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KÖZHASZNÚ NONPROFIT KFT.
HUNGARIAN ANTI-DOPING GROUP

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ANNUAL REPORT

2019

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Hungarian Anti-Doping Group Health and Service Non-profit Limited Liability Company

The Hungarian Anti-Doping Group Ltd. was established on March 20, 2007, to participate in Hungarian anti-doping activities. The company's employees, as Doping Control Officers, had already participated in the domestic anti-doping fight, but now they have been given the opportunity to establish an independent and effective anti-doping organization in its work.

In August 2007, the organization won the 2003 CXXIX Public Procurement Tender by the Ministry of Local Government and Regional Development, pursuant to the Act on the Rules of Anti-Doping Activities, 88.2007 (IV.26.) Government Decree No 55.2004 (III.31.) for the implementation of doping sampling and management procedures as defined in the government decree and for the full presentation of the tasks of the National Anti-Doping Organization (NADO). In this way, the Hungarian Anti-Doping Group Ltd. fulfilled its full authority and all its tasks until 31 December 2011. Although the Public Procurement Contract had not previously obliged The Hungarian Anti-Doping Group Ltd. in this respect, the company nevertheless carried out non-profit-making management throughout its existence and used its entire revenue to fight doping.

Subsequently, the regulation of anti-doping activities was amended in 2011 in order to fully comply with the provisions of the WADA Code, in Government Decree 43.2011 (III.23.), which currently defines the activities of the National Anti-Doping Organization (HUNADO). In 2011, during the public procurement procedure registered under number 28313, which was announced by the Hungarian Olympic Committee in the field of "full performance of the tasks of the National Anti-Doping Organization (HUNADO) as defined in Government Decree No. 43.2011 (III.23) on the rules of anti-doping activities", the Hungarian Anti-Doping Group Ltd., which was founded as a non-profit organization for public benefit, repeatedly applied for and won it, and subsequently, a contract of assignment was

OUR MOTTO IS "HONEST PLAY IS THE ONE WAY."

awarded with the Hungarian Olympic Committee. On the basis of this mandate, the Hungarian Anti-Doping Group Non-profit Ltd. continued to perform the full tasks and powers of the National Anti-Doping Organization (HUNADO) in the period from 01 January 2012 to 31 December 2015.

It was an honor and at the same time a professional recognition for us that after the end of this period, as a result of a public procurement procedure conducted by the State Secretariat for Sports of the Ministry of Human Resources, the Hungarian Anti-Doping Group Ltd. has been given the trust and mandate to carry out the tasks of the National Anti-Doping Organization (HUNADO) until 31 December 2019.

The guiding principle of our activities is that "doping is fundamentally contrary to sport", therefore the most important goal of our anti-doping work is to enforce the prohibition of unreasonable performance-enhancing on the basis of the current legal and other regulatory background, thereby achieving and preserving the "spirit of sport", its purity, and equal opportunities.

Our motto is "Honest play is the only way!"

One of the many levels of our anti-doping activity is doping control itself, which goes from the planning and organization of sampling, through the on-site execution of urine and/or blood collection to safe transport to the appropriate laboratory. Another part of our activity is the educational – preventive activity, in which we provide the information necessary for the cleanliness of the sport, doping legislation, warnings, current prohibition lists, etc. to Athletes and the professionals who help them.

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TESTING PROGRAM

The professional activity of the Hungarian Anti-Doping Group, as the body performing the functions and powers of the National Anti-Doping Organization (HUNADO), in the period from 01 January 2019 to 31 December 2019:

HUNADO's anti-doping activities are multi-level, one of which is doping control itself, which covers the planning and organization of sampling, on-site urine and / or blood sampling, and safe transport to the appropriate laboratory. The other part of the activity is the NADO tasks defined by the amendment to Government Decree No 43/2011 (III.23) on the "Anti-Doping Rules" (III.23) which entered into force on 01 January 2017 and which are the NADO tasks required by the Public Procurement Tender, which represent the proper functioning of the National Anti-Doping Organization. In addition to doping control, NADO continues to prioritize awareness - raising activities, including the provision of sports information, doping legislation, warnings, and an up - to - date Prohibited List to athletes and their assistants for the cleanliness of sport.

Between 01 January 2019 and 31 December 2019, the Hungarian Anti-Doping Group Non-profit Ltd. fulfilled the required NADO tasks.

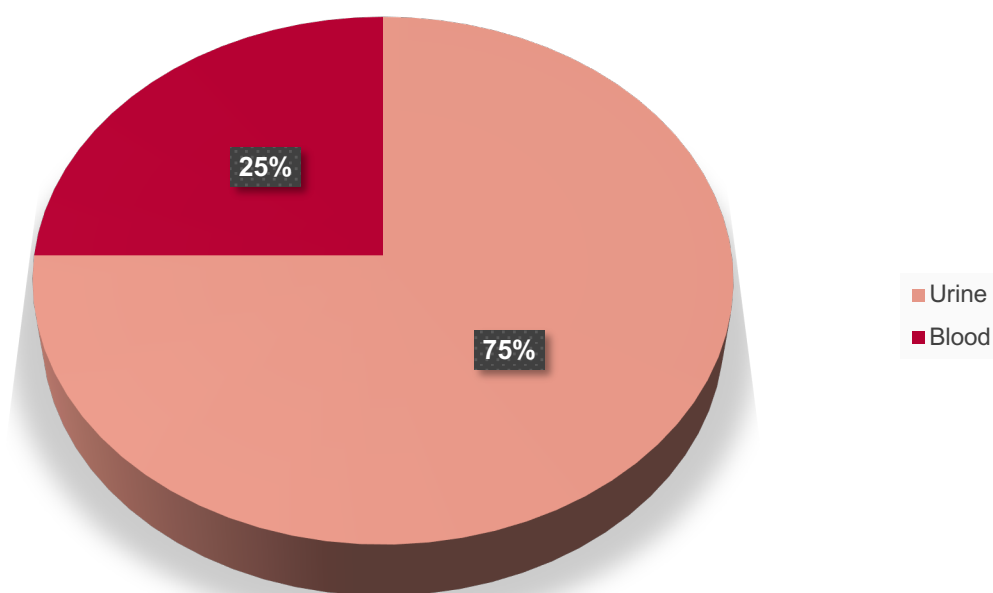
SAMPLING IN NUMBERS

Number of unannounced tests by state order, 01 January to 31 December 2019: 1500 samples, the distribution of samples among the members of the national teams mainly of the priority summer and winter Olympic sports; the 2019 European Winter Youth Olympic Festival in Sarajevo; the European Summer Youth Olympic Festival in Baku; the 2nd European Games in Minsk; the World Beach Games in Doha and the 2020 Winter Youth Olympics in Lausanne.

The samplings were carried out in the manner specified in the Government Decree, primarily among the athletes of the Registered Testing Pool.

By December 31, 2019, a total of 1,500 samplings had been carried out by state order.

Distribution of samples:



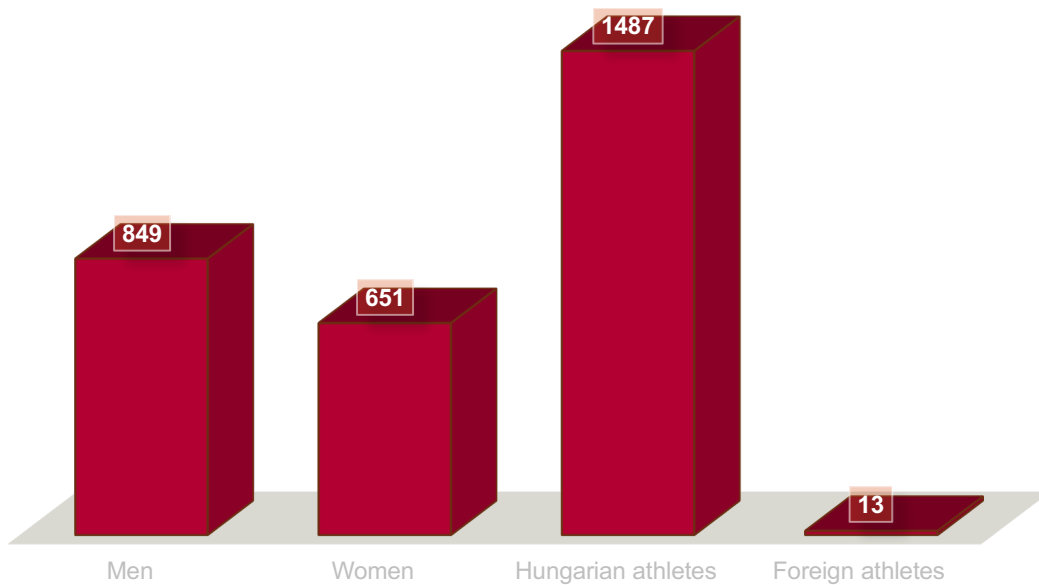
Urine - 1125 (75%); Blood - 375 (25%)

Blood tests were carried out in the direction of the following analyses: Growth hormone /Erythropoiesis stimulating agents / Biological Passport Program - Examination of blood parameters

Laboratory analysis of samples:

Blood / Urine test: WADA accredited laboratory in Seibersdorf - 1500 (100%)

Gender distribution of sampling:



Total men: 849 (57%)

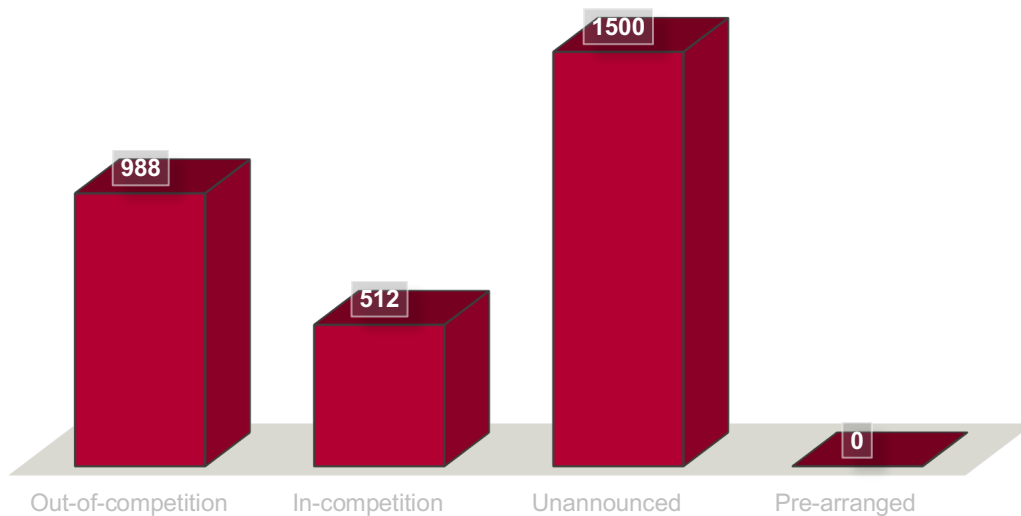
Total women: 651 (43%)

Total Hungarian athletes: 1487 (99.13%)

Total foreign athletes: 13 (0.87%) – 9 athletes and 13 samples (blood+urine)

Foreign national athletes all play in a way certified by domestic clubs, in basketball, handball and football, in the domestic competition system of national federations.

Distribution of sampling:



Out-of-competition sampling: 988 (66%)

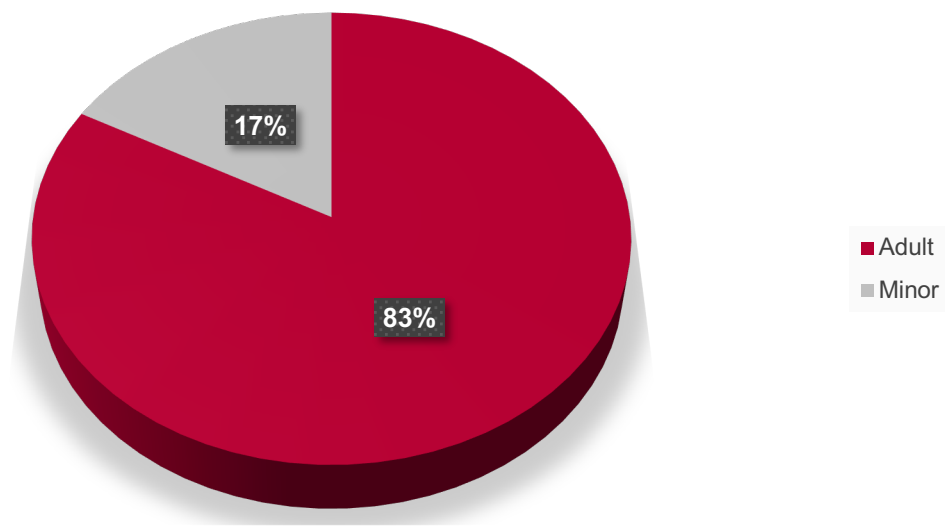
In-competition sampling: 512 (34%)

Unannounced sampling: 1500 (100%)

Pre-arranged sampling (announced): 0 (0%)

The proportion of samples sampled in the competition is optimal and their importance is justified by the fact that certain elements of the Prohibited List (e.g., stimulants, drugs, etc.) can only be tested in competition and sanctioned in accordance with the WADA Code.

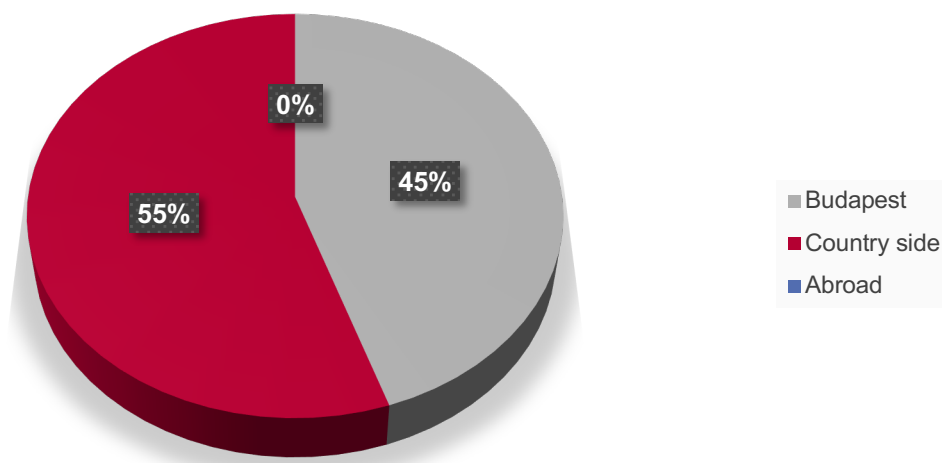
Age distribution of athletes subject to doping control:



Adult athlete - 1,251 (83%)

Underage athlete - 249 (17%)

Location breakdown of sampling:

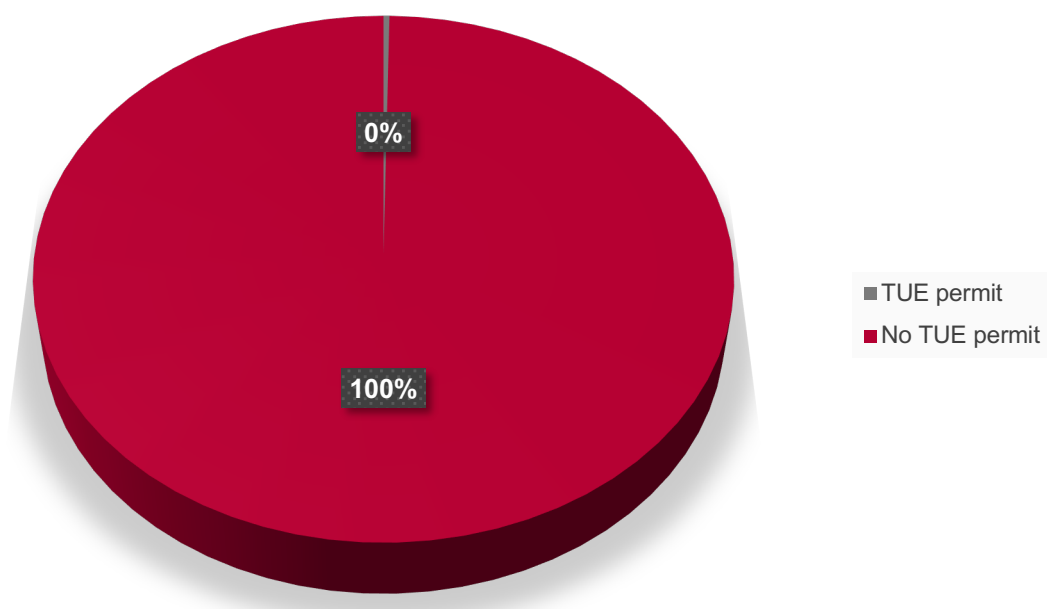


Budapest - 672 (44.80%)

Countryside - 828 (55.20%)

Abroad - 0 (0%)

During the doping control, the athlete announced the existence of a TUE licence:



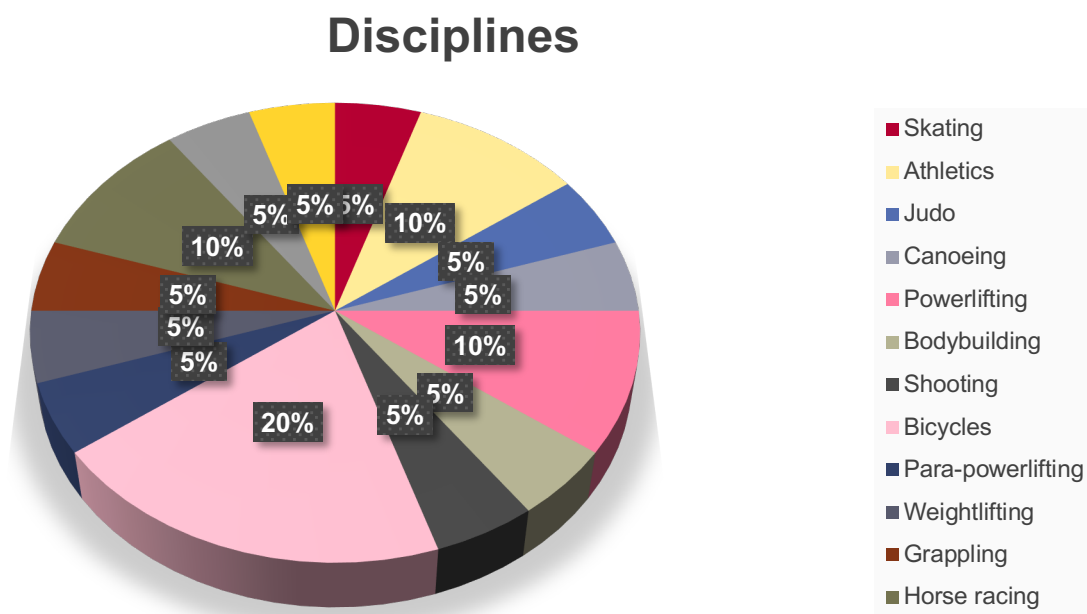
TUE permit - 11 (0,7%), No TUE permit - 1489 (99,3%)

DOPING DISCIPLINE CASES

Regarding the publication of doping cases registered in 2019 in accordance with the legal regulations, the Hungarian Anti-Doping Group complies on its website.

https://www.antidopping.hu/editor_up/dopfegyugyek/DISCIPLINARY_CASES_20210731.pdf

Doping discipline cases in 2019:



Skating, Athletics, Judo, Canoeing, Powerlifting, Bodybuilding, Shooting, Bicycles, Para-Powerlifting, Weightlifting, Grappling, Horse racing, Arm wrestling, Handball

Processing of positive cases registered in 2019, by 31-12-2019: 20 Hungarian athletes

Skating - Short track discipline (underage athlete):

- **Exogenous Anabolic Androgenic Steroids - Group S1/1/a - Stanozolol and its metabolite** - positive sample;

Athletics:

- **Specific stimulants - Group S6/b - Octodrine and its metabolite (Heptaminol) - positive sample;**

Judo (underage athlete):

- **Diuretics and masking agents – S5. Group 2 - Furosemide - positive sample;**

Canoeing:

- **Exogenous Anabolic Androgenic Steroids - Group S1/1/a - Stanozolol and its metabolite - positive sample;**

Powerlifting:

- **Exogenous Anabolic Androgenic Steroids - Group S1/1/a - Metandienone and Stanozolol and its metabolite - positive sample;**

Bodybuilding:

- **Diuretics and masking agents – S5. Group 2 - Furosemide - positive sample;**

Athletics:

- **Other Anabolic agents – S2. Group 2 - Clenbuterol - positive sample;**

Shooting:

- **Diuretics and masking agents – S5. Group 2 - Furosemid, Spironolacton, and Indapamide - positive sample - Medical exemption (TUE) authorization.**

Bicycles (road industry):

- **Endogenous Anabolic Androgenic Steroids and their metabolites and isomers when used exogenously - Group S1/1/b - Testosterone or Testosterone prohormone - positive sample;**

Powerlifting:

- **Hormone and Metabolic Modifiers – Other anti-oestrogen-acting agents – Group S4/3 – Clomiphene** – positive sample;

Bicycles (road industry):

- **Endogenous Anabolic Androgenic Steroids and their metabolites and isomers when used exogenously – Group S1/1/b – Testosterone or Testosterone prohormone** – positive sample;

Para-Powerlifting:

- **Endogenous Anabolic Androgenic Steroids and their metabolites and isomers when used exogenously – Group S1/1/b – Testosterone or Testosterone prohormone** – positive sample;

Bicycles (road industry):

- **Peptide hormones, growth factors congenital compounds, and mymetics – Erythropoietin (EPO) and erythropoiesis-influencing agents – Erythropoietin receptor agonists – Group S2/1/1 – Darbepoetin (dEPO)** – positive sample;
- **Endogenous Anabolic Androgenic Steroids and their metabolites and isomers when used exogenously – Group S1/1/b – Testosterone or Testosterone prohormone** – positive sample;

Weightlifting:

- **Peptide hormones, growth factors congenital compounds, and mymetics – Growth Hormone (GH), fragments, and factors causing its release in the human body – Group S2/2/3 – Growth Hormone (GH)** – positive sample;

Grappling:

- **In the case of 1 athlete, doping-based conduct was registered as sampling was refused by the athlete after the proper designation had been made. The athlete was**

informed of the consequences of refusal of sampling, as certified by his/her signature;

Bicycles (road industry):

- **Peptide hormones, growth factors congenital compounds, and mimetics - Erythropoietin (EPO) and Erythropoiesis-influencing agents - Erythropoietin receptor agonists - Group S2/1/1 - Recombinant Erythropoietin - positive sample;**

Horse racing(gallop):

- **Unspecified stimulants - Group S6/a - Cocain and its metabolite - positive sample;**

Arm wrestling:

- **Diuretics and masking agents – S5. Group 2 - Furosemid - positive sample - Result Manager: European Armwrestling Association (EAF);**

Handball:

- **Beta-2 Agonists - S3. Group 2 - Fenoterol - positive sample - Medical exemption (TUE) authorisation (asthma medicine);**

Horse racing:

- **Stimulants - Group S6/b- Sibutramin positive sample.**

Failed sampling procedure and failure to provide whereabouts information:

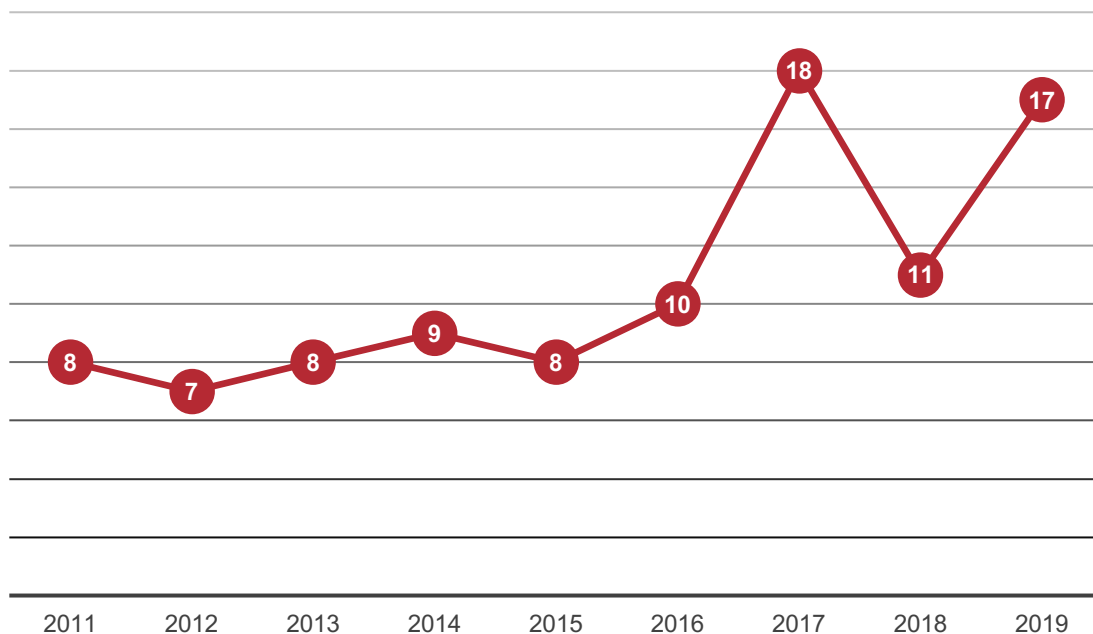
A failed doping sampling procedure is established and recorded when, on the basis of the whereabouts information sheet submitted by the athlete, the Doping Control Officers search for the designated athlete at the specified time and place, but he or she is not at the place and time specified by him. Under the WADA Code and the current Hungarian Government Decree, 3 failed samples are found to have been doping violations within 12 months and will always result in disciplinary action.

According to the records of the Hungarian Anti-Doping Group, among the members of the National Registered Testing Pool, **the non-provision of whereabouts information was registered in 180 cases in 2019**, of which 142 were exempted on the basis of the reasons submitted, **while in 38 cases the omission was judged**; or **unsuccessful sampling was documented in 64 cases**, of which 34 were the athlete exempted on the basis of the reasons submitted, **while in 30 cases the omission was judged**.

No doping discipline procedure has been initiated for any athlete.

For each sport, additional tests required by WADA (urine GHRF / GHRP, urine ESAs analysis, and IRMS isotope ratio measurement) were performed in accordance with the relevant WADA Technical Document (WADA TD2019SSA).

Development of doping discipline procedures between 2011 and 2019



NADO TASKS CARRIED OUT IN 2019

- **In addition to continuous WADA monitoring and monitoring, HUNADO will continue to enjoy WADA's full compliant status.**
- **Based on the assessment of WADA's Compliant Audit 2019, HUNADO has fully complied with the provisions of the Corrective Action Plan and the full compliant status has been confirmed.**
- The proposals set out in the Government Decree have been prepared (test allocation plan, annual sample number appropriation, National Registered Testing Pool) and sent for approval **to the State Secretariat for Sport of the Ministry of Human Resources.**
- **The data submitted by the sports federations to the State Secretariat for Sport of the Ministry of Human Resources** have been processed, aggregated and sent as required by the Government Decree (report of the anti-doping work of the previous year, plan of this year's anti-doping work, schedules, proposal for members of the Registered Testing Pool).
- **In the event of a positive A sample or conduct justifying a doping violation**, we have notified the designated bodies and persons in accordance with applicable law and **in compliance with our disclosure obligation**, taking into account data protection regulations, we have also published the final positive cases on our website.
- The samples were carried out in accordance with the contract, in all cases by the **Doping Control Officers** for whom the Managing Director of the Hungarian Anti-Doping Group Non-Profit Ltd. issued their credentials. Currently, the Hungarian Anti-Doping Group has 45 main Doping Control Officers, which was optimally sufficient to meet the orders of the state and other anti-doping organizations (sports federations, competition organizers, etc.) for 2019. We keep a personal file on individual Doping Control Officers containing all the necessary information required by the contract.

- The tools and **unit packages for sampling** have been acquired in accordance with international standards and are recorded in a strict accounting system. The proper use of the devices is strictly controlled and hazardous waste is handled as required (SEPTOX).
- The **WADA Accredited Doping Testing Laboratory in Seibersdorf** carried out laboratory analysis in accordance with our valid contract and the provisions of the relevant International Standard for Laboratories. Sample (blood/urine) test results sent for laboratory doping analysis are continuously received, processed and archived.
- All blood tests were carried out by contracted and qualified Doping Control Officers in accordance with international regulations. For blood collections, we used only high-quality devices manufactured and marketed in quality control systems, widely used in Hungarian healthcare.
- **The supervisory audit of the ISO quality management system was completed with complete success on the basis of the receipt of the new Standard 2015 (05 April 2019) and we can state that the doping control system operated by the Hungarian Anti-Doping Group continues to fully comply with the requirements of MSZ EN ISO 9001:2015 Standard.**
- In accordance with our contract, we have taken out liability insurance for doping controls, which is still in force.

It can be stated that no damage occurred in 2019, therefore no claims were made against the Hungarian Anti-Doping Group Non-profit Ltd.

- The Hungarian Anti-Doping Group's **Internal Audit Team** continues to actively work, carrying out quality control of doping controls and on-site samplings of DCOs. The aim of these efforts is to ensure high professional standards and integrity of doping control. The DCOs' review takes place both on site, during practical work, during the preparatory phase of sampling and when handling documents. Several cases have

been carried out at random this year for the purpose of internal inspection, deficiency detection and sampling conditions.

It can be stated that the finding of a doping violation has not been failed due to the fault of the Hungarian Anti-Doping Group or due to incomplete work.

- The highest **chain of custody safety system** is also used for the transport of samples: at the end of the sampling, the DCO wraps the samples in the designated transport bag on the spot and seals them. The integrity of the seal must be ensured until it is transported to the laboratory, checked by the receiving laboratory and recorded in a report. If the seal is damaged, an investigation should always be launched to find the cause. The samples are stored in the office of the Hungarian Anti-Doping Group Non-profit Ltd., in a lockable refrigerator, under other safety measures, until transport to the laboratory.
- Through secret file management and the obligation of confidentiality of Doping Control Officers, we ensure that information on doping controls is not leaked in advance, so that random checks are carried out in a truly unannounced manner. A report shall be drawn up for each sampling, which shall be evaluated by the Internal Audit. During the supervision, we also check the work of the Doping Control Officers on the spot, and once a month all DCOs participate in mandatory training and reporting. We have concluded a framework cooperation contract with all Doping Control Officers for doping controls, and other expert activities are carried out on order and with a certificate of presentation.
- The **valid international Prohibited List** has been published on our website (www.antidopping.hu) in two breakdowns – by producer's marketing name; and composition or compound name – including the possibility of obtaining a possible Therapeutic Use Exemption (TUE authorization). The current Prohibited List is constantly maintained and updated.

- **We have also published the current Prohibited List and the rules on the provision of whereabouts information in book format.** Both publications have been sent to members of the National Registered Testing Pool and the Olympic Team so that all athletes can have the right information.
- We continue to operate **the Doping Information Phone Number**, which is used by a qualified doping expert to answer a number of incoming questions during working hours from 8 a.m. to 5 p.m. Furthermore, we undertake to respond to questions or comments received at the e-mail addresses indicated on our website (antidopping@antidopping.hu; tiltolista@antidopping.hu and info@antidopping.hu) as soon as possible. Our main objective is to ensure that information on anti-doping activities can only be published at the highest professional level, with the authenticity and accuracy of the published data strictly verified.
- The official website of the Hungarian Anti-Doping Group is **accessible – an updated website that is easy to use for visually impaired athletes.** The website (www.antidopping.hu) is constantly being developed and uploaded to provide up-to-date and important information and news to all interested parties.
- **The list of members of the National and International Registered Testing Pool (RTP and IRTP)** has been drawn up on the basis of a professional proposal from the Sports Federations and all members have been notified by letter and the consent statements have been sent to them.
- **The English-language whereabouts information system has been translated by the Hungarian Anti-Doping Group and made available to Hungarian athletes and WADA so that basic instructions can be published in Hungarian in ADAMS, thereby helping Hungarian athletes to use them smoothly. In accordance with WADA regulations, whereabouts information can only be provided through the international ADAMS system.** Through the Hungarian Anti-Doping Group's own information system, only the athletes who are required to register can register to be

added to the HUNADO database, but whereabouts information can only be provided through ADAMS. Therefore, everyone who is currently a member of the National Registered Testing Pool, i.e. obliged to provide whereabouts information, is registered in the ADAMS system, the entry codes are sent to them and all athletes are provided with instructions for regular use in our newsletters/e-mails and free publications. Given that for many athletes, language difficulty is a problem in the management of the international whereabouts system, the Hungarian Anti-Doping Group has undertaken to be willing to assist and mediate in the communication between the athlete and the International Sports Federation and in the proper management of the whereabouts system. In order to keep them up-to-date, we keep in touch with the athletes of the National Registered Testing Pool and keep them informed of the latest news on a regular basis. To provide whereabouts information and to keep the database up-to-date, we are constantly working on updating and modernizing the Website of the Hungarian Anti-Doping Group.

- **Failed samplings** have been registered, documented, and **sanctioned**.
- The **failure to provide whereabouts** information as a basis for doping violations has been registered, documented and sanctioned among members of **the National Registered Testing Pool**.
- In connection with the website, the Hungarian Anti-Doping Group has issued and sent an electronic newsletter on a monthly basis to the related sports federations and athletes in order to provide up-to-date information and to promote and promote anti-doping activities. We carried out this activity with great success and interest, constantly covering interesting, topical and sometimes explaining misleading or inaccurate topics in the Hungarian media.
- The **Hungarian TUE Committee will** continue to operate as required by the Government Decree, providing all material conditions for the operation of the independent Committee.

- The **First Instance Doping Commission** and the **Second Instance Doping Appeal Committee** will continue to operate as required by the Government Decree, providing all material conditions for the functioning of the Committees. Committee decisions will be sent in English to the World Anti-Doping Agency (WADA).
- The **office space of the Hungarian Anti-Doping Group** is constantly maintained and the necessary renovation, conversion and maintenance work is carried out. (XIV. Thököly út 31-33 B building 2nd floor; 1146. Budapest Istvánmezei út 2/C VII/099; 1146. Budapest Istvánmezei út 2/D; 1143. Budapest, Stephania út 81.)
- The Hungarian Anti-Doping Group Non-profit Ltd. sends its detailed **annual report** on anti-doping activities and **statistics** to the State Secretary for Sport of the Ministry of Human Resources which will also be sent to WADA in English.
- In the spirit of **WADA's "Play True Generation" campaign**, HUNADO Sports Club has been represented at several major recreational sporting events. The Hungarian Anti-Doping Group wishes to support HUNADO SC and to show the healthy way of life of Doping Control Officers, in this way promoting clean sport and setting an example.
- **Our relations with the Hungarian sports press** are very close, during this period the Managing Director has undertaken several media appearances and appeared in virtually all Hungarian media during this period, so that we can keep the public up to date with the current state of anti-doping work and draw attention to the dangers of doping.
- Following the HUNADO conference, the Hungarian Anti-Doping Group held an **annual press conference**. (Budapest, 2019-12-09)
- **The Hungarian Anti-Doping Group has been admitted to the Hungarian Standardization Board and has entered into a cooperation agreement with the Working Party for the Supervision of Food Safety Management Systems (MSZT/MB635), to participate in the development of a new European standard for manufacturers and distributors of food supplements.**

- In order to cooperate more closely with the Hungarian Anti-Doping Group, the project managers of the International Testing Agency (Matteo Vallini, Alarna Nightingale and Gianluca Siracusano) visited Hungary and negotiated with representatives of the Hungarian Anti-Doping Group. (Budapest, 2019-07-09) Subsequently, **the Doping Control Officers of the Hungarian Anti-Doping Group (HUNADO) were invited to conduct doping control at the 2019 World Weightlifting Championships (Tokyo 2020 Olympic Qualifying Competition) in Pattaya.**

ORGANIZATION OF INTERNATIONAL COMPETITIONS

- **We have completed the doping control of the entire Hungarian team (121 people) starting at the 2nd European Games in Minsk, accompanied by an on-site drug test.**
All athletes have been added to the Database of the Hungarian Anti-Doping Group and the International Information System (ADAMS) in order to ensure possible future contacts and the smooth operation of the provision of whereabouts information. Under our separate agreement with the WADA accredited laboratory in Seibersdorf, the results of doping control of all Olympians were received by the time the Games began – all the checks were negative. The head of the Hungarian Anti-Doping Group keeps in touch with the team leaders and the medical team members who have been posted throughout the duration of the European Games.
- At the request of the Global Association of International Sports Federations, the head of HUNADO, responsible for anti-doping duties at the 13-15 September 2019 World Urban Games, gave a **successful presentation to the GAISF Competition Adjudicating Delegation on the preparations for the World Urban Games. (Budapest, 2019-06-05 GAISF site visit)**
- The Hungarian Anti-Doping Group has completed the organization and coordination of the world anti-doping monitoring and anti-doping training programme for junior athletes at the **1st World Junior** Gymnastics Championships in **Győr** from 27-30 May

2019. On behalf of the International Gymnastics Association (FIG), Dr. Jay Binder, member of FIG Medical and Antidoping Panel, praised and thanked the Hungarian Anti-Doping Group for their outstanding professional work.

- **We have completed the doping control of the entire Hungarian team (34 people) starting at the World Beach Games in Doha, accompanied by an on-site drug test.**

All athletes have been added to the Database of the Hungarian Anti-Doping Group and the International Information System (ADAMS) in order to ensure possible future contacts and the smooth operation of the provision of whereabouts information. Under our separate agreement with the WADA accredited laboratory in Seibersdorf, the results of all doping tests were received by the start of the Games – all the checks were negative. The head of the Hungarian Anti-Doping Group keeps in constant contact with the team leaders and the members of the medical team sent out throughout the competition.

- **We have completed the full implementation of the I. World Urban Games doping control in Budapest from 13–15 September 2019,** and at the request of the international organization responsible for the organization of the competition, GAISF (Global Association of International Sports Federations), we also held a **3-day anti-doping training program** (WADA Outreach Anti-Doping Program). HUNADO also had the full administrative task of the competition (ADAMS replenishment) and the tasks of the Competition Therapeutic Use Exemption (TUE) Committee.

- The Hungarian Anti-Doping Group has completed the Organization and coordination of doping control at the **FINA World Junior Swimming Championships** in Budapest from 20–25 August 2019. On behalf of the International Swimming Federation (FINA), Dr. Cees van den Hoogenband, member of FINA's Medical and Anti-Doping Panel, praised and thanked the Hungarian Anti-Doping Group for their high-quality, professional work.

- The Hungarian Anti-Doping Group has completed the Organization and coordination of doping control for the **ICF Adult Canoeing World Championships (Tokyo 2020 Olympic Qualifying Competition)** held in Szeged from 21-25 August 2019. On behalf of the International Canoe Federation (ICF), Michel Alarcon, Project Manager of ICF Antidoping, praised and thanked the Hungarian Anti-Doping Group for their high-quality, professional work.
- We have completed the **full implementation of the doping control of the UWW U23 Wrestling World Championships held in Budapest between 28 October and 03 November 2019**, Carlos Roy of the International Wrestling Federation (UWW), member of the UWW Medical and Anti-Doping Panel, praised and thanked the Hungarian Anti-Doping Group for their excellent professional work.

PRESENTATIONS

- The head of HUNADO gave **three presentations** organized by the **Hungarian Association of Coaches at the coach conference organized in the framework of the flagship training programme, in order to fulfil the mandatory anti-doping awareness programme for coaches in a credit system** entitled "New trends, novelties and challenges in the fight against doping". (Budapest, 2019-01-15; 2019-03-26; 2019-12-03.)
- The head of HUNADO was invited and gave **a presentation** at the invitation and organization of the **National Institute of Sports Health for sports doctors** working within the national framework entitled "Headlines, new trends and rules in the fight against doping". (Budapest Sports Hospital, 2019-02-05)
- The head of HUNADO gave a **presentation** at the **preparatory course for the sports medicine examination** organized by the **National Institute of Sports Health** entitled "New trends, novelties and challenges in the fight against doping". (Budapest Sports Hospital, 2019-02-19)

- The head of HUNADO gave a **presentation** at the **University of Physical Education** and invited the university's students on the subject of anti-doping entitled "Current events in the fight against doping ". (Budapest, 2019-03-22)
- For the second time, the head of HUNADO was invited and gave a **presentation at the postgraduate training of the University of Győr** entitled "Diplomatic tasks in the fight against doping or new trends and challenges in doping control" at the University of Győr. The main patron of the training course: Dr. Barnabás Kovács Consul General of Hungary in Barcelona. (Budapest, 2019-03-23)
- The **Hungarian Anti-Doping Group and the Hungarian Swimming Federation** have concluded a cooperation agreement for 2019 in order to implement an extensive comprehensive anti-doping programme. The agreement was **signed in a solemn press conference** on the first day of the National Championship in Debrecen.
- The head of HUNADO gave a presentation organized by the Association of Hungarian Coaches and the Centre for Sports Nutrition under **the auspices of the University of Physical Education**, at the training conference organized in the framework of the flagship training programme entitled "Dangers of the use of dietary supplements". (Budapest, 2019-04-02)
- For the second time, the head of HUNADO was invited and gave a presentation organized by the **Institute for Higher Studies of the University of Pannonia's Campus of Kőszeg** entitled "The history of doping and doping control from the ancient Olympic Games to the present day". The presentation was recorded by the Television of Kőszeg and the recording can be viewed on the website of the University of Pannonia. (2019-04-29).
- The head of HUNADO gave a **presentation** to the students and teachers at the school organized by **Ferenc Csík Primary and Secondary School** entitled "The history of doping and doping control from the ancient Olympic Games to the present day". (Budapest, 2019-05-13).

- The head of HUNADO gave a presentation at the training conference organized jointly by the **Hungarian Association of Coaches and the University of Physical Education** in the framework of the **flagship training program**, entitled "Tasks and lessons learned from anti-doping activities in the light of legislative changes". (Budapest, 2019-06-04)
- The head of HUNADO gave a **presentation organized by Semmelweis University, at the scientific rally to mark the 250th anniversary of the University and at the Summer University, for students and teachers** at the University entitled "World-Class Sports Medicine". (Budapest, 2019-09-04).
- The head of HUNADO gave a **presentation** at the **preparatory course for the sports medicine examination** organized by the **National Institute of Sports Health** entitled "Headlines, new trends and rules in the fight against doping". (Budapest Sports Hospital, 2019-09-17)
- The head of HUNADO gave a **presentation organized by the Bolyai College of Lóránd Eötvös University of Sciences**, entitled "The foundations of the fight against doping" for students and teachers at the college. (Budapest, 2019-10-02).
- The head of HUNADO gave a **presentation at the invitation and Organization of the Hungarian Olympic Committee and the MOB Medical Committee to the professional leaders of the sports qualifying for the Summer Olympics in Tokyo in 2020**, entitled "**Current events, new trends and rules in the fight against doping, or the expected health care and anti-doping tasks of the Tokyo Olympics**". (Budapest, 2019-10-03)
- The head of HUNADO gave a **presentation at the Medical Conference organized on the occasion of the 26th Hungarian Health Days** entitled "Synergy between Sport and Medicine, or the fight against doping today". (Siofok, 2019-10-09).
- The head of HUNADO gave a **presentation** at the invitation and organization of the **National Institute of Sports Health** on the mandatory level training course for sports

doctors entitled "Current events, new trends and rules in the fight against doping". (Budapest Sports Hospital, 2019-10-15)

- The head of HUNADO gave a lecture organized by the Sopron Sports School Association of the **Dániel Berzsenyi Evangelical Grammar School and Vocational College in Sopron**, for the students and teachers of the school entitled "Fundamentals of the fight against doping" for the students and teachers of the school. (Budapest, 2019-11-26).
- The head of HUNADO gave a **presentation** at the invitation and organization of the **Hungarian Paralympic Committee to the professional leaders of the sports qualifying for the Summer Paralympic Games in Tokyo in 2020**, entitled "**Current events, new trends and rules in the fight against doping, or the expected health care and anti-doping tasks of the Tokyo Olympics**". (Budapest, 2019-11-27)
- The head of HUNADO gave a **presentation** at the **"Football and Science" coaching** conference organized by the **Hungarian Football Association and the Puskás Ferenc Football Academy in Felcsút** entitled "The dangers of doping and the use of dietary supplements in football". (Felcsút, 2019-12-02)
- The head of HUNADO gave a **presentation** at the request and organization of the 18th Mihály Vörösmarty Primary and Secondary School, for the **students and teachers of the school (grades 6-7-8) on the school's career guidance day** entitled "Sport - Fair Play -Doping". (Budapest, 2019-12-14).
- We continue to work with great effort in **education and prevention**, and we have given a number of presentations on anti-doping this year:

Anti-doping presentation organized by the Hungarian Wrestling Federation at a training conference and at the General Assembly of the Federation (Budapest, 2019-01-18); Anti-doping presentation organized by the Hungarian Triathlon Federation under the Sport XXI and Hercules programmes for selected squads and their coaches (Martfű, 2019-01-19); anti-doping presentation organized by the Hungarian Olympic

Committee for the heads of the sports federations at the Summer EYOF and the European Games (Budapest, 2019-01-22); Anti-doping education and discussion for the Secretary General of the Hungarian Ball Sports Association (Budapest, 2019-01-23); Anti-doping presentation organized by the Miskolc Wrestling Club for adult, junior and youth teams and their coaches (Miskolc, 2019-02-21); Round table discussion on sports nutrition, jointly organized by the Technical University of Budapest and Semmelweis University for athletes, sports professionals, university students and their instructors (Budapest BME, 2019-04-02); Doping history presentation organized by ELTE Club for university and secondary school teachers (2019-04-04); anti-doping presentation organized by the Hungarian Bodybuilding Association at the General Assembly of the Association (Budapest, 2019-04-06); anti-doping presentation for youth and adolescent national teams and their coaches organized by the Hungarian Canoe Federation (Dunavarsány, 2019-04-24); Round table discussion on sports nutrition organized by the Association of Hungarian Dietitians for sports dietitians (Budapest, 2019-05-07); Round table discussion on sports nutrition organized by the SCITEC Institute for athletes, sports professionals and representatives of the sports press (Budapest Duna Plaza Office Building, 2019-05-08); anti-doping presentation organized by the Hungarian National Skating Federation at the General Assembly of the Federation (Balatonakarattyá, 2019-05-10); anti-doping presentation organized by the Hungarian Olympic Committee at the Summer EYOF in Baku for the heads of the entering sports federations (Budapest, 2019-05-15); Roundtable discussion on sports nutrition organized by Wessling Hungary for dietary supplement manufacturers and distributors (Budapest, 2019-05-21); anti-doping presentation organized by the Hungarian Special Olympics Federation at the General Assembly of the Budapest (2019-05-25); Anti-doping presentation organized by the Hungarian Archery Association at the General Assembly of the Association (Dunavarsány, 2019-07-04); anti-doping presentation for the men's adult and youth teams and their coaches

organized by the Hungarian Ice Hockey Federation (Budapest, 2019-07-25 and 2019-07-26) organized by the Hungarian Ice Hockey Federation, anti-doping presentation for women's adult and youth teams and their coaches (Budapest, 2019-08-21);); anti-doping presentation for adult and youth teams and their coaches organized by the Hungarian Canoe Federation (Dunavarsány, 2019-09-10); anti-doping presentation organized by the Hungarian Olympic Committee for the heads of the sports federations at the World Beach Games in Doha (Budapest, 2019-09-12); anti-doping presentation organized by the Hungarian Olympic Committee for the heads of sports federations at the Winter Youth Olympic Games in Lausanne in 2020 (Budapest, 2019-09-16); professional consultation for professional leaders and general secretaries of non-Olympic sports on current anti-doping tasks organized by the Hungarian Anti-Doping Group (Budapest, 2019-09-30 and 2019-10-02); anti-doping presentation for athletes, sports leaders and coaches organized by the Hungarian Bodybuilding Association at the General Assembly of the Association (Budapest, 2019-10-26); anti-doping presentation for athletes, sports leaders and coaches starting at the Winter 'Deaflympics' (Budapest, 2019-10-28), organized by the National Association of The Hearing Impaired; anti-doping presentation for sports leaders and coaches organized by the Hungarian Weightlifting Federation and at the Association's training (Hajduszoboszló, 2019-11-11); Meeting of the Medical Committee of the Hungarian Olympic Committee (Budapest, 2019-11-12); anti-doping presentation for athletes, sports leaders and coaches organized by the Hungarian National Skating Federation (MOKSZ) at the Federation's International Athletes' Conference (Budapest, 2019-12-03 and 2019-12-05); anti-doping presentation for athletes, sports leaders and coaches organized by the Hungarian Canoe Federation at the Federation's youth conference (Dunavarsány, 2019-12-06); anti-doping presentation for athletes, sports leaders and coaches organized by the Hungarian National Federation of Cyclists, at the Federation's youth conference (Budapest, 2019-12-07); anti-doping presentation for

sports leaders and coaches organized by the Hungarian Boxing Federation at the Federation's training conference (Tata Olympic Centre, 2019-12-13).

- HUNADO representatives are regularly invited and participate in the **VIRIBUS** Action Group meeting organized by **NAV** Customs and Finance on a monthly basis, a coordinated international action to detect and reduce doping and trafficking. In addition to the Hungarian Anti-Doping Group, **National Police Headquarters, National Food Chain Safety Office (NÉBIH)** and **the National Institute of Pharmacy and Food Health** are represented in the Action Group. (Budapest, 2019-01-16; 2019-02-19; 2019-03-06 - presentation)

INTERNATIONAL COOPERATION

- **On 27 May 2019, the Hungarian Anti-Doping Group, as an Organization with the powers and responsibilities of the National Anti-Doping Organization, held a successful international conference, in a way that is unique in the subject so far, in cooperation with WADA, the WADA Accredited Laboratory in Seibersdorf, EUROPOL, EUROJUST and the National Anti-Doping Organizations of central European countries, as well as all domestic anti-doping authorities (EMMI SFÁT, NATIONAL POLICE HEADQUARTERS, OGYÉI, NÉBIH, NAV Customs and Finance, National Anti-Counterfeiting Body - HENT).**

The conference was entitled "Cooperation Between National Anti-Doping Organizations (NADOs) and Public Authorities in the Eradication of Trafficking in Illicit Performance enhancing Substances".

The theme of the conference was the cooperation of the authorities on the dissemination of doping.

Objective of the conference: Although carrying out doping controls of a quantity and quality in line with WADA's current international expectations plays an indisputable role in enforcing the rights of clean athletes, HUNADO is convinced that the reduction

of doping does not begin solely and primarily with the completion of doping controls: this path begins with the possible elimination of the supply side of doping products. Our aim is not to ban our athletes from doping: by locking away the sources of supply, we would be able to best protect our athletes from exposure to substances that are seriously harmful to health and often pose a life-threatening risk. By eliminating the supply side, we can also create a reassuring sporting environment for our athletes in which the noblest values of sport truly prevail.

Participants in the conference: V4 countries and other CEADO Member States: Austria, Croatia, Slovenia, Serbia and representatives of the relevant authorities of Hungary - Police, Public Prosecutor's Office, National Food Chain Safety Office, National Tax and Customs Office, National Institute of Pharmaceuticals and Food Health - nearly 200 people.

The Hungarian Anti-Doping Group's initiative was widely supported and WADA itself expressed its full support. Among the invited speakers were a number of internationally renowned experts on the subject, representatives of WADA, EUROPOL, EUROJUST, WADA Accredited Laboratory in Seibersdorf, the National Police Headquarters and the National Office of Customs and Finance.

Following the conference, representatives of the participating Organizations **held a press conference**. (Budapest, House of Hungarian Sport 2019-05-27).

The press release and commendation of the conference was published on the official website of the World Anti-Doping Agency (WADA), EUROPOL, EUROJUST and the domestic authorities (National Police Headquarters and National Office of Customs and Finance.).

- **On 28-05-2019, representatives of the National Anti-Doping Organizations (CEADO) of central European countries met in Budapest at the invitation of the Hungarian Anti-Doping Group (HUNADO).** The six founding countries involved, together with Poland, decided to re-establish the Central European Anti-Doping Organization

(CEADO). Romania attended the meeting as a candidate and a representative of the World Anti-Doping Agency (WADA) as an observer. The chairmanship of the organization, which has so far been held by the head of HUNADO, has been taken over by the head of NADA Austria. The participating countries adopted a memorandum of understanding on closer cooperation, mutual information sharing, doping control and coordinated international action. The re-formation and aspirations of CEADO were welcomed by WADA in a letter of greeting.

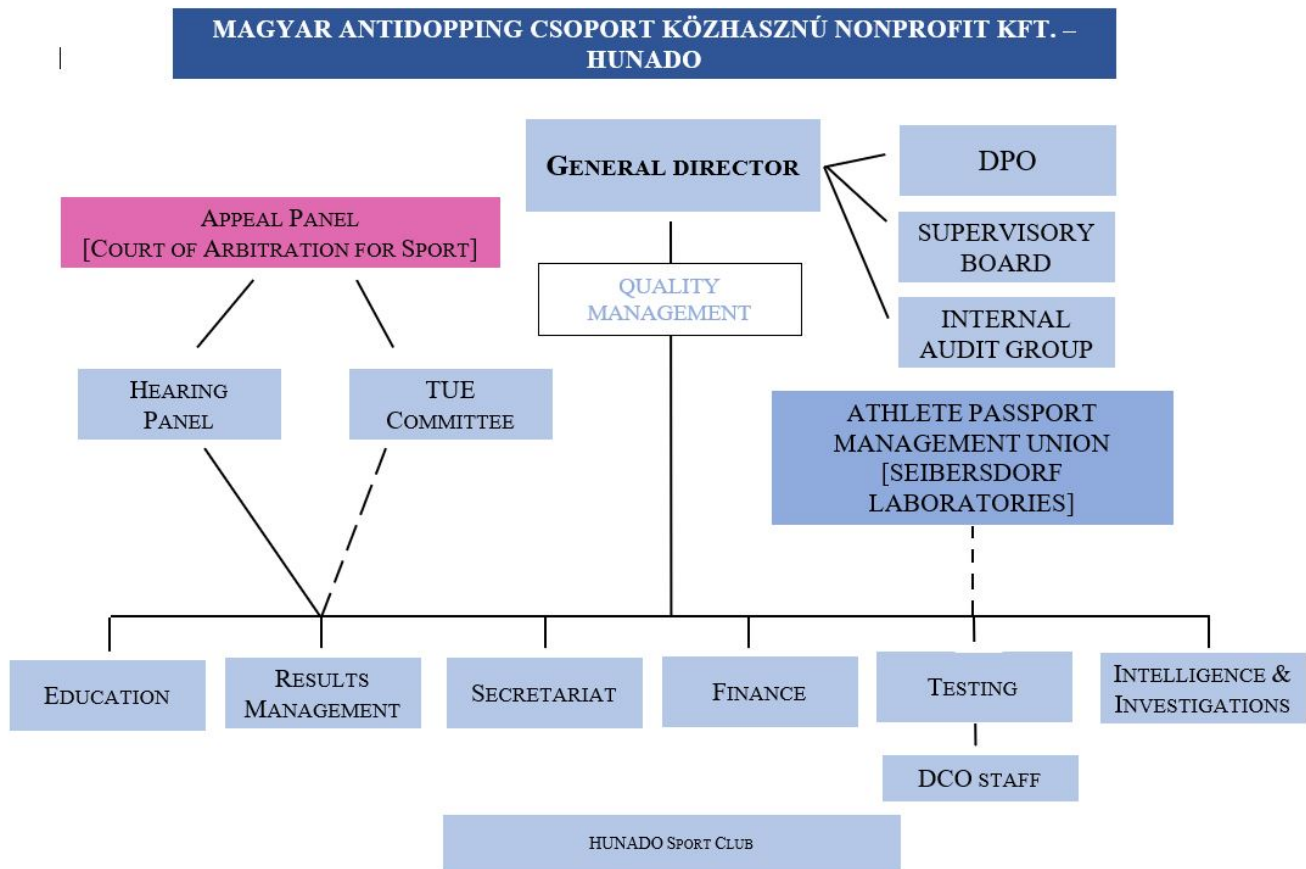
- The Hungarian Anti-Doping Group participated with a 3-person delegate at **the WADA World Congress in Lausanne from 12 to 15.03.2019**, which provided information on the topicality of international anti-doping activities, on the mandatory new NADO tasks set out in the new WADA Code, which will enter into force on 01 January 2021, and on the expected doping controls and new WADA standards in the coming period.
- The Hungarian Anti-Doping Group participated in the **5th WADA World Congress in Katowice, Poland, between 05-07.11.2019** with a 3-person WADA-accredited delegate, at which the majority of the countries of the world were represented. The aim of the World Meeting was to contact countries and international sports Organizations (WADA, The International Olympic Committee, International Sports Federations), to present and adopt the final version of the text of the new WADA Code, which will come into force on 1.01.2021, and to discuss and develop strategic objectives and an international action plan for future anti-doping activities. Following the World Congress, the Hungarian delegation also attended the 2nd Congress of central European Anti-Doping Organizations (CEADO), where the head of the Hungarian Anti-Doping Group also spoke.
- The 2-person delegation of the Hungarian Anti-Doping Group participated in **the international anti-doping workshop** entitled "New Testing Procedures and Presentation of the New ADAMS Generation" organized by the **WADA Accredited**

Laboratory in Seibersdorf between 24-26.11.2019, in support of WADA, where the Hungarian Anti-Doping Group itself gave a presentation on HUNADO's experience.

- The head of HUNADO, **as a member of the scientific committee** of the conference, assumed the role of **section president** at the International Wrestling Federation **(UWW) International Conference of Wrestling Physicians**. (Budapest, 2019-10-24/25/26).

In conclusion, the anti-doping awareness program is extremely useful and necessary, and it is in great demand from athletes and their coaches. The purpose of anti-doping education is to provide the widest possible range of up-to-date, awareness-raising, professional anti-doping information. Therefore, in the future, we would like to seize even more opportunities to continue in this and similar ways and to make our anti-doping education mission more and more effective. In addition to awareness work, we would like to continue to nurture the excellent international relations of the Hungarian Anti-Doping Group and continue its international engagement, thereby gaining even greater recognition and international reputation for domestic anti-doping activities.

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