

Here is today's summary of key developments and issues in anti-doping you should be aware of.

---

### Looking back at the 2019 iNADO Workshop: Raising the Water Level!

It was wonderful to see so many friends and colleagues in Lausanne some new, many long standing. The feedback to the workshop was mostly very positive. One irony was that while we had a specific goal to achieve more interactivity and involvement from participants a common (valid) criticism was that there was not enough. It is always difficult in groups of 40 to 200 but we will certainly seek to improve that next year. I trust that all will appreciate the extra work so many of our colleagues put in to prepare and deliver presentations and limit their own opportunities to attend other presentations.

iNADO will look to develop and refine its strategic approach during the year but two clear objectives will be:

1. To better support small and poorly resourced members, and
2. Improve accessibility to our work for NADOs for whom English is not the primary language.

I should also take this opportunity to congratulate Lars Mortsiefer (Germany) and Nick Paterson (New Zealand – no influence from me!) on their election to the Board and to Michael Ask (Denmark) and Herman Ram (Netherlands) the new Chair and Deputy. They are all volunteers in the roles and warrant your full (pro-active) support.

Best wishes to all - Graeme

---

### iNADO Webinar

- April 25 (tbc) - **An advanced E-Learning Solution in Anti-Doping Prevention - free for iNADO Members** by Triagonal - Non-Members are also welcome to join. Registration link will be sent separately.
  - May 9 - **The Anti-Doping Knowledge Centre: the Most Powerful Tool to find Key Information on Anti-Doping**. Rien Tuk (Anti-Doping Knowledge Centre) demonstrates how this search engine works with real cases. [Sign in here](#).
- 

### First Evaluation of the German National Anti-Doping Code

We would like to share with you this example of best practice and continuous improvement: NADA Germany commissioned the Institute for Sports Law of the German Sport University Cologne to carry on the [evaluation of the National Anti-Doping Code](#) (NADC) in Germany.

A first part of the project examined the success of the fight against doping on the basis of the NADC. In addition, the aim of the research project is to develop proposals for improving the general legal framework in anti-doping and to optimize the day-to-day application of the NADC.

---

resolution of the German Bundestag, will run for two years.

---

## **Campaigns: Play True Day 2019 (April 10) and i-PLAY-TRUE Torch Relay**

The organisers of Play True Day encourage everyone to join the activities of Play True Day (April 10, every year). After the success of last year's international campaign, the goal now is to reach even more people by sharing your activities in social media. To give you some ideas for 2019, check here the [highlights from the last year's campaign](#) gathered a video.

Also for the Tokyo 2020 Olympic Games the Japan Anti-Doping Agency invites you to join the i-PLAY TRUE Torch Relay. The idea of this campaign is to pass on messages of the "TRUTH in Sport" and collect until the inauguration of the Olympic Games a total of 2020 messages from all over the world.

All the collected messages will be integrated and displayed as "art" during the Tokyo 2020 Games. For details please visit <https://playtrue2020-sp4t.jp/sp/iplaytrue/>.

---

## **Update: Education Programme of Spanish Anti-Doping Agency in Latin America**

Organised by the Spanish Anti-Doping Agency (AEPSAD) and with an on-site session held in Antigua, Guatemala, the first of three educational blocks of Intercoonecta, a two-year capacity building programme, was recently completed.

[AEPSAD](#), in collaboration with the Spanish Agency for International Cooperation for Development (AECID) conducted the face-to-face education phase of INTERCOONECTA's, programme which aims to develop capabilities and exchange knowledge with anti-doping organizations in Latin America.

From February 11 to 15, in the Guatemalan training center of the AECID the head of the Department of Education and Research, Jesús Garrido, led the activities in which education managers of national anti-doping agencies from 17 Latin American countries participated and presented their educational activities.

The activities in Antigua concluded with the commitment of those present to launch their own education activities based on the knowledge acquired and which can be materialized through outreach, workshops or other type of campaigns aimed at doping prevention.

In addition, the 17 NADOs is establishing an Ibero-American network of experts in education in the fight against doping that will strengthen institutional cooperation among countries. This panel of experts, with a strong educational profile, should address the new challenges in education in the fight against doping, not least the development and application of the new International Standard in Education of the World Anti-Doping Agency which makes the implementation of educational initiatives obligatory for NADOs.

---

## **As the ITA grows other International Federations ramp up their Programmes**

The iNADO Workshop and WADA ADO Symposium in Lausanne gave ADOs the opportunity to hear more about the strategy of the ITA. It has so far signed agreements with 40 IFs and cooperation agreements with NADOs, research institutions, law enforcement and under way. And for some federations handing over their anti-doping programmes is a sensible thing to do. If conducted properly, the ITA will support NADOs in testing some of their athletes and free resources to do other things.

This article appearing in [Inside the Games](#) enumerates some of the benefits that the International Testing Agency will bring to anti-doping but also some of the questions around it that remain.

However, the important role of the ITA shouldn't overshadow the positive work done by some IFs to improve their AD programmes which includes putting special attention to OOC testing, adjusting testing strategies led by external ABP experts, and not least, joining forces with NADOs. In a recent interview with

---

re-arranged the internal governance structure to establish a healthier distance to the sport development department.

Similar efforts happen on national level, the [German Biathlon Union](#) is seeking the input of athletes to reinforce prevention activities. Arnd Peiffer, World Champion and Olympic Gold Medalist, suggests that the federation should introduce anti-doping to young athletes with a clear and simple message: *"The point is, and this is something that we already communicate quite clearly to the very young junior athletes: one can achieve good performances without doping in sports. That should be the guiding principle"*.

Anti-doping should also play a major role in coach education, demands another World Champion, Erik Lesser. In his view, it is critical that sport federations set-up a system to which athletes can turn to when offered doping supplements. *"The next step is to set up a channel where any violations can be reported. We do not want anyone to suggest to an athlete that doping is acceptable. If any doctor or supervisor says something like that, athletes and parents should report that too. We want to have a kind of early warning system."*

---

### Upcoming Conferences



#### **International Sport Medicine Congress in Senec, Slovakia (May 1-3, 2019)**

Anti-doping scientists should be aware of the III Sport Medicine Congress (III.ISMC) to take place from May 1st. to 3rd. in Senec, Slovakia. The congress is organised by the Slovak Government and the Slovak Anti-Doping Agency (SADA), as congress partner, is in charge of the anti-doping section of the event.

The III. ISMC Congress will handle these topics (click here to see the [full programme](#)):

- Sports Traumatology
- Concussions, head and cervical spine injuries
- Sudden death in sport
- Specifics of children injuries
- Preventions and treatment of cartilage damage
- Antidoping, drugs and supplements
- Sport physiotherapy and psychology

For more information on speakers, costs, registration, etc. please visit the [ISMC website](#).

---



#### **Conference "European Sports Law and Policy: Latest Trends" (Brussels June 13-14)**

The Academy of European Law organises the conference "European Sports Law and Policy: Latest Trends" which will update on recent developments in European sports and anti-doping law and the

These are some of the key topics:

- EU competition law and the practices of sports federations
- Personal data protection in sport and the fight against doping
- Brexit – implications for Britain’s sport
- Recent case law in sporting matters
- e-Sport: key legal issues

Please find attached the [detailed programme](#). iNADO members should contact [info@inado.org](mailto:info@inado.org) to receive the discount code. You will find further information on [ERA’s website](#):



## PCC Conference (April 16-18, London)

The Partnership for Clean Competition (“PCC”) 2019 Conference is only three weeks away. There are still a few registration slots remaining. [Sign up here](#). Registration closes in a few days.

PCC 2019 will be held at King’s College from April 16 – 18 with an all-star cast of athlete speakers and leading members of global sport (including scientists, social scientists, and attorneys) it is an event not to miss. A full list of topics and speakers can be found at: <https://cleancompetition.org/conference/program/>

See here the list of [registered attendees](#).

## Match Manipulation and Gambling in Sport (April 24-25, Toronto)

The Canadian Centre for Ethics in Sport (CCES) reminds sports integrity experts that there are a few seats available for this first symposium on match manipulation and gambling in sport. For more information and registration visit: <https://www.ethicalsportsymposium.ca/>



New at the Anti-Doping Knowledge Center

## Improved Searches at the Anti-Doping Knowledge Centre

In the [Anti-Doping Knowledge Center](#) a set of modifications have been implemented to facilitate searching for specific types of Anti-Doping Rule Violations (ADRV). As a result it is now possible to search in the ADKC’s ADRV section using the following headwords:

- Administration / attempted administration
- Adverse Analytical Finding / presence
- Breach of ineligibility
- Complicity

- Missed test
- Possession
- Prohibited Association
- Refusal or failure to submit to sample collection
- Tampering / attempted tampering
- Trafficking / attempted trafficking
- Use / attempted use
- Whereabouts

---

### The singular case of André Cardoso

André Cardoso, a cyclist from Portugal tested positive for rhEPO but the B-sample did not confirm the A-sample. Also the rider's blood sample, collected at the same day in June 2017, showed no rhEPO.

Under these test results, the Rider, supported by an expert witness, succeeded in annulling the A-sample result. [UCI-ADT 2018 UCI vs André Cardoso – 15 November 2018](#). The UCI needed the expertise of the WADA Labs to explain these remarkable test results in order to sanction the cyclist for 'Use' and not for 'Presence'.

### Aleksandr Zubkov part II.

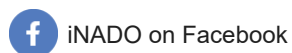
In [April 2018 CAS](#) had already rendered its decision regarding Aleksandr Zubkov confirming the sanction imposed by the IOC. As a result the IBSF has sanctioned four Russian athletes in January 2019:

[IBSF 2018 IBSF vs Aleksander Kasjanov, Ilvir Khuzin, Aleksei Pushkarev & Aleksander Zubkov](#)  
16 Jan 2019

This is the original 2018 CAS decision [CAS 2017 A 5422 Aleksandr Zubkov vs IOC](#)

---

**iNADO is the Institute of National Anti-Doping Organisations. It promotes best practices by NADOs and RADOs, and is their collective voice.**




---

### iNADO Partners



**DOPING.nl**  
THE ANTI-DOPING KNOWLEDGE CENTER





---

*Copyright ©2019, iNADO, All rights reserved.*