

## THE 2016 MONITORING PROGRAM\*

The following substances are placed on the 2016 Monitoring Program:

- 1. Stimulants:** ***In-Competition only:** Bupropion, caffeine, nicotine, phenylephrine, phenylpropanolamine, pipradrol and synephrine.*
- 2. Narcotics:** ***In-Competition only:** Mitragynine and tramadol.*
- 3. Glucocorticoids:** ***In-competition** (by routes of administration other than oral, intravenous, intramuscular or rectal) and **Out-of-Competition** (all routes of administration)*
- 4. Telmisartan:** ***In** and **Out-of-Competition***

\* The *World Anti-Doping Code* (Article 4.5) states: "WADA, in consultation with Signatories and governments, shall establish a monitoring program regarding substances which are not on the Prohibited List, but which WADA wishes to monitor in order to detect patterns of misuse in sport."