3 April 2017 - iNADO Update #80





#### New Member

iNADO is delighted to announce its 67th member. iNADO welcomes Carey Brown and his team from the Jamaican Anti-Doping Commission. If you are interested in learning more about anti-doping in Jamaica visit <u>www.jadco.gov.jm.</u>

#### iNADO Workshop 2017

Summoned under the topic "NADO Operations in 2017" more than 180 participants from iNADO Members, Athletes Commissions, Non-Member NADOs, WADA, RADOs, IFs, Government Representatives, Research Institutions and Independent Consultants participated at the iNADO Workshop 2017 at the Université de Lausanne. The workshop programme contained presentations on:

- Protecting Anti-Doping
  - Lessons for NADOs from the McLaren Report (Graeme Steel, Drug Free Sport New Zealand)
  - Data Protection & Information Sharing (Paulo Silva, European Commission)
  - Guarding Against Cyber Attacks (Cori McPhail, CCES)
- How to operate a Whistleblower Programme
  - Promoting a culture of whistleblowing (Kelsey Erickson, Leeds Beckett University)
  - A secure whistleblower platform (Peter Dagø, Got Ethics)
  - Protecting and supporting whistleblowers (Johann Koss, Fair Sport)
  - Using whistleblower information (Martin Rostgaard, ADD)
- Breakout sessions:
  - Using ADAMS to Best Advantage (Jesus Munoz Guerra, AEPSAD)
  - WADA Code Compliance: Challenges and Solutions (Gobinathan Nair, Southeast Asia RADO)
  - NADO Athlete Committees: Creating Them and Benefitting from Them (Kana Sato, JADA and Silke Kassner, NADA Germany)
  - The Right Sample, the Right Athlete, the Right Time (Martial Saugy, REDs)
  - NADO Good Governance (Andrea Gotzmann, NADA Germany)
- NADO IF Operational Collaboration:
  - The FINA-NADOs pre-RIO Example: Johan Lefebvre and Katarzyna Jozwik (FINA), Matt Richardson (Svensk Anti-Doping), and Khalid Galant (South African Institute for Drug-Free Sport)
- Dta/Informatics for Doping Control
  - Incorporating Analytics into Risk Assessment to drive Smart Testing (Matthew Fedoruk, USADA)
  - Data use for doping testing: what does performance data tell us? (Sergei Iljukov, Estonian ADA)

We are very happy to announce that next year, the iNADO Workshop will be again held at UNIL on March 20, 2018. Save the date!

## **iNADO Media Releases**

iNADO is the collective international voice of its member NADOs. INADO has recently issued two media releases supporting antidoping reform. On March 11, the iNADO Annual General Meeting issued a statement on <u>"Global Anti-Doping Reform"</u>. On March 23, the iNADO Board of Directors issued a <u>"Response to the IOC Declaration of March 16, 2017"</u>.

All iNADO media releases can be found on the Institute's <u>website</u>. All NADOs, members or not are urged to keep up-to-date on the issues iNADO addresses publicly. All NADOs, members or not are urged to promote anti-doping reform to their national sport committees and to their government partners and ministers.

# RE>ACT: How to react when doping is "close to home"

If you were an athlete and someone you know (and maybe even consider a friend) is doping, would you blow the whistle?

During our 2017 Workshop Dr. Kelsey Erickson of Leeds Beckett University confronted the audience with research of attitudes and behaviour of young athletes towards blowing the whistle in sports. The results show that having a close relationship to a doper represents a major hurdle to report doping.

Dr. Erickson and her colleagues developed RE>ACT, "a five-step decision-making model of bystander intervention in which athletes learn about the theories and evidence of whistleblowing, as well as concepts related to confrontation". Universities in Canada, the U.S., and the U.K are now part of this project and iNADO Member <u>USADA</u> supports it. For more information about RE>ACT, including how other universities can get involved, visit the <u>programme's website</u>.

#### Play True Day

In cooperation with WADA, NADOs from different countries participate every year April 10th in the "<u>Play True Day</u>". Different European NADOs (Slovenia, Estonia, Latvia, Croatia and Malta) have carried out numerus prevention activities in the week before and/or after this date during the last years.

For 2017, iNADO Members <u>Austria</u>, <u>Brazil</u> and <u>Tunisia</u> will also organise different activities such as: visiting schools promoting "For a clean Sport Day", showcasing videos on Play True Day at their elite sport schools, talking to young athletes from different countries during an international cup tournament, or promoting the existing campaign <u>#JOGOLIMPIO</u>. Also the <u>International Volleyball</u> <u>Federation</u> will celebrate the day with its own programme.

NADOs, national and international sport federations are invited to join this activity. <u>Nina Makuc</u> at the Slovenian NADO coordinates the communication for this event. Get in touch with her to share your examples how you celebrate Play True Day in your organisation: e.g., outreach programs, interviews for the media, (social) media campaigns, photos of athletes playing true.

Also visit the website <u>Play True Day</u> to find out more about the events. Stand up for what you believe and join us on the day that celebrates clean sport and clean athletes.

# Collection of Anti-Doping Audios in Spanish Language

The largest broadcaster in Spain, RTVE, has dedicated a section in its website to showcase anti-doping audios of Deporte Limpio. <u>Click here</u> to access the audios.

Created by iNADO Member <u>AEPSAD</u>, <u>Deporte Limpio</u> (also known as portal iberoamericano para la lucha contra el dopaje) is the most complete international collection of anti-doping materials and information in Spanish. and education initiative.

The collection of audios comprises currently more than 100 pieces about relevant personalties, events, prominent positive cases, or

even scientific aspects of anti-doping. Naturally, it also refers to many activities of the Spanish Agency for the Protection of Health in Sport. The professionally produced audios, all of approximately 5 min length can be used for information or education campaigns with Spanish speaking audiences by any Sport Organisation.

# FairSport Website

Johann Koss, Olympic gold medalist from Norway and social entrepreneur presented during our 2017 Workshop "FairSport". FairSport is non profit organisation not affiliated to any government or sport authority which will support whistleblowers in sport to meet their personal and family needs including but not limited to legal representation. The intention is to help whistleblower to stand on their feet and live independently.

FairSport acts as a link between whistleblowers and enforcement authorities. Information provided to Fair Sport will be brought to enforcement authorities to be investigated and acted upon. It is worth to mention that although the organisation "will make an initial evaluation of the whistleblower's information to determine whether it appears to be credible and useful, it will not conduct any further investigation". The website just went live recently and you should know it. <u>Click here</u>.

## Check your supplements

Anti-doping news remind us almost every day that the risk of unintentional consumption of PEDs is high. One approach to minimise this risk is categorical abstinence to any supplement. Studies however, suggest that a large portion of athletes consume supplements.

Therefore, a more practical approach is to check the quality of supplements by referring to certifying companies such as <u>Informed-Sport</u> or by checking medications with the help of websites of the kind of the <u>Global Drug Reference Online</u> (Global DRO) which "provides athletes and support personnel with information about the prohibited status of specific medications based on the current World Anti-Doping Agency (WADA) Prohibited List".

For your reference iNADO has created a list with more than 25 databases of different countries to check supplements and medications. <u>Click here</u>.

# Vacancies: Manager International Federation Relations & Sr. Manager Relations and Communications

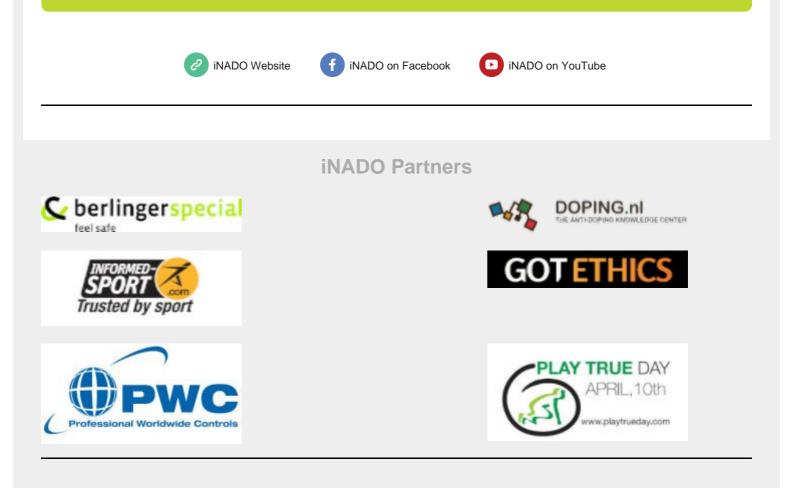
WADA is calling for applications for these two vacancies. For more information, please visit the <u>Career Opportunities</u> at WADA's Website. Application deadline is April 30 for both positions.

New at the Anti-Doping Knowledge Center



- IOC 2016 vs Khadzhimurat AKKAEV
- IOC 2016 IOC vs Viktoriya Tereshchuk

iNADO is the Institute of National Anti-Doping Organisations. It promotes best practices by NADOs and RADOs, and is their collective voice.



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