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ETHIOPIAN NATIONAL ANTI-DOPING OFFICE

**ETHIOPIA NATIONAL ANTI-DOPING OFFICE  
(ETH-NADO)**

ANTI-DOPING PROGRAM  
2018 ANNUAL REPORT

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ETHIOPIAN NATIONAL ANTI-DOPING OFFICE

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ADDIS ABABA, ETHIOPIA

## Contents

ACRONYMS .....	3
ACKNOWLEDGEMENTS .....	4
INTRODUCTION .....	5
1. MESSAGES FROM THE BOARD CHAIRPERSON AND DIRECTOR GENERAL .....	6
2. ETH-NADO GENERAL OVER VIEW .....	8
2.1 MISSION .....	8
2.2 VISION .....	8
2.3 OBJECTIVES .....	8
2.4 POWERS AND DUTIES .....	8
3. PRIORITIES OF ETH-NADO .....	10
4. CAPACITY BUILDING PROGRAMS .....	11
4.1. GOVERNANCE OF ETH-NADO .....	12
4.2 FINANCIAL RESOURCE .....	17
5. THE IMPLEMENTATION OF ADAMS .....	18
6. INFORMATION EDUCATION AND SOCIAL MOBILIZATION .....	18
6.1. VALUE BASED EDUCATION .....	18
6.2 TRAININGS AND DISCUSSION FORUMS .....	19
6.3 PROVIDING TRAINING OF TRAINERS (TOT) .....	25
6.4 OUTREACHING PROGRAMS .....	25
7. TESTING INTLLIGENCE AND INVESTIGATION.....	28
7.1 TESTING PROGRAMS .....	28
7.2 INTELLIGENCE AND INVESTIGATION .....	31
8. ANTI-DOPING RULE VIOLATIONS (ADRVs) AND CONSEQUENCES .....	32
9. TUE CASES .....	33
10. MEDIA AND COMMUNICATION .....	33
11. CODE COMPLIANCE .....	33
1.2 ENGAGEMENT WITH DIFFERENT STAKEHOLDERS .....	35

## ACRONYMS

ABP: Athlete Biological Passport

ADAMS: Anti-Doping Administration and Management System

ADOs: Anti-Doping Organizations

ADRVs: Anti-Doping Rule Violations

APMU: Athlete Passport Management Unit

CHI-NADA:-China National Anti-Doping Agency

DCOs: Doping Control Officers

ETH -NADO: Ethiopia National Anti-Doping Office

FMHACA: - Food, Medicine and Health Care Administration and Control Authority

FMOH:-Federal Ministry of Health

IAAF: - International Association of Athletics federation

RADO Zone 5:- Africa Regional Anti-Doping organization

RM: Result Management

RTP: Registered Testing Pool

SAIDS: South Africa Institute for Doping Free Sport

TDP: Testing Distribution Plan

TUE: Therapeutic Use Exemption

WADA: World Anti Doping Agency

WADC: World Anti-Doping Code

## ACKNOWLEDGEMENTS

ETH-NADO is grateful to all national and international stakeholders who have been consistently involved to implement the anti-doping programs effectively and efficiently throughout Ethiopia. Furthermore we would like to acknowledge different ADOs in general and WADA, SAIDS and IAAF in particular for their unreserved cooperation, guidance, technical and material support in achieving the goal.

And last but not least ETH-NADO would like to forward great thanks and appreciations for all organizations and individuals who has worked and devoted their time and full effort in the making of this year's anti-doping activity a reality.



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ETHIOPIAN NATIONAL ANTI-DOPING OFFICE

## I. INTRODUCTION

The Ethiopian National Anti-Doping Office which has been officially established by Federal Democratic Republic of Ethiopia Council of Minister's Regulations No. 400/2017 believes that all sports should be practiced in a clean and doping free environment. So, it promotes an effective way of fighting against doping in all sports by focusing on several areas to ensure a harmonized approach to anti-doping activities.

Looking back, it has been a solid year of successes for ETH-NADO on the implementation of anti-doping activities focus on and reflects the importance of a comprehensive approach to the fight against doping and a violation of the good spirit of sport.

Particularly, ETH-NADO has focused to effectively and efficiently execute the anti-doping training, education and social mobilization; testing and investigation; strengthening different procedures and systems like TUE, RM and Hearing; implementing ADAMS; and strengthening communications with different National Stakeholders and International Anti-Doping Organizations such as WADA, SAIDS and the IAAF- Athletics Integrity Unit, etc.

Therefore, this annual report volume II, a follow up of the annual report of 2016 and 2017 comprises major activities such as ETH-NADO over view, capacity building, testing and investigation and other anti-doping programs carried out in 2018 physical year.

ETHIOPIAN NATIONAL ANTI-DOPING OFFICE



## **1. Message from the Board Chairperson and the Director General**

It is believed that doping is a threat for sport in Ethiopia as well as all over the world. Due to this reason, the government of Ethiopia, National Federations and other stakeholders were working closely for the last three years to deter and control this problem.

Particularly, the government of Ethiopia was highly committed to officially establish the Ethiopia National Ant-Doping Office (ETH-NADO) and to strengthen its capacity in terms of human resource, financial resource and organizational structure. It was also tried to secure the independence of the office from sport governing bodies to solve the problems related to conflict of interest.

As a result, Ethiopia National Anti-Doping Office (ETH-NADO) is being capable within a short period of time to effectively and efficiently implement the anti-doping programs as per the world Anti-Doping Code (WADC) and International Standards. The office was being able to execute the roadmaps set out by the World Anti-Doping Agency (WADA) and achieved all the goals and targets identified in the partnership programs entered among three parties (ETH-NADO, WADA and SAIDS).

In fact, WADA particularly the Africa regional office and SAIDS have played invaluable role for the strategic developments of Ethiopia National Anti-Doping Office (ETH-NADO) and the effective implementation of the Anti-Doping programs in Ethiopia. So, it is believed that great appreciation and gratitude should be forwarded for Mr. Robert Koehler, former Deputy Director General of the World Anti-Doping Agency (WADA); Mr. Rodney Swigelaar, Director General of WADA Africa Regional office; Fahmy Galant, Manager of South Africa Institute for Doping Free Sport (SAIDS); and all their colleagues for their daily coaching and unreserved support.

As it is tried to indicate above, ETH-NADO was also filling the Code Compliance Questionnaire (CCQ) and received Corrective Action Plan (CAP) which should be completed within a three phase window period which was critical, high priority and important including best practices. So, the office entirely executed all those activities identified in the CAP with the immense cooperation of WADA, SAIDS, IAAF and other national and international stakeholders although some technical problems are still observed on the ABP program here and there.

In general, it can be concluded that the foundation has been already established to promote clean sport and ensure the rights of athletes to compete in a doping free sporting environment throughout Ethiopia and to contribute our parts for the fight against doping in Africa as well as in the world.



Prof. Dr. Aklilu Azazh  
Board Chairperson



Mr. Mekonnen Ydersal  
Director General

## **2. ETH-NADO General Overview**

Before the last two and three years, doping became a critical threat for the Ethiopian Sport particularly for Athletics. Hence, the Ethiopia National Anti-Doping Office (ETH-NADO) has been established with the Council of Ministers Regulation Number 400/2017 as a sole organization to lead a collaborative anti-doping movement throughout the country and to deter the problem of doping by implementing different programs in-line with the World Anti-Doping Code (WADC) and International Standards.

### **2.1. Mission**

Protecting the rights of Ethiopian athletes to compete in a doping free sporting environment through inspiring true sport and leading collaborative nationwide anti-doping movement

### **2.2. Vision**

To see a nation where all athletes can compete in a doping free sporting environment

### **2.3. Objectives**

To promote doping free sports nationwide and aspire the successful and healthy athletes to be burgeoned, the Office shall have objectives to:

1. Enhance the awareness of the society about doping through education, training and mass mobilization;
2. Undertake different doping tests on all athletes who are nationals, residents, license holders or members of sport organizations in Ethiopia or who are present in Ethiopia, intelligence activities and the required prosecutions while the athletes tested positive;
3. Coordinate all the national anti-doping activities through providing the intended support for the national sport federations, regional or city administrations and other stakeholders.

### **2.4. Powers and Duties of the Office**

In accordance with the respective provisions of the Code and the International Standards, the Office shall have the following powers and duties that shall be automatically recognized by any person who involves in the sporting activities of Ethiopia:

1. In order to prevent doping, the Office shall develop and implement national anti-doping policy and strategy that are compliance with the rules and regulations of WADA including WADC;
2. Develop and implement trainings and awareness creation programs for the education of the community in general, and the sporting community in particular, about doping and its dangers in sport;



3. Adopt and implement various guidelines and international standards based on the contexts of the country as adopted and amended from time to time by WADA;
4. Carry out doping tests on athletes;
5. Penalize any athlete and athlete support personnel who commit doping crimes provided for under Article 2, 10 and 23.2.2 of the WADC;
6. Provide continuous information to athletes, athlete support personnel and doping control officers on the procedures of collecting of samples and testing in accordance with the WADC and the International Standards developed by WADA as may be amended from time to time;
7. Provide the intended information on the execution of the anti-doping programs at least yearly for the compliance of governmental and world anti-doping standards as provided for under Article 14.4 of the WADC;
8. Promote participation in competitive and recreational sport free from the use of prohibited substances or methods intended to artificially enhance performance thereby rendering impermissible doping practices which are contrary to the principles of fair play and medical ethics, in the interest of the health and well-being of sportspersons;
9. Protect the Anti-Doping rule violations in accordance with Article 2 of the WADC;
10. Establish the Result Management Committee to oversee the Anti-Doping rule violations as per the WADC and Ethiopia Anti-Doping directives;
11. Without prejudice to sub-article (10) of this Article, cause the Result Management Committee to discharge its function as the first instance panel to take disciplinary measures on doping related cases as per the Ethiopian Anti-Doping directives;
12. Without prejudice to the jurisdictional limitations of TUEs provided for under Article 4.4 of the WADC, establish an independent Therapeutic Use Exemption (TUEs) Committee to evaluate all requests for therapeutic use exemptions;
13. Carry out investigations regarding matters of doping in sports;
14. Work in coordination and cooperation with regional and World Anti-Doping Agencies;
15. Make sure whether World Anti-doping Agency's Anti-Doping Codes, other conventions and UNESCO'S anti-doping convention are properly followed in the country thereby supporting WADA's efforts to prevent doping substances;
16. Pass partial or comprehensive monetary and other sport affiliated support sanctions provided for athletes, federations and other sport organizations from those individuals and organizations who are convicted of breaking procedures and rules recognized by the World Anti-Doping Code;
17. Follow up public and government monetary, material and human resource support sanctions on athletes and athlete support personnel resulting from doping related punishments as per sub-article (5)

of this Article and executes consequences that are explicitly stated in the Article 10 and 23.2.2 of the World Anti-Doping Code;

18. Promote and supports all service providing government bodies of Ethiopia and other organs to feed the Office with doping related information that helps to eliminate doping substances in Ethiopia;
19. Undertake research, co-ordinate and facilitate conditions necessary for research to be undertaken in the field of doping practices in sport;
20. Implement the Anti-Doping Administration and Management System (ADAMS) program;
21. Maintain whereabouts and hold the registered testing pools through including in the Anti-Doping Administration and Management System (ADAMS) in accordance with the Anti-Doping Code;
22. Protect the privacy of athletes and other persons subject to the Office's Anti-doping directives;
23. Automatically adopt and implement the prohibited list of doping substances as published and amended by WADA;
24. Accredits independent participant observers at the national anti-doping activities carried out at different levels nationwide;
25. Select preferred laboratories for its collected samples analysis among those accredited or approved by WADA during inspection and test periods as per Article 6.1 of the WADC;
26. Summon, investigate and call for any evidence that may be required to investigate doping matters;
27. Exercise the exclusive jurisdictions of doping tests and controls in Ethiopia;
28. Enters into contracts for or in connection with the performance of its functions and the attainment of its objects; acquire, hold and dispose of property; sue and be sued in its own name;
29. Implement its exclusive powers and duties set out from sub-article (1) to (28) of this Article in line with the exceptional jurisdictions of International Federations and Major Event Organizations set forth in the World Anti-Doping code.

### **3. Priorities of ETH-NADO**

The Ethiopia National Anti-Doping Office (ETH-NADO) has been established with the aim of promoting doping free sport all through Ethiopia so the following priority areas were identified for 2018 physical year.

- **Strategically Enhancing the Capacities of Ethiopia National Anti-Doping Office (ETH-NADO):** the office needs to address the advancement of the organizational structure, recruiting of human power, and providing the capacity building activities for the technical committees as well as the full time staff members. In addition, it is intended

to increase the financial capacity for the implementation of the Anti-Doping Programs from the previous physical years.

- **Information and Education:** - The primary objective of the anti-doping movement in Ethiopia is raising the awareness and knowledge of athletes at different level, Athlete Support Personnel, Sport Administration Staffs, Medical Staffs, Sport Communities and other stake holders. So, drafting and implementing different education strategy is the focus area for the 2018 physical year.
- **Testing, Intelligence and Investigation:** - This program is very much critical in order to trace the Anti-Doping Rule Violation (ADRVs). As a result, the office identified testing, intelligence and investigation as a major priority area for the anti-doping programs.
- **Code Compliance:** - The office is required to be compliant for the 2015 World Anti-Doping Code (WADC) and International Standards. Therefore, the Corrective Action Plan (CAP) should be implemented as per the timeframe set out by the Code Compliance Review Committee (CCRC) following the review of the Code Compliance Report.
- **Strengthening Partnerships at Different Levels:** - Ethiopia National Anti-Doping Office (ETH-NADO) is supposed to establish the partnership programs to build its capacity as well as to increase the effectiveness and efficiency of its regular activities. Because, different stakeholders at the national and international levels including WADA, IAAF, Other ADOs, Ethiopian Government, National Federations, Other government and non-government organizations would involve in the implementation of anti-doping programs in Ethiopia.

#### 4. Capacity Building Programs

ETH-NADO has established partnership programs with WADA and SAIDS to strategically enhance its internal capacities and is carrying out different activities as per the milestone set out in the tri-lateral partnership document signed among ETH-NADO, WADA and SAIDS.

#### 4.1. Governance of ETH-NADO

ETH-NADO is being swiftly evolved since its establishment in 2017 by the Council of Ministers.

Its organizational structure is designed as follows.

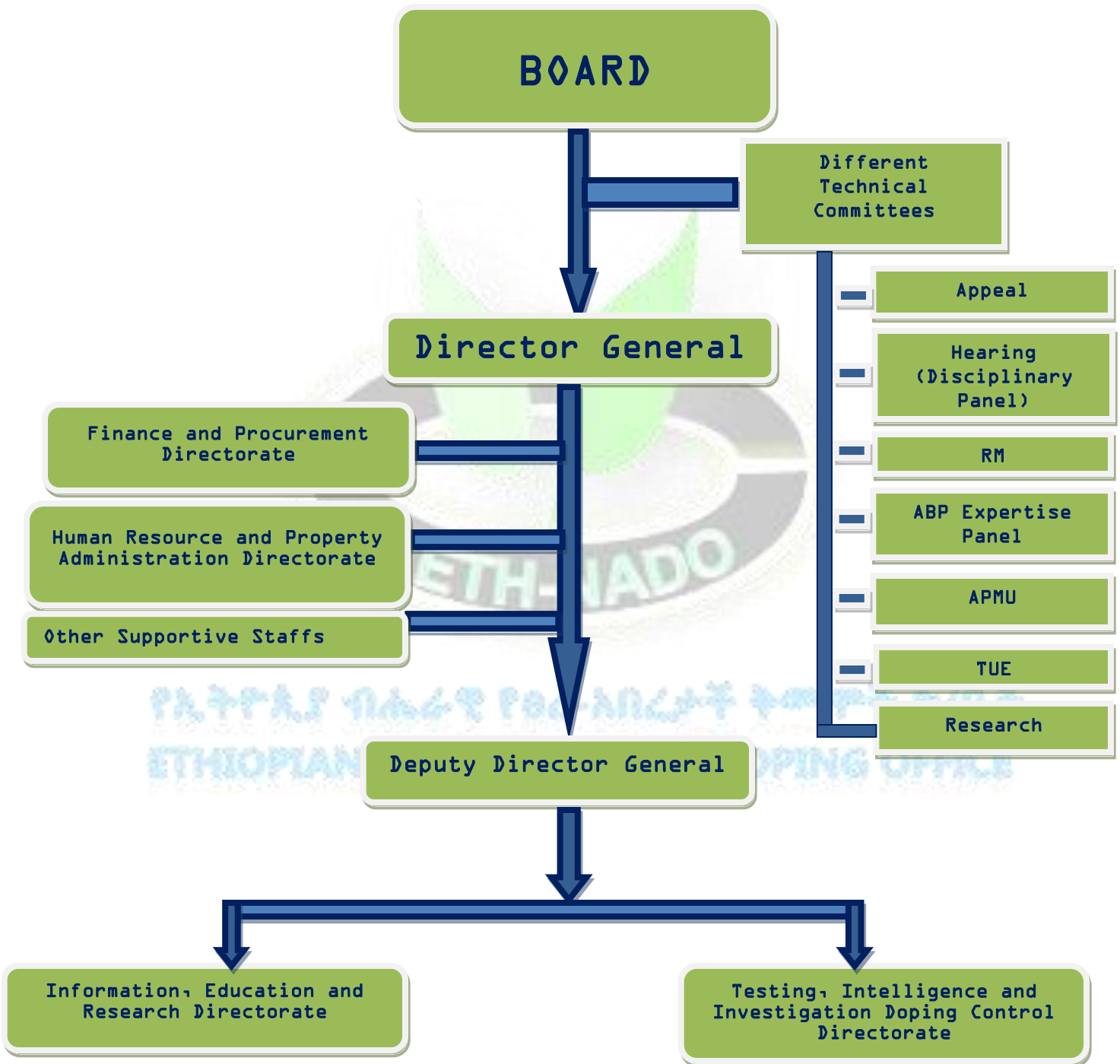


Figure 1:-Organizational structure of ETH-NADO

In General Ethiopia National Anti-Doping Office (ETH-NADO) comprises the board, different technical committees and four main departments (Information, Education and Research; Testing, Investigation and Doping Control; Finance and Procurement, Human Resource and Property Administration); and other supportive staffs (Communication and Public Relation; Information Communication Technology; Planning, Monitoring and Evaluation; etc.). In addition, ETH-NADO has a total of 43 trained and certified Sample Collection Personnel (DCO's and Chaperons).

#### **4.1.1. ETH-NADO Board**

The board is composed of 7 (seven) members including the Chairperson. The board has regular meetings within each three months to discuss on the strategic issues for an effective execution of the office's plan.

The board has the following roles and responsibilities;

1. Formulate policies and strategic as well as strategic plan; conduct monitoring and evaluations of same and give direction;
2. Evaluate and forward its recommendations on policies, strategies, plans, studies, and researches formulated with the view to eliminate doping in sport;
3. Establish relevant committees as it deems convenient for the efficient carrying out of its mandate such as Committee on Result Management, Committee on Therapeutic Use Exemption, Committee on Research and others;
4. Determine the number of members of committees to be established pursuant to sub-article (3) of this Article;
5. Designate chairperson of each committee from the members of the Board ;
6. Co-opt persons having required expertise to assist committees;
7. Advice the Office on its daily activities;
8. Carry on any other activities that enable to achieve the objectives of the Office.



## Board Chairman and Members



**Prof. Aklilu Azazh**  
Board Chairperson



**Mr. Mekonnen Ydersal**  
Secretary and Member



**Athlete Deraritu Tulu**  
Member



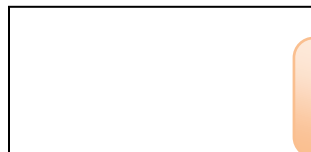
**Ms. Heran Gerba**  
Member



**Mr. Selemone Aliyu**  
Member



**Mr. Diresibachew Haile**  
Member



**Commander Belete  
Getachew**  
Member

## 4.1.2. Management Team



**Mr. Mekonnen Ydersal**  
**Director General**



**Ms. Meron Getachew**  
**Testing, Investigation**  
**and Doping Control**  
**Directorate Director**



**Mr. Kifle Seyife**  
**Information,**  
**Education and**  
**Research Directorate**  
**Director**

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**Mr. Deressa Negasa**  
**Finance and**  
**Procurement**  
**Directorate**  
**Director**



**Mr. Fikru Nigusse**  
**Human Resource and**  
**Property**  
**Administration**  
**Directorate Director**

### 4.1.3. Technical Committees

Different technical and independent committees like Therapeutic Use Exemption, Result Management, Athlete Biological Passport Management Unit, Expertise Panel, Hearing Panel, Appeal and Research have been organized and started to be functional. Accordingly, ETH-NADO has carried out discussions between these independent committees to enhance their capacity.

No	Committee	Committee Members	Educational Background	Position
1	Therapeutic Use Exemption (TUE) Committees	Dr. Addisu Melke	Medicine/Internist	Chair Person
		Dr. Amha Meshesha	Medicine/Internal Medicine/Cardiology	Member
		Mr. Belete Ayalneh	Pharmacy/Clinical Pharmacy	Member
2	Result Management (RM) Committee	Dr. Yeheyis Feleke	Medicine/Orthopedics	Chair Person
		Mr. Tigist Chanyalew	Law	Member
		Mr. Getachew Ali	PHD Candidate in Biochemistry	Member
3	Hearing Panel	Mr. YirsawZewude	Law	Chair Person
		Mr. AbebawKelikay	Sport Science	Member
		Dr. Temesgen Beyene	Medicine	Member
4	Appeal	Mr. Addis Getnet	Law	Chair Person
		Mr. KirosNega	Sport Science	Member
		Dr. Selemon Tefera	Medicine	Member
5	Athlete Biological Passport Management Unite (APMU)	Dr. Diresibachew Haile	Physiological Exercise	Chair Person
		Prof. Dr. Teffera Abbula	Pharmacology	Member
		Dr. Amha G/Medihin	Medicine/ internist/ Hematology	Member
6	ABP Expertise Panel	Dr. Diresibachew Haile	Physiological Exercise	Chair Person
		Dr. Fisha Tsion Tadese	Medicine/internist/ hematology	Member
		Ato Ayenew Ashenafi	Pharmacy	Member

Table 1 Different Committee members and their background

### 4.1.4. Staff Training, Coaching and Mentoring

The Ethiopia National Anti-Doping Office (ETH-NADO) produced the organization structure which comprised 51 permanent staffs of which 31 employees have been recruited on the previous 2017 and 2018 physical years. It is also tried to build their capacity by providing trainings, continues on job coaching and mentoring as well as organizing discussion forums on the major issues of doping particularly rules and regulations including World Anti-Doping Code, International Standards, different procedures and systems installed by ETH-NADO.





#### **4.2. Financial Resource**

As per the council of ministers regulation number 400/2017, the major financial source for the anti-doping programs of ETH-NADO is government at different levels including regional states and city administrations. Therefore, the federal government allocated around 10.1 million Birr for 2018 physical year. And the budget is increased by around 100 % compared with 5.8 million birr of the previous physical year. In addition, regional governments are starting to allocate budget for regional anti-doping programs particularly for education.

On the hand, the office is producing project proposals to mobilize additional financial resource from different stakeholders including UNESCO and Olympic Solidarity Fund. It is also assured that the Federal Government of Ethiopia will continue to increase the amount of the required budget for ETH-NADO like other sector organizations.

## **5. The Implementation of ADAMS**

ETH-NADO is using the Anti-Doping Administration & Management System (ADAMS) for data entry, storage, sharing, and reporting different Anti-Doping Programs. Particularly, the system is used for athlete's whereabouts information, testing programs and managing results making it easier and increasing the efficiency and effectiveness of the ETH-NADO for the fight against doping in all sports disciplines. Different training sessions were also organized on how to use ADAMS for DCOs, Office Staffs, Athletes, and Athlete Support Personnel.

## **6. Information, Education and Social Mobilization**

### **6.1. Value Based Education**

As it is clearly indicated previously, information and education program was the priority of ETH-NADO in the 2018 physical year. Due to this reason, the office has planned to install value based education aside to the regular awareness creation and social mobilization programs.

Based on this, an education curriculum is designed by a group of experts delegated from different stakeholders such as Federal Democratic Republic of Ethiopia Sports Commission, Federal Democratic Republic of Ethiopia Ministry of health, Ethiopian Olympic committee, Ethiopian Athletics Federation and Ethiopia Youth Sports Academy and Ethiopia National Anti-Doping Office (ETH-NADO).

This curriculum is supposed to be incorporated and implemented in the regular Education programs at different level, beginner athletes at the youth project in which 50,000 youth athletes are participating, talent area training centers placed at regional governments, national team athletes of all type of sports, sport training academies, etc. The Ethiopian Athletics Federation is already adopted the curriculum on its youth athletic training manual.

In addition, 735 youth sport project coaches have been trained how to incorporate the issues of doping on their daily training schedules and provide basics education on different issues of doping for youth athletes aside to their regular sport trainings.





## 6.2. Trainings and Discussion Forums

Various trainings and massive discussion forums were carried out to enhance the awareness of athletes, athlete support personnel (coaches, athlete agents and managers), sport administrators, sport professionals, the general sport community and other stakeholders by providing different trainings, discussion forums and outreaching programs as well as strengthening media and communication activities.

No	Activities Carried Out	Target Groups	No of Participants	Date	Place
1	Training given for coaches and team leaders attending Ethiopia Junior championship 2018	Coaches	21	May 2018	Oromiya Region, Assela
2	Awareness session given for athletes of Tirunesh Dibaba Training Center	Youth/beginner Athletes in the training center, Coaches and Other Supportive Staffs	250	May 2018	Oromiya Region, Assela
3	Awareness creation for athlete representative's agents	Athlete representative's agent found in Ethiopia	24	June 2018	Addis Ababa
4	Training for National and International Level Athletes	Athletes included in the IAAF and ETH-NADO RTP list	77	June 2018	Addis Ababa
5	Training given for table Tennis Instructors from different Universities	Table Tennis Instructors	17	May 2018	Addis Ababa
6	Training given for Youth Training Project Coaches , Regional Sports Administers, National Federation Officials, Training Center Administers, Minster of education Representatives	Coaches , regional sports administers, National federation officials, training center administers, Ministry of education representatives	450	September 2018	Oromiya region, Adama

No	Activities Carried Out	Target Groups	No of Participants	Date	Place
7	Training given for Journalist	Sports journalist	22	June 2018	Addis Ababa
8	Training given for regional coaches, regional sports administers, regional Federation officials, training center administers, Regional education office representatives	Coaches , regional sports administers, regional federation officials, training center administers, regional education office representatives	285	October 2018	South region of Ethiopia, Hawassa
9	Training given for Adama sport club athletes, support personals and club administers	Athletes, Sport Club Administrators and other Athlete support personnel	63	November 2018	Oromiya region, Assela
10	Training for International taekwondo athletes and coaches	Athletes and Coaches	74	July 2018	Addis Ababa
11	Training given for Gymnastic athletes	Athletes	61	October 2018	Addis Ababa
12	Training Given for Sport Medical Personnel and Athlete Support Personnel	Medical Doctors, Physiology Therapists, Athlete Support Personnel(Coaches and Sport Administrators)	77	November 2017	Addis Ababa

**Table 2 Training session conducted at National, regional and training center level**



**Photo Exhibition taken on  
Different Trainings and Discussion Sessions in 2018**



Training given for Youth Training Project Coaches, Regional Sports Administers, National Federation Officials, Training Center Administers and Minster of education Representatives



Training given for coaches and team leaders attending Ethiopia Junior championship 2018



*Trainings of youth athletes at the training center*





**Trainings of Athlete Representative's Agents and Ethiopia Athletics Federation officials**



### 6.3. Providing Training of Trainers (TOT)

Building the capacity of regional states and clubs is very vital to expand the education programs at the bottom level where majority of the young athlete are residing. Therefore, ETH-NADO was conducting Training of Trainers (TOT) for 18 sport professionals nominated from different regional governments and sport clubs in order to enhance their capacity and certify to provide Anti-Doping education at the lower level by themselves.



### 6.4. Outreaching programs

Outreaching Programs are important to raise the awareness of athletes, other supportive staffs incorporated in each delegates of the team and the sport communities. So, ETH-NADO carried out 2 (two) outreaching programs at the national sporting events held in Oromiya region, Adama as well as Assela stadiums and created awareness for 2,424 athletes, 51 sport delegates (Sport leaders, Coaches, Referees, Sport Medicals from Regional States and City Administration, and overall Sport Communities (Sport fans or Spectators).



Quiz; mobile messaging; production and distribution of teaching materials like banners, Ti-shirts and sport wears; pens; production and dissemination of different anti-doping messages in the opening and closing ceremony of each sporting events were carried out as a package of the outreaching programs.

Photos taken at the Event



# Outreaching Program





In addition ETH-NADO was participating on the out reaching program organized by WADA for the 3<sup>rd</sup> African youth Games that took place in Algeria, Algiers .This program created an opportunity to contribute a role in the anti-doping movement of Africa against the fighting of doping and share experience from the event.



## **7. Testing, Intelligence and Investigation**

### **7.1. Testing Program**

ETH-NADO has planned to carry out both in competition (IC) and out of competition (OOC) testing in 2018 physical year based on the risk assessment conducted. So, the office has built its capacity by providing refreshment trainings for senior Sample Collection Personnel (DCOs, BCOs and Chaperons) on the International Standards for Testing and Investigation as well as detailed testing procedures, different rules and regulations and other related issues. Besides, 20 newly selected Chaperons and trainee DCOs from all regional states and city administrations have been trained and certified.



Refreshment and Capacity Building Training for Senior DCOs and Chaperons





The office also revised the risk assessment and conducted 372 urine and 37 blood tests as per the International Standard for Testing and Investigation (ISTI) with a total of 409 Out of Competition and In Competition tests by emphasizing on those athletes participating in the international competitions such as Buenos Aires Youth Olympic, Africa Senior Athletics Championship, Finland Junior Athletics Championship, Valencia half marathon, Birmingham World Indoor Championships, etc.

No	Types of Sport	Sporting Event	Date of Test	Types of Test		OOCT	ICT
				Blood (ABP)	Urine		
1	Athletics	Birmingham Indoor team	Feb10-24,2018	-	20	✓	
		Half Marathon (Spain) Team	Feb27-Mar20	-	24	✓	
		Blood test	March,2018	10	-	✓	
		Finland,U20 2018 IAAF champion	June 2018	-	60	✓	
		Nigeria (Asaba) Team (21th Senior African Champion)	June– July 2018	-	136	✓	
		Buenos Aires 2018 Summer Youth Olympic Games			9	✓	
		Out of competition testing		16	18	✓	
		35 <sup>th</sup> Janmeda cross country	Feb 21/2018	-	14		✓
		47 <sup>th</sup> Ethiopian Champion	April 17-22/2018	-	34		✓
		6 <sup>th</sup> Junior Ethiopian	May23-27/2018	-	33		✓
		2 <sup>nd</sup> regional, city administration and clubs cross country		11			✓
2018 Great Ethiopian Run			10		✓		
2	Football	28 <sup>th</sup> Ethiopian Premier league(Male)		-	14		✓
Total				37	372	293	116
Total number of test conducted						409	

**Table 3 Out of Competition and in competition testing conducted in 2018**

## 7.2. Intelligence and Investigation

Different atypical findings and intelligences were reported for ETH-NADO in the 2018 physical year. So, the office has investigated all 8 cases on the athlete, Athlete Support Personnel and pharmacies by organizing the Intelligence and Investigation Group in collaboration with the concerned government bodies like Medicine, food and health administration authorities and federal police.

The findings of the investigation show that some athlete support personnel both in Ethiopia and abroad and Yohana Drug Store were involving on the Anti-Doping Rule Violations (Cases). Therefore, Yohana Drug Store has been banned for 2(two) years from providing medications and its daily business. And its criminal cases are continuing to be further investigated by the federal police based on article 526 of the criminal code of Ethiopia.

On the other hand, ETH-NADO reported the investigation findings of the atypical cases of Eyob Alemu and Birtukan Adebaba for CHI-NADA and IAAF to be seen by those concerned bodies.



Yohana Drug Store



## 8. Anti-Doping Rule Violation (ADRVs) and Consequences

ETH-NADO is closely working with different Anti-Doping Organization particularly IAAF to scrutinize the Anti-Doping Rule Violations (ADRVs) committed at national or international level.

Different cases have been investigated and sanctions were made by ETH-NADO in 2018.

No	Name	Sex	Type of Sport	ADRVs Cases	Consequences
1	<b>BIRTUKAN ADEBA BERIHUN</b>	Female	Athletics	Using Exogenous Steroid and Rednisolone	8 years Ineligibility to 22 June 2029
2	<b>CHALTU SHUMEYE REGASA</b>	Female	Athletics	Using Testosterone	4 years Ineligibility From 06 Sep 2018 to 06 Sep 2022
3	<b>MEKDES FEKEDE</b>	Female	Athletics	Using Clenbuterol	2 years Ineligibility From 16 Nov 2017 to 16 Nov 2019
4	<b>MESERET TAYE</b>	Female	Athletics	Using Testosterone	4 years Ineligibility From 15 Dec 2017 to 15 Dec 2021
5	<b>YOHANA PHARMACY</b>	-	-	Using Testosterone	2 Years banned from its regular activities
6	<b>EYOB ALEMU W/GIYORGIS</b>	Male	Athletics	Using Epo (Erythropoietin)	4 years Ineligibility From 05 Feb 2018 to 05 Feb 2022
7	<b>ALI ABDOSH</b>	Male	Athletics	Using Salbutamol	4 years Ineligibility From 22 Feb 2018 to 05 Feb 2022

Table 4 Different cases have been investigated and sanctions were made by ETH-NADO in 2018

## 9. TUE Cases

It is known as the TUE procedures have been established at the national level by organizing the TUE Committee and installing all the required systems in line with the World Anti-Doping Code and International Standard for Therapeutic Use Exemption (ISTUE).

As a result, ETH-NADO has received and seen the TUE applications from National level athletes who are included on its Registered Testing Pool (RTP).

No	TUE cases Submitted to the Office	Medications Requested	Decisions Made	Remarks
1.	Exercise induced asthma	Salbutamol Syrup	Rejected	In Advance TUE
2.	Exercise induced asthma	Predinsolone	Granted	Retroactive TUE

**Table 5 TUE application cases**

## 10. Media and Communication

ETH-NADO has also successfully managed the media and communication aside with different trainings, discussion forums and outreaching programs performed.

It is tried to address many people through Television, Radio, Newspapers and Social Media and provide up-to-date information to the general public by:-

- Face-to face interviews,
- Event media reports,
- Media briefing.
- Publishing and transmitting different doping related information on social media, face book.

## 11. Code Compliance

As it is mentioned above in the priorities part, ETH-NADO is expected to be code compliant as per the 2015 World Anti-Doping Code and International Standards. Due to this reason, the office completed the on-line Code Compliance Questioner (CCQ) and received Compliance Action Plan (CAP) categorized in three phases such as Critical, High Priority and Important following the review of the Code Compliance Review Committee (CCRC).

All activities classified as critical, high priority and Important were successfully executed as per the action plans set out by WADA Code Compliance Review Committee (CCRC) and provided the

Compliance Action Report (CAR) through the on-line system installed by WADA for this particular purpose. The Code Compliance Review Committee (CCRC) also reviewed our report and assured as ETH-NADO is fully completed all activities and been code compliant since 07 March 2017 when the letter sent from WADA although some technical issues should be yet addressed on the ABP program.

Particularly, ETH-NADO was placing different Anti-Doping Systems like the intelligence and investigation, ABP, the hearing process and notification of athletes, sample retention and re-analysis, the designing of its website, disposition of the ADRVs cases, etc. The office also designed and entered formal agreement with different stakeholders like Federal Police; National Federations; and Ethiopian Food, Medicine and Health Control Authority to protect privacy and personal information as per the International Standard for the Protection of Privacy and Personal Information. The ETH-NADO Information Sharing guide-line has been also produced and implemented by different stakeholders of ETH-NADO.



**The confidentiality and Information sharing Bi-lateral Agreement between ETH-NADO and Stakeholders**

## 12. Engagement with Different Stakeholders

ETH-NADO is successful in establishing good relationship with different stakeholders at the International and National Level.

### 12.1 National Stakeholders

THE Ethiopia National Anti-Doping Office (ETH-NADO) has placed strong partnership with the National level stakeholders like Ministry of Youth and Sport, Federal Police, Custom Authority, Ethiopian Food Medicine and Health Care Administration (EFMHCA), All National Sport federations, the media other stakeholders. It is tried to involve the concerned stakeholders on each of the ant-doping movement carried out in the country. The Office also organized stakeholders meetings to evaluate the execution of the anti-doping program nationwide and to discuss the progress of the office for the last two and half years.





## 12.2 International Stakeholders

ETH-NADO was also establishing a partnership program and installing strong communication with:-

- WADA (particularly WADA Africa Regional office),
- South Africa Institute for Doping Free Sport (SAIDS),
- Different WADA Accredited Laboratories,
- Africa RADO Zone V,
- IAAF, and
- Other ADOs,

Due to this reason, the ETH-NADO could be able to obtain different technical support, guidance and material assistance from those Anti-Doping Organizations (ADOs). Different discussion forums and meetings have been organized to evaluate the progress of ETH-NADO and the general accomplishments of the anti-Doping programs in Ethiopia.

*ETH-NADO, WADA and SAIDS Meeting and Supervision*



We also presented ETH-NADO's experience on WADA Annual symposium held at Switzerland from March 21-23/2018 at the Swiss-Tech Convention Center where Athlete representatives, international federations, government representatives, national anti-doping agencies, major event organizers, WADA-accredited laboratories and other stakeholders were participating.

## *WADA Annual Symposium, 2018*



WADA Annual Symposium Held in Switzerland  
in March 2018 at Swiss-Tech Convention Center