



INSTITUTE OF NATIONAL
ANTI-DOPING ORGANISATIONS

People

A resilient Anti-Doping Community

Dear National and Regional Anti-Doping Organizations:

2020 was a year defined by the Covid-19 global pandemic. The disruption to the sporting landscape has been - to use a word we hear so much of, but in this context is fully justified - *unprecedented*.



Unprecedented, not least because of the postponement of the world's largest sports event: the Tokyo 2020 Olympic and Paralympic Games.

It is often crises of this scale, however, that bring out the best of us, the best of organizations and the best of mankind, as, despite the challenges of the past 12 months, iNADO has been proud to be part of an anti-doping community that has adapted and innovated during these uncertain times.

Amongst our achievements, we, as a community, have trialed virtual testing, embraced new methods of detection through dried blood spot testing, continued to work on education plans for 2021 and found new ways to build and maintain relationships with our stakeholders – in short, there is more that has united us than can divide us. Above all, we have continually sought out opportunities to pursue our mission, our guiding star: clean sport.

And it is these demonstrations of resilience during tough times that, in iNADO's eyes, bodes so well for our community going forwards in 2021. By working together to increase the efficiency of anti-doping programs - using intelligence and investigations, targeting athlete support personnel and members of the entourage, ensuring expedited and fair results management processes, reducing the risk of inadvertent doping (we must avoid inadvertent dopers becoming "poster boys" for doping bans and must focus on the intentional and systematic doping cases) and offering gold-star education that will change long-term attitudes to doping - we can thrive, together.

We, the national anti-doping community, have done so much, as a collective, alongside the athlete community in recent years to push for a stronger, more robust and effective anti-doping system, including a World Anti-Doping Agency that is fit for the modern age; yet our work does not stop here. Now is the moment, in light of the close of the Russian appeal by CAS and the confusion that decision created, for us to double down and strengthen our efforts to create an improved, well-governed WADA that can withstand athlete and public trust.

Improving good governance practices, including greater inclusion of above all athletes, but other stakeholders too; greater transparency with decision making; reducing conflicts of interest that arise with sports leaders and their sports promotion vs policing anti-doping responsibilities; these are all areas we strive to make more effective. WADA will hold a [Governance Reform Review](#) this year and we, as significant stakeholders, should use this opportunity to imagine, and strive for, the best global anti-doping regulator possible.

Finally, as we emerge from Covid-19 at different speeds worldwide, we will undoubtedly hear more about how the pandemic will change the world, not least, the potential tightening of budgets for anti-doping in sport. As I mentioned above, it is crises such as these that bring out the best of us, and show our strength. That is why we must not see the emerging challenges, including budgetary restraints, as a motive to lessen our work; rather, let this be an opportunity to pivot to different, more modern and effective ways of conducting anti-doping practice. Let the new year that begins be an opportunity for us to question the traditional ways and explore the merits of virtual testing, dried blood spot testing and other innovative means to keeping sport clean. Let this new cycle show our community for its ingenuity, creativeness and steadfast resolve to protect the clean athlete today and always.

To my fellow National and Regional Anti-Doping leaders, I want to thank you for your resilience during testing times. We at iNADO look forward to a better 2021, together.

Jorge Leyva
iNADO CEO

iNADO Community



The Doping Authority Netherlands and Dutch Martial Arts Authority enter into a Doping Control Agreement

The Doping Authority Netherlands and the Dutch Martial Arts Authority (VA) have reached an agreement to implement structural doping control in combat sports, including kickboxing, Thai boxing and mixed martial arts.

Previously, doping controls in these sports have been limited due to their fragmentation.

Martial Arts are practiced by more than half a million people in the Netherlands, with over half of competitive athletes being minors. The director of the VA, Farid Gamei, noted it is “an important step in the professionalization of martial arts and towards their mission to create a clean sport culture that is healthier and better organized.”

Chairman of the [Doping Authority](#), Herman Ram, endorses the importance of this step. “Sports that fall into the Olympic organizational structure automatically have to engage with doping controls. As martial arts are not Olympic sports, promoters and small unions had to organize these themselves. Now that the structure has been created in the Dutch martial arts world, it became possible to enter into a partnership with the Doping Authority.”

In the first months of 2021, the Doping Authority and the VA will work together to launch an extensive information campaign to prepare athletes for doping controls. Athletes and their support staff will be informed about the prohibited list; the risks associated with supplements; how medical exemptions work; the doping control process; and the rights and duties of all parties involved.

The Institute of Sport Justice (ISR), an independent body, will manage any disciplinary proceedings. All associations and promoters active in the Netherlands commit themselves to the doping program through their covenant with the VA. Without these covenants it is not possible to organize official competitions in the Netherlands.

With the beginning of the new year the new members of the five World Anti-Doping Agency (WADA) Standing Committees for 2021 start their roles. iNADO acknowledges the increase of representatives of National Anti-Doping Agencies (NADOs) on the Education Committee; the Finance and Administration Committee; and the Health, Medical and Research Committee.

NADOs are the heart of the anti-doping movement and certainly, the representatives will contribute with their experience and enrich committee discussions to further the clean sport cause.

On each of the three committees named above four of twelve positions were available. The Education Committee members from NADOs within the iNADO community remain very well represented in numbers. Karri Dawson (CCES), Mayumi Yaya Yamamoto (JADA) and Agnes Wanjiku Mandu (ADAK) are now joined by Sian Clancy (DFSNZ) and Erik Duiven (Dutch Anti-Doping Authority) in the first year of the newly implemented International Standard for Education (ISE).

The Finance and Administration Committee increased the number of representatives from our community from two to three. Shin Asakawa, CEO of JADA, is now joined by Rebecca Tyler (Sport Integrity Australia) and Yan Qingping (CHINADA).

The filling of the Health, Medical and Research Committee positions is characterized by researchers and physicians. Therefore, we are delighted that Takao Akama (JADA) and Matt Fedoruk (USADA) were approved by WADA's Executive Committee to join this Standing Committee.

The remaining two Standing Committees are the Athlete Committee, that is traditionally represented by athletes only, and the Compliance Review Committee. This committee is composed of compliance specialists from non-sporting industries, as well as representatives of athletes, governments and sport and has only five seats.

The increase in NADO members on the WADA standing committees is positive. However, there is a wealth of experience and expertise among NADOs that the current structures do not utilize. Greater benefits could be achieved if more seats were available for nominations of NADO members to enhance our common mission of clean sport.

WADA Executive Committee adds the first two additional independent Members

Following its November 12 virtual meeting, the Foundation Board of the World Anti-Doping Agency (WADA) confirmed the recommendations of the Agency's Nominations Committee and Executive Committee (ExCo) and appointed Ms. Gabriella Battaini-Dragoni (l.) and Dr. Patricia Sangenis (r.) as additional [independent members of the ExCo](#), increasing the number of seats from 12 to 14.



Originally from Italy, Ms. Battaini-Dragoni is the current Deputy Secretary General of the Council of Europe (COE), and will retire from this position in the coming weeks. From 2011-12, she was COE's Director General of Programs and was Director General of Education, Culture and Heritage, Youth and Sport from 2004-11. A strong proponent of ethics in sports, she played a leading role in the planning and promotion of a number of COE's sports integrity initiatives that sit alongside its longstanding Anti-Doping Convention.

Dr. Sangenis is a reputed sports physician from Argentina. For more than 20 years, she helped to deliver medical services and doping control for various sporting events, including at the Olympic and Paralympic Games, and she is a former member of the International Olympic Committee Medical and Scientific Commission. Through her work as a practitioner and academic, she has been a strong advocate for sport and physical activity, especially among women and girls, with the aim of achieving equal opportunities, not only in terms of participation, but also as it relates to health, leadership and other areas.

For some time iNADO has called for increased independence in anti-doping and applauds the introduction of two independent members to the ExCo as part of its governance reforms. However, this trend of working towards greater independence should not stop there. The committee will benefit from further appointments who ideally not only demonstrate experience and leadership but also a reputation built outside the system.

Ms. Battaini-Dragoni and Dr. Sangenis will commence their terms on March 1, 2021.



Covid-19 Vaccines

The unprecedented speed at which vaccines are being developed to overcome the global pandemic has caused some uncertainty for athletes relative to the List of Prohibited Substances and Methods.

WADA has reassured the community that it is 'highly unlikely' a vaccine would result in an anti-doping rule violation, and if it did, subsequent results management will ensure that the vaccine and principles of anti-doping do not come into conflict.

National Anti-Doping Agencies (NADOs) have welcomed this clarity and will continue to liaise with WADA to seek assurances for their athletes.

Additional reassurance for athletes has been provided by the inclusion of the following vaccines as 'not prohibited' on [Global DRO](#)*:

- Oxford-AstraZeneca
- Tozinameran (Pfizer-BioNTech)
- modRNA (Moderna Covid-19 vaccine)

Future vaccines will be added to Global DRO as further information becomes available.

**Global DRO is the online database that provides up-to-date information about the status of medications, including some vaccines. It currently includes medication information from seven countries, including Australia, Canada, Japan, New Zealand, UK, USA and Switzerland.*

iNADO Bulletin Board

Registration of iNADO e.V. in Germany

In January 1, 2021 iNADO became a non-for profit organisation under the laws of Germany and will operate as The Institute of National Anti-Doping Organisations e.V. ([iNADO e.V.](#)). The transformation from an English based to a German based organisation does not change in anyway our mission and activities.

iNADO will continue to serve and assist its members and the whole anti-doping community in the best possible way to strengthen the international voice of National Anti-Doping Organisations and of the entire clean sport movement.

Importantly, the transformation to this new organisation does not imply an automatic transfer of membership. We are collecting the last membership application forms to be able to transfer every membership to the new organisation. We would like to use this opportunity to remind those who have not countersigned the document yet to please do so and send it back to info@inado.org.

PWC offer for iNADO Members

iNADO partner Professional Worldwide Controls (PWC) has discounted prices for National Anti-Doping Organisations (NADOs) and Regional Anti-Doping Organisations using their paperless mobile documentation system (MODOC). iNADO would like to pass PWC's offer to their members who can find more details on [iNADO's website](#).

WADA Vacancy in Lausanne - NADO Relations Manager

The World Anti-Doping Agency's Lausanne-based European Office is offering the position of a manager for government and National Anti-Doping Organisation relations. More information can be found [here](#). Posting deadline is January 20th.

Athletes Voice

The athlete, anti-doping and 2021

A personal perspective of the 2021 Code and positive implications for athletes.

Throughout 2020, Nikki Hamblin, former Olympic athlete, has enriched iNADO's work with her point of view. Hamblin is now looking at the year 2021 and the chances and challenges the new year may bring for the athletes.



1. Athletes Anti-Doping Rights Act

The [Athlete Anti-Doping Rights Act](#) is a new addition alongside the 2021 Code. Released in both English and French, the Act is universally applicable and accessible for all athletes. The Act protects an athlete's fundamental right to participate in clean sport, promoting health, fairness and equal opportunity for all athletes worldwide.

Athletes should have an awareness of their rights and due to the work of the WADA Athletes Commission there is now document available that has all athlete's rights throughout the Code in one place. Importantly, the Act was drafted by athletes in consultation with athletes, an important step in the acknowledgment of athletes as a key stakeholder group in sport who, when included, can make meaningful contributions.

Part 2 of the Act lists recommended rights, which are not within the Code or the International Standards, but which athletes encourage anti-doping organisations to adopt. This provides an example that there are still further athlete rights that should be recognized. The Act is definitely positive progress, but the next step would be for these recommendations to be formally recognized by the Code.

Clause 9 of the Act: reallocation of prize money

The right to compensation mandates that when an anti-doping organization strips an athlete of prize money due to a doping offence, the organization should make reasonable efforts to redistribute the money to athletes who would have been entitled to it had the forfeiting athlete not competed. (Code Article 10.11)

Although the moments taken away from clean athletes by those who dope are undoubtedly priceless, this right, highlighted by the Athletes Rights Act, will make positive progress towards rectifying the damage. In March, 2020, Emma Coburn, world steeplechase champion and Olympic medallist tweeted the financial consequences of competing against doping athletes.



emma coburn @emmajcoburn · Mar 5, 2020

Replying to @emmajcoburn

In the 18 months prior to her positive EPO test, Ruth Jebet cost me \$100,000 in bonuses & prize money. In the 18 months prior to her positive EPO test, she set the WR twice, won Olympic Gold & was 5th at Worlds 2107.

20

267

1.6K



Coburn is one of the highest earners in track and field, the large majority of athletes make little (or no) money from their sport. For some athletes, \$500 could make the difference between them being able continue in sport or not. There are obvious challenges to recouping prize money across borders, but a concerted effort to redistribute stolen prize money throughout the chain of athletes

effected will show athletes that sport is serious about clean sport and protecting clean athletes.

2. Education

A significant change in the 2021 Code is the introduction of the [International Standard for Education](#) (ISE). The ISE aims to harmonize anti-doping education standards globally. The main principle being that an athlete's first experience with anti-doping should be through Education, and not through Testing.

I am a big proponent of education, both in terms of information provision and how education can be used to promote and create clean sport cultures. Accessibility to consistent education can ensure all athletes understand the rules and have the tools to make good decisions regarding them. Also, it can prevent inadvertent doping through, for example, contaminated supplements.

Having experienced my first drug test at 16 years old, I fully support the principle that exposure in the first instance to anti-doping should not be through testing. No one should have to pee in a cup in front of a stranger, without understanding the process or the purpose.

The addition of education as a central pillar in global anti-doping is important for athletes as the deterrence effect of testing alone is not sufficient to attain clean sport.

Science



Episode 08: The Mission Creep Dilemma of WADA

In this episode, Daniel Read PhD, lecturer at the Institute for Sport Business at Loughborough University London, discusses his latest research:

Balancing mission creep, means, effectiveness and legitimacy at the World Anti-Doping Agency. Dan and his co-authors applied the theory of mission creep to the anti-doping system and offers NADO-specific solutions to identified challenges. Listen [here](#).

Practical Developments in Anti-Doping

Raising Awareness towards IT-Security: the IT-Security Principles for ADOs developed by iNADO Working Group

The final iNADO webinar session of 2020 was dedicated the presentation of the IT-security Principles for ADOs, a document composed by a voluntary working group of IT-experts from iNADO members and WADA.

In the second of two live-sessions, Cori McPhail from the Canadian Centre for Ethics in Sport, shared the stage with the iNADO team to present an overview of the document. Basic terminology relating to cyber-criminality and the essentials of IT-security was defined, the audience was taken through the seven core IT-principles that structure the document guidelines and were provided with recommendations on how to implement them in relation to the IT-resources and literacy of ADO.

We would like to thank once again to the iNADO members IT-Experts and WADA that participated in the working group and made the publishing of these guidelines possible: Sport Integrity Australia, DFSNZ (New Zealand), ADD (Denmark), AFLD (France), UKAD (United Kingdom), ADNO (Norway), NADA Germany, USADA (USA), CCES (Canada), SAIDS (South Africa) and WADA.

The session can be found on our [GoTo channel](#). The IT-security Principles for ADOs and the Self-Assessment Questionnaire are available for download on our [website](#).

"Anti-Doping Sweden is Sweden's new National Anti-Doping Organization (NADO) from today, 1 January 2021. The new NADO is independent of sports and the state, just as the new World Anti-Doping Code (WADC2021) requires. My colleagues and I look forward to continue our work in the new organization."

Christine Helle, CEO, seen on LinkedIn



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THE ANTI-DOPING KNOWLEDGE CENTER

New at the Anti-Doping Knowledge Center

The ADKC is continuously collecting useful information and documented experiences in the field of anti-doping that can be found with the following links:

- [CAS Awards](#)
- [Decisions International Federations](#)
- [Decisions IOC](#)
- [Decisions NADOs](#)
- [Scientific Literature](#)
- [All the latest additions](#)

iNADO is the Institute of National Anti-Doping Organisations. It promotes best practices by NADOs and is their collective voice.



ERASMUS Projects



iNADO Partners



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