

iNADO Community



JADCO calls new Mobile Testing Unit its own

The Jamaican Anti-Doping Commission (JADCO) has accepted the challenges of the COVID-19 pandemic and has found an innovative solution to increase the testing capacity of the organisation. The iNADO member acquired a mobile testing unit in the middle of October enabling the organisation to immediately test more athletes in more locations.

Retrofitted and ready to use the mobile testing unit was handed over to JADCO by the Jamaican Ministry of Culture, Gender, Entertainment and Sport. The main objective of the unit is to conduct a significantly higher number of in-competition and out-of-competition tests in remote locations of the island. In the medium term the mobile testing unit will increase the efficiency of the national anti-doping programme.

The mobile testing unit meets all necessary requirements for all athletes who could be tested. The unit is disabled-friendly, consists of wheelchair-ramps, support railings, restrooms for doping controls, waiting areas to accommodate athletes, extra areas for support personnel and storage areas.

JADCO is proud to call one of two such anti-doping mobile units worldwide, operated by a National Anti-Doping Organisation, their own. The second mobile unit is run by the Japan Anti-Doping Agency (JADA), another member of iNADO.

New Centre for Integrity in Sports in Estonia

Inspired by the Canadian and Finnish NADOs, the Estonian Olympic Committee founded in September 2019 a new non-profit foundation Estonian Center for Integrity in Sports (ESTICS). The Estonian Anti-Doping Agency (EADA) has joined ESTICS to work under one unit to prevent all kinds of sport violations.



The main activities of ESTICS are:

- 1. prevention of doping
- 2. prevention of manipulation with sports competitions
- 3. prevention of discrimination, abuse, harassment, etc. in sports
- 4. guaranteeing the safety of participants in sports competitions
- 5. resolution of other problems encountered in sports and endangering integrity in sports

The new ESTICS brand will go force internationally from 1st of January 2021 including a new website (<u>www.eadse.ee</u>) that will be online from November 2020.

USADA will now ensure the Integrity of Racing in the U.S.

The United States Anti-Doping Agency (USADA) has entered into a game-changing partnership with Thoroughbred Racing in the USA to oversee the sport's medication control program. USADA will provide services to enforce anti-doping rules, oversee laboratory testing and handle violation matters.



The Horseracing Integrity and Safety Act (HISA) bill, which was passed by the U.S House of Representatives on 29 September 2020 creates a HISA Authority, which will be an independent, not-for-profit, self-regulatory organization run by an independent board. The legislation will protect the health and safety of equine athletes and provide clean competitors with a level playing field. Previously, the United States Thoroughbred racing industry has had no harmonised anti-doping or medication control program due to a decentralized state-by-state regulatory structure.

USADA will undertake the anti-doping responsibilities which include the establishment of uniform national standards for rules and regulations, and uniform and independent enforcement, to prevent doping in Thoroughbred Racing. As stated by the Coalition for Horse Racing Integrity, USADA were chosen as the designated agency for their anti-doping program because of its proven track record of protecting the integrity of competition from athletes who use performance enhancing drugs. They believe their approach can easily be adapted to horseracing.

Annual Reports of iNADO Members

Another month in 2020 is in the books and we now share with you the last Annual Report of 2019/2020 of one of our members. We have shared many annual reports of members in recent newsletters. Remind us if we have missed yours. An annual report is the basis to demonstrate to national stakeholders and to the international anti-doping community the comprehensive work and efforts each organisation undertakes to protect clean sport. See the annual report of <u>CCES</u>.

iNADO Webinar: Live Introduction of Mobile Doping Control (MODOC) by PWC

In August, PWC held a live introduction to their Mobile Doping Control System (MODOC) for iNADO members as requested by some organisations. It was the occasion to take the time to go through the system architecture, customization possibilities, license models and trial scenarios and, for already user organisations, to raise their questions to a larger audience.

During this interactive session, the audience had the opportunity to understand how to work with MODOC from back-end user and also as front user (DCO, athletes, ...) perspectives: how an ADO can import their list of RTP athletes into the system, check availabilities of DCOs and communicate with them directly via the tool, assign missions to them, or proceed to an automatic ondemand result upload onto ADAMS; how a DCO (alone or in a team) would use this paperless tool to communicate with the athlete throughout the sample collection process: notify and inform them about their responsibilities, receive formal signature, take pictures of samples, incl. the newly implemented Covid-19 Supplementary Report Formular.

If you wish to best understand how MODOC works we invite you to go check out the recording for yourselves at inado.org/documents: iNADO Webinar_ Live Introduction PWC_s MODOC system or contact PWC directly at c.spies@pwc-gmbh.de.

Semenya case comment: fairness in sport demands that the "female category" is protected

By Chris Lavey and Jonathan Taylor QC (English lawyers in private practice who represented World Athletics in the challenge brought by Caster Semenya against the lawfulness of its eligibility regulations for the female category)

Like many sports federations, World Athletics operates separate male and female categories because the significant advantages in size, strength and power held (on average) by men over women from puberty onwards mean that competition between male and female athletes would not be fair or meaningful. For that reason, the female category is protected and sports federations must define eligibility criteria for it.

In 2018, World Athletics issued regulations that govern the eligibility of individuals with differences of sex development (**DSD**) to compete in the female category. The <u>DSD regulations</u> apply to individuals who are legally female (or intersex), but who have a specified DSD (and so have XY rather than XX chromosomes, and testes rather than ovaries), who have circulating testosterone in the male range (7-30 nmol/L) rather than the female range (0-1.7 nmol/L), and whose bodies can make use of that testosterone. The DSD regulations require DSD athletes to reduce their testosterone levels to near the female range (by taking, for example, an oral contraceptive pill) in order to compete in the female classification in certain limited events (400m to one mile) in international athletics competitions.

In April 2019, World Athletics successfully defended the lawfulness of its DSD regulations before the Court of Arbitration for Sport (CAS) against a challenge by World and Olympic 800m champion, Caster Semenya. In a detailed 165-page award, the CAS held that the DSD regulations were discriminatory on the basis of sex and biological characteristics, but, on the basis of the evidence submitted by the parties, such discrimination was a necessary, reasonable and proportionate means of achieving the IAAF's aim of preserving the integrity of female athletics. Accordingly, the DSD regulations were a "rational resolution of conflicting human rights". The CAS accepted that testosterone is the main factor in the performance difference between male and female athletes, and DSD athletes have a significant and outcome-determinative performance advantage over female athletes.

On appeal to the Swiss Supreme Court (**SFT**), Ms Semenya claimed that the CAS award violated the prohibition on discrimination and was incompatible with public policy. The SFT <u>dismissed the appeal in full</u>, noting "[i]n certain contexts as particular as that of competitive sport, it can be accepted that biological characteristics may ... trump a person's legal sex or gender identity".

iNADO Note: In the last newsletter iNADO published an opinion piece of a former athlete's perception of Caster Semenya's failed attempt to challenge the regulations of difference of sex development (DSD) that apply to her sport. As an opinion piece, it does not claim to be entirely fact-based and in no way it excludes other opinions. It invites the readers look at an issue through the moral lens of the author to which she, like everyone else, is entitled.

We recognise that this is a very complex topic and any information which can help us to understand better the facts is well-received. We are grateful that Bird & Bird, the law firm which represented World Athletics in this case, has offered to explain via this newsletter, why the decision, despite the views expressed in the opinion piece, is correct. Everyone who has followed this case will benefit from this clarification.

The topic is tangent to anti-doping only to a less extent. That's why we will refrain from publishing further pieces on this case.

iNADO Bulletin Board

iNADO's Annual General Meeting and open Workshops

iNADO will hold its postponed Annual General Meeting 2020 (AGM) for their members on November 16 solely in a virtual form. Following the AGM, iNADO offers two online webinar sessions, about recent and interesting topics for the antire anti-doping community.

iNADO invites you to join the "Practical application of Dried Blood Spot for ADOs" a joint presentation by NADA Germany, Prof. Aurélien Thomas (Head of the Forensic Toxicology Unit, Lausanne University Hospital, CHUV) & Dr. Raphaël Faiss (Research & Expertise in Anti-Doping Sciences, University of Lausanne) and "An Introduction to program Evaluation for Anti-Doping Professionals" by Prof Susan Backhouse & Dr Laurie Patterson (Carnegie School of Sport, Leeds Beckett University).

Practical Application of Dried Blood Spot for ADOs

Nov 16, 2020 2:00 PM CET

The Dried Blood Spot (DBS) is not an entirely new topic in anti-doping. For some time a number of anti-doping organisations incl. WADA have been working on the development of this method for anti-doping purposes. When this is ready DBS will open new opportunities for testing. The aim of this session is to provide an orientation on how to use DBS efficiently, to identify possible challenges in advance and to encourage organisations to embrace DBS.

Register here!

An Introduction to program Evaluation for Anti-Doping Professionals

Nov 16, 2020 3:30 PM CET

Anti-doping organisations and sport governing bodies and federations deliver a range of anti-doping programs to athletes and athlete support personnel. In the forthcoming International Standard for Education (ISE), evaluation of anti-doping education programs is a mandatory requirement. Anti-doping professionals are ideally positioned to both contribute to and lead program evaluation activities. In this workshop we introduce a suitable framework and guidance to help anti-doping professionals to undertake useful programme evaluation. To enhance engagement with the session, please come prepared with an outline of your anti-doping education program objectives.

Register here!

Invitations for the AGM have been sent in October to all member CEOs who can forward the invitation within their organisation. The last update included the latest <u>agenda</u> for November 16. If you, as a CEO of a member organisation, have not received this update, please contact us at <u>info@inado.org</u>.



Capability Register: make your NADO'S voice count... until 22 November

We kindly remind iNADO members that we have started the new ambitious exercise to establish a Register of the Capabilities of our NADOs and RADOs members and support our missions to share Best Practices and build a strong supportive community (See full article in iNADO Update 2020-10)

A personal e-mail with pre-filled questionnaire was sent to all 80 members on 19 October.

We have already received detailed and rich answers and are looking forward to communicating the findings amongst our community.

If you haven't received our first email or if you have any questions, please do not hesitate to contact us info@inado.org. The survey is open until 22 November, after which we will start collating and analysing information received. Thank you again for your valuable contribution!

Find below a few anti-doping seminars taking place virtually in the coming weeks. It has been encouraging to see many initiatives like these to promote the exchange of anti-doping practitioners in the special circumstances we all face. Some of them could be an opportunity for participants who wouldn't have been able to travel to a live event.

2020 KADA Anti-Doping Seminar - Last Minute Registrations possible

The Korea Anti-Doping Agency (KADA) cordially invites you to KADA's 2020 Seminar on November 3rd! Due to COVID-19 pandemic, KADA has prepared a virtual seminar to give the anti-doping community in Asia and Oceania an opportunity to gather and share their developed activities. Moreover, KADA likes to welcome members of the iNADO community to participate in their seminar.

Please click here, if you like to register yourself for KADA's 2020 Anti-Doping Seminar.



Moving Forward Together Toward Intelligence-Led Doping Control

November **3**rd **2020, 1PM**(GMT+9)

Dear friends and colleagues of the Anti-Doping Community,

We sincerely hope you are all safe and healthy during these difficult times.

The Korea Anti-Doping Agency (KADA) is pleased to invite you to KADA's 2020 Seminar on November 3rd. We were looking forward to inviting everyone from Asia and Oceania to Korea this year, but as the COVID-19 pandemic has made this very difficult, we are preparing an opportunity for the anti-doping community in Asia and Oceania to gather and share online.

KADA's 2020 Seminar

Date: November 3, 1p.m. (Korean standard time)

Theme: Moving forward together toward intelligence-led doping control

KADA has prepared sessions that will be helpful to the development of anti-doping activities in Asia. WADA will present on the importance of whistle-blowers and WADA's Speak up program. UKAD, Sport Integrity Australia and KADA will share cases in the UK, Australia and Korea, respectively. In addition, we are planning a session to discuss anti-doping news in Asia and Oceania related to COVID-19. We believe this seminar will prove valuable and helpful for everyone.

We have additionally prepared some exciting programs during the seminar to familiarize you with KADA and Korea. I kindly ask for your interest and participation. I look forward to seeing you all on November 3rd.

President of KADA

Young-hee LEE

Register For Free

PROGRAM

[Opening Session]

[Group Discussion] Regional Anti-Doping & COVID-19 Issues

[Session 1] Importance of Whistleblowers and how to manage WADA's Speak up!

- Director, Intelligence and Investigations, WADA

[Session 2] KADA's Investigation Case

[Session 3] Collaboration for effective intelligence-led anti-doping testing and target athlete monitoring

- Senior Intelligence Analyst, Sport Integrity Australia

[Session 4] Introduction of UKAD I&I and case studies

- Head, Intelligence and Investigations, UKAD

SPEAKER



Gunter Younger
Director
WADA



Kathryn Jones Senior Intelligence Analyst Sport Integrity Australia



Mario Theophanous Head UKAD

Group Discussion



Jaesoo Jin Secretary General KADA



Kazuhiro Hayashi Director Asia/Oceania Office, WADA



Gobinathan Nair Director General Southeast Asia RADO



Mohamed Mahid Shareef Director General South Asia RADO



Natanya Potoi Executive Officer Oceania RADO



Seena Omar Secretary General West Asia RADO



Venera Abdulla Manager Central Asia RADO







JADA annual 2020 International Seminar is now open to register!

The Japan Anti-Doping Agency is pleased to share an opportunity to iNADO members to join the "International Anti-Doping Seminar in Asia & Oceania - GoVirtual" held between 1-3 December 2020.



With the aim to develop the capacity of Asia and Oceania regions as a whole, this seminar is in the 12th year (14th edition), annually organized by JADA, in partnership with WADA and under the auspices of Japan Sports Agency. It is part of <u>"PLAY TRUE 2020, Sport for Tomorrow"</u> legacy project led by Japanese Government for Tokyo2020 Games.

The seminar theme is "Are you READY!? for 2021Code/ International Standards and for the next CCQ". See below the tentative agenda – JADA will bring WADA directors and other international experts with 100 members across 30 countries and regions from Asia & Oceania. Just before the 2021Code coming into place, it is expected to cover some 'checkpoints'.

JADA is sharing this opportunity only to iNADO members outside of Asia and Oceania given the nature of "online" seminar. Please register via the designated form **until 18 November** should you wish to join.

Dates & Time

- 1 December 14:00 16:00 JST
- 2 December 14:00 16:00 JST
- 3 December 14:00 16:00 JST

JST = JAPAN Time: please check your timezone

Registration

Please register from the designated site until 18 November here.

Online Platform

Zoom meeting will be the used online platform. URL and password will be informed on 25 November to only registered person.

Draft Agenda

JADA will circulate the final agenda only to the registered person on 25 November.

Please be noted that because this international seminar is targeted to Asia-Oceania members, JADA would prioritise their questions or comments during Q&A session.

See some actions from previous seminar in 2019.

Should you have any question about this "International Anti-Doping Seminar in Asia & Oceania", please feel free to contact Kenji TAKARABE (Mr): conf@playtruejapan.org

Spanish Anti-Doping Agency wraps-up two-year NADO Development Program

At the end of November, iNADO Member AEPSAD will host an online seminar to review the lessons learned from the *Intercoonecta Program.* We have reported in <u>previous newsletters</u> about this joint initiative of the Spanish Government and NADO to strengthen the development of NADOs in Latin America in the areas of Education, Testing and Legal.

The seminar is titled "Problems and Solutions to anti-doping work during the Covid-19 pandemic and future of the Ibero-American anti-doping collaboration" and it will provide an assessment of the two-year programme, also by all the participating NADOs, in the areas mentioned above and it will also provide an outlook of the future of Spanish-Latin-American anti-doping collaboration.

4th Forum for Anti-Doping in Recreational Sport

iNADOs partner of the ERASMUS project "Anti Doping in Football", EuropeActive, invites all interested parties to their 4th Forum for Anti-Doping in Recreational Sport on November 12, 2020 (11:00 -16:00 CET). Places are limited. You can find out more information about the agenda and the registration process here.">here.

People

A (preliminary) farewell for Rune Andersen

Rune Andersen has retired from his role with iNADO member organisation Anti-Doping Norway. Rune's; knowledge, judgement, interpersonal skills and ethics all provide a benchmark for the rest of us to aspire to and will be sorely missed.



From the 1980s the Norwegian Sports Confederation through President Hans Skaset and Rune Andersen provided leadership and direction in the establishment of credible anti-doping programmes. His experience in establishing a national programme and responsibility for the testing at the 1994 Oslo Olympic Winter Games gave Rune a pedigree which immediately established him as an expert and leader in our field. This occurred initially both within the Council of Europe and also as Norway became a founding member of the International Anti-Doping Arrangement. This small group of countries, which was committed to demonstrating the best practise in anti-doping, under Rune's leadership in the mid 1990's drafted the first comprehensive set of anti-doping protocols which, even today, remain as the basis for the International Standard for Testing and Investigations.

When, in 1999, Harri Syvasalmi was appointed as first WADA Director-General I suggested to him that his first appointee should be Rune - he replied that he had already done just that. As WADA did its best to navigate the tricky seas of establishing a world-wide anti-doping regime in an environment where many sporting bodies (and Governments) were reluctant to give up sovereignty, and have their dirty linen exposed, Rune's credibility and measured approach were essential contributors to progress. While he and I have had occasional heated debates over some of WADAs initiatives Rune was always looking for ways to innovate and progress.

Since leaving WADA he has continued to make an outstanding contribution not just in his free-wheeling role at ADNO but also in a wide variety of other crucial roles. His steadfast stance in confronting Russia's unconscionable cheating in Athletics is just one example. He has also played a key role on behalf of NADOs by leading WADA's NADO Advisory group in a way that was equally confronting and constructive. Rune's many achievements and contributions are without peer and far too many to provide a comprehensive list here.

I have no doubt that Rune will continue his high-quality work even if it is outside the NADO domain. Every single person in our community will join me in wishing him all the very best in what I am sure will be a far from quiet and peaceful "retirement". There is an old truism which says – "If you think you are indispensable, put your finger in a glass of water, withdraw it, and see what sort of hole you have left." In Rune's case I suspect the water will take longer than usual to refill the space.

Athletes Voice

World Players Association responds to WADA's new rules for substances of abuse

The World Players Association (WPA) has issued a statement regarding the reclassification of substances of abuse in the 2021 WADA Code. In the 2021 Code substances of abuse will no longer be treated in the same way as performance enhancing drugs and sanctions will be reduced to one month when athletes participate in rehabilitation. The WPA state they are pleased that substances of abuse will be managed from a player health and wellbeing perspective and that players can receive support they need through dedicated treatment and rehabilitation programs.

However, with the recent inclusion of cocaine, marijuana, ecstasy and heroin to the substances of abuse category and as the 2021 Code is not effective until 1 January 2021, they call for the implementation of the reform to be accelerated and for anti-doping authorities and player associations, with the support of WADA, to ensure that:

- 1. players serving existing sanctions know they are eligible to apply for a reduction
- 2. the necessary procedures are in place to ensure players can receive a reduction
- 3. players are permitted to apply and receive their reductions asap

The full statement from the World Players Association can be read here.

USADA's 19th Annual Science Symposium in 2020

The USADA Annual Science Symposium has been for some years now a recurrent and highly expected meeting in the calendar, especially given its contributions to the continuous development of anti-doping. Due to the current global circumstances, USADA hosted this year's Annual Science Symposium virtually between September 25 and October 23, 2020. USADA centered the symposium around the global pandemic with the theme "Redefining Normal: Disruption, Challenges, and Opportunities for Anti-Doping Science in a Global Crisis".

Since 2002, USADA has hosted the Annual USADA Symposium on Anti-Doping Science, aimed at bringing together anti-doping experts from around the world, including guests from more than 30 countries, to inform and shape meaningful anti-doping research programs for the future. Click here to find out more about the 2020 contributions and presentations.

Athletes using ergogenic and medical sport supplements report more favourable attitudes to doping than non-users

A recent study in the Journal of Science and Medicine in Sport by Researchers from the University of Birmingham and Canterbury Christ Church University, UK, examined the relationship between sport supplements and doping attitudes. This research was the first in its approach to differentiate between different types of sport supplements. It concluded that athletes using ergogenic and medical sport supplements, as opposed to sport foods and drinks or superfoods, reported more favourable attitudes to doping than non-users.

The study recruited 583 athletes from team (78%) and individual (22%) sports across multiple levels – club (26%), county (37%), national (28%) and international (9%) – who were surveyed about their use of four types of sport supplements:

- Ergogenic, such as creatine used to improve performance (42% of athletes surveyed used these)
- Medical, such as iron used to treat clinical issues and nutrient deficiencies (18% of athletes surveyed used these)
- Sport foods/drinks, such as protein bars providing a source of nutrients (21% of athletes surveyed used these)
- Superfoods, such as goji berries which claim to optimise health and performance (2% of athletes surveyed used these)

A short version of the Performance Enhancement Attitude Scale was then used to measure these athletes doping attitudes. Participants were asked to respond to five items representing their general doping attitudes (e.g. "doping is an unavoidable part of competitive sport", "the risks related to doping are exaggerated) on a 6-point Likert scale, ranging from 1 (strongly disagree) to 6 (strongly agree).

The results showed that athletes using ergogenic and medical sport supplements reported stronger doping attitudes scores than non-users. In contrast, users of sport foods and drinks, and superfoods did not differ from non-users in doping attitudes scores. As prior research has shown that doping attitudes are implicated in a decision to dope, this finding suggests that athletes using ergogenic and medical supplements may be more inclined to dope, than those using sport food and drinks, and superfoods. An explanation offered for this finding is that users of ergogenic and medical supplements become accustomed to performance enhancing methods and develop a belief that chemically active substances are a necessary and acceptable method of performance enhancement. Use of these substances can in turn, influence behavioural choices about doping. Given that doping is a motivated goal-directed behaviour that is justified on the grounds of functionality, athletes using ergogenic and medical sport supplements to improve performance, both directly (e.g. improvement in strength) and indirectly (e.g. to improve recovery between training sessions) can develop the belief that doping is another means to improve performance, and report more favourable attitudes to dope.

While the researchers acknowledge that some sport supplements may be necessary as part of an athlete's programme, the consumption of supplements in the ergogenic and medical sport categories may inadvertently lead to more favourable attitudes towards doping for that athlete. Therefore, a practical implication of the study is that athletes administered sport supplements may need to receive bespoke anti-doping education to prevent the potential increase in more favourable attitudes to doping.

Practical Developments in Anti-Doping

WADA Webinar on the "IS for Code Compliance by Signatories"

On 14th October iNADO attended one of a series of WADA CISP webinars "IS for Code Compliance by Signatories & the future of WADA's Compliance Monitoring Program" and we have provided a summary for your interest. The webinar was part of WADA's CISP Webinar series

Tim Ricketts, Kevin Haynes and Ruta Simaiziene from the WADA Standards and Harmonization and Compliance Team responded to the impact of the current COVID-19 pandemic on three main areas: testing, education and ADOs' operations. In that regards, they reminded the audience of some of the important deadlines of the Continuous Monitoring Program, as we are getting closer to the entry into force of the new Code and International Standards 2021.

A pragmatic and flexible approach will be adopted with Signatories for instance by issuing Corrective Action Reports without timelines and by actively encouraging any ADOs facing difficulties in their activities, e.g. to plan and conduct testing, to contact their WADA Regional Offices. WADA has also introduced virtual audits that help keep their commitment with ADOs when possible onsite audits are not conceivable.

Concern was raised regarding the delay in adoption of new rules, for which some disparities were observed between some regions of NADOs: 95% in Americas, 94% in Oceania, 80% in Asia of the Rules had been so far submitted, respectively 73%, 12%, 11% adopted. Whereas, the rules submitted only reached 48% in Europe and 39% in Africa, and adopted, respectively: 2% and 15%. We invite NADOs and RADOS members to visit the WADA CISP Page on ADeL and (re)watch the webinar for more information https://adel.wada-ama.org/en / It will be found in the section "Code Compliance ISCCS" where they can look up a tutorial video to the "2021 Model Rules".

All the best to the members that are currently being desk-audited the WADA auditor teams! Don't hesitate to share your experience with the members on Basecamp.

Feature of the Month by UK Anti-Doping



The 2021 @wada_ama Prohibited List for athletes was recently published.

✓

See the major changes fal.cn/mnb6c #CleanSport



1:30 PM · Oct 29, 2020 · Falcon Social Media Management



New at the Anti-Doping Knowledge Center

Th ADKC is continuously collecting useful information and documented experiences in the field of anti-doping that can be found with the following links:

- CAS Awards
- Decisions International Federations
- Decisions IOC
- Decisions NADOs
- Scientific Literature







ERASMUS Projects





iNADO Partners













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