



INSTITUTE OF NATIONAL
ANTI-DOPING ORGANISATIONS

iNADO Update #2022-09 - 5 September 2022

A photograph showing a group of diverse people in professional attire. They are gathered around a central point, with their hands stacked on top of each other in a gesture of unity and teamwork. The text 'iNADO Community' is overlaid on the top portion of the image.

iNADO Community

iNADO 2022 Workshop in Numbers

We are happy to share some insights from our Workshop and are excited to meet the anti-doping community next year.



2022 WORKSHOP

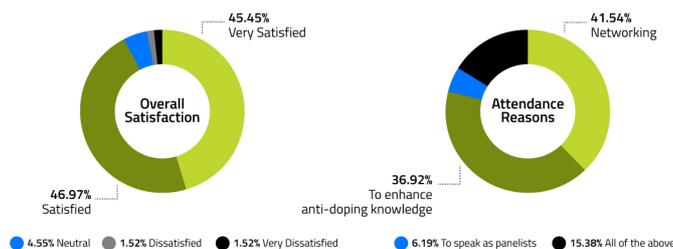
Reassess, adapt, and improve the capacities of Anti-Doping Organizations

iNADO welcomed more than 200 participants from National and Regional Anti-Doping Organizations, International Federations, Major Event Organizers, the World Anti-Doping Agency and others to reflect on how the anti-doping community can make best use of the tools, methods, knowledge, human and other resources to make anti-doping programs stronger.

Workshop Numbers



Survey Highlights



Election of NADOs: What Should be their Role within WADA?

Between November 1 and 4, eligible NADOs will vote their representatives (two per each Olympic Region, 10 in total) to the WADA NADO Expert Advisory Group (EAG). The elected EAG members will choose two NADO representatives from this group to sit on the Foundation Board (FB) of WADA.

In the attached [document](#) we propose to reflect on the consequences of the election for the global anti-doping system and the opportunity that it brings for NADO representatives.

Overview of NADOs acting as Integrity Agencies

iNADO Members can click on the button below to retrieve an overview of NADOs acting as Integrity Agencies based on a review of their websites and other secondary - online - sources. The document offers information about the mandates, the reasons for establishment, funding and staff of six NADOs (all iNADO Members), whose mandates have been expanded beyond anti-doping work. Find the full document with references [here](#).

Reminder: iNADO Members can use this link [to register to our webinar](#) on Sept. 26 "Transforming into a Sport Integrity Agency: The FINCIS Experience"



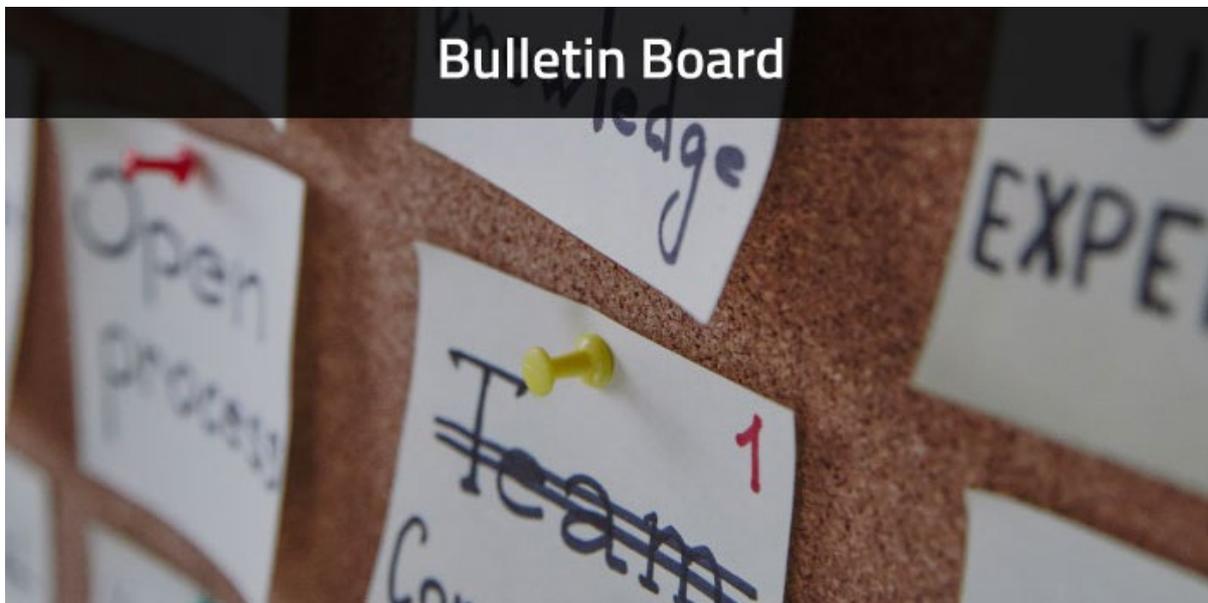
NADOs acting as Integrity Agencies (Member-only access)

Good Governance Practices of JADA x JSAA

There are several ways in which NADOs and affiliated agencies can contribute to a fair and transparent governance. One of the objectives of iNADO is to share the methods of our Members, which promote good practice. This is an example of small but decisive steps to working together towards excellence.

In the following document, we are introducing four practices of the Japanese Anti-Doping Agency and the Japan Sports Arbitration Agency aimed at enhancing good governance. These four practices are strongly aligned with the 4th Guiding Principle and with iNADO's strategic priorities.

JADA x JSAA Good Governance Initiatives



Summary of iNADO Webinar with WADA on the NADO Expert Advisory Group Elections

On August 10, iNADO hosted a webinar to provide information and respond to questions on the upcoming WADA NADO Expert Advisory Group (EAG) elections. The webinar presenters were Florence Lefebvre-Rangeon, Deputy Director of Stakeholder Engagement and Partnerships, WADA, Tom May, NADO/RADO Relations, WADA, and Rune Andersen, current Chair of the WADA NADO EAG.

Jorge Leyva, iNADO CEO, provided a brief overview of the topic and webinar purpose which was to remind the NADO community of the election as part of the WADA governance reform process. He stated that it is important to maximize the opportunity as two members of the NADO EAG will represent NADOs on the WADA Foundation Board.

The webinar topics included:

- A global review of the WADA Governance reforms including initiation of the process and what reforms have been adopted at different stages.
- Reforms to the NADO EAG as a result of feedback to enhance NADO representation within WADA in recognition of their expertise and role as a key stakeholder.
- Election details including eligibility criteria, processes and timelines.
- The NADO EAG perspective and considerations including the involvement of the current EAG in the governance review process and the recognition that changes may not have gone as far as some NADOs wanted. It was explained why it is critical for NADOs to buy-in and participate in the process to ensure strong representation. It was also noted that to support the incoming EAG the current EAG is developing revised terms of reference and guiding principles.

Questions including how this process and outcome will improve the relationship between NADOs and WADA, whether

there is a mechanism for smaller NADOs to be represented and practical information for candidates were responded to by the presenters.

Important dates:

Sep 15 Deadline to submit candidatures

Oct 1 – 31 Campaigning period

Nov 1 – 4 Voting period

Nov 7 Successful candidates informed.

Find [here](#) the presentation of WADA with the most important dates and side information regarding the elections.

[Find the recording here](#)

Report to iNADO Members: Measures undertaken to improve sample analysis ahead of Major Events

The case of Russian figure skater Kamila Valieva, specifically the delay in processing her sample before the Beijing 2022 Olympic Winter Games, raised questions about coordination of testing prior to a Major Event. iNADO is in contact with WADA to learn which measures are being developed to prevent delays in sample analysis ahead of such events. Go to our member-only [Library](#) to read our first report.

FAQ: "Are other athletes tested sufficiently?" A possible answer to this question

According to members, a recurrent question they receive is whether or not athletes in other countries are tested with similar frequency. Looking at how the number of doping control tests relates to the size of the athlete population is a simple way to answer this question.

iNADO's Capability Register serves the purpose of summarizing crucial information about our members. One of the sections therein was dedicated to testing and the document attached presents an overview of the number of tests per RTP athlete conducted by iNADO members.

The following document will allow members to have a data-based overview of the average number of tests conducted

per athlete in other countries and consequently, it will provide a solid ground of comparison. It is important to keep in mind, that the success and the effectiveness of the testing strategy does not depend only on the number of tests conducted.

The document provides a general overview of testing and athlete populations among iNADO members, consequentially, a more detailed analysis would be required to understand the reasons for the differences. We are happy to produce similar analyses for our Members in the future, so we are looking forward to receiving your feedback on whether you found this document of interest and useful.

RTP Athletes to Total Tests (Member-only access)



The new WADA Athlete Council: A Call to strengthen Athlete Representation in iNADO Member Organizations

A healthy number (34) of athletes from International Federations from around 20 different countries have been nominated and deemed eligible to take part in the election to join WADA's future Athlete Council. While the last available data to us suggests progress has been made over recent years in athlete representation in NADOs, there is still room for improvement.

We encourage all Members to initiate and enhance mechanisms for athlete input in the governance and operations of anti-doping. To support this call, we have put together a [set of recommendations](#) to enhance athlete representation. Find more in the following piece in this Newsletter.

Athlete Representation Recommendations

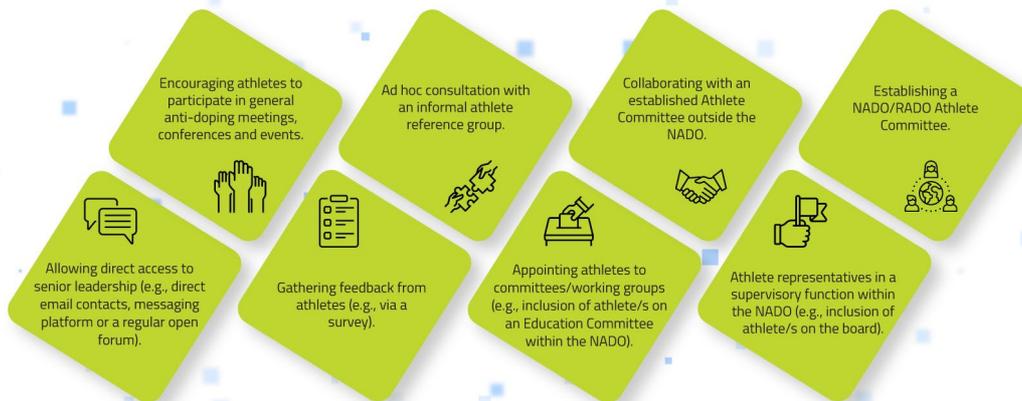
iNADO strongly supports the first [Guiding Principle](#) for the Future of Anti-Doping, which focuses on protecting the rights, careers, health and safety of athletes, who are in the main focus of anti-doping. iNADO encourages members

to engage with mechanisms for athlete input in the governance and operations of anti-doping. Therefore, the following paper aims to be the catalyst for Members to further consider how athletes are or can be represented within their organization, recognizing that there is not a one-size-fits all best practice or method to achieve this.

The following picture summarizes the different dimensions of athlete representation models from the research paper below.

Different Dimensions of Athlete Representation

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[Recommendations available here](#)



Dietary Supplements as a Major Cause of Anti-Doping Rule Violation

The high prevalence of supplement use across all sports and levels of competition, combined with the well-documented risks of such products containing prohibited substances have led to several doping cases globally. A study conducted by Frederik Lauritzen, science director of Anti-Doping Norway (Lauritzen, 2022) examines 18-years of doping controls of a national anti-doping program to determine the relationship between the presence of prohibited substances in athlete's doping samples and the use of dietary supplements. Read the full article [here](#).

Ten Years of Collecting Hematological Athlete Biological Passport Samples

For Anti-Doping Organizations (ADOs), the ABP is a vital tool in the fight against doping in sports through improved target testing and analysis, investigations, deterrence, and as indirect evidence for use of prohibited methods or substances.

In this study, Baekken et al. (2022) present 10 years of experience with the hematological ABP program from the perspectives of a National ADO with special attention to sport disciplines' physiological characteristics as a potential risk factor for blood doping. Not surprisingly, most samples were collected in sport disciplines where the aerobic capacity is vital for performance. The study highlights strengths in Anti-Doping Norway's testing program but also areas that could be improved. Read the full article [here](#).



National Anti-Doping Bill Passed in the Indian Government

The new bill that has been passed by the Indian government (Lok Sabha) can provide a statutory framework in the form of legislation for the prohibition of doping. The [Indian National Anti-Doping Agency](#) has been performing anti-doping measures as per the WADA norms, and the passing of the bill would lend legal sanctity to the functioning of NADA India and the National Dope Testing Laboratory (NDTL). Read more about the news [here](#).

Feature of the Month



WADA seeks Candidates for New Independent Ethics Officer Position

WADA is seeking interested candidates to fill the new role of Ethics Officer, which alongside the Agency's inaugural Independent Ethics Board, will be responsible for implementing WADA's new Code of Ethics. Read the full announcement [here](#).

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New at the Anti-Doping Knowledge Center

The ADKC is continuously collecting useful information and documented experiences in the field of anti-doping that can be found with the following links:

- [Decisions International Federations](#)
- [Decisions IOC](#)
- [Decisions NADOs](#)
- [All Case Law](#)
- [Scientific Literature](#)
- [CAS awards](#)



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