



INSTITUTE OF NATIONAL
ANTI-DOPING ORGANISATIONS

iNADO Update #2021-10 - 4 October 2021

iNADO Community



Michael Ask steps down as Chair of the iNADO Board

Dear iNADO members – dear colleagues,

As you might already have seen elsewhere, I will take on a new position as “International Relations Senior Manager” at International Testing Agency (ITA) from 1. November 2021.

This means that I will stop as CEO of Anti-Doping Denmark and consequently I must step down as chairman and

member of the Board of iNADO.

I am very pleased and humbled that I have had the privilege to serv at the iNADO Board for more than four years, thereof more than two years as a chairman.

I am proud to have been part of a positive period with more members and the development of important tools to help the members in their daily work such as the capability register, newsletters and podcasts, webinars and much more. Last but not least, I also feel that iNADO has done very well in living up to the role of being an international voice for its members and play a leadership role in both advocating for and supporting independent National Anti-Doping Organisations and sporting partners to influence policy and decision making.

NADOs play and will in my opinion continue to play a crucial role in the fight against doping. Not only are they signatories to the WADA Code, but due to the relations to our respective governments NADOs are bound by the UNESCO convention and for many also the Council of Europe against doping. Hence, forcing NADOs to deal with the anti-doping issue with a more holistic and societal view than other anti-doping organisations.

NADOs are responsible for a vast majority of the anti-doping activities around the world. Therefore, I find it both appropriate and natural that the WADA Governance Reform Working Group is opening up for the possibility to include NADO representatives in the leading bodies of WADA in the future. I hope and believe that it would be natural to involve iNADO in the process of finding the right way to elect these representatives in a democratic way that serves all NADOs and RADOs in the best possible way.

I am confident that iNADO will continue to do its work in the best possible way. The board consists of very experienced people from around our community, and the administration led by Jorge Leyva is working diligently every day to fulfill the mission together with the members.

I have had the privilege to meet many of you over the years. And even though I will leave my positions within the NADO community, I am thrilled that in my new position at ITA. I will be responsible amongst other things to liaise and strengthen the ties between NADOs/RADOs and ITA. I am looking forward to this new role, and I can't wait to meet you again. Hopefully in person more that virtually now that the pandemic has loosened the grip in some parts of the world.

So, goodbye for now, but see you again out there!

All the best,
Michael Ask

Outcomes of the Executive Committee Meeting: Cannabis and Revised Code Compliance Policy

Preliminary discussion on the review of Cannabis:

“...the ExCo endorsed the decision of the [List Expert Advisory Group](#) to initiate in 2022 a scientific review of the status of cannabis. Cannabis is currently prohibited in competition and will continue to be in 2022.”

iNADO welcomes this review. iNADO maintains that the placing of cannabis on the prohibited list should be reviewed not just from a scientific perspective but should include social, policy and proportionality arguments.

Questions remain open regarding the potential of cannabis to enhance performance but even if the potential is established that can not be the end of any discussion. The prohibited list does not include other substances for which evidence of performance enhancement and adverse health consequences have been at least as compelling as (for

instance Tribulus).

Many organizations have taken a harm reduction rather than punitive approach to cannabis use. This is because, in the vast majority of cases, it is used outside the sporting environment and for non-sporting purposes. Currently the harm to athletes careers far outweighs the benefits of any punishment and the disproportionate amount of resource required to police it. WADA has the option to include it for specific sports if compelling evidence of potential advantage is produced.

In the past, arguments presented to review the merits of cannabis to be part of the list have been either unsuccessful or ignored but recent events have moved WADA to acknowledge this need. We encourage WADA to approach this issue with transparency about the criteria to review if cannabis (or any other substance) has the merit to be part of the prohibited list. To minimize biases, we recommend that the review should be conducted by independent experts which are not currently part of the WADA organization.

Revised Policy for WADA's application of the International Standard for Code Compliance by Signatories

The creation of an additional category of priority to monitor Code Signatories' compliance with the Code is positive. The revised prioritization could bring benefits by adapting the Code Compliance Monitoring program more efficiently to the capabilities of small and under-resourced Code signatories.

In turn, we hope that the new prioritization policy is proportionate to the ability of each Code Signatory. Organizations with the largest risks should be in the top prioritization tier. This is necessary for fairness and public accountability.

Belgium's Pharma- & Foodcrime Platform: Information Sharing and Capacity Building

In Episode 17 we chat to Jurgen Secember, Legal Advisor from [NADO Flanders](#) about collaboration and cooperation in the national landscape of anti-doping. Jurgen discusses the benefits, including information sharing and increased investigative capacity, that have been achieved



by working formally and informally alongside other Belgian entities, public servants from the Judicial Police, the Federal Agency for Medicines and Health Products, the Federal Agency for Food Chain Safety and the Customs.

Listen in on [Spotify](#) or [Podbean](#).

Sport Integrity Australia new Corporate Plan 2021-2025 & Newsletter

Sport Integrity Australia (SIA) have published a four-year Corporate Plan (2021-2025). An umbrella organization for all integrity matters in sport, SIA works to provide safe and fair sport for all, including through the delivery of an

innovative and informed anti-doping program. The full plan can be read [here](#).

Besides the new vision of the organization, SIA has published a new edition of their newsletter as well, named '[Sport Integrity Matters](#)'. The document elaborates on the last 12 months of Sport Integrity Australia's operation and touches on topics such as testing time during the pandemic.

CHINADA, JADA and KADA sign MOU to continue Tokyo 2020 Clean Sport Legacy

iNADO members, China Anti-Doping Agency (CHINADA), Japan Anti-Doping Agency (JADA) and Korea Anti-Doping Agency (KADA) signed a memorandum of understanding (MOU) for protecting and developing the world's clean sport environment.

The main purpose of the MOU, signed a day after the closure of the Tokyo 2020 Paralympic Games, is to establish a framework for cooperation between the three NADOs based on equality, overall reciprocity and mutual benefit. This is in light of the continuation of the Tokyo 2020 clean sport legacy to future major events in the region, including the Beijing 2022 Games, the kansai World Masters Games to be held in 2022 and the Gangwon 2024 Youth Olympic Games.

Further details of the MOU can be found in the CHINADA [press release](#).



Election of a new Chair of the Governing Board of iNADO on October 12

iNADO Chair Michael Ask will step down from his position as CEO of Antidoping Denmark and as a consequence will no longer be Chair of iNADO. The Governing Board of iNADO met on September 16 to discuss and agree upon the next steps to elect a new Chair of iNADO.

Following [the iNADO Rules of Procedure](#), all eight members of the Board present were supportive of the idea to hold an election at the next scheduled meeting of the Board on October 12. On this day but prior to the election, Michael Ask will officially leave his seat as Chair. This path guarantees a smooth transition with no interruption in between.

We will communicate the results of the election to you immediately.
I thank all Board members for their support in this process.

- Jorge Leyva, CEO

Reminder: Berlinger presents newest Generation of Blood Collection Needles

We are happy to invite you to “iNADO Webinar: Berlinger and Becton Dickinson push innovation in Blood Collection with the new MDR” on:

Tuesday October 19, 2021 - 02:00 pm CEST

For more detailed information and the registration link click [here](#).

KADA opens Registrations for International Anti-Doping Seminar

The Korean Anti-Doping Agency (KADA) is preparing its annual International Anti-Doping Seminar. It will be held on 3 November, 14:00~17:00 (Seoul time) as a hybrid seminar (live). The aim is to make participants feel as if they were on site.

This years leading topic is the effective implementation of TDP and RA. KADA will also share the stories of KADA staffs and DCOs who were dispatched to Tokyo2020.

2021 KADA International Anti-Doping Seminar, 3 November, 2021. (14:00~17:00, Seoul Time)

Registrations are [open](#) now. Once the registration is complete, KADA will send out the invitations to join the Seminar.

Webinar Invitation: Good Governance Leadership & Integrity in Sport

We warmly invite the entire anti-doping community to the virtual workshop on “Good Governance, Leadership and Integrity in Sport” organized by TAFISA, Transparency International and the University of Liverpool John Moores.

The event will take place on:

Wednesday, October 13, 2021

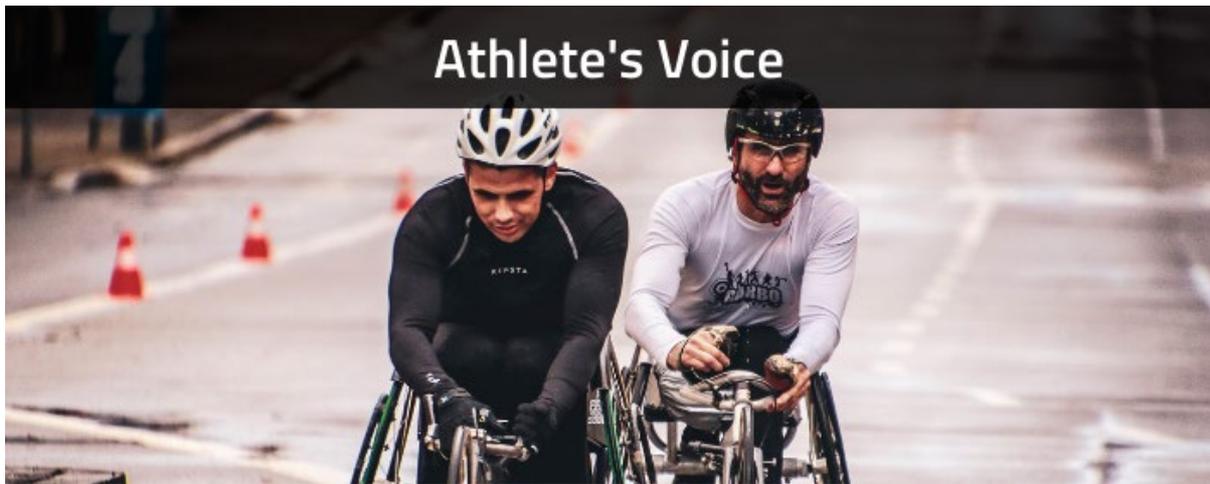
01:00-03:00 pm (UTC+2)

The joint workshop provides a platform to talk through current key topics like why good governance matters in the Sport for All sector.

A panel discussion will be held by experts, such as Sylvia Schenk from Transparency International, Germany, Dr. Darlene A. Kluka from the University of Pretoria and Keith Joseph, the Secretary General of the Caribbean Association of National Olympic Committees. Throughout the workshops Q&A sessions will ensure the involvement of the audience to the panel and the conference will be closed with a discussion forum. More speakers and panelists are expected to be confirmed!

The event is for free and open for the entire anti-doping community. [Register now!](#)

Detailed programme can be found [here](#).



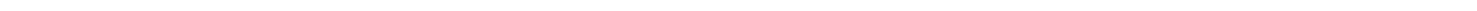
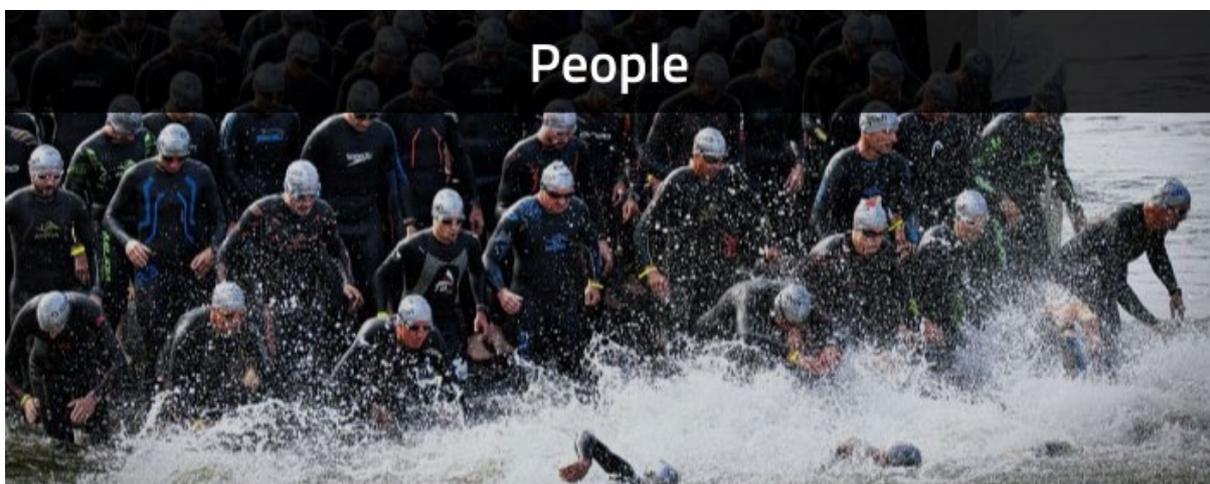
AthletesCAN publish four-year Strategic Plan to promote an Athlete-Centered Sport System

AthletesCAN, the association of Canada's national team athletes, who among other roles are the Anti-Doping Advisory Committee providing relevant advice on the Canadian Anti-Doping Program, have published a 2021-2025 Strategic Plan.

The Plan, which was developed from extensive consultation with the athlete community and Canadian and international sport system stakeholders outlines a bold and transformative pathway for the organization over the next four years to ensure an athlete centered sport system. The Plan supports and compliments the athlete-centered approach by investing in three strategic areas: awareness, insights and activation.

AthletesCAN is a fully independent organization with the available resources to consult with the athlete population in Canada, provides feedback to CCES on anti-doping matters that affect or have the potential to affect athletes. This aligns with an aspiration right of the Athletes Act which states: Athletes should be consulted in the creation and modification of the anti-doping rules to which they must comply, and it is fair and right that athletes shall also have a voice and the right to participate in the governance of any anti-doping organizations that they are subject to.

The full AthletesCAN 2021-2025 Strategic Plan can be read [here](#).



Maira BAKASHEVA (Kazakhstan)

We will use this section also to put the spotlight on individuals and their work, who are already part of the anti-doping community. This month we gave the word to Maira Bakasheva, Director of Kazakhstan NADO.

Starting off my career in my hometown Zyryanovsk of East Kazakhstan region in 1983 as a student of nursing faculty and graduating with honors,

inspired me having a life-long working path in the medical field.

It later continued on getting major in general medicine and sport coaching and serving as general practitioner for almost a decade. But never have I thought that I would dedicate the last 12 year of my life to the combat with doping in sport.

Discovering new cultural and sport aspect, such as anti-doping, in the early 2010s, while being a Head of medical support and anti-doping services department during Winter Asian Games in Almaty, it required my team and I to show persistence, patience and courage as we were the first ones, who has made a call to fight doping in the country.

In the beginning it may have looked a bit frightening due to the lack of information, trust from the sport community. Now, in 2021, being one of the leaders in the Central Asia region in implementing a good anti-doping programme, has made it clear that all the effort has paid off. As one would say - "If you can put your head through the door, then so is possible with the rest of your body". And I do agree with this smart yet so dramatic remark.

At the moment we witness that a strong network and partnership has grown in the Kazakhstani sport. It is shown in the now positively oriented reaction of athletes, coaches, sport doctors, etc on the discussion of doping and anti-doping related topics. We see a plethora of young local athletes being aware and well-educated on the issues as well. Sharing the concept of a fair sport and receiving support does motivate you nowadays better than ever.

Many people have spent countless hours and made an impact in the general development of KazNADO and still, there is a long way to go. We learn and teach every day, being given challenges of the modern world. Such trustworthy and useful platforms as iNADO are being a practical part of our day-to-day working routine. And it still keeps the anti-doping society inspired and driven by the willingness to help and assist.



Franziska Heinrichsmeier

They always say time changes things, but you actually have to change them yourself - Andy Warhol

After two years, our colleague Franziska decided that it was the time for her to change things, go back to university and become a teacher.

Franzi, thanks for supporting iNADO during an important restructuring process and being fundamental for the

execution of our communication activities. We wish you the best.

Janka Deszatnik

We welcome Janka Deszatnik to iNADO as Member Services Coordinator. She will be the main point of contact for our members and coordinate our communication activities. She holds a BSc in Sports Management and is currently finishing her Master's degree in Sport Development and Politics. Janka has worked in different European Sport Federations and NGOs in event management and social media.

Besides her mother tongue Hungarian, she speaks English, Spanish and German. Üdvözljük (Welcome) Janka!

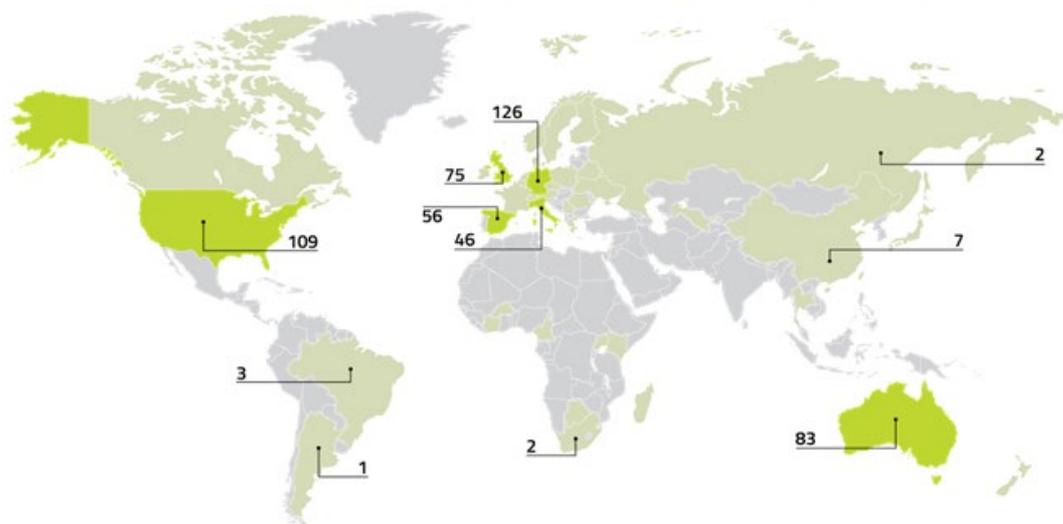


iNADO Project: Overview of 20 Years of Research funded by WADA and PCC

iNADO is presenting the results of a two-month project giving an overview of social and scientific research on anti-doping in the last 20 years. The exercise mainly focuses on research projects funded, by two of the major funding organizations: the World Anti-Doping Agency (WADA) and Partnership Competition Partnership (PCC), amounting each to over \$83 million and \$29 million in the last 20 years.

The report highlights how research evolved in terms of topics researched, the progressive increase of fundings and finally shed some light on trends: which countries and types of organizations concentrate most of the fundings, what are the new topics researchers focus on... Despite new research strategies of diversification, did you know that more than 65% of projects funded by PCC and WADA were located in Europe? Did you know that 80% of the project researched analyzed was related to new methods for the detection of prohibited substances and methods, as well as the improvement of existing techniques?

Research Projects Funded by WADA and PCC by Countries (2001-2021)



The project also puts in perspective the trends observed with the funding organizations' strategies, the current involvement of NADOs in Scientific and Social Sciences Research, as expressed in iNADO last [Capability Register](#), e.g., low rate of fundings from WADA or their willingness to conduct research on monitored substances in the future.

Additionally, to the report, iNADO members will benefit from additional tools and will have access to the database of 790 projects used for the project as well as a hands-on document for each to get involved in research at their own level on accessing research paper and a small reminder on grant mechanisms offered by WADA and PCC.

Find the report and a short introduction video to the project on our website: [here](#).

iNADO Members can access the project database and the practical guide in our [library](#).

Practical Developments in Anti-Doping



2021 Clean Sport at the Front Line

On September 14 and 15, UK Anti-Doping (UKAD) hosted the two-day event "[2021 Clean Sport at the Front Line](#)." Emily Robinson, UKAD Interim Chief Executive, kicked off the 2021 event with The Launch of Insight and Innovation at UKAD. The sessions welcomed onto the virtual stage expert staff from the agency as well as researchers and industrial partners that tackled topics including the emerging use of CBD, the importance of understanding the needs and views of para-athletes and Athlete support Personnel towards developing tailored clean sport education and inadvertent doping.

Coach Education Report

The presentation of the report, [Coach Education: Creating an Evidence-Based Clean Sport Curriculum for Coaches in the UK](#) published this month, was a highlight of the 2021 Clean Sport at the Front Line event. UKAD commissioned Leeds Beckett University to undertake a systematic consultation with a range of stakeholders from the coaching sector to contribute to the development of the clean sport coach curriculum. Coaches have been identified as a key target group for clean sport education as they have consistently been highlighted as having a significant influence in relation to athletes' doping decisions.

The key recommendations to consider for developing a clean sport coach curriculum were:

- Bring it to life and make it relevant
- Framing is key
- Provide clean sport content on a range of topics
- Embed clean sport in the fabric of coaching
- Offer varied, interactive, bite-sized learning opportunities on a rolling basis that acknowledge prior learning
- Enhance visibility and accessibility of learning opportunities

Recording of the two- day event can be found here: [Day 1](#) & [Day 2](#).

UEFA Launch Anti-Doping Education Drive

On September 1, UEFA launched a new anti-doping strategy based on financial support which will enable its 55 member associations to run education activities to help footballers stay clean.

The strategy provides targeted funding to associations via the UEFA HatTrick programme, which aims to make sure that players' first experience with anti-doping is education, rather than a doping test.

The strategy aims to do this by:

- Increasing the quantity of anti-doping education in European Football
- Improving the quality of the education that is already taking place
- Enhancing with coordination of anti-doping education

UEFA member associations are being asked to work together with National Anti-Doping Organisations (NADOs) to prepare and deliver an education programme in their specific country, as NADOs are considered the authority on education relating to clean sport in their countries.

The full press release can be read [here](#).

iNADO Partners & Sponsors



New at the Anti-Doping Knowledge Center

The ADKC is continuously collecting useful information and documented experiences in the field of anti-doping that can be found with the following links:

- [Decisions International Federations](#)
- [Decisions IOC](#)
- [Decisions NADOs](#)
- [All Case Law](#)
- [Scientific Literature](#)

Also we have introduced the **Select All** function for these Categories:

- [Legal Source](#)
- [Science](#)
- [Document Category](#)

