The following substances are placed on the 2020 Monitoring Program:

1. **Anabolic agents:**  
   *In- and Out-of-Competition:* ecdysterone

2. **Beta-2-agonists:**  
   *In- and Out-of-Competition:* any combination of beta-2-agonists

3. **2-ethylsulfanyl-1H-benzimidazole (bemitil):**  
   *In- and Out-of-Competition*

4. **Stimulants:**  
   *In-Competition* only: bupropion, caffeine, nicotine, phenylephrine, phenylpropanolamine, pipradrol and synephrine

5. **Narcotics:**  
   *In-Competition* only: codeine, hydrocodone and tramadol

6. **Glucocorticoids:**  
   *In-Competition* (by routes of administration other than oral, intravenous, intramuscular or rectal) and *Out-of-Competition* (all routes of administration)

*The World Anti-Doping Code (Article 4.5) states: “WADA, in consultation with Signatories and governments, shall establish a monitoring program regarding substances which are not on the Prohibited List, but which WADA wishes to monitor in order to detect patterns of misuse in sport.”*