



Here is today's summary of key developments and issues in anti-doping you should be aware of.

iNADO Acknowledges Outstanding Contribution of Ieva Lukosiute-Stanikuniene

In May 2016 Ieva took leave from her position as Director of the Lithuanian NADO in order to take up a role as one of two "International Experts" appointed by WADA to assist RUSADA develop its programme. Through this role and over almost 3 years she provided an outstanding service, not just to the Russian programme, but to the international campaign for clean sport.

Ieva was uniquely qualified given her experience in the field and language skills. During the second part of this period she was the lone visiting expert and the challenges have been enormous. iNADO extends our thanks and appreciation to Ieva, on behalf of all our members, and we look forward to her ongoing participation and contribution to our work.

Congratulations and thanks Ieva!

iNADO Webinar (1)

- April 25 - **An advanced E-Learning Solution in Anti-Doping Prevention - by Triagonal.** This tool is free for iNADO Members - Non-Members are also welcome to join in and listen. [Sign in here.](#)

Free trial: You are welcome to try the platform in advance of the webinar. Only follow the link and create a test account at inado.triagonal.net.

iNADO Webinar (2)

- May 9 - **The Anti-Doping Knowledge Centre: the Most Powerful Tool to find Key Information on Anti-Doping.** Rien Tuk (Anti-Doping Knowledge Centre) demonstrates how this search engine works with real cases. [Sign in here.](#)

We will be happy to take any [suggestions](#) from the audience but such real cases could include:

- Supplements and food contamination / Cocaine and cannabis as recreational use
 - ABP related to blood doping and/or use of EPO
 - Prompt admissions, accepted sanctions, waivers right to be heard in cases
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International Standard for Education: Tips from UKAD for your Programme

The ISE challenges ADOs to rethink their entire education programme. Amanda Hudson and Colin Allen, education experts at UKAD suggest that NADOs should begin by having a clear idea of their national sport system: "If you can't explain your sport system, it will be very difficult to build an education program".

stuff?" For UKAD a useful distinction can be made between athlete groups and core influencers: family, teachers, coaches, and fellow athletes. Furthermore a solid Education Programme should distinguish different strategies and activities to reflect some of the core elements of the International Standard for Education:

- Values Based Education
- Awareness
- Information
- Anti-Doping Education

When developing this strategy, identify who are the most important people or organisations that can help you deliver your plan? And what tools are there to help fill the gaps?

Find these and other interesting practical ideas to elaborate your education plan in their [Presentation "Reactive vs Proactive"](#) of the 2019 iNADO Workshop.

Parent Involvement? ASADA's Guideline can serve you as a Model

For the Australian Sports Anti-Doping Authority parents should be 1) aware of certain situations that make young athletes more vulnerable to doping, and 2) count on a guideline with useful steps to intervene. ADOs trying to engage parents better in anti-doping should be aware of [ASADA's Parents' Guide to Clean Sport](#).

Parents should be particularly aware of the risks that supplements represent for young athletes. It is estimated that in Australia 45 per cent of 14 to 16-year-old boys have had protein shakes. And it is also known that one in five supplements sold at regular commercial centres are contaminated. To minimise the risk ASADA invites parents to download their app to check supplements.

Bosnia and Herzegovina: Doping Control Samples taken in European Youth Olympic Festival

The European Olympic Committee (EOC) commissioned the Agency for anti-doping control of Bosnia and Herzegovina to carry out doping sample collections at the European Youth Olympic Festival (EYOF), held in Sarajevo, Bosnia and Herzegovina in February 2019.

Around 80 doping controls were carried out in the Olympic Village and covered all sports: alpine skiing, snowboard, cross country skiing, biathlon, figure skating, ice hockey, short track and curling. Samples were transported to WADA – accredited laboratory in Seibersdorf.

This was a great opportunity for this iNADO Member and around twenty accredited DCOs to get real training and increase their capacity to carry out all necessary steps part of the doping control process according to international standards.



30 Years of Anti-Doping in Poland

A conference commemorating the 30th anniversary of the Polish anti-doping system was held on 28 March 2019 at the Polish Olympic Committee in Warsaw. The event was also an opportunity for Polish Olympic Medalist to share their views on the anti-doping system. Read the entire [press release here](#). Congratulations to iNADO Member [POLADA](#).

Research Article: Performance Modelling and Anti-Doping

Expertise in antiDoping sciences (REDs) at the University of Lausanne led by Raphael Faiss published a piece titled „[Performance Modeling and Anti-doping](#)“.

Trying to tackle some of the weaknesses of the ABP Program, this editorial article shifts the attention of the anti-doping scientists to the field of performance data monitoring as an additional indicator of a potential ADRV using performance data of certain athletes and support the ABP.

In this regard, gathering further information around the athlete beyond hematological data can be a way to provide a „more forensic style intelligence led approach to anti-doping“. This approach is in fact, in line with ABP guidelines. However the article, like others in the past, points out that there are scientific questions and organizational steps that need to be clarified, before performance data analysis can be fully integrated in daily anti-doping

World Players Association demands Equal Say for Athletes to legitimize Global Anti-Doping

At the occasion of WADAs ADO Symposium, World Players Executive Director, Brendan Schwab encourages athletes to question the premise that in the only possible model of athlete representation athletes sit within the Executive Board of WADA and it should be athletes who satisfy WADA of the manner in which athletes would be nominated. Instead, athletes should have the ambition to demand an equal say in the governance and decision-making of WADA. In the view of the WPA, reforms are needed that:

- Replace the present bilateral partnership between Sport Governing Bodies and governments with a tripartite partnership in which athletes – through their legitimate representatives including player associations – have equal representation in the constitution of the Foundation Board
- Empower the restructured Foundation Board to elect and hold to account a fully independent and skills-based Executive Board
- Guarantee the strict separation of powers, including an independent arbitration body with a global remit
- Embed the internationally recognised human rights of athletes in WADA's statutory texts in accordance with the United Nations Guiding Principles on Business and Human Rights (UNGPs).

Read the entire [press release here](#).

Open Letter by "Global Athlete" to all Athletes attending the IOC Forum

iNADO has frequently adverted the anti-doping community of the necessity to prioritise athlete needs in anti-doping and sporting rules in general. In this line, Global Athlete, the new international association of athletes for athletes, reminds athletes to demand the IOC to provide a fair share of Olympic Games revenue for all athletes.

In this sense and echoing the demands of Athletes Germany (Athleten Deutschland e.V.), athletes attending the International Olympic Committee's International Athletes' Forum in Lausanne (13-15 April 2019) should request a detailed accounting of how IOC funds are distributed to understand better what percentage of every dollar goes directly into athletes' pockets compared to what is distributed to the International Federations (IFs) and National Olympic Committees (NOCs). By making the numbers transparent athletes would have better tools for an open dialogue with the IOC and to change the status quo.

Athletes have a unique opportunity to request that the IOC provides a level playing field when it comes to marketing rights by allowing all athletes from all countries attending the Olympic Games to have the same rights as the German athletes obtained recently through a court ruling on Olympic Charter Rule 40 (which permits athletes more possibilities to advertise at Tokyo 2020).

It seems that doping scandals of the past are paving the way in Germany to [introduce a leniency rule in sport](#). A leniency rule foresees immunity, or strong sanction reductions, to those who provide crucial and useful information to prosecutors.

The idea of such a leniency program seems to gain traction even among leading German sports officials: Alfons Hörmann, president of the German Olympic Sports Confederation (DOSB) assured his support. His support surprises a little since in the past, the sport movement in Germany had persistently affirmed that the laws provided all legal possibilities for doping prosecution. Before its introduction, the DOSB even held an anti-doping law for unnecessary. Now it recognises that only thanks to the law and the attorneys it was possible to uncover the doping ring at the recent Ski Championships in Seefeld.

[NADA Germany](#) is also in favor of a leniency rule as a further to strengthen the 2015 anti-doping law. But also NADA Germany would like to see 1) more district attorneys that are familiar with anti-doping laws and 2) a clearer protection of whistleblowers.

Athletes Germany suggest to think about Doping Controls for ASP

Amelie Ebert, co-founder of the independent athlete group "Athletes Germany" suggested that not only athletes but also ASP should be subject to testing. Especially in cases of corruption and systemic doping, not only athletes should be held accountable. In her view, is time that sport governing bodies think of the possibility for officials, doctors and support personnel to be tested also in the absence of imminent suspicion.

Test methods could be the inspection of ASP luggage during training and competition and auditing medical prescriptions. But the introduction of tests for ASP should be discussed as part of a revision of the entire sports culture: what values should sport federations represent? How should irregularities be addressed? This article appears in the German Broadcaster [Deutschlandfunk](#).



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THE ANTI-DOPING KNOWLEDGE CENTER

New at the Anti-Doping Knowledge Center

Fully available in the ADKC are ten CAS Awards regarding Russian athletes and their appeals partially upheld and their ADRV confirmed.

- [CAS 2017_A_5474 Inna Dyubanok vs IOC](#) 1 Feb 2018
 - [CAS 2017_A_5471 Anna Shibanova vs IOC](#) 1 Feb 2018
 - [CAS 2017_A_5470 Galina Skiba vs IOC](#) 1 Feb 2018
 - [CAS 2017_A_5468 Alexey Voevoda vs IOC](#) 1 Feb 2018
 - [CAS 2017_A_5446 Anastasia Dotsenko vs IOC](#) 1 Feb 2018
 - [CAS 2017_A_5445 Yulia Chekaleva vs IOC](#) 1 Feb 2018
 - [CAS 2017_A_5438 Julia Ivanova vs IOC](#) 1 Feb 2018
 - [CAS 2017_A_5427 Ilvir Khuzin vs IOC](#) 1 Feb 2018
 - [CAS 2017_A_5426 Aleksei Pushkarev vs IOC](#) 1 Feb 2018
 - [CAS 2017_A_5425 Alexander Kasyanov vs IOC](#) 1 Feb 2018
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