



INSTITUTE OF NATIONAL
ANTI-DOPING ORGANISATIONS

iNADO Update #2022-06 - 6 June 2022

A photograph showing a group of diverse people in professional attire. They are gathered around a central point, with their hands stacked on top of each other in a gesture of teamwork and unity. The text 'iNADO Community' is overlaid in white on a dark horizontal band at the top of the image.

iNADO Community

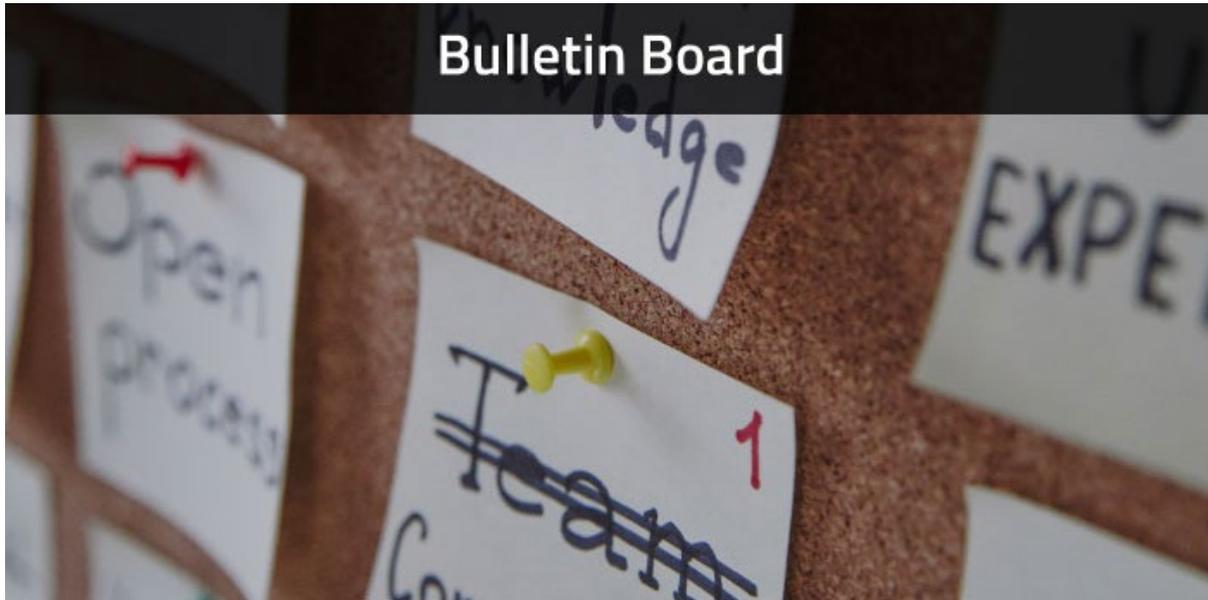
iNADO 2022 Workshop & Annual General Assembly

This week iNADO hosts its two most important events of the year; the Workshop and the Annual General Assembly. After long months of preparation, we are in the finish-line to deliver our highly anticipated events. Registration has closed and we can confirm 195 on-site and 46 online registrations.

We did not think this was possible but we have reached the maximum in-person capacity of the venue. We hope you

enjoy the Workshop and use it as an opportunity to learn, connect and reconnect.

Extended Agenda



iNADO 2021 Annual Report

iNADO looks back at a positive year of 2021 in which we continued the work initiated in 2020 to develop the office team and to improve our services to our 61 NADOs and 14 RADOs.

iNADO 2021 Annual Report

iNADO Member-Only Webinar:

Developing DCOs to collect Intelligence Information

On May 25, Michael Harkins, Director of Anti-Doping Testing at [Sport Integrity Australia](#) (SIA), presented on developing DCOs to collect Intelligence Information in an iNADO Member-only webinar.

Although a DCO or Chaperone's role is sample collection they are the first face or 'eyes and ears' of the agency and in this role can receive information which could be used for intelligence purposes. This information is attained through casual conversations with athletes, access to athletes' homes, the time spent with an athlete and the relationship or rapport that can be built with athletes and their support personnel. This information can be particularly valuable in an organization such as SIA as their remit is wider than anti-doping and includes child protection, gambling manipulation and match fixing.

The information collected is captured through a clear and consistent process in a mandatory mission information report which is separate to the DCO report. Harkins provided specific case studies of how this information has, for example, informed testing plans.

Through implementing this process, the lessons learnt by SIA were the importance of education, including clarification on what types of information the organization would find useful, the development of a one pager for easy reference and regular training and reminders for both DCOs and Chaperones. The process has been developed so the DCO debriefs with the Chaperone every time to include their input, and the report format was simplified. Further, feedback loops between head office and DCOs are vital to ensure the correct type of information was recorded.

A key message of the presentation was not to try and reinvent the wheel in this space, but to work with other NADOs and use the WADA Guidelines to develop DCOs to support information gathering for intelligence purposes.

[Rewatch the Webinar here](#)

New Strategic Plan of The Canadian Centre for Ethics in Sport

[The Canadian Centre for Ethics in Sport](#) (CCES) recently launched its 2022-2027 Strategic Plan.

The New plan outlines CCES's vision, mission, values, strategic priorities, goals and corporate commitments, all of which are athlete centred. CCES's vision is that sport is fair, safe, accessible and inclusive. The plan is comprised of four high level strategic priorities that will support CCES to focus on unethical behavior and promote a value-based approach to sport including True Sport, Anti-Doping, Competition Manipulation and Ethical Sport Leadership.

iNADO Congratulates CCES on its new strategic plan and looks forward to the next five exciting years ahead. To view CCES's full strategic plan please see it [here](#).



How an independent athlete representation can act as a partner in the sport system (Léa

Krüger, Athleten Deutschland)

Léa Krüger, German fencer, law student and athlete activist is delivering a presentation at our Workshop next week on the importance of athlete representation in the sport system.

In her speech she will focus on how an independent professional athlete representation can effectively contribute its expertise and proximity to the athletes. Léa will elaborate on how to transport the athletes' perspective to the stakeholders and develop new partnerships, for example in the further development of athlete participation in doping prevention.

Paralympic bronze medallist Adam Hall discusses the value of the Para Voice

Adam Hall, a five-time Paralympian for New Zealand and founding member of the Drug Free Sport New Zealand (DFSNZ) Athlete's Commission, discussed his Paralympic experience and the importance of Para representation in anti-doping.

Hall explains the importance of Para voice in anti-doping as there can be challenges for Para athletes including accessibility and different types of equipment. He believes the DFSNZ Athlete Commission will develop into a world-class group and set a precedent for the inclusion of all athlete's voices in anti-doping. The full article can be read

[here](#).



In the following months leading up to our workshop we are going to present the biography of our speakers in this section.

Mr. Ronan O'Laoire (United Nations Office on Drugs and Crime's, Programme on Safeguarding Sport from Corruption and Crime)

Ronan will deliver the keynote speech on global efforts to tackle wrongdoing in sport and will highlight wider integrity of sport issues interlink with anti-doping efforts.



Ronan O'Laoire leads the United Nations Office on Drugs and Crime Programme on Safeguarding Sport from Corruption and Crime. His main responsibilities include building capacities and delivering technical assistance to law enforcement and criminal justice authorities and sports organizations. Ronan also conducts research and supports the development of relevant policies, tools, and resources.

Ms. Ndiaye Chaya NDIAYE, Senior Manager Product (ADAMS Lead), WADA



This session will present the results and recommendations of a survey issued to iNADO's members about the functionality of ADAMS. After this session Chaya will provide an update on the further development of ADAMS, address some of the survey recommendations and she will be available to answer questions.

Chaya started working at WADA in the Information Technology team in 2005. Today as the Senior Manager of Product Chaya oversees and coordinates the organization's product roadmaps and ensures that WADA brings value-added systems to its stakeholders.

Dr. Matt Fedoruk, Ph.D., Chief Science Officer, U.S. Anti-Doping Agency (USADA)

In Matt's session Dried Blood Spot (DBS) testing will be discussed as a complement to an ADO's Test Distribution Plan. In his current role as Chief Science Officer at USADA, Matt is responsible for leading science and research efforts that directly impact athletes



and efforts to detect and deter doping.

Matt completed a Ph.D. in Pathology and Laboratory Medicine in 2006, and has held various scientific roles in laboratory research and anti-doping operations at the Vancouver 2010 Olympic and Paralympic Winter Games and the Canadian Centre for Ethics in Sport. He currently serves as a member of the WADA Health, Medical & Research Committee and chairs the Strategic Testing Expert Advisory Group. He also co-chairs the Scientific Advisory Board for the anti-doping research organization Partnership for Clean Competition.

**Dr. Raphaël Faiss, Ph.D., Research Manager & Senior Lecturer, Institute of Sport Sciences,
University of Lausanne**



The session will focus on the question, of whether the anti-doping system meets the standards of research ethics in the fight against doping with regards to the consent form.

Raphaël is a Research Manager at the Center of Research and Expertise in Anti-Doping Sciences (REDs) and Senior Lecturer in Exercise Physiology & Anti-Doping Sciences at the University of Lausanne. Dr. Faiss has been working extensively with elite and professional athletes over the past 10 years and boasts a Ph.D. on the innovations linked to altitude training in athletes. In his current position, and formerly as Senior Scientist for the Swiss cycling national teams, he has led several international research projects obtaining funding from WADA, the Swiss Federal Office of Sport Health, and the UCI among others.



Study reinforces the risk of Dietary Supplements as a Source of Unintentional Doping

A recent study, composed of a literature review of studies between 1996 and 2021, has found 28% of dietary supplements pose a potential risk of unintentional doping. In the 50 studies reviewed, a total of 3132 supplements were analyzed with 875 found to contain undeclared substances. The most common undeclared substances were sibutramine and anabolic-androgen agents.

The study, published in BioMed Research International, emphasizes the need for athletes and their support teams to be aware of the risks associated with the use of supplements through education. Further, the study recommends supplements should be analyzed in accredited laboratories before including them in an athlete's regime.

The full paper can be read [here](#).



ADAMS Survey Analysis

The latest research activity at INADO concerned the Anti-Doping Administration & Management System (ADAMS) by WADA that coordinates and simplifies anti-doping activities. A survey containing 21 questions was conducted online,

over the span of a month and received responses by 92 participants. The survey assessed the user experience of ADAMS in terms of overall satisfaction, functionalities, technical performance, further developments as well as communication by its operator.

The recommendations emerging from the survey can be divided into urgent needs and long-term improvements. Urgent needs include a higher system speed capacity for better technical performance, an open application programming interface between ADAMS and other systems, creating an intelligence and investigations module as well as implementing a Case Management module. Long-term recommendations also include an in-app and e-mail synchronization.



New at the Anti-Doping Knowledge Center

The ADKC is continuously collecting useful information and documented experiences in the field of anti-doping that can be found with the following links:

- [Decisions International Federations](#)
- [Decisions IOC](#)
- [Decisions NADOs](#)
- [All Case Law](#)
- [Scientific Literature](#)
- [CAS awards](#)



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