping Switzerland's offices from Lausanne.

This is a terrific opportunity to visit and exchange expertise with a leading-edge NADO. For more information on Antidoping Switzerland, go to: <http://www.antidoping.ch/en>. I particularly recommend the website's science page for excellent materials on the prohibited list, and especially on the analytical science of anti-doping: <http://www.antidoping.ch/de/node/1237>.

NADO – IF Cooperation: RNADA - UEFA

The 2015 World Anti-Doping Code encourages (if not requires) more cooperation between NADOs (and RADOs) and IF anti-doping programmes. All NADOs should increase their collaboration with IFs – to

increase efficiency, to share information to improve programme quality, to enhance athlete confidence that the protection offered by their national anti-doping programme is state-of-the-art, and to save money by avoiding duplication. We will explore this at the upcoming iNADO Workshop.

But here is the latest example of that principle in action. Late last month, iNADO member the Romanian National Anti-Doping Agency and the Union of European Football Associations announced a cooperation agreement: http://www.anad.gov.ro/html/en/en-presa_comunicate.php?id=34. According to Dr. Graziela Vajiala of RNADA: “Under this agreement, UEFA will avoid operational duplication with RNADA on the matter of doping controls and will gain access to whereabouts information and out-of-competition testing plans, including access to information on any athlete tested during each doping testing mission. Furthermore, the document regulates a series of aspects regarding UEFA’s test jurisdiction applicable to the events under its aegis.”

This follows other recent cooperation agreements between UEFA and other iNADO Members: for example with the Polish Anti-Doping Agency (<http://www.uefa.org/protecting-the-game/anti-doping/news/newsid=2324364.html>) and with Anti-Doping Denmark (<http://www.uefa.org/protecting-the-game/anti-doping/news/newsid=2313306.html>). Marc Vouillamoz of UEFA tells me that: “UEFA has now signed 19 agreements and together with the NADO partners it has started an extensive out-of-competition program on the 24 national teams participating to the EURO 2016 Tournament which will kick off on June 10, 2016 [with Romania vs. France].” For more on UEFA’s current approach to anti-doping, see: <http://www.uefa.org/about-uefa/news/newsid=2314465.html>.

How Winning Leads to Cheating

NADOs and RADOs exist to prevent cheating that leads to winning. But does winning lead to cheating? A recent short article in Scientific American reports on research exploring the impact of competition on everyday behaviour: <http://www.scientificamerican.com/article/how-winning-leads-to-cheating/>. The article relates:

“Schurr and Ritov found that when people win a competition in which success is measured by social comparison rather than by a fixed standard, they are more likely to engage in unrelated unethical behavior—in the case of this study, to cheat their peers out of money. ‘We are the first to ask what happens to contestants and their behavior after a competition ends,’ Schurr says, ‘and we found that competitions have long-lasting effects.’”

This may be important to consider as you design or update your anti-doping education and prevention programmes. Or help put into place values-based education into your schools.

Here is a link to the study itself: <http://www.pnas.org/content/early/2016/01/25/1515102113>. The abstract page explains the significance of the study:

“Competition is prevalent. People often resort to unethical means to win (e.g., the recent Volkswagen scandal). Not surprisingly, competition is central to the study of economics, psychology, sociology, political science, and more. Although we know much about contestants’ behavior before and during competitions, we know little about contestants’ behavior after the competition has ended. Connecting postcompetition behaviors with preceding competition experience, we find that after a competition is over winners behave more dishonestly than

losers in an unrelated subsequent task. Furthermore, the subsequent unethical behavior effect seems to depend on winning, rather than on mere success. Providing insight into the issue is important in gaining understanding of how unethical behavior may cascade from exposure to competitive settings.”

New at the Anti-Doping Knowledge Centre (www.doping.nl)

Every anti-doping practitioner should consult the ADKC whenever doing scientific or legal research, or seeking models and resources for education and prevention programmes. It is the largest fully accessible collection of anti-doping materials in the world. Its search engine is robust and easy to use.

New resources include a recent tribunal decision from Canada in which an Athlete failed to prove to supplement contamination in a testosterone case, and was sanctioned to 4 years ineligibility:

<http://www.doping.nl/filter/doc:3635/SDRCC%202015%20CCES%20vs%20Youssef%20Youssef>.

Also from Canada, in English and in French, the 1990 Dubin Report into the Ben Johnson positive at the Seoul Summer Olympic Games. This is a fundamental document in modern anti-doping, one which every anti-doping practitioner should know. It lives still: the parallels between Justice Dubin’s findings and those set out in the 2015 CIRC Report, the more recent WADA Independent Commission reports, and the latest IAAF Ethics Commission decision, are striking and disturbing. Go to:

- <http://www.doping.nl/filter/doc:3636/Commission%20of%20inquiry%20into%20the%20use%20of%20drugs%20and%20banned%20practices%20intended%20to%20increase%20athletic%20performance%20%E2%80%93%20Dubin%20Report> (English)
- <http://www.doping.nl/filter/doc:3637/Commission%20d'enqu%C3%AAte%20sur%20le%20recours%20aux%20drogues%20et%20aux%20pratiques%20interdites%20pour%20am%C3%A9liorer%20la%20performance%20athl%C3%A9tique%20-%20Dubin%20Report> (French)

Please contribute your resources – tribunal decisions, scientific research, education and prevention materials – to the ADKC in whatever language. Contact: <http://www.doping.nl/contact>.

Join iNADO and Benefit from A Community of Anti-Doping Practitioners

iNADO continues to grow. We are now 56 member NADOs from around the world. We have active expert networks of practitioners, and plan to announce a new one for Members’ Results Managers later this month. We encourage new Members to join now for 2016 at no obligation for six months to see the value of iNADO Membership. You will be invoiced in July, 2016. For an up-to-date membership application and fee schedule, contact: info@inado.org.

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iNADO is the Institute of National Anti-Doping Organisations. It promotes best practices by NADOs and RADOs, and is their collective voice.