



INSTITUTE OF NATIONAL  
ANTI-DOPING ORGANISATIONS

**iNADO Update #2022-02 - 7 February 2022**

A photograph showing a group of diverse people in professional attire. They are gathered around a central point, with their hands stacked on top of each other in a gesture of unity and teamwork. The text 'iNADO Community' is overlaid on the top part of the image.

## **iNADO Community**

**Sarah Shibutse (ADAK) is appointed to the Governing Board of iNADO**



In accordance with § 9.11 of the iNADO Constitution, during the last Board meeting of January, the Governing Board Members decided to appoint Ms. Sarah Shibutse, Acting Chief Executive Officer at the [Anti-Doping Agency Kenya](#) (ADAK) to the Governing Board as its eighth member.

Prior, she worked at the Department of Sports, Ministry of Sports, Culture and Heritage in Nairobi and was appointed as a member of the Independent Monitoring Group for the International Weightlifting Federation by the International Testing Agency in September 2020. She graduated in International Studies from Ewha Womans University, Seoul, Korea and currently pursues a post graduate diploma in Sports Administration and Management.

In line with § 9.11 of the Constitution, Sarah's appointment is subject to confirmation at the next General Assembly and, if ratified by members, she will remain in the Governing Board until the next General Election in 2024.

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### **Postponement of iNADO Workshop 2022**

Following WADA's announcement to [postpone their Annual Symposium](#) to June 11-12, 2022, based on the current developments of the COVID-19 pandemic, iNADO has also decided to postpone its Annual General Assembly and Workshop to **9-10 June**, 2022. We apologize for any inconvenience this may cause.

We are sorry that our Workshop and long-awaited reunion will be postponed once again but we are convinced that this is the best decision given the unstable situation around the world. The team will communicate in the coming weeks about the agenda allowing for physical and remote participation.

We thank our member NADOs and RADOs as well as all the stakeholders in the anti-doping community who have already expressed their desire to participate and we thank in particular the expert panellists with whom we have made progress in the planning. We will get back to you individually.

Best wishes and stay healthy,

INADO Team

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## Larry D. Bowers Award for Excellence in Anti-Doping Science

The deadline to nominations for the Larry D. Bowers Award of the [US Anti-Doping Agency](#) has been extended to June 1, 2022. Individuals, who have contributed to the advancement of anti-doping science over the course of their career can be nominated for the award.

In order to recognize and award the achievements of scientists who have made an impact on anti-doping approaches and best practices, the US Anti-Doping Agency launched the Annual Larry D. Bowers Award for Excellence in Anti-Doping Science in 2016.

The award is open to any scientist who meets the above criteria, including academic researchers and scientists who work in World Anti-Doping Agency-accredited laboratories or other settings. Find more information on the criteria and documents to be submitted [here](#).

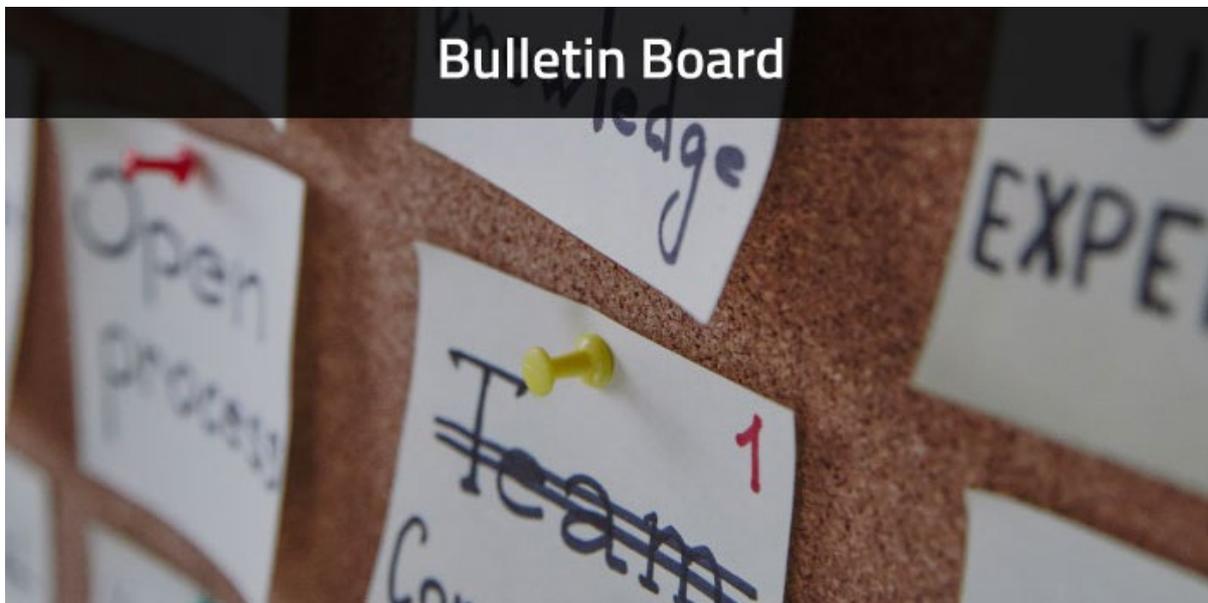
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## WADA Job Posting

The [World Anti-Doping Agency](#) is looking for a NADO/RADO Relations Manager. Among the responsibilities will be the coordination and facilitation of RADO meetings and training, as well as ensuring the information flow and education of stakeholders on their responsibilities and obligations under the World Anti-Doping Program and the UNESCO Convention.

The position focuses on the overall activities contributing to the global implementation of the Regional Anti-Doping Organization (RADO) Program Strategy and the National Anti-Doping Organization (NADO) Program Strategy.

The desired candidate has a university degree in Sport Management, and/or Sport Law, and/or International Relations or equivalent and minimum 5 years practical experience in anti-doping. Find the full job description [here](#).



### **INADO Webinar: Evaluation of NADC with NADA Germany & German Sport University**

Our first webinar in 2022 was about the evaluation of the German National Anti-Doping Code, a study commissioned by [NADA Germany](#) to the [Institute of Sports Law of the German Sport University Cologne](#) that was conducted in 2019 and 2020.

During this member-only session, Dr. Caroline Bechtel, Deputy Head of the Institute, took the audience through the sciences-based approach developed to assess how German athletes understand and observe the Code. About 750 athletes from 46 national federations took part in the survey, with high participation rate for young athletes between 16 and 20 years old. The project succeeded in establishing correlations between level of awareness and respondents' characteristics (age, registration in testing pools, sport federation),

Bechtel described that the exercise not only consisted of a static assessment but was also an added value exercise, establishing a ground of understanding and enhancing the knowledge of the respondents as they evolved through the questionnaires and definitions and explanations around the Code.

Dr. Lars Mortsiefer concluded that this collaborative study involving academic institutions and federations provided action points for NADA Germany to work on with their prevention and legal departments. It may also be at the development of a index on athletes' awareness and compliance to - doping rules and values, besides the sole provisions of the Code.

For iNADO members: the PDF of the presentation and the recording of the webinar are available in our [Library](#).

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**Partnership for Clean Competition Call Deadline**



The pre-application deadline for funding from the [Partnership for Clean Competition](#) (PCC) is approaching, with the aim of offering opportunities for researchers doing work applicable to anti-doping. Researchers may submit their topics until March 1 for Grant and Fellowship applications and in the case of an approval, full applications are to be submitted by April 1.

Find more information and the application process [here](#).

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### **JADA & SEARADO re-sign Extension of Memorandum of Understanding**

The [Southeast Asia Regional Anti-Doping Organization](#) (SEARADO) and the [Japan Anti-Doping Agency](#) (JADA) re-signed the Memorandum of Understanding (MOU) for the third time on January 12, 2022 to enhance cooperation on clean sport.

The MOU was first signed in 2014 followed by another re-signing together with the Tokyo 2020 Organizing Committee in 2017 to collaborate and co-operate with an interest to develop Anti-Doping programs and enhance the capacity of staff and National Anti-Doping Organizations (NADOs) of member countries in Southeast Asia.

INADO welcomes such actions targeting the enhancement of good governance, program development and capacity building.

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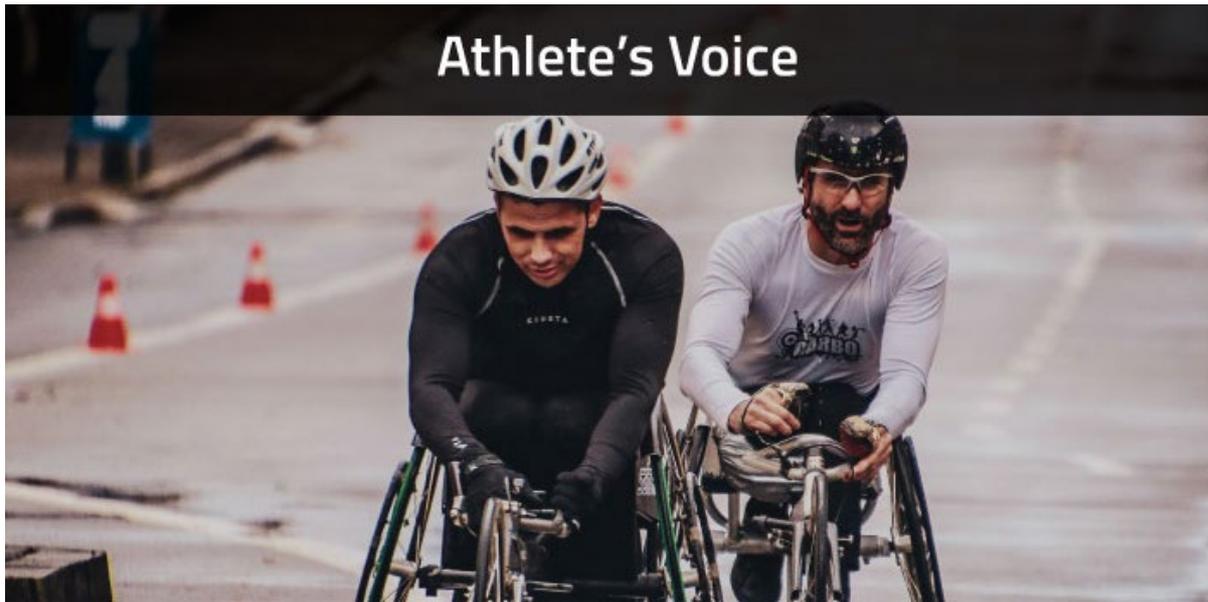
### **New Monitoring Reports by the Council of Europe & Recommendations on Whistleblower Protection**

Three reports have been published in January by the Monitoring Group and a [Recommendation](#) on the protection of whistleblowers in the context of the fight against doping, in which the principles of the protection of whistleblowers of the CoE is reaffirmed.

Moreover, the human rights organization invites national authorities to set an overarching system which strikes the right balance between encouraging athletes and other persons to speak out, while protecting them and ensuring that

the information provided is circulated and used appropriately.

Read the full article [here](#).



### **Athletes' Anti-Doping Ombuds**

The World Anti-Doping Agency (WADA) has initiated the recruitment process for an Athletes' Anti-Doping Ombuds – an independent contractor position that is to report into WADA's Executive Committee and maintain regular contact with the WADA Athlete Committee on issues of mutual interest.

The ombudsperson will be neither an advocate for any individual nor organization, but rather an advocate for fairness, who acts as a source of information and referral, aids in answering individuals' questions, and assists in the resolution of concerns and critical situations.

This is a significant step towards increasing all athlete's access to impartial advice on how to navigate the anti-doping system.

The full role description can be found [here](#).



INADO welcomes two new female Directors to whom we wish lots of success

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### **Lisbeth Jessen, Director of Anti-Doping Denmark**

From 1 February, Lisbeth Jessen will take up the position of Director of [Anti-Doping Denmark](#). She brings extensive management experience and competencies in building relationships and collaborating politically to the position.



Before joining ADD, Lisbeth was the director of Danner, a non-profit Danish organization working to eliminate violence against women using empowerment, protection, prevention and advocacy. Many years of experience in the police with emphasis on crime investigation and prevention round her profile.

Lisbeth is particularly keen to tackle the risk of unhealthy environments and pressure that elite athletes often face.

*"Of course we must fight cheating and crime in sports, but we must just as much prevent and keep an eye on what creates the pressure on active sports - whether we are talking about talented elite athletes who must perform at the highest level, or ordinary young people, who feel the pressure to live up to unrealistic body ideals they have seen on social media."*

To do this, in her view it is necessary to establish strong partnerships across public, private and civil society organizations and in the political landscape.

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### **Veronika Loginova, Director General of RUSADA**



Veronika has 12 years of experience in the field of anti-doping, starting from 2010, when she joined the [Russian Anti-Doping Agency](#). Later on, she took over roles such as Head of the Education Department and Head of the Division of Anti-Doping Support and Interagency Cooperation of the Department of Science and Education at the Ministry of Sports of Russia.

She is currently a member of the Working Group on Improving Legislation on Physical Culture and Sports in the Russian Federation, and is also an independent UNESCO expert appointed to work with the Bureau of the Conference of Parties to the International Convention against Doping in Sport and the Approval Committee for Projects Granted to the Fund for the Elimination of Doping in Sport.

Holding degrees in engineering, linguistics and sports, she is now studying for a master's degree in sports law.

*"I am pleased to greet the global anti-doping community in my new capacity as Director General of the Russian Anti-Doping Agency "RUSADA" and honored to be a part of this community. Comprehensive cooperation with all stakeholders is a high priority for me, because I am strongly convinced that great success in the fight against doping can only be achieved through our common efforts. I express my deepest regards to all who are committed to clean sport and thank iNADO for its outstanding contribution to the development and support of the anti-doping movement".*



### **Identifying Athlete Protective Behaviors**

In January, the Partnership for Clean Competition Anti-Doping podcast interviewed Dr Lindsay Duncan from [McGill University, Montreal](#) to talk about her new research project focused on guiding athlete behavior in the anti-doping space, specifically investigating athlete protective behaviors.

Duncan's project, funded by PCC, is planned in two phases both centered around the idea of establishing an inventory of anti-doping protective behaviors, which are defined as an "action that someone can take to avoid an anti-doping rule violation" (ADRV).

Initially, the project will solicit the ideas of experts in anti-doping psychology, including researchers, educators and those in the daily training environment. These ideas will be categorized into common behaviors, and it will be identified which of these behaviors are most important and feasible in the training environment. The goal is for the research is to develop an inventory of behaviors to support anti-doping interventions.

The second stage of the research is the validation of the inventory of behaviors through the recruitment of a large sample of international level athletes to find out how frequently they engage in each of the behaviors and how important they feel each of these behaviors is for helping to protect them against ADRVs. This information will then be correlated with known psychological factors that can protect against doping.

The full podcast episode can be listened to [here](#).



### **UNODC publish Global Report on Corruption in Sport**

[The United Nations Office on Drugs and Crime](#) (UNODC) recently published a [Global Report on Corruption in Sport](#). The document seeks to provide relevant stakeholders, in particular representatives of states parties and sports organizations with information, including trends, case studies, examples and good practices, on the different forms and manifestations of corruption in sport. It also presents policies for consideration on how to tackle the various problems identified.

Although the report does not specifically relate to doping in sports it provides a starting point on overall corruption in sport presenting recent developments, main issues and possible responses in ten overarching areas. As we are aware, integrity issues in sport are often not in isolation and so any form of corruption can influence the prevalence of doping, tolerance and the effectiveness of institutions to tackle doping issues. For example, section three of the report

provides an overview of international initiatives to tackle corruption in sport.

It highlights that anti-corruption institutions in sport are still in their infancy and the search for optimal models for standards of conduct and good governance, and the scope and focus of these institutions varies globally. The discussion of good governance and how this can be applied in a standardized manner across all anti-doping organizations which operate in different political, cultural and socio-economic contexts is ongoing within the National Anti-Doping Organization (NADO) and Regional Anti-Doping Organization (RADO) community and possible solutions may be presented within this report.

#### Anti-doping organizations and their expanding remit

This report may also provide valuable support to those NADOs that have transitioned or are transitioning into national integrity units, who in addition to doping are tasked with issues such as safeguarding, manipulation of competition and illegal betting in sport. This trend of overarching integrity bodies may continue to increase as given the interrelated nature of integrity issues and the importance of having robust underpinning policies in sport to prevent them, it may be more efficient to share knowledge, resources and information. Given the relative recency of these units and the developing models of operation, this report could provide an important global starting point.

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## **Understanding The Risk of Protein Fortified Foods**

A recent study of the [Australian Institute of Sport](#) and [Sport Integrity Australia](#) looks deeper into the risks of consuming foods and drinks that intend to produce nutritional benefit. Foods such as protein bars, balls and shakes are popular forms of increasing energy intake and decreasing hunger among athletes.

The possibility, however, that protein fortified foods (PFF) contain banned substances is high, therefore understanding the risk it can impose on athletes and sports can bring clarity to the field.

The study emphasizes, that commercially manufactured PFFs don't pose higher risk of containing substances banned in sport than other processed foods in Australia, whereas in some cases unidentified protein or added botanical ingredients can be found in products that are sold in the products of local shops, cafes and food outlets. In conclusion, unpackaged protein products carry a higher risk of PFFs than the manufactured ones and ingredients such as hemp and maca root are highly advised to be avoided.

Read the study [here](#).

## Feature of the Month



### True Athlete Challenge

The True Athlete Challenge is a series of short videos by the [Panamerican Regional Anti-Doping Organization](#). Through animated clips the organization intends to show children and young people the importance of staying clean in sport. The videos are available in Spanish and English. [Click here](#) for the Youtube channel of ONAD-PAN for more videos.



# iNADO Partners & Sponsors



## New at the Anti-Doping Knowledge Center

The ADKC is continuously collecting useful information and documented experiences in the field of anti-doping that can be found with the following links:

- [Decisions International Federations](#)
- [Decisions IOC](#)
- [Decisions NADOs](#)
- [All Case Law](#)
- [Scientific Literature](#)
- [CAS awards](#)



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