

iNADO Workshop 2020

Registration

The 2020 edition of the iNADO Workshop takes place on March 16th at the University of Lausanne. Use this [link to register](#). We welcome registrations from non-member NADOs, IF's, RADO's, Athletes, Independent Experts, Governments, etc.

Hotel reservations will be managed via the [Lausanne Tourism Platform](#) used for the WADA ADO Symposium.

Annual General Meeting

iNADO Members should be aware that the 2020 Annual General Meeting will take place on March 15th (from 3:00 to 6:00 pm) at the University of Lausanne. Room TBD. The agenda will be circulated to our members shortly.

Athletes

Invitation for Athlete Session in Lausanne (March 19)

It has become a tradition that the WADA Symposium in Lausanne is followed by an Athlete Session for active and retired athletes and so it happens this year. On March 19th athletes will come together to discuss topics such as the inclusion of the Athlete Act, Access to Justice and Athlete Representation. iNADO likes to encourage ADOs to bring one or even two athletes with them to Lausanne who can join us on this day. Interested parties can register at the [WADA Symposium](#) website.

Athlete Protests at Major Events and Anti-Doping

The IOC recently issued a guideline sanctioning certain types of athlete protests during the [2020 Tokyo Games](#). For instance, it will not be allowed to use hand gestures with political purpose or to take a knee during a podium ceremony. I fear that this type of rule can be counterproductive for the spirit of sport.

I am sure that the majority of anti-doping practitioners shares a passion for sport. And as sport fans, we can only agree that athletes should be able to enjoy their "Olympic Moment" with respect and without interference from others. However, by sending the message that expressions of personal, social or political articulation during the ceremonies are not welcome, we are alienating an important group of athletes. Sport lives also from the individuality and from the identity of athletes. Athletes too own the ceremonies of Olympic Games, World Championships, etc.

I believe that for a better society, we need more people to speak up, not the opposite. Quite often we see that protests are positive and powerful drivers of change. Athletes who speak up become role models not only for children and younger athletes but for our entire society. The anti-doping movement has benefited enormously from unhappy vocal athletes.

Interview with Edwin Moses

in an interview with the Guardian, Edwin Moses, the two-time Olympic 400m hurdles champion talked about his life in anti-doping. He highlighted the importance of organisations that can change and athletes who speak up.

Talking about his own experience in athletics in the 1980s, Moses remembered how he and a hand full of other athletes demanded out-of competition tests. A process indispensable today thanks to athletes like Moses. Last, the double Olympic champion shared his thought about World Athletics and its management with doping today. Click [here](#) to read the full interview.

Current Topics in Anti-Doping

Sanctioning Substances of Abuse in 2020

INADO is aware that there is debate in our community on how to manage substances of abuse during 2020. The 2021 Code provides a simple framework for sanctioning this type of substances with lower sanctions than in 2015. This is the reason why.

Athletes who on January 1st, 2021 are serving a period of ineligibility for a "substance of abuse" case would be entitled to request the ADO with results management authority a reduction of the sanction. See 2021 Code, Article 27.3:

Application to Decisions Rendered Prior to the 2021 Code

With respect to cases where a final decision finding an anti-doping rule violation has been rendered prior to the Effective Date, but the Athlete or other Person is still serving the period of Ineligibility as of the Effective Date, the Athlete or other Person may apply to the Anti-Doping Organization which had Results Management responsibility for the anti-doping rule violation to consider a reduction in the period of Ineligibility in light of the 2021 Code. Such application must be made before the period of Ineligibility has expired. The decision rendered by the Anti-Doping Organization may be appealed pursuant to Article 13.2. The 2021 Code shall have no application to any anti-doping rule violation case where a final decision finding an anti-doping rule violation has been rendered and the period of Ineligibility has expired.

It is however possible and wise, to take a preventive approach and avoid the re-opening of cases in 2021. Some of the tools ADOs could use include;

- Applying sanctions consistent with 2021 Code as long as there is flexibility in the 2015 rules to do so. Particular attention must be paid to ensure that all requirements that would be obligatory under the Code 2021 are met in a 2020 case,
- Applying periods of ineligibility that do not go beyond three months into 2021, if 2015 rules offer enough flexibility,
- Closer to the Effective Date (i.e., January 1st, 2021) holding over cases for a short time until the new rules take effect.

It must be noted however that there is not an official list of Substances of Abuse yet. We can be almost sure that cocaine will be in the list and others such as marijuana seem very likely too.

Recent cases of Inadvertent Doping

Positive tests due to consumption of contaminated products (supplements and particularly meat in some countries) remain a latent risk for athletes and a challenge for ADOs. Here three substances to keep an eye on:

Boldenone

[Authorities in Colombia](#) warn athletes about the (semi-legal) use of Boldenone in cow growth. The recent decision of the [ITF tribunal](#) in the case of Tennis player [Robert Farah](#) is also interesting from the point of view that it shows the great lengths athletes need to go to demonstrate on the balance of probabilities, how the substance got into his system, including providing receipts of (in Farah's case certified for sport) supplements used by the athlete in the months previous to his positive sample.

Hormone GW50516

South African Swimmer Roland Schoeman also indicates that [contaminated supplements](#) are responsible for the substance found in his positive test, GW50516, a hormone and metabolic regulator. There are a few decisions available in the [Anti-Doping Knowledge Center](#) containing this particular substance, for instance, [CCES 2019 CCES vs David Freake](#) or [ADDPI 2019_27 INADA vs Upanshu Jaiswal](#).

Clenbuterol

A recent case of meat contaminated with Clenbuterol in Thailand ([BWF 2019 BWF vs Ratchanok Intanon](#)), a country where the use of Clenbuterol in farms is also possible.

From our Members

NADO Italia: Alessia di Gianfrancesco is new Director

iNADO would like to introduce Alessia di Gianfrancesco, the newest CEO of our community.

Alessia is Professor of Pharmacology at the State Sports University Foro Italico, Rome, Italy and since January 2020 new Director of our member NADO Italia.



Graduated in Pharmacy at the Rome University Sapienza, she holds a Master degree in Dietetics and Applied Clinical Nutrition from the Catholic University in Milan, and a PhD in Physical activity and health methodology from the State Sports University "Foro Italico" in Rome.

Her anti-doping career began in 1996 and she has held a number of positions in sport and anti-doping including Member of the WADA Health, Medical and Research Committee; Representative of the Presidency of the Italian Council of Ministers in the Anti-doping and Health Committee of the Italian Ministry of Health; Chair of the Therapeutic Use Exemption Committee of the International Bobsleigh & Skeleton Federation; and a Member of the Cycling Anti-Doping Foundation – TUE Committee. She has contributed to different topics in sport nutrition and anti-doping as author of books and scientific articles published in international peer-reviewed journals.

NADO Italia

NADO Italia's overall activities are conducted under conditions of full independence and autonomy and are subject to ongoing supervision and audit by WADA.

NADO Italia:

- promotes the anti-doping research and education and collaborates with International Sports Organizations of other countries in enforcing the World Antidoping Programme;
- ensures that the antidoping policies of the National Sports Federations comply with the applicable provisions of the WADA Code and National Antidoping Rules;
- prosecutes all potential violations of Antidoping rules under its jurisdiction;
- will be prepared for the Tokyo Olympic Games in 2020;
- will be prepared for the new World Anti-Doping Code 2021.

The main purpose of NADO Italia is to promote the fight against doping and to protect the rights of clean athletes. To this end, NADO Italia will enhance education and awareness and improve the intelligence activity through its own team that works in cooperation with internal WADA Teams and with external partners like other Antidoping Organizations and NAS Carabinieri (Nuclei Antisofisticazioni e Sanità).

Development of a Medication Online Research Tool in Brazil

The Brazilian Doping Control Authority - ABCD has begun the development, in joint collaboration with the National Health Surveillance Agency - ANVISA, of digital instruments that allow athletes, coaches, doctors, parents or any Brazilian citizen interested to consult online the composition of any medication*

marketed in the national territory in comparison with substances from the Prohibited List (World Anti-Doping Agency, WADA-AMA).

The Online Medication Consultation Panel will present only drugs or substances that are included in the drug composition. It will not include substances that are not medicines or cannot be found in medications in the country. This partnership will significantly benefit athletes and athlete support personnel, and it is not only a consultation tool, but also a source for anti-doping education. [Click](#) for more.

JADCO will partner with Customs and Border Protection in I&I

On January 23rd the Jamaica Anti-Doping Commission (JADCO) held its annual Symposium in Kingston for the sixth time. This year's event was presented under the title "Protecting Clean Sport, Moving Forward Together". The event is used as an informative multiplier event to gather various stakeholders from politics, national federations and also athletes. Over 90 athlete support personnel turned out to support the sixth annual JADCO Symposium.

Speaking at the event, keynote speaker, Minister of Culture, Gender, Entertainment and Sport Olivia Grange said, "Protecting clean sport is not JADCO's job, it is the prerogative of everyone who is involved in sport, even those who are only interested in the entertainment value that sports creates. It is everybody's business and in everybody's best interest to ensure that sport is free of doping." She further added, "JADCO is moving one step closer with being cutting edge, operating and keeping pace with International Standards and trends. This will be done by the engagement of personnel who will work along with the Jamaica Constabulary Force (JCF), Customs and Border Protection in the area of intelligence gathering and investigation.



Chairman of JADCO, Alexander Williams said, "Over the years JADCO has continued to work assiduously to keep Jamaica free from doping, but we have realised that to accomplish this goal we will need support from all stakeholders involved in the business of sport. Some of the most important stakeholders in the business of sport include athlete support personnel such as parents, teachers and coaches".


JADCO's Executive Director, June Spence-Jarrett led the afternoon session which focused on the role that athlete support personnel can play to protect clean sport.



New Year, new Communication Channel

Organisation Nationale Anti Dopage Fédération Wallonie-Bruxelles (ONAD), the NADO of the French Community of Belgium created a new social media channel. On Instagram ONAD makes a broader audience aware of the dangers of doping. Click [here](#) to have a look.

iNADO is the Institute of National Anti-Doping Organisations. It promotes best practices by NADOs and is their collective voice.

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