



Finnish Center for Integrity in Sports
FINCIS

FINNISH CENTER FOR INTEGRITY IN SPORTS (FINCIS)



At FINCIS, the year 2018 was devoted to clarifying the direction of our operations. In 2018, expanding our operations from anti-doping activities to executing sports-related international treaties and promoting general ethics in sports required that our Board of Directors and office personnel create guidelines for our operations. The strategy was completed during the year, and the defined areas of responsibility include sports ethics, anti-doping activities, preventing the manipulation of sports competitions and promoting spectator comfort and safety.

For FINCIS, great changes include relocating to a new office in Pitäjänmäki early in the year and the retirement of Secretary General Harri Syväsalmi, who participated in establishing FINCIS's operations. Syväsalmi retired at the end of 2018.



Anti-doping activities

Doping control continued systematic operations in accordance with the quality system. FINCIS carried out 2,612 tests of the national testing programme in 81 sports. There were 11 anti-doping rule violations and/or suspected anti-doping rule violations pertaining to FINCIS's jurisdiction. FINCIS took, as planned, 305 blood samples for athletes' personal profiles in addition to actual doping control samples.

The anti-doping programmes of sports organisations are a key part of anti-doping activities. In 2018, FINCIS evaluated the programmes and, based on the evaluation, associations were divided into three categories: top, mid-level and developing.

According to FINCIS's evaluation, 23 out of 81 Finnish sports organisations are carrying out top-level anti-doping activities. The Finnish Ministry of Education and Culture will take the results of the evaluation into account in the distribution of state subsidies for 2019.

FINCIS started using the ILMO service where you can report if you suspect doping, manipulation of sports competitions or spectator safety violations. The service proved its significance as FINCIS received in all 52 reports. Of these, 41 were related to doping use, eight (8) to the manipulation of sports competitions and three (3) to spectator safety.

Manipulation of sports competitions

To increase awareness about the manipulation of sports competitions, FINCIS organised a seminar on the topic for sports federations. In addition, FINCIS supported the sports federations in investigating suspected manipulation of sports competitions and was actively in touch with key partners to gain an up-to-date view of the situation. Upon request by the Football Association of Finland, FINCIS carried out a report on suspected manipulation of sports competitions in the Veikkausliiga football league, which led to a preliminary investigation by the police. FINCIS acts as the secretariat of the national point of

contact, in accordance with the Council of Europe Convention on the Manipulation of Sports Competitions, and the Secretary General of FINCIS served as the Board of the group. FINCIS played an active role in the international co-operation of corresponding points of contact under the unofficial Group of Copenhagen (GoC) network.

Sports ethics activities

In sport ethics, FINCIS produced reports and, based on them, new information for the entire sports community and society to support decision-making.

In 2018, FINCIS's series of publications received a new part. The "Vaikeneminen ei ole vaihtoehto -katsaus häirintää ja kiusaamista käsittelevään tutkimustietoon liikunnan ja urheilun näkökulmasta" publication on research data on harassment and bullying from the perspective of sports and exercise was published. In addition, a survey was carried out on sexual harassment in Finnish national football and ice hockey teams. The surveys was commissioned by the sports federations. FINCIS also introduced a section on sport ethics in the questionnaire of the nationally extensive LIITU 2018 research project.

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Reliably

We honour and comply with common rules and agreements. We operate transparently but we adhere to absolute confidentiality in matters that require it. We are professional and reliable in carrying out our work. We set an example of responsible activities.



- 52 reports were received in the ILMO sports violation service. Of these, 41 were anti-doping rule violations, 8 reports on the manipulation of sports competitions and 3 safety violations.
- Almost 90 lectures with a total of 3,200 attendees.
- Approx. 60 press releases, two events for sports federations and one press conference – countless tweets and Instagram posts.
- The Clean Win information stands at fewer than ten sports events with total spectator numbers in the thousands.
- FINCIS's government subsidy EUR 3,600,000.

Anti-doping activities

- Doping testing in 2018:
 - ... 2,612 doping tests under the national testing programme; of these, 1,180 were in-competition tests and 1,432 were out-of-competition tests - of these samples, 318 were blood samples
 - ... in addition, 492 in-competition and out-of-competition tests were carried out at the request of national and international sports federations or the World Anti-Doping Agency (WADA)
 - ... 305 blood samples as part of the national Athlete Biological Passport programme
- In the athlete survey, 70 per cent of the respondents rated the testing situation with top marks.
- Therapeutic use exemptions: 148 applications concerning 192 pharmacological substances.
- 3,250 people who completed the Clean Win online training.

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Fairly

We treat and interact with everyone equally, without prejudice and with respect. We are incorruptible, unbiased and independent.

Key events:

The ILMO Service was launched. You can report suspected cases of doping, manipulation of sports competitions or spectator safety violations using the service.

Requested by sports federations, FINCIS carried out three investigations or clarifications:

- *Sexual harassment in football and ice hockey*
- *Suspected case of manipulation of sports competitions in the Veikkausliiga football league*
- *The investigation on a report on gymnastics coaching was initiated late in the year*



The anti-doping programmes of sports federations and their execution were evaluated.

The Prohibited Substances and Methods in Sports (KAMU) was renewed in co-operation with the Pharmaceutical Information Centre. In addition to the online version, a KAMU mobile application was launched.

The Finnish Sports Law Association was supported in creating a legal counsellor system for those suspected of an anti-doping rule violation.

FINCIS participated in the Integrisport Erasmus+ project funded by the European Union. The purpose of the project is to produce up-to-date information and training on the prevention of the manipulation of sports competitions for preliminary investigation authorities and prosecutors in particular.

FINCIS's strategy was completed. The goal is that Finnish sports are ethical and fair. All sports organisations have regularly updated ethical programmes that guide their activities. The programmes set an example in the global sports movement and in other areas of Finnish society.



FINNISH CENTER FOR INTEGRITY IN SPORTS (FINCIS)



Together

We respect, honour and genuinely listen to our stakeholders.

We commit and want others to commit to working together for strengthening ethical sports.

We engage in open co-operation.

We are approachable, courageous and encouraging. We are a central and important part of the sports movement.

- *A-Clinic Foundation: Dopinglinkki*
- *The Union of European Football Associations UEFA: UEFA working group on match-fixing*
- *Council of Europe, Anti-Doping Conventions*
- *The unofficial network of points of contact against national manipulation of sports competitions (Group of Copenhagen)*
- *International Anti-Doping Agreement IADA*
- *International Olympic Committee*
- *International Paralympic Committee*
- *The International Criminal Police Organisation Interpol: Interpol Match-Fixing Task Force (IMFTF)*
- *National and international anti-doping agencies*
- *National and international sports organisations*
- *Directors of national anti-doping agencies*
- *The Institute of National Anti-Doping Organisations iNADO*
- *National Bureau of Investigation*
- *The Research Institute for Olympic Sports KIHU*
- *Faculty of Sport and Health Sciences, University of Jyväskylä*
- *Pharmaceutical Information Centre*
- *World Anti-Doping Agency WADA*
- *The Finnish Ministry of Education and Culture*
- *Players' Federations*
- *A project on the prevention of the manipulation of sports competitions funded by the EU (Integrisport Erasmus+)*
- *The Finnish Olympic Committee*
- *The Finnish Paralympic Committee*
- *Coaches Association of Finland*
- *Finnish Customs*
- *Athletes and their stakeholders*
- *Finnish Sports Law Association*
- *Sports institutes and the Association of Sports Institutes of Finland (ASIF)*
- *Veikkaus*
- *Väestöliitto, the Family Federation of Finland: Et ole yksin service*
- *Universities and institutes of higher education*





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