

**REPUBLIC OF KENYA**  
**THE JUDICIARY**  
**SPORTS DISPUTE TRIBUNAL**  
**ADAK CONSOLIDATED CASE NOS. E032 & E033 OF 2023**  
**IN THE MATTER OF SPORTS ACT NO. 5 OF 2013 LAWS OF KENYA**  
**IN THE MATTER OF ANTI-DOPING ACT NO. 5 OF 2016 LAWS OF KENYA**  
**IN THE MATTER OF ADAK ANTI-DOPING RULES OF KENYA**  
**WORLD ANTI-DOPING CODE 2021**  
**IN THE MATTER OF INTERNATIONAL ATHLETICS FEDERATION RULES**  
**IN THE MATTER OF ARBITRATION OF SPORTS DISPUTES**

ANTI-DOPING AGENCY OF KENYA (ADAK) ..... APPLICANT

VERSUS

CYNTHIA KENDI .....RESPONDENT

**CONSENT**

Kindly record the following consent order:-

“By consent, of Cynthia Kendi the Respondent and Anti-Doping Agency of Kenya, it is agreed as follows:-

1. THAT the Respondent accepts the Charges as drawn in the Notice of Charge dated 31<sup>st</sup> May 2023.
2. THAT the Respondent admits having ingested *S1.1 Anabolic Androgenic Steroids (AAS)/19-norandrosterone and its metabolite 19-noretiocholanolone.*
3. THAT the applicable period of ineligibility shall be three (3) years.
4. THAT the Respondent accepts the period of ineligibility shall commence on 21<sup>st</sup> June 2023 to 22<sup>nd</sup> June 2026.
5. THAT the Respondent undertakes to respect the period of ineligibility.
6. THAT the Respondent's any and/or all competitive results from date of sample collection being 11<sup>th</sup> March 2023 are hereby disqualified with all resulting consequences including forfeiture of any medal, points and prizes.

7. THAT Each party shall bear its own costs.

DATED at NAIROBI this 28.....day of AUGUST.....2023



.....  
**Cynthia Kendi**  
**Athlete/Respondent**

BILDAD ROGONCHO  
ADVOCATE &  
Commissioner for oaths  
P. O. Box 76986-00620, NAIROBI.

.....  
**Bildad Rogoncho**  
**Advocate for the Applicant**